

Northampton

FALL 2024

TOWNSHIP PARKS & RECREATION



Connecting Generations...Building Community.



Parks and Recreation Office

55 Township Road, Richboro, PA 18954
215-357-6800 x245 | M-F 8:30am to 4:30pm



Recreation Center

345 Newtown-Richboro Road, Richboro, PA 18954
215-357-5396 | M-F 9am to 9pm and weekends.*

northamptonrec.com

**Hours vary depending upon program schedule.*



Senior Center

165 Township Road, Richboro, PA 18954
215-357-8199 | M-F 9am to 3:30pm; evenings and*
weekends at select times in accordance with activities

www.northamptonsc.com

LOOK WHAT'S INSIDE!



4 FALL FEST



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WHEN & WHERE TO REGISTER

Currently, registrations will be taken in person, online, by mail or over the phone.

- Online at www.northamptonrec.com.
- Registration is required for all classes and workshops.
- Pre-registration may be required for Special Events.

FEES & DISCOUNTS

Confirmation of registration or payment will be sent via email.

Class Links Virtual Programs will be emailed the day prior to first class.

Senior Citizen Discount 10% - 62 years & over.

Not to be combined with other discounts.

Early Registration Savings - ERS is only for residents of Northampton Township. Northampton Residents are entitled to the Early Registration Savings Fee (ERS) when registering at least (7) seven calendar days prior to the first day of class. (Not to be combined with other discounts). Participants not residing in Northampton Township must pay the Non-Resident (NR) fee.

PROGRAM REFUNDS/CREDITS

A \$10 processing fee will be assessed for ALL refunds.

Refunds will not be granted nor fees pro-rated for vacation or illness. Refunds will not be granted once a program starts.

While we make every attempt to ensure the accuracy of our offerings, we cannot be responsible for updates or typographical errors. We will update any changes online.



Get Social!

- Facebook: NorthamptonRec
- Instagram: northamptonparksandrec
- Twitter: Parks_Rec
- Website: northamptonpa.myrec.com

Northampton Township Parks and Recreation is committed to delivering high quality in-person, and virtual programming for all ages, to fit any schedule.

REGISTER EARLY FOR YOUR FAVORITE PROGRAMS!

Programs will be cancelled if minimum requirements are not met
72 hours before start date.

DISCOUNT TICKET PROGRAM

Available at the Administration Building
55 Township Road, Richboro
Monday thru Friday | 8:45am to 4:15pm

CASH CHECK

TICKET AVAILABILITY
215-357-6800 ext 245

PURCHASE TICKETS AT THE P&R OFFICE

Supplies limited. Offerings and prices are subject to change. All sales are final.

ADVENTURE AQUARIUM, CAMDEN, NJ

Child ages 2-12.....	\$37.31	\$23.00	\$15.31
Adult age 13+	\$47.97	\$31.00	\$17.97

MOVIE THEATERS

AMC	varies	\$10.00	varies
Regal.....	varies	\$10.00	varies

MUSEUM OF THE AMERICAN REVOLUTION

Adult ages 19+	\$24.00	\$16.00	\$8.00
Child age 6-18	\$13.00	\$10.00	\$3.00

SESAME PLACE (ALL AGES)

One Day			
Weekday/Weekend	\$106.99	\$35.00	\$71.99

You save!



A Letter From The Director

JENNIFER FEAN

DIRECTOR OF PARKS AND RECREATION



*"Fall is Proof
that Change is Beautiful."*

- UNKNOWN -

Dear Residents,

As the crisp autumn air prepares to make its way in, and the leaves begin to turn beautiful colors, the Parks and Recreation team is excited to share the many wonderful activities and events we have planned for you this fall. This season is also one of transformation and perfectly mirrors the exciting changes we're experiencing within our department, so I will also share my enthusiasm about the successes we have had in 2024, and the fresh opportunities that will welcome you beginning in September!

First, I am delighted to welcome the Senior Center Staff to our Parks and Recreation family. We are thrilled to have such wonderful and talented staff members join our team. A special congratulations to Michele Penecale, who has been appointed as the Senior Center Manager. Michele's expertise and passion will be invaluable as we work together to enhance the programs and services for our senior community.

I also want to highlight the new additions to our team. Please join me in welcoming Derek Giannetti, our new Operations and Pool Manager. Derek's tireless dedication at the pool this summer has been exceptional, and we look forward to seeing his continued impact in this new role. Additionally, Marisa Ristow has joined us as the Community Relations Representative. Marisa has already breathed new life into our social media presence, with our Facebook and Instagram pages becoming more vibrant and engaging under her creative touch.

Let's also take a moment to celebrate the outstanding achievements of our existing team members. Sinead Powers and Scott Pachman deserve hearty congratulations for another successful

camp season. Their efforts created a summer filled with laughter and unforgettable memories for all the children who participated. Similarly, Kristin Fullerton's revitalization of our Summer Concert Series deserves recognition. This year's series saw record attendance and introduced much-loved food trucks, making our events even more enjoyable for the community.

This fall, we're offering several exciting trips, including visits to *Wicked* the Musical and *& Juliet* on Broadway, a relaxing outing to The Folino Winery and a trip to Winterthur Museum. AND BACK BY POPULAR DEMAND is our Community Fall Fest, featuring a range of vendors, delicious food, craft brewery trucks, outdoor games, a kids' concert, and a special concert for adults to wrap up the night.

We're also introducing new fitness classes, including Cardio Kickboxing and Functional Fitness, and launching a Youth Kickball League. Don't miss our unique "Murder at the Perk" event on September 14, a *Friends* TV Show-themed Murder Mystery Night that promises an evening of fun and intrigue.

There are many more programs and events to explore—please take a moment to browse through our new brochure for all the details. You can register online or give us a call if you have any questions or need assistance.

From new community events to enhanced programming, this season is sure to bring positive changes and further Northampton Township Parks and Recreation's mission to enrich the lives of residents. We look forward to seeing you at our events and hope you'll join us in celebrating this vibrant season.

Sincerely,
Jennifer Fean
Director, Parks and Recreation

The NTP&R Board of Supervisors, the Parks and Recreation Board and Staff are committed to providing Northampton Township residents with quality recreation programs and facilities.

BOARD OF SUPERVISORS

Adam Selisker
Chairman

Dr. Kim Rose
Treasurer

Barry Moore
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Paula Gasper
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Manager

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Recreation
Assistant

Derek Giannetti
Operations & Pool
Manager

Lynn Kopacz
Executive Assistant

Marisa Ristow
Community
Relations
Representative

Michele Penecale
Senior Center
Manager

Sinead Powers
Program Supervisor

Nicole Armani
Senior Center
Communications

Kristin Fullerton
Special Events
Coordinator

Leigh Ferello
Graphic Designer



GOT TALENT?

We're always looking
for new instructors
and classes.

215.357.5396

Join us for Northampton Township

FALL FESTIVAL

September 27, 2024

5:30pm-9:30pm

475 Newtown Richboro Rd Richboro PA 18954
(At the Basin)

**Come One, Come All!! Gather
your friends and family and
enjoy a festive Fall evening!!**

**LIVE MUSIC | FOOD TRUCKS |
VENDORS | CRAFTERS |
PONY RIDES | FACE PAINTER |
KID ACTIVITIES |
DISTILLERY | BREWERIES |
AND MORE!!!**

**Children's Concert
Lolly Hopwood
6:00PM**

****For more information, go
to Northamptonrec.com or
kfullerton@nhtwp.org**

**Devious Stares
Concert
7:15PM-9:30PM**

Trips



❶ QUESTIONS?
215-357-6800 ext 249

Experience the thrill of new adventures without the hassle of driving!
Our Parks and Recreation Bus Trips offer a unique opportunity to explore exciting destinations, make new friends, enjoy a show, our trips offer something for everyone. ERS or Senior Discounts do not apply.

Trips DEPART ☼ and ARRIVE ☼
Administration Building | 55 Township Road, Richboro

BUS TRIPS TO NYC BROADWAY Upon arrival in New York City, you will be dropped off close to Broadway where you can shop, visit the sites of the Theater District, Times Square or Rockefeller Center. You will be on your own for lunch with a variety of restaurants nearby.

WICKED

Saturday, September 21
☼8am ☼ 7pm

*Wicked**, the Broadway sensation, looks at what happened in the Land of Oz...but from a different angle. Long before Dorothy arrives, there is another girl, born with emerald-green skin—smart, fiery, misunderstood, and possessing an extraordinary talent. When she meets a bubbly blonde who is exceptionally popular, their initial rivalry turns into the unlikelyst of friendships...until the world decides to call one “good,” and the other one “wicked.” \$195

2pm Matinee
Gershwin Theatre
222 West 51st Street



Wednesday, November 6
☼8am ☼ 7pm

*&Juliet** flips the script on the greatest love story ever told, imagining what would happen next if Juliet hadn't ended it all over Romeo, and got a second chance at life and love – on her terms. Juliet's new story bursts to life through a playlist of pop anthems as iconic as her name, all written by Max Martin and his collaborators, including “Since U Been Gone”, “Roar”, “Baby One More Time”, “Larger Than Life”, “That's The Way It Is”, “Can't Stop the Feeling”, and more. \$195

2pm Matinee
Stephen Sondheim Theatre
124 West 43rd Street



Folino Winery Wine Tasting & Lunch

Thursday, October 10
☼10:15am ☼ 4:30pm

This trip arrives/departs from the Rec Center: 345 Newtown Richboro Rd, Richboro. Join us for a scenic ride to a charming winery in Kutztown, PA. This special event is designed to provide a relaxing and enjoyable experience, perfect for wine enthusiasts and those looking to explore local flavors. We will start the day off with a delicious lunch buffet made by the winery chef, and then move on to a guided wine tasting experience by the traditions and festivities of the season as enjoyed by du Pont and his family. Must be 21yrs or older to attend.

***\$120 transportation, lunch, wine tasting and driver gratuity**

A festive one-of-a-kind outing perfect for getting into the holiday spirit!

Holiday Tour & Lunch*

Tuesday, December 10
☼9:30am ☼ 4:45pm

Our holiday journey begins with a delightful lunch at Firebirds Restaurant located in Newark, DE, known for its bold flavors and wood fired dishes. After lunch, we will head over to Winterthur Museum, Garden and Library. Tour rooms in Henry Francis du Pont's former home decorated in full holiday splendor.

This year's tour includes several trees inspired by Christmas trees seen at the White House, in conjunction with the exhibition, Jacqueline Kennedy and H. F. du Pont: *From Winterthur to the White House*. Many displays are inspired by the traditions and festivities of the season as enjoyed by du Pont and his family.

***\$117 transportation, lunch, ticket to Winterthur and gratuity**



**Northampton Township Parks and Recreation is committed to ensuring a safe and enjoyable experience for all our participants, therefore NTPR must consider certain mobility limitations for this event. If you are not able to walk long distances or have significant mobility issues, we regret to inform you that this bus trip may not be suitable for you. This trip involves considerable walking and navigating uneven terrain, which might pose challenges. Thank you for your cooperation.*

Special Events



Kristin Fullerton
SPECIAL EVENTS COORDINATOR

QUESTIONS & REGISTRATION
kfullerton@nhtwp.org | 215-357-6800 ext. 249

PUZZLE PALOOZA!

NORTHAMPTON TOWNSHIP SENIOR CENTER



Are you a master at puzzles? Gather your team of 2-4 people to show off your skills at Puzzle Palooza! Each team will race against each other to complete a 500 piece puzzle that the team gets to take home. Prizes will be awarded to the first and second teams to complete their puzzle.

CHECK IN AT 5:30PM

Clock starts promptly at 6:00pm. You will have 2 hours to finish your puzzle.

TEAMS:

2-4 people will complete a 500 piece puzzle

REGISTRATION:

Only 1 member needs to register for the team, members must be 18+

REFRESHMENTS:

Light refreshments will be served, feel free to bring your own snacks!



Northampton Township Parks and Recreation presents:

MESSAGES FROM YOUR LOVED ONES AND MORE

FEATURING DANIELLE SCHWARTZ, PSYCHIC MEDIUM

Date: Sunday, October 27, 2024

Location: Northampton Township Senior Center
165 Township Rd. Richboro

Time: 4:00 to 6:00 pm

Fee: \$45 Per Person

Receive messages from your loved ones, get insight about your future and understand how to recognize signs... Bring your family and friends for a night of spiritual healing.

Light refreshments will be served.

Seats are expected to sell out fast!! Sign up by October 18, 2024. Register at Northamptonrec.com or call 215-357-6800 ext 249

For more information on Danielle visit www.daniellethemedium.com

This event sells out!

OCTOBER 6, 2024 AGES 5-14 10-3 PM **KIDS** **MARKETPLACE**

WE WILL BE AT NORTHAMPTON DAY

Calling all young entrepreneurs ages 5-14!!

DO YOU HAVE A CREATIVE IDEA TO SHARE?

LIKE MAKING CRAFTS?

DESIGN JEWELRY?

HAVE AN INVENTION?

Children can sell ANYTHING! It can be handmade, store-bought, food, games, crafts...the sky is the limit!! We will be having our Fall Marketplace at Northampton Day.

The Kids Enterprise Marketplace is an event where kids will have the opportunity to launch their own business, sell their products and services to the public, and learn life skills along the way.

WHERE Northampton Day Grounds
Upper Holland Road

WHEN Sunday, October 6, 2024

TIME 10am-3pm (tentatively)

COST \$10 for table rental

Register northamptonrec.com



CHARACTER

MEET & GREET'S! 3-8yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Stardust Entertainment	S	11/10	10:00-11:00am <i>Princess Anna</i>	ID 9841
	Su	11/23	10:00-11:00am <i>Superhero</i>	ID 9842

Come and meet a real princess at our parent and me princess playtime! We will be enjoying story time, playing games, making a craft, and enjoying a treat and juice!

Come and meet a real superhero! Train to be a superhero, enjoy story time, crafts, games, and a special treat and juice!

R \$30 | NR \$33 | 1 Session



NORTHAMPTON TOWNSHIP PARKS & RECREATION'S 48TH ANNUAL

HALLOWEEN HAPPENING

Northampton Municipal Park | Saturday, October 26 | 11:00am-1:00pm

FREE EVENT!

Pre-registration on the P&R website is highly encouraged to help us for planning purposes. Walk ins are welcomed. Please bring a chair or blanket for your seating comfort.

300 FREE TREAT BAGS!

Children 12yrs & under, while supplies last.

Refreshment Sale

NORTHAMPTON LIONS CLUB

11:00am Parade check-in

11:15am Entertainment & DJ

12:00pm Costume Parade (by age category)

Let your creativity flow and dazzle the judges!

Costume Age Categories & Prizes:

0-2 | 3-5 | 6-8 | 9-12 | Family Groups

Trophies will be awarded to the top 3 winners in each category!

More
details
online!

BALLOON ART – FACE PAINTING

BROOMSTICK ALLEY – PUMPKIN WAY

VOTE FOR SCARECROW ROW!

SCARECROW ROW

- OCTOBER 14-30 -

NORTHAMPTON TOWNSHIP MUNICIPAL PARK

Display your scarecrow creations on "scarecrow row"! Gift cards will be awarded for each category. Winners will be announced November 1 on the P&R website.

CATEGORIES

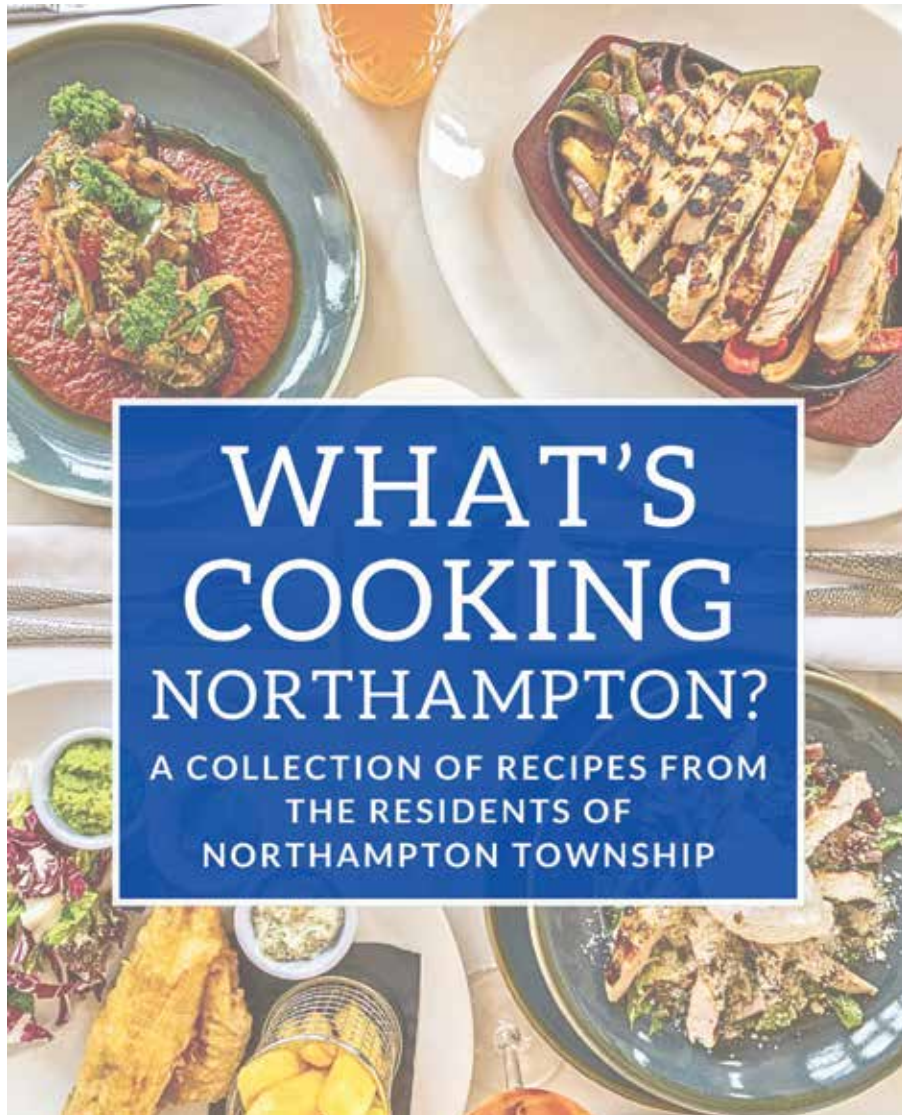
Most Original • Funniest • Best Look Alike • Best Business/Shop

Entries will be judged by the "people's vote."

northamptonrec.com | 215-357-6800 ext. 249

Scarecrow Row will be a part of the Halloween Parade route for all to enjoy!





WHAT'S COOKING NORTHAMPTON?

A COLLECTION OF RECIPES FROM
THE RESIDENTS OF
NORTHAMPTON TOWNSHIP

GOT RECIPES?

We're cooking up a township cookbook and need your delicious contributions! Share your go-to dishes, family favorites, or that one recipe everyone always asks for!

SHARE YOUR FAMILY'S CULINARY SECRETS!

We're putting together a Township Cookbook and want your favorite recipes! Whether it's grandma's famous pie or dad's secret BBQ sauce, we want it all!! Submit your recipes and be part of our tasty tradition!! This will make the perfect holiday gift!

The Parks and Recreation Department is putting together a cookbook full of recipes from our community! Whether it is a recipe passed down through generations in your family, or a quick weeknight meal for busy families on the go, we want to hear from you! Together we will create a memorable cookbook full of recipes from your neighbors. Submit your recipes to ntprecipebox@gmail.com to be included in the 2024 edition or, fill out your recipe at the bottom of this page. Don't forget your name and town you live in, include a photo of your meal with the recipe!

Cookbooks will be available to purchase this fall and will make the perfect holiday gift! If you have any questions, please contact

Kristin Fullerton
kfullerton@nhtwp.org
215-357-6800 ext 249

Celebrate THE SEASON WITH US!



Join us and celebrating the holiday season with a blend of new and returning traditions. Look out for exciting new events and classic festivities in our next Parks and Recreation brochure and online.

Stay tuned for more details and mark your calendars for a season filled with joy, community, and holiday spirit!

For updates and more information visit
northamptonrec.com

Holiday Marketplace

FRIDAY, DECEMBER 6, 2024 | 5:00-8:30PM

NORTHAMPTON TOWNSHIP

NORTHAMPTON TOWNSHIP SENIOR CENTER

165 TOWNSHIP ROAD | RICHBORO, PA

215.357.8199

Free Admission

Vendors Wanted!

Email the **SENIOR CENTER** for a vendor application and more information:
nhsc@nhtwp.org

**SHOP A WIDE VARIETY OF
UNIQUE GIFTS:**

CARDS & ARTWORK • JEWELRY/CLOTHING
SCARVES/HATS • HOME DÉCOR
GOURMET FOODS • HANDCRAFTED ITEMS



Art



Art WITH MISS LEIGH

ARTWITHMISSLEIGH

DRAWING



NEW! Animal Drawing 7-11yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello <i>Bucks County Art Educator and Graphic Designer</i>	Th	9/19-10/24 <i>no 10/3</i>	6:30-7:30pm	ID 9830
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Whether you are a beginner looking to improve your skills or an experienced artist wanting to expand your repertoire, this series is perfect for anyone interested in capturing the beauty of the animal kingdom through art. Join now and unleash your creativity with these captivating creatures. **Prerequisite:** Students should be able to use a ruler and color a full page from start to finish.

ERS \$115 | R \$125 | NR \$135 | 5 Weeks

NEW! Comicbook Club 7-11yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello <i>Bucks County Art Educator and Graphic Designer</i>	Th	11/7-12/19 <i>no 11/28</i>	6:30-7:30pm	ID 9831
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"Does your kid MARVEL over comics? Unleash their inner superhero in this action-packed six-week comicbook creation series! Dive into the world of comics as you learn to sketch storyboards and bring your characters to life.

Students will learn:

Anatomy of a comic book, including the difference between speech and thought bubbles, captions, splash pages, spreads and different layouts, Stroke, fill techniques, Color theory basics.

Prerequisite: Students should be able to use a ruler and color a full page from start to finish. Don't miss this exciting opportunity to unravel their creativity and join us on a thrilling artistic adventure!"

ERS \$115 | R \$125 | NR \$135 | 6 Weeks



NEW! Kawaii Art 7-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello <i>Bucks County Art Educator and Graphic Designer</i>	Su	9/22	10:30am-11:30pm <i>You're My Jam</i>	ID 9822
		10/20	10:30am-11:30pm <i>Waffle Bear</i>	ID 9823
		11/3	10:30am-11:30pm <i>Ramen Bowl</i>	ID 9824
		12/8	10:30am-11:30pm <i>Pup-cakes</i>	ID 9825

Discover your creativity and learn how to create adorable Kawaii drawings in this exciting art class! Kawaii, which means "cute" in Japanese, is a popular art style characterized by its charming and lovable characters. In this class, you will be guided through step-by-step instructions on how to draw various Kawaii characters, animals, and objects. Whether you are a beginner or an experienced artist, this class is perfect for anyone looking to add a touch of cuteness to their artwork. Each class will offer a new drawing that can be colored with colored pencils and/or crayons (supplied or bring your own). Join us and discover the joy of creating your own Kawaii masterpieces!



ERS \$15 | R \$19 | NR \$25 | 1 Day

MIXED/VARIETY

Enrichment Art 4-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello <i>Bucks County Art Educator and Graphic Designer</i>	W	9/25-10/16	1:30-2:05pm <i>Great Outdoors</i>	ID 9819
		10/23-11/13	1:30-2:05pm <i>Fall Frenzy</i>	ID 9820
		11/20-12/18	1:30-2:05pm <i>Seasons Change</i>	ID 9821

Great Outdoors Let your little artist explore their wild! We will listen to different bird calls and paint a birdhouse. Other projects will include a caterpillar air clay figurine and more.

Fall Frenzy Fall into creativity and fun! We will examine objects found in nature and paint with real spices. Other projects include an air clay owl and more.

Season's Change It's the most wonderful time of the year...to create! We will guess popular scents of the season and make fun projects geared toward the holidays..

ERS \$65 | R \$75 | NR \$85 | 4 Weeks

ENRICHMENT ART

"I love the level of engagement and how excited my children are to attend each week."

School's Out Workshops 7-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello <i>Bucks County Art Educator and Graphic Designer</i>	Th	10/3	1:30-4:00pm <i>Hamzah Marbella</i>	ID 9832
	F	10/4	1:30-4:00pm <i>Cameron Sky</i>	ID 9833
	F	11/1	1:30-4:00pm <i>Animals: Dogs</i>	ID 9834
	T	11/5	1:30-4:00pm <i>Animals: Cats</i>	ID 9835

When school is out, art is in! These workshops incorporate various art mediums based on different themes. Scissors skills required. Games and peer reviews are offered as time permits. Due to demand, instructor reserves the right to substitute a project with equal or greater value.

FAMOUS KIDS IN ART

10/3: Hamzah Marbella: Animal Collage & Wang Yani: Panda Watercolor Stamp
10/4: Cameron Sky Villa: Rubik's Cube Oil Pastel & Andres Valencia: Cardboard Portrait Painting

ANIMAL ANTICS

11/1: 3D Cardboard painted pup-casso and cupcake drawing
11/5: Fortune cat watercolor and cat-ctus drawing

ERS \$55 | R \$65 | NR \$75 | 1 Day



PAINTING

NEW! Sumi-e Ink Painting 13+yrs

JAPANESE INK PAINTING

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello <i>Bucks County Art Educator and Graphic Designer</i>	Su	9/22	12:00-1:30pm <i>Bamboo</i>	ID 9826
		10/20	12:00-1:30pm <i>Kanji Characters</i>	ID 9827
		11/3	12:00-1:30pm <i>Bamboo</i>	ID 9828
		12/8	12:00-1:30pm <i>Kanji Characters</i>	ID 9829

Discover the ancient art of Sumi-e Japanese ink painting, a practice that has been passed down through generations since the 14th century. This traditional technique involves grinding ink sticks on an ink stone to create stunning artworks with just black ink and a brush. The focus is on capturing the essence of the subject with simplicity and grace.

In each class, students will start with warm-up exercises before moving on to painting on delicate rice paper. The final piece can be mounted on card stock for display. Each class, a different subject or kanji character will be explored.

Sumi-e is not just a painting style but a meditative practice that encourages mindfulness and appreciation for the beauty of imperfection. Enroll in this class to explore the peaceful practice of Sumi-e painting. Children aged 10-12 who can remain seated are welcome to register with a registered adult.

ERS \$25 | R \$29 | NR \$35 | 1 Day



ART IN THE BARN

LLC

BY Cynthia Scott

Acrylic Painting Workshops 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Art in the Barn	T	10/15	6:00-8:00pm <i>Fall Pickup Truck</i>	ID 9763
		11/2	6:00-8:00pm <i>Fall Landscape</i>	ID 9764
		12/10	6:00-8:00pm <i>Art Deco Boho Tree</i>	ID 9765

Join us for a fun evening being creative together! All material and instructor included. Bring your own snacks! Adults only.

ERS \$59 | R \$66 | NR \$78 | 1 Session

Ornament Wreath Workshop 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Art in the Barn	T	11/19	6:00-8:00pm	ID 9762
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Adults Only! Have fun creating your own custom colored 22" everlasting wreath to hang inside or out using unbreakable vintage-style ornaments! Have a great time designing it yourself to enjoy for years to come! You are welcome to bring unbreakable ornaments of your own to customize your wreath. All instruction and supplies included. Light refreshments served.

ERS \$75 | R \$83 | NR \$93 | 1 Session

Painting with Pals 7+ with Adult

NORTHAMPTON TOWNSHIP SENIOR CENTER

Art in the Barn	T	9/24	6:00-8:00pm <i>Scarecrow</i>	ID 9766
		10/22	6:00-8:00pm <i>Haunted House</i>	ID 9767
		12/17	6:00-8:00pm <i>Snow Globe</i>	ID 9768

Bond with your child (ages 7+) over a double painting! Work together to create a themed painting on two separate canvases designed to hang on your wall together! Supplies and instructor included.

ERS \$69 | R \$76 | NR \$89 | 1 Session



POTTERY

All supplies included. All pottery will be fired and dropped off at the Parks and rec office within a week of the last class.

f indistudio.org

@INDiStudio1



NEW! Kids Pottery Workshop 8-18yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Dyan Krajnikovich <i>InDi Studio</i>	M	9/16-10/7	5:00-6:00pm	ID 9694
		10/21-11/11	5:00-6:00pm	ID 9697
		11/18-12/9	5:00-6:00pm	ID 9700

In this four-week class you will learn about hand building pottery, textures, and glazing. Every class will begin with a lesson on a pottery technique. Over the four weeks you will be able to take what you have learned to create and glaze 3 unique pieces. Please join us to create, meet others, and relax.

ERS \$159 | R \$175 | NR \$205 | 4 weeks

POPU! Kids Pottery Workshop 12+yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Dyan Krajnikovich <i>InDi Studio</i>	Th	10/10	6:30-8:00pm <i>Pumpkin</i>	ID 9703
		11/14	6:30-8:00pm <i>Cat/Dog Bowl</i>	ID 9704
		12/5	6:30-8:00pm <i>Holiday Tree</i>	ID 9705



PUMPKIN WORKSHOP Prepare your home for fall with a festive ceramic pumpkin. It's perfect to decorate your mantle or create a beautiful centerpiece. In this workshop you will work with clay to create a unique pumpkin through the use of hand building, texture, and glazing techniques.



CAT/DOG BOWL Spoil your furry friend with a one of a kind, designed just for them, food bowl. In this workshop you will work with clay and learn hand building, texture, and glazing techniques to create a food bowl that best represents your feline or canine companion.



HOLIDAY TREE WORKSHOP Celebrate the Season with a beautiful Ceramic Holiday Tree. It's simple shape and stately form allows your creativity to be showcased. In this workshop you will work with clay and learn hand building, texture, and glazing techniques in order to style your tree according to your creative vision.

\$65 | 1 Day

Adult Pottery Workshop 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Dyan Krajnikovich <i>InDi Studio</i>	M	9/16-10/7	1:00-2:30pm	ID 9693
			6:30-8:00pm <i>House Numbers</i>	ID 9695
		11/18-12/9	6:30-8:00pm	ID 9698
			1:00-2:30pm	ID 9699
			6:30-8:00pm	ID 9701

Embark on a four-week journey where your hands will shape not just clay, but your artistic future. You'll complete three unique pieces that will be the envy of all your friends. But that's not all - the magic of InDiStudio is in the connections you make, and you're guaranteed to leave with a new friend who shares your passion for creativity.

Spaces are limited, and our classes fill up fast! Don't miss your chance to be part of an exclusive community of creators. Sign up now and transform the ordinary into the extraordinary.

All Material Fees included with the price of class. "Unleash Your Inner Artist with InDiStudio's Exclusive Pottery Experience!

Are you ready to elevate your creative skills and step into a world where pottery isn't just a craft, but a statement? InDiStudio is here to revolutionize the way you think about pottery.

With InDiStudio, you're not just making pottery; you're crafting a masterpiece with a dash of sass. Our unique approach showcases stunning textures and provides you with expertly designed templates, ensuring that your creations stand out from the mundane pinch pot."

SPECIAL CLASS! 9/16-10/7 at 6:30PM: HOUSE NUMBERS

Create a one-of-a-kind house number that adds personality to your home! This fun, four-week course covers: clay basics & shaping techniques, Designing your custom number template, Cutting and texturing with tools, Applying colorful glazes for a unique finish.

ERS \$159 | R \$175 | NR \$205 | 4 weeks

POPU! Adult Pottery Workshop 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Dyan Krajnikovich <i>InDi Studio</i>	Th	9/26	6:30-8:00pm <i>Beer Stein</i>	ID 9702
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BEER STEIN Raise Your Stein at our Oktoberfest Workshop Get crafty this Oktoberfest! Learn to make your own unique beer stein from scratch. We'll guide you through rolling, shaping, and designing a stein you'll proudly raise during the festivities. All supplies included, beginners welcome!

\$65 | 1 Day

*House Numbers
and Beer
Stein*



PRESSED FLOWERS

NEW! Pressed Flowers Classes 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Carrie Barron Crafting Expert	W	9/25 Dried Frame	7:00-8:30pm	ID 9
	M	10/14 Pressed Lantern	7:00-8:30pm	ID 9

DRIED BOTANICAL ART IN A FRAME Join us as we take a wide variety of seasonal botanicals and arrange them in a gold frame for hanging.

PRESSED FLOWER & RESIN LANTERN Join us for a fun evening of making a beautiful lantern using a wide variety of pressed flowers and resin.

ERS \$65 | R\$71 | NR \$81



Dried Botanical Frame and
Pressed Flower & Resin Lantern

PRINTMAKING

NEW! Printmaking & Watercolor Class 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Dyan Krajnikovich InDi Studio	M	10/21-11/11	1:00-2:30pm	ID 9696
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Transform leaves, feathers, and other natural treasures into stunning works of art in this unique 4-week workshop. **WEEK 1 & 2:** The Art of Nature Printing Learn to create intricate prints using the textures and forms of nature. Experiment with inks and papers to craft captivating monoprints and textured designs. **WEEK 3 & 4:** Watercolor Magic Master the basics of watercolor painting, including washes, layering, and color theory. Elevate your nature prints with vibrant hues, delicate details, and a touch of magic."

No experience required! All skill levels are welcome to explore their creativity.

ERS \$159 | R \$175 | NR \$205 | 4 weeks

POPUP POTTERY

"The teacher is amazing. She showed us what to do and helped everyone create something beautiful- I had so much fun."

A BIG THANK YOU TO OUR SPONSORS

A COMMUNITY OF BUSINESSES THAT CARE!

Parks & Recreation is grateful to the generosity of the many local businesses that have supported the essential need for recreational activities, events, camps and programming for the Community.

THANK YOU TO LOCAL BUSINESSES FOR DONATIONS AND SERVICES.

If your company would like to Sponsor the upcoming Hallo-Weekend events or end of year Holiday Events, please reach out to: Kristin Fullerton
kfullerton@nhtwp.org 215-357-6800 ext. 249



Dance & Music

BALLET & TAP

Ballet for Tots 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	Th	10/10-11/14 no 10/31	5:00-5:45pm	ID 9798
		11/21-12/19 no 11/28	5:00-5:45pm	ID 9799

Do you have a tiny dancer? Ballet for Tots is perfect introduction to dance class through the basics of ballet. Your child will enjoy learning in a warm and friendly atmosphere with an experienced ballet instructor. Not only will you discover if dance is right for your little one, but this class will also enhance your child's rhythm, balance, flexibility, and posture.

Children needs to wear clothing that is comfortable and easy to move around in. Your child can wear a Danskin, leotard and tights with ballet shoes and/or tap shoes but is not necessary.

9798: ERS \$59 | R \$65 | NR \$75 | 5 Weeks
9799: ERS \$45 | R \$49 | NR \$55 | 4 Weeks

Ballet/Tap Combo 5-7yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

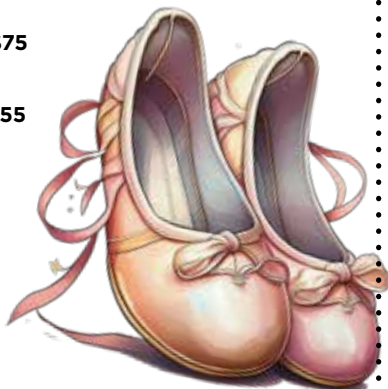
Elena Lydon	Th	10/10-11/14 no 10/31	5:45-6:30pm	ID 9800
		11/21-12/19 no 11/28	5:45-6:30pm	ID 9801

Get those petite feet moving! Your child will learn proper ballet technique, vocabulary, and tap fundamentals. He/she will begin to memorize dance movements in a sequence set to music. This class will foster self-confidence and enhance rhythm, balance, flexibility and posture all while having fun!

Children needs to wear clothing that is comfortable and easy to move around in. Your child can wear a Danskin, leotard and tights with ballet shoes and/or tap shoes but is not necessary.

9800: ERS \$59 | R \$65 | NR \$75
5 Weeks

9801: ERS \$45 | R \$49 | NR \$55
4 Weeks



CREATIVE

Little Stars Dance 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Kelli Robbins	T	9/24-10/29 no 10/15	1:30-2:15pm	ID 9796
		11/12-12/17	1:30-2:15pm	ID 9797

Are you wondering if dance is right for your preschooler? Or are you just looking for a class for your child to move and have fun? Look no further! Little Stars Dance is the perfect introduction to creative dance and basic tumbling through strength training. Join us! We can't wait to start dancing!

ERS \$65 | R \$75 | NR \$85 | 6 Weeks

Music and Movement 18mos-3yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Lolly Hopwood	W	9/25-10/30	9:45-10:30am	ID 9804
		11/13-12/18 no 11/27	9:45-10:30am	ID 9805

This weekly movement & music class led by beloved Bucks County kid's musician, Lolly Hopwood, will have your little ones learning music basics like rhythm, dynamics, and mood. Combined with lots of imagination and plenty of fun-filled movement activities, this class will also help your children to develop physically, emotionally, and socially.

9804: ERS \$89 | R \$99 | NR \$115
6 Weeks

9805: ERS \$75 | R \$85 | NR \$99
5 Weeks



ADULT LINE DANCING

Monday Line Dancing 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite <i>BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified</i>	M	9/23-12/16 <i>no 10/14</i>	12:30-1:20pm	ID 9748
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Have fun while experiencing the physical, mental & social benefits of line dancing. A variety of line dance styles are incorporated to create a fun, easy-to-learn dance class. Modifications are given for participants of various fitness and skill levels.

ERS \$156 | R \$171 | NR \$195 | 12 Weeks

JEREMY DUNCAN

Get Your Dancing Shoes Ready!

NORTHAMPTON TOWNSHIP SENIOR CENTER

Jeremy Duncan	M	9/9	6:00-9:00pm	ID 9877
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Step into the rhythm and join us for an exciting line dancing event at the Northampton Township Senior Center.

Whether you're a beginner, using what you've learned at your regular Monday night class, or a pro, our line dancing event promises fun, fitness, and a fantastic time. Meet new friends, enjoy great music, and learn some awesome dance moves. All are welcome!

\$10 | 1 Week

Beginner Line Dancing 18+

NTP&R SENIOR CENTER OR WELCH ELEMENTARY

Jeremy Duncan	M	9/30-11/14* <i>no 10/14</i>	7:15-8:15pm	ID 9754
		11/11-12/16 <i>no 11/25</i>	7:15-8:15pm	ID 9755

Get off the Couch and Come Dance with Us! No experience necessary! Join Jeremy for beginner line dance class. This is a great way to get some exercise and learn how to dance!

* 10/28 will be held at the Maureen Welch Elementary

\$50 | 5 Weeks

SHOTGUN JENNY

Beginner Line Dancing 21+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Shotgun Jenny	Th	9/26-10/17 <i>no 10/3</i>	7:30-8:30pm	ID 9859
		10/24-11/14 <i>no 10/31</i>	7:30-8:30pm	ID 9860
		12/5-12/19 <i>no 12/18</i>	7:30-8:30pm	ID 9861

Ever noticed how line dancing gets everyone moving and grooving? It's not just a trend—it's a fantastic way to boost your mind, body, and spirit while having a blast! Join our 3-week beginner series with the fabulous Shotgun Jenny and learn the basics of line dancing. From timeless classics to the latest hits, you'll master a variety of fun and easy routines.

Spaces are limited, so don't wait! Register now to secure your spot, and remember: safe footwear like dance shoes, sneakers, or boots is a must. Let's dance together and make new friends along the way! Register Today and Let the Good Times Roll!!!!

\$30 | 3 Weeks



LINE DANCING

"Tiffany is a delight, cheerful, encouraging, professional and I have learned a great deal about exercise and wellbeing."

Educational



COMPUTER TRAINING

Advanced Excel 18+

NORTHAMPTON TOWNSHIP FREE LIBRARY

Jeanise Dimitri	T	11/26-12/10	5:30-7:45pm	ID 9759
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Take your Excel skills to the next level with our intensive three-night advanced Excel course! Whether you're a data analyst, financial professional, or simply looking to supercharge your spreadsheet abilities, this course is designed to equip you with the advanced Excel techniques and strategies you need to excel in your work. Prerequisite: This is an advanced Excel course, and participants should have a solid understanding of Excel basics, including familiarity with functions, formulas, data entry and basic data manipulation. If you are not comfortable with these Excel fundamentals, we recommend taking our "Introduction to Excel" course before enrolling in this advanced program.

FREE | 3 Weeks

Introduction to Microsoft Word 18+

NORTHAMPTON TOWNSHIP FREE LIBRARY

Jeanise Dimitri	W	10/9 - 10/30	5:30-7:45pm	ID 9756
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Welcome to the "Introduction to Microsoft Word" course, an essential learning experience designed to equip you with the foundational skills and knowledge needed to proficiently use Microsoft Word - one of the most widely used word processing applications in the world. Whether you are a student, a professional, or an individual looking to enhance your digital literacy, this course will empower you to create, edit, format and collaborate on documents with confidence and efficiency. Through this course, you will gain hands-on experience in harnessing the potential of Microsoft Word to streamline your work processes, enhance your productivity, and produce polished and professional-looking documents. By the end of this course, you will be equipped with the necessary skills to harness the full potential of Microsoft Word and be well prepared to create professional documents for academic, personal, or professional purposes.

FREE | 4 Weeks

Microsoft Excel 18+

NORTHAMPTON TOWNSHIP FREE LIBRARY

Jeanise Dimitri	T	10/1 - 10/22	5:30-7:45pm	ID 9757
		10/29 - 11/29	5:30-7:45pm	ID 9758

Welcome to the "Introduction to Microsoft Excel" course, an immersive and practical learning experience designed to introduce you to the world of spreadsheet software and empower you with essential skills for data organization, analysis, and visualization. Microsoft Excel is a widely-used and powerful tool that enables individuals and professionals to efficiently manage data, perform calculations, and create insightful reports. Whether you are a student, a data enthusiast, an analyst, or a business professional, this course will equip you with the knowledge and proficiency to harness Excel's capabilities effectively. You will have access to Microsoft Excel software and course materials throughout the program. By the end of this course, you will possess a solid foundation in Microsoft Excel, enabling you to confidently organize data, perform calculations, and create visually appealing reports and charts. Excel proficiency is a valuable skill in various industries and this course will position you for success in academia, data-driven decision-making and your professional career.

FREE | 4 Weeks

DOG TRAINING

Dog Training 18+

NORTHAMPTON TOWNSHIP MUNICIPAL PARK PAVILION 2

Donna Meszaros	S	9/28-11/2 no 10/12	10:00-11:30am	ID 9753
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Positive reinforcement based techniques will be taught using food, toys and affection as a reward. This Canine Good Manners group course will cover topics such as eye contact, position changes (sit, down and stand), leash skills, come/recall, house training and so much more! Each dog should be at least 2 months old, accompanied by an adult (18+) and we highly recommend all age appropriate vaccines be administered prior to your first class (please check with your Veterinarian for guidance). Older dogs welcome. Instructor reserves the right to remove a dog from the class at her discretion.

ERS \$200 | R \$219 | NR \$235 | 5 Sessions



DRIVER'S ED

Online Theory Driver's Education

ONLINE

John's Driving School	1/1-12/31	self-paced	ID 9135
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Driver's education at home! John's Driving School's 30 Hour Online Driver's Education Course is approved by the Pennsylvania Dept. of Education and provides new drivers with the principles of driving, covering every aspect of the road new drivers need to know. Once enrolled, students can access and review the information online, anytime, anywhere, at their own pace. Access to the course never expires. Course modules cover topics that provide students with the skills necessary to obtain a Pennsylvania Driver's License and most importantly, to become conscientious drivers. Special features include PDF documents, videos, and websites.

Please note: The Pennsylvania Department of Education requires students to spend a total of at least 30 hours studying the course content before the final will be accessible. Upon passing the final exam with a score of at least 75%, John's Driving School will issue a Certificate of Completion! Please note the fee for this course is non-refundable. Arrange for "in-car" instruction directly through John's Driving School at 215-295-8014.

\$50

VOICE OVER

Voice Over Training 16+

ONLINE

Will Kamp Such A Voice	M	9/17	6:30-8:30pm	ID 9770
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In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

\$40

Check it out GREAT PRE-K PROGRAMS:

ART 10 • BASEBALL 26 • BASKETBALL 26
CHARACTER MEETS 6 • DANCE 14 • FLOOR HOCKEY 27
GYMNASTICS 28 • MIXED SPORTS 30 • ICE HOCKEY 28
ICE SKATING 28 • MARTIAL ARTS 29
MUSIC/MOVEMENT 14 • SOCCER 32 • TENNIS 32

PRESCHOOL

Discover a World of Learning

Our preschool stands as a haven for curiosity, creativity, and growth. With experienced educators in a warm, nurturing environment, your child's journey of exploration is set to flourish.

Openings Available Now

We're delighted to share that we currently have a few openings in select classes for the upcoming school year. Don't miss out on securing a spot for your little ones in our engaging and enriching classrooms.

Why Choose Our Preschool?

- Strong emphasis on fostering a love for learning
- Safe and nurturing space for your child to thrive

9:30AM-12:00PM

4 Year Old 3 Day	Mon/Wed/Fri.....	\$240
4 Year Old 5 Day	Mon - Fri	\$394

**Spaces are filling up quickly,
so seize the opportunity and secure your
child's spot today!**

Fitness

BARRE

Barre 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jenny Hidalgo, Certified Barre Intensity Instructor	M	9/23-11/4 no 10/14	7:00-8:00pm	ID 9732
		11/18-12/16	7:00-8:00pm	ID 9733

The Barre program combines attributes of Pilates, dance, and functional fitness training. This class incorporates small isolated movement to fatigue the muscles, large range of motion to elevate the heart rate, and sequencing that incorporates upper and lower body to make every minute count.

9732: ERS \$70 | R \$77 | NR \$87 | 6 Weeks
9733: ERS \$59 | R \$66 | NR \$78 | 5 Weeks

CARDIO/STRENGTH

NEW! Cardio Kickboxing Basics & Core 21+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Gina DiFebbo	W	9/25-10/30 no 10/2	9:30-10:30am	ID 9857
	M	11/13-12/18 no 11/27	9:30-10:30am	ID 9858

Ready to kick (literally!) your exercise routine up a notch? Try Cardio Kickboxing! This workout, for all levels, merges cardiovascular exercise with kicks, punches and self defense skills. It builds strength, endurance, coordination and flexibility, while enhancing core strength. Please bring a mat for extra core work and cool down.

ERS \$60 | R \$66 | NR \$75 | 5 Weeks

Cardio Sculpt 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	F	9/27-12/20 no 10/4, 11/1, 11/29	11:30am-12:30pm	ID 9752
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Cardio Sculpt combines intervals of low-impact aerobics with upper and lower body strengthening exercises, ending with core work and a deep stretch. Participants can expect to improve muscular strength, cardiovascular endurance, core stability and flexibility. A strong emphasis is placed on mindfulness, proper form, and breathing. Modifications are given for all fitness levels. For questions, please contact Tiffany Fite at fite.fitness@verizon.net

ERS \$130 | R \$143 | NR \$163 | 10 Weeks

18 | NTP&R 2024 fall PROGRAM GUIDE

Core, Strength, Balance & Stability 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	M	9/23-12/16 no 10/14	1:30-2:30pm	ID 9749
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Improve static and dynamic postural alignment, core strength, balance, and stability by performing specific exercises that target these systems. Participants can expect to improve functional fitness while reducing injury and fall risk. Modifications will be given for all fitness levels.

ERS \$156 | R \$171 | NR \$195 | 12 Weeks

Functional Fitness Daily Living 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	W	9/25-12/18 no 11/27	11:45am-12:45pm	ID 9751
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Functional Fitness for Daily Living - Functional fitness is the ability to perform everyday activities safely and independently without undue fatigue. Participants will improve body mechanics associated with walking, stair climbing, bending, lifting, reaching, sitting down or standing up from the floor or chair, and more. Improvements in strength, stability, mobility, flexibility, agility, and mindfulness can be expected as each task will be broken down into these components. This class will adapt to all registered participants regardless of health and physical capacity so that everyone can work towards their own functional fitness goals. For questions, please contact Tiffany Fite @fite.fitness@verizon.net

ERS \$156 | R \$171 | NR \$195 | 12 Weeks



PROMENADE,
ANYONE?

Check out page 15 for
our awesome adult dance
programs!



Total Body Fitness 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Gina DiFebbo	M	9/23-11/4 no 10/14	6:00-7:00pm	ID 9722
		11/18 - 12/16		ID 9723
	W	9/25- 10/31 no 10/2		ID 9724
	W	11/13 - 12/18 no 11/27		ID 9725
	M & W	9/23 - 11/4 no 10/2, 10/14		ID 9726
		11/13- 12/18 no 11/27		ID 9727

A fun and effective program that combines high and low impact aerobics, upper and lower body sculpting and abdominal toning. Bring a mat/towel and hand weights.

9722: ERS \$72 | R \$79 | NR \$90 | 6 weeks
9723-9725: ERS \$60 | R \$66 | NR \$75 | 5 weeks
9726: ERS \$119 | R \$130 | NR \$149 | 11 weeks
9727: ERS \$108 | R \$119 | NR \$135 | 10 weeks

VIRTUAL PILATES

“Excellent instructor - and convenience of zoom (can do when away from PA) plus flexibility in provision of links to recorded sessions when I can’t attend at the scheduled time”

PILATES

Pilates 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Barbara Cavanaugh	W	9/25- 10/30	10:00-11:00am	ID 9740
		11/13 - 12/18 no 11/27	10:00-11:00am	ID 9741

Pilates focuses on strengthening the upper and lower body, abdominal muscle, lower back, and buns. Pilates is designed to give your suppleness, natural grace and skill. Bring a MAT!

9740: ERS \$77 | R \$85 | NR \$95 | 6 Weeks
9741: ERS \$65 | R \$73 | NR \$82 | 5 Weeks

Jenny Hidalgo	Th	9/26 - 11/7 no 10/3, 10/31	7:00-8:00pm	ID 9721
		11/21 - 12/19 no 11/28	7:00-8:00pm	ID 9713

Focus on strengthening your upper and lower body, abdominal muscles, lower back and buns. Your body will create the challenge to improve your core stability by strengthening your core, lengthening your body, and improving your posture. Register now and work your way to feeling Leaner. Calmer. Stronger.

9712: ERS \$63 | R \$69 | NR \$79 | 5 Weeks
9713: ERS \$50 | R \$55 | NR \$63 | 4 Weeks

Virtual Pilates

ONLINE

Marion McNulty	M	9/9-10/21 no 10/14	9:30-10:30am	ID 9734
	W	9/11- 10/16	9:30-10:30am	ID 9736
	M & W	9/9-10/21 no 10/14	9:30-10:30am	ID 9738
	M	11/4- 12/16	9:30-10:30am	ID 9735
	W	11/6- 12/18 no 11/27	9:30-10:30am	ID 9737
	M & W	11/4-12/18 no 11/27	9:30-10:30am	ID 9739

Start your morning from the comfort of your own home with Pilates, the perfect compliment to your routine!

9734, 9736, 9737: \$70 | 6 Weeks
9735 \$83 | 7 weeks
9738: \$126 | 12 sessions
9739: \$137 | 13 sessions

TAI CHI

"I have never taken a Tai Chi class before. The instructor explained and demonstrated in an easy to follow way. Tai Chi is very interesting, I will continue with next session"



TAI CHI

Tai Chi 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Story Biddle	T	9/24-10/29	10:15-11:15am	ID 9714
		11/12-12/17		ID 9715
	Th	9/26-11/17 no 10/3, 10/31		ID 9716
	Th	11/14-12/19 no 11/28		ID 9717
	Th	9/26-11/17 no 10/3, 10/31	6:30-7:30pm	ID 9718
		11/14-12/19 no 11/28		ID 9719
	T&Th	9/24-11/17 no 10/3, 10/31, 11/5	10:15-11:15am	ID 9720
		11/12-12/19 no 11/28		ID 9721

Take time for yourself and calm your mind, body and spirit in a low-impact environment for all fitness levels. Emphasis on fluid movement and a full, pain-free range of motion that is specifically designed to manage stress, and wash your anxiety away, while developing muscle tone, building bone density, and improving your balance and flexibility. Our Tuesday class is appropriate for those with some exposure to Tai Chi, the Thursday class provides an introduction geared toward beginners.

9714-9715: ERS \$65 | R \$72 | NR \$83 | 6 Weeks
9716-9719 ERS \$55 | R \$61 | NR \$69 | 5 Weeks:
9720 & 9721: ERS \$109 | R \$120 | NR \$137 | 11 Weeks

TRAMPOLINE FITNESS

Say HELLO to a fun new way to reach your fitness goals with MiyraNMotion! This unique approach to exercise is a breath of fresh air, replacing the traditional grind with a fun-filled fitness adventure! Get ready for a workout that's not only good for your body but will leave you feeling energized and refreshed. Trampolines provided.

DROP-INS WELCOME Must register on MyRec.
R \$17 | NR \$20 | PER DROP-IN

Bounce Blast 8-15yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

MiyraNMotion; Certified Jump Instructor	W	9/25-10/16 no 10/2	5:30-6:15pm	ID 9865
		10/23-11/6	5:30-6:15pm	ID 9866
		11/20-12/11 no 11/27	5:30-6:15pm	ID 9867

ERS \$45 | R \$49 | NR \$57 | 3 Weeks

Jump Trampoline Fitness 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

MiyraNMotion; Certified Jump Instructor	W	9/25-10/16 no 10/2	6:30-7:15pm	ID 9683
		10/23-11/6	6:30-7:15pm	ID 9684
		11/20-12/11 no 11/27	6:30-7:15pm	ID 9685

ERS \$45 | R \$49 | NR \$57 | 3 Weeks

YOGA

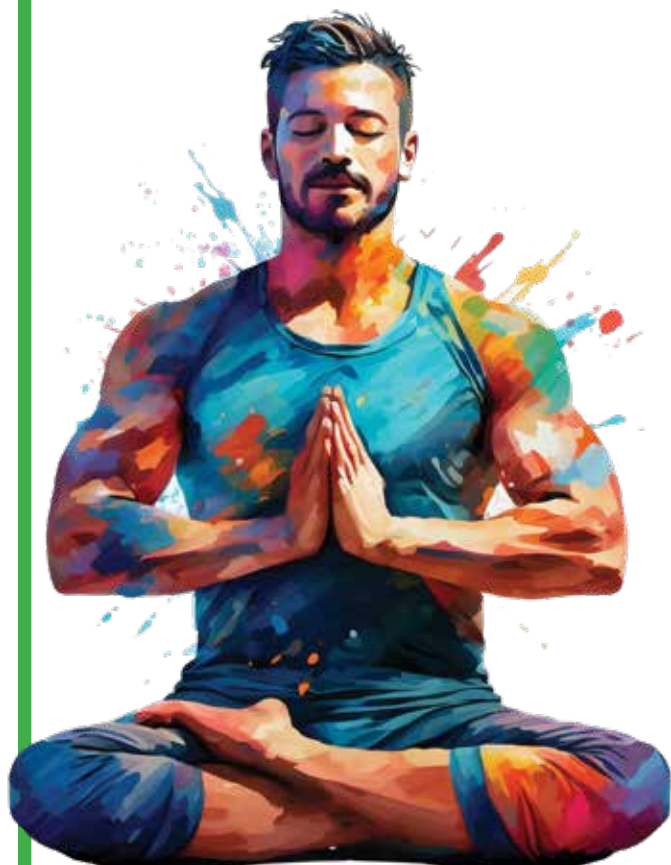
Gentle Yoga - Level 1 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Barbara Cavanaugh	Th	9/26-11/7 no 10/3 or 10/31	9:00-10:00am	ID 9710
		11/18-12/19		ID 9711
Maria Campbell	M	9/23-11/4 no 10/14	6:30-7:30pm	ID 9706
		11/18-12/16		ID 9707

Are you new to Yoga? This class is a beginner yoga class. This calming stress-relieving yoga class teaches you how to stretch and strengthen the body gradually. Emphasis is on building awareness of the breath and the body. Poses and practiced at a slower pace with attention to alignment and detail. Recommended for those new to yoga or working with special concerns. Perfect for the student looking for a gentle experience or those who need a change of pace. Various props will be used for a safe practice and class will end in deep relaxation. Those with medical conditions, please check with your physician if you have any concerns about attending yoga. Please bring a mat, yoga block and water. You may also bring a towel or blanket to assist your practice.

9706: ERS \$75 | R \$83 | NR \$94 | 6 Weeks
9707 & 9710: ERS \$63 | R \$69 | NR \$79 | 5 Weeks
9711: ERS \$50 | R \$55 | NR \$63 | 4 Weeks



NEW! Restorative Yoga 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Maria Campbell	W	9/25-10/30 no 10/2	6:30-7:30pm	ID 9708
		11/13-12/18 no 11/27	6:30-7:30pm	ID 9709

Restorative Yoga is a passive, gentle, soothing practice accessible by all. A meditative (Yin form) of yoga, practicing stillness & consciousness, that allows you to focus on your breath, while releasing tension in your mind & body, while fully supported in each pose. Via Pranayama (breath work) we will begin to move into the para-sympathetic mode (rest & digest mode), Moving towards the awareness of where we're holding on to tightness & tension, in our mind & body. Discovering how we can consciously let that tension go through a guided breath & meditation practice, while in various supported Asanas (poses). During the 60 min class, we will practice 5-6 various supported poses: (child pose, heart openers/backbends, hip openers, side body openers, twists, ending in Savasana (final relaxation pose). Holding each pose approximately 3-4 mins. All poses will be practiced while lying on the floor in supine (back body), prone (front body) & lateral (side body) positions, while being fully supported by yoga bolsters, blocks & blankets. This is a great alternative yoga practice for those that are feeling stressed, burned out & overwhelmed by the business of everyday life. Please note: Yoga bolsters & blocks are provided, but if you prefer, you can bring your own props as well. If using a bolster, please bring a "bath size" towel to place between you & the bolster. Please wear warm, non-restrictive comfortable clothing to enhance your practice. Don't forget to bring your yoga mat and "bath towel"

ERS \$63 | R \$69 | NR \$79 | 5 Weeks

NEW! Yoga Sculpt and Flow 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	T	9/24 - 12/17 no 11/5	1:00-2:00pm	ID 9750
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Sculpt, tone, and strengthen the entire body while improving balance, stability, mobility and flexibility. Intervals of flow yoga that transition slowly and smoothly from one pose to the next are intermixed with static poses using hand-held weights and exercise bands. A strong emphasis is placed on mindfulness, proper form, and breathing. Modifications are given for all fitness levels; chairs are available for stability if needed. For questions, please contact Tiffany Fite (fite.fitness@verizon.net)

ERS \$156 | R \$171 | NR \$195 | 12 weeks

ZUMBA

Zumba 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER* AND RECREATION CENTER**

Sandy Flynn	T*	9/24- 10/29	6:15-7:15pm	ID 9742
		11/12- 12/17	6:15-7:15pm	ID 9743
Marianne Giosa	S**	9/28- 11/9 no 10/12, 10/26	9:30- 10:30am	ID 9744
		11/16- 12/21 no 11/30	9:30- 10:30am	ID 9745

Experience one exhilarating hour of caloric-burning, heart-racing, muscle-pumping, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA - a fitness party! Why Zumba? It's the best party around.

Note that classes generally have a varied range of ages and fitness levels, but EVERYONE can do this! Instructor always gives low impact versions of any high impact moves so you can tailor the class to your level -Make it as high or as low as you want! No excuses, if you enjoy dancing, come out and give this a try!

9742 & 9743: ERS \$69 | R \$76 | NR \$87 | 6 Weeks
9744 & 9745: ERS \$63 | R \$69 | NR \$78 | 5 Weeks

Zumba Fit 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	T	9/24 - 12/17 no 11/5	12:00- 12:50pm	ID 9773
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Zumba Fit is geared toward adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on cardiovascular and muscular endurance, balance, range of motion and coordination. Modifications are given as needed. Have lots of fun while experiencing the physical, mental & social benefits of Zumba Fit!

ERS \$156 | R \$171 | NR \$195 | 12 weeks

ZUMBA

"It's fun, a great combination of low impact aerobic, strength and balance training."



Zumba Power Hour 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Sandy Flynn	Th	9/26-11/7 no 10/3, 10/31	6:00-7:00pm	ID 9746
			7:00-7:15pm Floor Work	ID 9883
		11/21- 12/19 no 11/28	6:00-7:00pm	ID 9747
			7:00-7:15pm Floor Work	ID 9884

NEW FORMAT & START TIME: Thursday's Zumba classes will now be 1 hour of Latin-inspired Zumba dance routines with about 4 or 5 toning songs. These toning songs can be done with or without weights; however, if using hand weights, bring 1 or 1½ pound weights (shaker weights, if possible). You'll keep dancing and moving while adding some resistance in various ways to help build more muscle and burn more fat! Come join us for a great way to have fun while burning calories and getting toned.

For those of you who still want some traditional floor work, there will be an optional 10-15 minutes after the Zumba Hour finishes to work on some of our key body parts. Please note, this ab workout incurs an additional fee. Come check it out!!

9746: ERS \$58 | R \$68 | NR \$73 | 5 Weeks
Additional Floor Work 9883: \$15 for 5 weeks

9747: ERS \$46 | R \$56 | NR \$58 | 4 Weeks
Additional Floor Work 9884: \$12 for 4 weeks

THE SENIOR CENTER CAN HELP MAKE
YOUR SPECIAL EVENT A SUCCESS!

A Perfect Party Room!

An awesome venue for a
special event,
celebration or business
meeting!

Our BRIGHT 3,000 sq. foot
room can seat up to 200
people. If a smaller space is
needed, retractable
partitions allow space to fit
your needs.



The rental space includes chairs and six-foot tables, an on-site rental attendant and a separate entrance for the rental space. For information, please contact the Center Director, Sheila Jobs, at 215-357-8199

Health & Wellness

AHA Heartsaver 15+

CPR/AED/FIRST AID CLASS
NORTHAMPTON TOWNSHIP RECREATION CENTER

Jay Colella, NRP	S	10/5	9:00am-1:00pm	ID 9728
		12/7	9:00am-1:00pm	ID 9729

Learn the skills needed to recognize cardiac arrest, get emergency care on the way quickly, and help a person until EMS arrives. This course teaches students information needed to respond to and manage illnesses and injuries in an adult in the first few minutes until professional help arrives. Heartsaver First Aid teaches you the basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform lifesaving skills.

ERS \$85 | R \$95 | NR \$105 | 1 Day

Babysitting Workshop 12-17yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Amanda McDole	T	11/5	11:00am-3:30pm	ID 9771
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This four-hour, 2 night course is for boys and girls aged 12-17, with an occasional super motivated 11 year old being totally fine to join in. It covers babysitting basics (diapering, bottle feeding, burping, etc.), infant/child CPR, infant/child choking relief, basic First Aid, childhood development - ages & stages, handling crying/behavior issues, household safety rules, interviewing, and more! Participants practice their new skills on infant training manikins and infant/child CPR manikins. PLEASE BRING A LUNCH AND DRINK!

ERS \$115 | R \$127 | NR \$144 | 1 Day



RESET YOUR SOUL:

A guide to living your best life

A program developed by Danielle Schwartz, certified spiritual medium and master teacher, and her spirit guides. This amazing program was designed to enhance your connection with spirit and develop your inner power.

Discover Your Spirit Guides: Part 1 and 2

ONLINE

10/21, 10/28, 11/4, 11/11, 11/18, 11/25	6:00- 7:30pm	ID 9881
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Learn who your spirit guides are and how they can help

Understand the difference between loved ones, angels and spirit guides

Discover how spirit guides can help you in everyday life

Understand who your personal guides are

Learn the difference between the types of guides

Discover how spirit guides can help you with intuition and psychic predictions

\$500 | 6 Weeks

Transform Your Life: Create The Life Of Your Dreams

ONLINE

12/2, 12/9, 12/16	6:00- 7:30pm	ID 9882
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Uncover the secrets to manifestation

Create a process for making your dreams a reality

Discover how angels, spirit guides and higher vibrations can help

\$250 | 3 Weeks

Understanding Who You Are: The Essence Within You

ONLINE

9/9, 9/16, 9/23	6:00- 7:30pm	ID 9879
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Discover who you really are and how this will help you transform your life

Uncover the truth about why we are here on earth and how we can find ease

Learn techniques that will help you become a higher version of yourself

\$250 | 3 Weeks

Healing With Chakras: The Energy Within You

ONLINE

9/30, 10/7 10/14	6:00- 7:30pm	ID 9880
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Discover how your chakras can affect your life with your health, wealth and obstacles

Understand the twelve chakra system and how they can restore balance

Break down who we are, where we store trauma and how to stop the cycle

\$250 | 3 Weeks

Special Interest

BUILDING

Cyber Crawler Robot 7-11yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Minds in Motion	W	10/16-11/20	6:00-7:00pm	ID 9810
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Build and take home your very own Cyber-Crawler Robot! This smart coding robotics kit entertains and teaches programming skills to inquisitive young future robotic engineers! With the aid of your instructor, you will each assemble your own robot that consists of 76 pieces. Once completed, a simple press-button programming keypad embedded on its cranium will send your Cyber-Crawler on its way! You can design obstacles and maze courses with your classmates and see how far you can go. With a maximum storage capacity of 64 tasks, your Cyber-Crawler Robot will be a terrific starter tool to learn the joy of coding! This very cool robot's LEDs illuminate as it executes whatever you command. Come and join this fascinating and educational robotic experience!

ERS \$155 | R \$169 | NR \$185 | 6 Weeks

FUN-damental STEAM 5-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Arena STEM	M	9/23-11/4 no 10/14	5:00-6:00pm 5-8yrs	ID 9837
			6:00-7:00pm 9-12yrs	ID 9838
		11/18-12/16	5:00-6:00pm 5-8yrs	ID 9839
			6:00-7:00pm 9-12yrs	ID 9840

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Space Odyssey, heavy machinery and robots. Design and build as never before to explore your craziest ideas. You will power up your creations towards the end of the session. Put your concepts to the test with STEM/STEAM hands-on projects!

9837 & 9838: ERS \$149 | R \$159 | NR \$169 | 6 Weeks
9839 & 9840: ERS \$125 | R \$135 | NR \$145 | 5 Weeks

Minecraft Engineering Gr K-4

NORTHAMPTON TOWNSHIP RECREATION CENTER

Play-Well TEKologies	T	9/24-10/29	5:30-6:30pm	ID 9806
		11/12-12/17	5:30-6:30pm	ID 9807

Venture into the world of Minecraft in our unique LEGO® experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor.

ERS \$155 | R \$169 | NR \$185 | 6 Weeks

ToyMakers Workshop Series 7-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Geoventures	S	11/23-12/14 no 11/30	10:00am-12:00pm	ID 9818
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Come create with us at Toymaker's Workshop! Using eco-friendly and recycled materials, create and invent toys, games, and stuffies to take home to your family! Each day will include hands-on activities, discussion and a team activity.

ERS \$159 | R \$169 | NR \$179 | 3 Weeks



CANASTA

NEW! Introductory Canasta 101 21+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Marsha Freedman	W	10/9-10/30	1:00-3:00pm	ID 9774
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Socialize while learning to play a new card game in 4 easy lessons! Bring your friends! Join the fun! Week 1 = Rules, Basics of Play, Melds, Types of Canastas, Object of Game, Week 2 = Playing the hand, taking the pack, etiquette, Week 3 = Strategies, Week 4 = Scoring, penalties, special hands.

ERS \$75 | R \$83 | NR \$93 | 4 Weeks

MAHJONGG



NEW! Introductory Mahjongg 101 21+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Marsha Freedman	M	10/7-11/14 no 10/14	1:00-3:00pm	ID 9775
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Learn to play the American version of the engaging chinese game of mahjongg. Week 1 - Name of tiles and suits, reading a mahjongg card, picking a hand, Week 2 = dealing, rolling the dice, arranging hand, review picking a hand, Week 3 - Build the walls, breaking a wall, charlestons, joker, rules, gameplay, Week 4 - Passing and calling tiles, courtesy pass, stealing, ending the game.

ERS \$75 | R \$83 | NR \$93 | 4 Weeks

CHESS

Chess 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Chess Wizards	T	9/24-10/29	6:30-7:30pm	ID 9808
		11/12-12/17	6:30-7:30pm	ID 9809

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student would have had the chance to participate in a mini-chess tournament.

ERS \$169 | R \$179 | NR \$189 | 6 Weeks

SPY

Spy Training Workshop 6-10yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Geoventures	S	10/5-11/2 no 10/12, 10/26	10:00am-12:00pm	ID 9817
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Are you the world's next Super Spy? After assuming your new secret identity and being debriefed, your spy training will begin and include becoming an expert in the art of disguise, code-breaking, surveillance, stealth and leaving no trace. As a team, you and the other cadets will solve mysteries, navigate challenging obstacle courses and try to discover the double-agent. Each day will include hands-on activities, discussion and a team activity.

ERS \$159 | R \$169 | NR \$179 | 3 Weeks

- TAROT -

NEW! Tarot for Beginners 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Robert Hazzon	T	9/24-10/29	7:00-8:00pm	ID 9808
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This is a beginner class for anyone interested in the fascinating and esoteric world of Tarot. You'll learn all the meanings of the cards and their symbols, combinations, various layouts and types of readings. Requirements for the class - The Rider-Waite Deck. If you need to purchase a deck, please **DO NOT BUY A USED DECK**. This course is designed in 3 parts but this first class will still teach you what you need to do readings. Robert Hazzon has been reading cards for over 50 years and has an enthusiastic following on Facebook and is going into his second year teaching Tarot at Northampton Township Parks and Rec and has been lovingly dubbed, "The Wiz." Join him on Facebook: Hazzon Has It Tarot.

ERS \$90 | R \$99 | NR \$113 | 6 Weeks



Sports

BASEBALL

T-Birds T-Ball 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION COMPLEX
DIAMOND 3

Jump Start Sports	T	9/24-10/29	5:30pm or 6:30pm start	ID 9653
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A fun and highly instructional introduction to baseball for 3-5 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Sessions are one hour long, one day per week, and include all the instruction and game play in one outing. Players receive a Major League Baseball hat, team tee shirt and award. **Parent support/ participation appreciated.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks

BASKETBALL

Hoop/Little Hoop Stars 4-8yrs

WELCH ELEMENTARY SCHOOL

	W	9/25-10/30 no 10/2	6:15-7:15pm <i>Little Hoop Stars 4-5 yrs</i>	ID 9649
			7:15-8:15p <i>Hoop Stars 6-8 yrs</i>	ID 9650
		11/13-12/18 no 11/27	6:15-7:15pm <i>Little Hoop Stars 4-5 yrs</i>	ID 9651
			7:15-8:15pm <i>Hoop Stars 6-8 yrs</i>	ID 9652

Discover an interactive basketball program designed specifically for your child. Our sessions integrate learning with fun, focusing on essential skills like dribbling, passing, shooting, positioning, defense, and rebounding. Through engaging activities, young players develop a strong foundation in basketball while enjoying the game in a supportive atmosphere.

ERS \$110 | R \$120 | NR \$130 | 5 Weeks



FIELD HOCKEY

Stick IQ Indoor Field Hockey Gr 1-9

NORTHAMPTON TOWNSHIP RECREATION CENTER

Cris Maloney and Bridget Schaeffer	Su	10/13-11/24	12:30-1:30pm <i>Grades 1-3</i>	ID 9686
			1:45-3:00pm <i>Grades 4-6</i>	ID 9687
			3:15-4:45pm <i>Grades 7-9</i>	ID 9688

Field hockey is an amazing Olympic sport that features eye-hand coordination, athleticism, discipline, and quick thinking. In our STICK IQ program (no experience necessary), players will develop ball control, dribbling, dodging, passing, receiving, defending, and team concepts. Basic rules will also be introduced. The program will be held in our weather-perfect indoor facility. Its smooth "be successful" surface is ideal for young field hockey players. Your lead instructors are Cris Maloney and Bridget Schaeffer. Coach Cris created the STICK IQ program. He was a physical education teacher and has a 50-year history with field hockey as a player, coach, author, and product developer. Coach Bridget is a physical education teacher, championship middle school field hockey coach, and has more than 15 years of youth sports coaching experience. She is First Aid, CPR, and AED certified. Both of our instructors are also field hockey umpires.

Players will develop ball control, dribbling, dodging, passing, receiving, defending, team concepts, and basic rules.

7 WEEKS:
9686: ERS \$110 | R \$120 | NR \$143
9687: ERS \$115 | R \$127 | NR \$149
9688: ERS \$120 | R \$132 | NR \$156

STICK IQ

"Stick IQ is the best, the skills are being taught in a way that was appropriate for kids new to the sport."

FLOOR HOCKEY

Tiny Tots Floor Hockey 4-8U

NORTHAMPTON TOWNSHIP RECREATION CENTER

Vince Prozzillo	Th	9/26-10/31 <i>no 10/3, 10/31</i>	6:00-6:45pm	ID 9778
		11/21-12/19 <i>no 11/28</i>	6:00-6:45pm	ID 9779

In this indoor co-ed tiny tot floor hockey program, players will be placed on teams and taught basic skills, game safety and sportsmanship. No prior experience necessary. This program will be 20 minutes of practice with fun drills and a real game following.

First time players receive team shirts. End of season awards provided* **Equipment Required:** Helmet, knee and shin guards, elbow pads, gloves, cup (male players) and a stick.

9778: ERS \$79 | R \$89 | NR \$99 | 5 Weeks

9779: ERS \$65 | R \$69 | NR \$79 | 4 Weeks

Youth Floor Hockey 6-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman	Th	9/7-12/14 <i>no 10/12, 10/19</i>	9:00am-4:00pm	ID 9660

Leave the skates behind and join the best (and only) floor hockey league in town! Players will have fun, develop hockey and team-sports skills, and be eligible for end-of-the-season awards. Games are played on Saturdays. See below for approximate division and schedule.

Mites Division | 6-9yrs
approx 9:00am, 10:15am
Pee Wee Division | 10-12yrs
approx 11:30am, 12:45pm
Juniors Division | 13-19yrs
approx 2:30pm and 3:30pm

ERS \$119 | R \$130 | \$NR 155 | 12 Weeks

Adult Floor Hockey 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman	Th	9/5-12/19 <i>no 10/3, 10/31, 11/28</i>	7:45pm-midnight	ID 9659
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Thursday nights belongs to Northampton Adult Floor Hockey! At the start of each season, participants are drafted by team captains following a scrimmage to show off their skills. Games begin the following week. Registration fills up quickly, and no additional players may join after the completion of the draft. ALL participants must register as a regular player. If a player is drafted as a goalie, the household will be issued a \$25 credit. New players must attend scrimmage.

ERS \$129 | R \$140 | NR \$167 | 13 Weeks

GOLF CLINICS

Junior Golf Clinic 7-16yrs

NORTHAMPTON VALLEY COUNTRY CLUB

Michael Discavage	Th	9/5-9/26	5:15-6:15pm	ID 9760
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Skilled instructors will help Junior Golfers grow by teaching techniques to improve their skills while instilling responsibility, acceptance, maturity and patience on and off the course. All while having fun! Teaching professional Michael Discavage create a desire for the game of golf as the participants learn and enjoy this great game outdoors!

ERS \$100 | R \$110 | NR \$125 | 4 Weeks

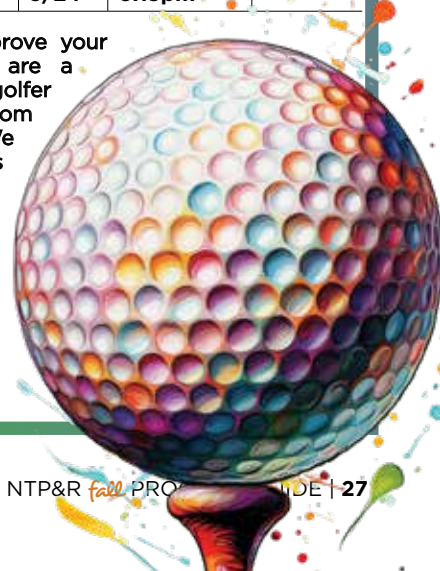
Adult Golf Clinic 17+

NORTHAMPTON VALLEY COUNTRY CLUB

Michael Simone	T	9/3-9/24	5:15-6:15pm	ID 9761
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Come unwind and improve your skills! Whether you are a beginner or a weekly golfer there is always room for improvement. We will work on all facets of the game - irons, woods, short games and putting. Register early....Spots will fill fast.

ERS \$115 | R \$127
NR \$143
4 Weeks



GYMNASTICS

Tiny Tumbles 7-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Trinity Golden	F	11/8-1/10/25 no 11/29, 12/6, 12/27	3:15-3:50pm 18-36 mos Kid & Caregiver	ID 9811
			4:00-4:50pm 3-4yrs Preschool	ID 9812
			5:00-5:50pm 5-6yrs Kinder	ID 9813
			6:00-6:50pm 6-10yrs Beginner/Intermediate	ID 9814
			7:00-7:50pm 6-10yrs Beginner	ID 9815
			8:00-8:45pm 7-10yrs Open Gym	ID 9816

On your mark, get set, roll! Tiny Tumbles is a mobile gym offering gymnastics programming for kids of all ability levels from ages 18 months-10 years. Balance on the beam, swing from the bars, bounce on the trampoline, and so much more! Students will learn fundamental gymnastics skills, participate in age-appropriate challenges and games, and explore exciting apparatus in a safe and engaging setting. Our program enables children to boost physical fitness while fostering goal setting, teamwork, and self-confidence.

7 WEEKS:

9811: ERS \$155 | R \$165 | NR \$175

9812-9815: ERS \$179 | R \$189 | NR \$199

9816: ERS \$105 | R \$115 | NR \$125



ICE HOCKEY

Learn to Play

Ice Hockey 4-12yrs

NORTHEAST SKATE ZONE

Vince Prozzillo	S	9/21-11/2 no 10/26	10:10-11:10am	ID 9786
		11/9-12/21 no 11/30	10:10-11:10am	ID 9787

Participants start from square one, learning the basic skills of ice skating, while being introduced to individual ice hockey specific skills (stick-handling, shooting, passing). Set in a fun and nurturing environment, this introductory program provides all participants a comfort level to enjoy their first experience with hockey, while developing the fundamental skills to succeed in the next program progression steps. FREE equipment for first time players. Over \$300 worth of equipment, skates are not included but players can use the rentals at no charge.

\$199 | 6 Weeks

Foundry Adult Beginner Ice Hockey 18+

NORTHEAST SKATE ZONE

Vince Prozzillo	M	9/10-10/28 no 10/26	8:40-9:40pm	ID 9788
		11/4-12/23	8:40-9:40pm	ID 9789

The largest co-ed adult learn to play hockey program in the U.S.A.. The program is open to adults 18+ who have never played hockey. It will combine on-ice skills sessions with instructional games. During this program, participants will learn the fundamental skills of ice hockey, including how to skate if they've never done so before. In addition, they will get a chance to play the greatest game on Earth.

\$193 | 8 Weeks



ICE SKATING

Learn to Skate 4-12yrs

NORTHEAST SKATE ZONE

Our Learn to Skate program provides curriculum from Learn to Skate USA and certified passionate instructors. We build solid skill progression to grow self esteem in both children and adults while providing them the resources to reach their hopes and dreams. Each session includes 6 weeks of lessons. Each lesson includes 30 minutes of instruction & 30 minutes of practice.

9781-9785: \$175 | 6 Weeks

9780: \$149 | 5 weeks

Vince Prozzillo	T	8/20-9/24 no 9/3	6:00-7:00pm	ID 9780
	F	9/20-11/1 no 10/25	6:50-7:50pm	ID 9781
	S	9/21-11/2 no 10/26	11:20am-12:20pm	ID 9782
	T	10/1-11/5	6:00-7:00pm	ID 9783
	F	11/8-12/20 no 11/27	6:50-7:50pm	ID 9784
	S	11/9-12/21 no 11/30	11:20am-12:20pm	ID 9785

KICKBALL

Youth Kickball 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION COMPLEX
DIAMOND 3

Jump Start Sports	M	9/23-11/4 no 10/14	5:30-7:00pm 6-8yrs	ID 9658
			7:00-8:30pm 9-12yrs	ID 9659

Start Sports Kickball League! This exciting league is perfect for individuals of all skill levels who are looking to have fun, make new friends, and enjoy the thrill of kickball. Our league is designed to promote teamwork, physical activity, and a sense of community.

COURSE

Fun and Engaging Games: Experience the joy of playing kickball in a relaxed and enjoyable environment. Our league is all about having fun and creating lasting memories.

Team Building: Develop strong bonds with your teammates as you work together to achieve common goals. Our league emphasizes the importance of teamwork and cooperation.

Skill Development: Improve your physical fitness, coordination, and strategic thinking through regular practice and gameplay. Our experienced coaches are here to help you enhance your skills.

Inclusive Environment: Our league is open to players of all skill levels, from beginners to seasoned athletes. Everyone is welcome to join and participate in the fun.

Community Spirit: Join a community of like-minded individuals who share a passion for kickball. Make new friends, enjoy social events, and be a part of something special

LEAGUE

Duration: The league runs for 6 weeks, with games held once a week.

Teams: Players will be grouped into teams to foster a sense of camaraderie and competition.

Games: Each game will consist of 7 innings and follow standard kickball rules.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks

STRUCTURE:



MARTIAL ARTS

Shotokan Karate 5+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Andrew Spivack	T	9/24-11/5 no 10/15	6:00-6:45pm Beginner	ID 9790
			6:45-7:30pm Adv Beginner	ID 9791
			7:30-8:15pm Intermediate/Adv	ID 9792
	11/12-12/17		6:00-6:45pm Beginner	ID 9793
			6:45-7:30pm Adv Beginner	ID 9794
			7:30-8:15pm Intermediate/Adv	ID 9795

Northampton Shotokan is committed to keeping children active and engaged during those challenging time! The Shotokan program is dedicated to developing healthy bodies, sound minds and self-esteem, all balanced with a deep respect for others. The Northampton Shotokan Karate club will directly support the growth of your child through a variety of classes, progressive challenges and individualized instruction. Help your child protect themselves mentally and physically, register today!

Beginner This level is only for those who are brand new to Shotokan or have not yet taken their first belt test.

Advanced Beginner This level is for Black Stripe, Yellow Stripe and Candidate Yellow Students

Intermediate/Advanced This level is for Shotokan students who are a Yellow belt and above.

ERS \$85 | R \$95 | NR \$105 | 6 Weeks

Tae Kwon Do and Jiu Jitsu 5+

NORTHAMPTON TOWNSHIP RECREATION CENTER

John McDonald & Staff	W	9/2-10/30 no 10/2	5:15-6:15pm	ID 9802
		11/13-12/18 no 11/27	5:15-6:15pm	ID 9803

The benefits of Tae Kwon Do instruction are endless! Participants learn and develop all of the techniques for defense including: kicking, punching, blocking, grappling, and proper falls. Offered at the Recreation Center for over 25 years, Sensei John McDonald helps his students learn discipline, respect, self control and gain confidence - all while getting a great workout!

No jewelry, pierced earrings, necklaces, etc. permitted in class.

ERS \$55 | R \$59 | NR \$69 | 5 Weeks

MIXED/VARIETY



Amazing Athletes 2-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER
GYM AND FIELD BY TENNIS COURTS

Super Soccer Stars/ Amazing Athletes	T	9/24-10/29	5:30-6:10pm 2-3yrs	ID 9647*
	Th	9/26-11/7 no 10/3, 10/31	1:30-2:15pm 3-6yrs Gym	ID 9645**
	T	9/24-10/29	6:15-7:00pm 4-5yrs	ID 9648*
	Th	11/21-12/19 no 11/28	1:30-2:15pm 3-6yrs Gym	ID 9646***

Amazing Athletes is physical fitness development program empowering kids to reach developmental milestones and progress at their own pace. The kids will develop the physical literacy associated with speed, balance and overall coordination. They will also learn about nutrition and muscle identification while mastering 6 motor skills.

9647 & 9648: ERS \$135 | R \$148 | NR \$175 | 6 Weeks*

9645: ERS \$75 | R \$82 | NR \$97 | 5 Weeks**

9646: ERS \$60 | R \$66 | NR \$79 | 4 Weeks***

Games Galore 4-6yrs

NORTHAMPTON	TOWNSHIP	RECREATION	CENTER
Vince Prozzillo	M	9/23-11/4 no 10/14	1:30-2:15pm ID 9776
		11/18-12/16	1:30-2:15pm ID 9777

Is your preschooler ready for action? Then he/she is ready for a fun-filled, non-stop 45 minutes of catching, throwing, dodging, jogging, kicking, rolling, throwing, and MORE! Group and individual activities with an emphasis on building self-esteem, confidence, and fair play are planned for this high energy class! Don't miss out on this exciting introduction to physical education!

ERS \$79 | R \$89 | NR \$105 | 6 Weeks

ERS \$65 | R \$75 | NR \$89 | 5 Weeks



AMAZING ATHLETES

"Everything about the program was incredible for this age group and learning about the different sports."

AMAZING ATHLETES

"Coach Matt was incredible with the kids. What a great program."

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AND
NORTHAMPTON TOWNSHIP PARKS & RECREATION PRESENT



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PICKLEBALL



MONDAY	TUESDAY	THURSDAY
	INTRO 18+ 9:00-10:00am	
	Intermediate 18+ 5:30-6:30pm	Clinic 18+ 5:30-6:30pm
Youth 6:30-7:30pm	Clinic 18+ 6:30-7:30pm	Intermediate 18+ 6:30-7:30pm
	Intermediate 18+ 7:30-8:30pm	

Youth Pickleball 8-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Susan Bowman Tennis and Instructors	M	9/30- 11/4 no 10/14	6:30-7:30pm	ID 9681
		11/18- 12/16	6:30-7:30pm	ID 9682

Dive into the exciting world of pickleball with our Youth Pickleball Class! For ages 8-16, this program blends skill development and friendly competition. Instructors ensure a supportive environment for players of all levels. Join us for an active and fun-filled experience on the court. Enroll now and let the pickleball adventure begin!

ERS \$85 | R \$95 | NR \$105 | 5 Weeks

AM Introduction to Pickleball 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Susan Bowman Tennis and Instructors	T	9/10 -10/8	9:00-10:00am	ID 9671
			10:00-11:00am	ID 9672
		10/22 -11/26 no 11/5	9:00-10:00am	ID 9846
			10:00-11:00am	ID 9847

New to Pickleball or looking to sharpen your skills? Introduction to Pickleball will familiarize new players and strengthen the beginning player's knowledge of scoring, rules, serving, and ground strokes. Already know pickleball but looking to continue to work on your skills? This class is perfect for you! Participants will practice what they have learned through skills and drills, ensuring both novices and those seeking improvement can benefit. Get out of the "kitchen" and get into the game everyone is talking about! Paddles and balls are supplied.

Pre-registration required. No drop-ins permitted.

ERS \$85 | R \$95 | NR \$105 | 5 Weeks

Pickleball Clinic 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER OR
MAUREEN WELCH ELEMENTARY

Susan Bowman Tennis and Instructors	T	9/10 -10/8	6:30-7:30pm Rec Center	ID 9662
	Th	9/12- 10/17 no 10/3	5:30-6:30pm Rec Center	ID 9667
	T	10/22 - 11/26 no 11/5	6:30-7:30pm Welch Elem	ID 9665
	Th	11/7- 12/12 no 11/28	5:30-6:30pm Welch Elem	ID 9669

Learn the fundamentals of pickleball including game rules, scoring and basic strategies to give you the tools you need to enjoy the game, with both practice and play each week. Intended for all skill levels. Paddles and balls will be supplied.

Pre-registration required. No drop-ins permitted. Basic knowledge of pickleball is recommended!

ERS \$85 | R \$95 | NR \$105 | 5 Weeks

Pickleball Intermediate 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER OR
MAUREEN WELCH ELEMENTARY

Susan Bowman Tennis and Instructors	T	9/10 -10/8	5:30-6:30pm Rec Center	ID 9661
			7:30-8:30pm Rec Center	ID 9663
	Th	9/12- 10/17 no 10/3	6:30-7:30pm Rec Center	ID 9668
	T	10/22 - 11/26 no 11/5	5:30-6:30pm Welch Elem	ID 9664
			7:30-8:30pm Welch Elem	ID 9666
	Th	11/7- 12/12 no 11/28	6:30-7:30pm Welch Elem	ID 9670

Intermediate Clinic/Open Play - If you are a seasoned pickleball player or a clinic graduate and you're looking for the next level of challenge, this class is for you! Instructors will oversee you as you play, to give pointers and answer questions, while keeping the games moving each week. Paddles and balls will be supplied if you don't have your own. Bring your "A" game and be ready to play!

ERS \$85 | R \$95 | NR \$105 | 5 Weeks

SOCCER



Sunday Soccer Shots 2-8yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER OR
MICRO FIELD 4

Soccer Shots	Su	9/8-10/13 Micro Field 4	9:00-9:30am Mini 2yrs	ID 9635
			9:45-10:20am Classic 3yrs	ID 9636
			10:30-11:10am Classic+ 4-5yrs	ID 9637
			11:20-11:50am Premiere 6-8yrs	ID 9638
	Rec Center	10/27-12/8 no 12/1	9:00-9:30am Mini 2yrs	ID 9639
			9:45-10:20am Classic 3yrs	ID 9640
			10:30-11:10am Classic+ 4-5yrs	ID 9641
			11:20-11:50am Premiere 6-8yrs	ID 9642

In the event of rain, soccer will move inside to Rec Center.

PLEASE BRING A WATER BOTTLE. SUGGESTED BUT NOT REQUIRED: CLEATS - when outdoors (SNEAKERS ARE FINE) AND SHIN GUARDS.

SOCCER SHOTS MINI 2YRS is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. *Parent participation encouraged.*

CLASSIC 3YRS utilizes creative activities to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as RESPECT, TEAMWORK, and APPRECIATION. Additionally, the concept of competition is introduced. *Parent participation encouraged.*

CLASSIC+ 4-5YRS introduces advanced footwork, in addition to a greater focus on team play. Children will play fun games that will allow them to experience development in coordination, agility, and change of speed. Additionally, competition will occur in the form of end-of-class scrimmaging.

PREMIER 6-8YRS focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

9635-9638: ERS \$135 | \$ R \$148 | NR \$170 | 6 Weeks

Afternoon Soccer Shots 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Soccer Shots	T	9/24-10/29	1:30-2:15pm	ID 9643
		11/12-12/17	1:30-2:15pm	ID 9644

Soccer Shots offers an enriching children's soccer experience centered on fostering character development. Our program goes beyond the game, instilling valuable life skills both on and off the field. Through our exceptional coaching, effective communication, and thoughtfully designed curriculum, we make a positive and lasting impact on the lives of young athletes.

ERS \$75 | R \$82 | NR \$97 | 6 Weeks

TENNIS



Tennis 4-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER*

Susan Bowman Tennis School and Instructors	W	9/25-10/30 no 10/2	5:30-6:30pm Pee Wee 4-6yrs	ID 9677
			5:30-6:30pm Junior 7-16yrs	ID 9678
	M	9/30-11/4 no 10/14	5:30-6:30pm Pee Wee 4-6yrs	ID 9673
			5:30-6:30pm Junior 7-16yrs	ID 9674
	W	11/13-12/18 no 11/27	5:30-6:30pm Pee Wee 4-6yrs	ID 9679
			5:30-6:30pm Junior 7-16yrs	ID 9680
	M	11/18-12/16	5:30-6:30pm Pee Wee 4-6yrs	ID 9675
			5:30-6:30pm Junior 7-16yrs	ID 9676

PEE WEE 4-6YRS Introduce tennis to your 4-6 year old with a fun and exciting approach! Your up-and-coming tennis player will develop hand-eye coordination along with movement skills. Participants will grow comfortable with equipment and learn the parts of the tennis court. Basic tennis fundamentals and shots are taught through lots of tennis-like games!

JUNIOR 7-16YRS Looking for a great place for your junior to start or brush up on tennis basics and advance further? Juniors will improve hand-eye coordination and agility, perform racquet-handling skills, and become familiar with the tennis court. Instructors zero in on building a strong foundation through basic strokes and fun games associated with tennis. Match play is introduced, instructors will meet your junior player at their ability level to foster their growth and love of the game.

*Held on tennis courts in nice weather.

ERS \$85 | R \$95 | NR \$105 | 5 Weeks

VOLLEYBALL



Youth Volleyball 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jump Start Sports	T	9/24-10/29	5:15-6:15pm 6-8yrs	ID 9654
			6:15-7:15pm 9-12yrs	ID 9655
		11/12-12/17	5:15-6:15pm 6-8yrs	ID 9656
			6:15-7:15pm 9-12yrs	ID 9657

YOUTH 6-12YRS Looking for a fun and engaging way for your child to learn and develop the skills necessary to succeed in volleyball? Join Jump Start Sports Youth Volleyball Programs today! Our programs are designed to provide children with a comprehensive introduction to the sport of volleyball, while also building important skills such as teamwork, sportsmanship, and confidence. In our Youth Volleyball Programs, children will learn the fundamentals of volleyball using a wide variety of fun and age-appropriate drills as well as game play. Our experienced coaches use a variety of innovative techniques and drills to help children develop the skills they need to succeed in volleyball and in life, including passing, setting, hitting, blocking, serving, basic offense and defense, positioning, and team strategy.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks

Adult Volleyball 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Mike Devitt	T	9/24-10/29	7:45-9:45pm 17+yrs	ID 9689
Mike Lutz	W	9/18-10/30 no 10/2	7:45-9:45pm 17+yrs	ID 9691
Mike Devitt	T	11/12-12/17	7:45-9:45pm 17+yrs	ID 9690
Mike Lutz	W	11/6-12/18 no 11/27	7:45-9:45pm 17+yrs	ID 9692

ADULT 17+ Do you love volleyball? Looking for a little healthy competition? This very popular, highly competitive recreational league is a great fit for men and women ready to serve up a great game! Players have a moderate to intermediate skill level. If you think you can keep up, don't wait...register today!

A Good player who knows and attempts to use proper technique when passing, setting, attacking, blocking and defending; however, is inconsistent with successfully executing the skills. Functions as part of a team providing support of the ball and effective transitioning.

ERS \$65 | R \$72 | NR \$85 | 6 Weeks

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