

# NORTHAMPTON

TOWNSHIP PARKS & RECREATION

## Connecting Generations... Building Community

### IN THIS BROCHURE:



**SUMMER CAMP ..... 6**  
**SPECIAL EVENTS ... 3**  
**PRESCHOOL..... 13**





# REGISTRATION

Currently, registrations will be taken in person, online, or over the phone.

- Online at [www.northamptonrec.com](http://www.northamptonrec.com).
- Registration is required for all classes and workshops.
- Pre-registration may be required for Special Events.

## FEES & DISCOUNTS

Confirmation of registration or payment will be sent via email.

Class Links Virtual Programs will be emailed the day prior to first class.

Senior Citizen Discount 10% - 62 years & over.

Not to be combined with other discounts.

Early Registration Savings - ERS is only for residents of Northampton Township. Northampton Residents are entitled to the Early Registration Savings Fee (ERS) when registering at least (7) seven calendar days prior to the first day of class. (Not to be combined with other discounts). Participants not residing in Northampton Township must pay the Non-Resident (NR) fee.

## PROGRAM REFUNDS/CREDITS

A \$10 processing fee will be assessed for ALL refunds.

Refunds will not be granted nor fees pro-rated for vacation or illness. Refunds will not be granted once a program starts.

While we make every attempt to ensure the accuracy of our offerings, we cannot be responsible for updates or typographical errors. We will update any changes online.

Northampton Township Parks and Recreation is committed to delivering high quality in-person, and virtual programming for all ages, to fit any schedule.

### REGISTER EARLY FOR YOUR FAVORITE PROGRAMS!

Programs will be cancelled if minimum requirements are not met 72 hours before start date.



## ART

- Drawing/School's Out.....8
- Pottery.....9

## DANCE & MUSIC

- Ballet/Tap .....10
- Creative .....10
- Line Dancing..... 11

## EDUCATIONAL

- CPR/AHA Heart Saver ..... 12
- Computer Training..... 12
- Driver's Ed ..... 12
- Preschool ..... 13

## FITNESS

- Cardio/Strength.....14
- Pilates..... 15
- Tai Chi..... 15
- Trampoline..... 16
- Yoga..... 16
- Zumba..... 16

## SPECIAL EVENTS..... 3-5

## SPECIAL INTEREST

- Building ..... 18
- Geoventures ..... 19
- Medical Me/STEAM ..... 19
- Crochet, Knitting, Sewing ..... 20
- Soaps & Lotions ..... 20
- Tarot..... 21
- Sound Bath ..... 21
- Voice Training..... 21

## SPORTS

- Basketball ..... 22
- Dodgeball ..... 25
- Field Hockey..... 22
- Floor Hockey ..... 24
- Gymnastics ..... 25
- Ice Hockey ..... 24
- Ice Skating ..... 24
- Martial Arts ..... 29
- Mixed/Variety..... 26
- Pickleball..... 27
- Soccer..... 28
- Tennis..... 29
- Volleyball ..... 29

## SUMMER CAMP..... 6-7



## GET SOCIAL!



[NorthamptonRec](https://www.facebook.com/NorthamptonRec)



[northamptonparksandrec](https://www.instagram.com/northamptonparksandrec)



[Parks\\_Rec](https://twitter.com/Parks_Rec)



[northamptonpa.myrec.com](http://northamptonpa.myrec.com)

## DISCOUNT TICKET PROGRAM

Available at the Administration Building  
55 Township Road, Richboro  
Monday thru Friday | 8:45am to 4:15pm

CASH CHECK

TICKET AVAILABILITY  
**215-357-6800 ext 245**

PURCHASE TICKETS AT THE P&R OFFICE

*Supplies limited. Offerings and prices are subject to change. All sales are final.*

<b>ADVENTURE AQUARIUM, CAMDEN, NJ</b>		
Child ages 2-12.....	\$37.31	\$23.00 <b>\$15.31</b>
Adult age 13+ .....	\$47.97	\$31.00 <b>\$17.97</b>

*You save!*

<b>MOVIE THEATERS</b>		
AMC .....	varies	\$10.00 varies
Regal.....	varies	\$10.00 varies

<b>MUSEUM OF THE AMERICAN REVOLUTION</b>		
Adult ages 19+ .....	\$24.00	\$16.00 <b>\$8.00</b>
Child age 6-18 .....	\$13.00	\$10.00 <b>\$3.00</b>

<b>SESAME PLACE (ALL AGES)</b>		
One Day		
Weekday/Weekend .....	\$106.99	\$35.00 <b>\$71.99</b>



# SPECIAL EVENTS

The NTP&R Board of Supervisors, the Parks and Recreation Board and Staff are committed to providing Northampton Township residents with quality recreation programs and facilities.

## BOARD OF SUPERVISORS

- Adam Selisker**  
Chairman
- Barry Moore**  
Vice Chairman
- Paula Gasper**  
Secretary
- Dr. Kim Rose**  
Treasurer
- Robert J. Salzer**  
Member

## P&R BOARD

- Marty Wade**  
Chairman
- Jim Hembree**  
Vice Chairman
- Steve Bryer**  
Member
- Mary Anderson**  
Secretary
- John Bishop**  
Member

## P&R STAFF

- Jennifer Fean**  
Director
- Barbra Primavera**  
Recreation Manager
- Derek Giannetti**  
Operations & Pool Manager
- Marisa Ristow**  
Community Relations Representative
- Sinead Powers**  
Program Supervisor
- Kristin Fullerton**  
Special Events Coordinator
- Bill Martin**  
Recreation Coordinator
- Rebecca DeSantis**  
Recreation Assistant
- Lynn Kopacz**  
Executive Assistant
- Michele Penecale**  
Senior Center Manager
- Nicole Armani**  
Senior Center Communications
- Leigh Ferello**  
Graphic Designer



## Playtime 3-8yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

<b>Stardust Entertainment</b>	<b>S</b>	<b>2/8</b>	<b>10:00-11:00am Paw Patrol</b>	<b>ID 170</b>
		<b>3/15</b>	<b>10:00-11:00am Barbie</b>	<b>ID 171</b>

**PAW PATROL** Come and meet a Paw-Patrol character at our parent and me Paw Patrol playtime! We will be enjoying story time, playing games, making a craft, and enjoying a treat and juice!

**BARBIE** Come and meet Barbie at our parent and me Paw Patrol playtime! We will be enjoying story time, playing games, making a craft, and enjoying a treat and juice!

**R \$30 NR \$33 | 1 Day**



**Northampton Valley Country Club | 299 Richboro Road | Richboro, PA 18954**  
**REGISTER: northamptonrec.com | 215.357.6800 ext 245**

## SLAY AND THE CITY

**Saturday, February 8**  
**6:00-9:30pm | \$65**

The ladies from Manhattan have gathered for drinks (Cosmos, obviously) and to talk about...what else...sex. And the city. But when the ladies discover that they have one particular gentleman in common, things turn deadly. It will be up to you to solve "Slay and the City."

There will be several opportunities to take selfies with the characters (and a fun race to see who can get them all first), hidden clues, and even an opportunity to get your mug shot. Once the performance begins, you will become part of the action as you play detective and try to solve the mystery.

Listen closely, gather the clues, and try to deduce who the killer is and win the prize!

**BUFFET**  
6-7PM

**CASH BAR**

# PUZZLE PALOOZA!

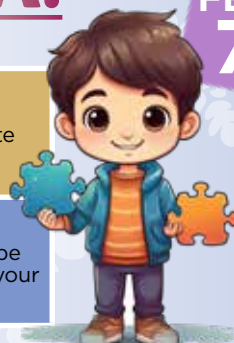
NORTHAMPTON TOWNSHIP SENIOR CENTER

**CHECK IN AT 5:30PM**  
 Clock starts promptly at 6:00pm. You will have 2 hours to finish your puzzle.

**TEAMS:**  
 2-4 people will complete a 500 piece puzzle

**REGISTRATION:**  
 Only 1 member needs to register for the team, members must be 12+

**REFRESHMENTS:**  
 Light refreshments will be served, feel free to bring your own snacks!



**FEB**  
**7**

Are you a master at puzzles? Gather your team of 2-4 people to show off your skills at Puzzle Palooza! Each team will race against each other to complete a 500 piece puzzle that the team gets to take home. Prizes will be awarded to the first and second teams to complete their puzzle.

**Price per team: \$35**  
**Regular and advanced categories**

# SPECIAL EVENTS



YOU ARE INVITED TO

## COOKIES & Claus

STORYTIME WITH MRS. CLAUS-  
COOKIE DECORATING-HOT CHOCOLATE  
STATION-PHOTO WITH SANTA AND MORE!

13 DEC | \$22-R | 6-8 PM | \$25-NR | PM

MUST REGISTER BY DEC. 4TH  
www.northamptonrec.com or 215-357-6800  
Ext: 249.  
\*NO WALK-INS\*  
Northampton Township Senior Center  
165 Township Road, Richboro Pa 18954



## Holiday Cookie Decorating BYOB 21+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Deana <i>Deana's Cookie Couture</i>	F	12/6	6:00- 8:00pm	ID 9894
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Grab your friends and your favorite drinks for a delightful evening of cookie decorating! Our hands-on, BYOB class is all about unleashing your creativity while having tons of fun—no experience necessary!

In just two hours, you'll whip up six gorgeous, custom cookies that are almost too pretty to eat (but let's be real, you will!). With everything provided, Deana- owner of Deana's Cookie Couture will walk you through royal icing techniques, vibrant color mixing, and whimsical designs. By the end, you'll have sweet masterpieces that you'll be tempted to show off—or devour in secret! Don't miss out on this deliciously fun night—reserve your spot now and get ready for a sugar-coated adventure!

\$70 | 1 Day



## Holiday Tour & Lunch\*

Tuesday, December 17  
⌚ 9:30am ⌚ 4:45pm

## WINTERTHUR SECOND DATE ADDED!

Our holiday journey begins with a delightful lunch at Firebirds Restaurant located in Newark, DE, known for its bold flavors and wood fired dishes. After lunch, we will head over to Winterthur Museum, Garden and Library. Tour rooms in Henry Francis du Pont's former home decorated in full holiday splendor.

This year's tour includes several trees inspired by Christmas trees seen at the White House, in conjunction with the exhibition, Jacqueline Kennedy and H. F. du Pont: *From Winterthur to the White House*. Many displays are inspired by the traditions and festivities of the season as enjoyed by du Pont and his family.

\*\$117 transportation, lunch, ticket to Winterthur and gratuity

# PHS 2025 PHILADELPHIA FLOWER SHOW

# GARDENS OF TOMORROW

## MARCH 1 - 9, 2025

AT THE  
PENNSYLVANIA  
CONVENTION CENTER



Weekday Tickets (Mon-Thurs) - \$42 | Flex Tickets (Fri-Sun) - \$48

If you have any questions, please contact Kristin Fullerton at 215-357-6800 Ext: 249.  
Tickets can be purchased at both the Recreation Center and the Administration Building starting December 9th.



## Grace & Glorie

LUNCH AND A PLAY

Thursday, February 20 ☀️ 10:45am 🌙 4:45pm\*

Begin the day in Ambler enjoying lunch at the historic Spring House Tavern where you will have the choice of four menu options and your choice of beverage (iced tea, soda, coffee or tea), followed by the delightful show, Grace and Glorie, at the Act II Playhouse.

Grace is a 90-year-old spitfire who has checked herself out of the hospital to return to her home in the Blue Ridge Mountains. Glorie is her volunteer hospice worker, a recent transplant from New York City and a Harvard MBA. This mismatched pair seemingly have nothing in common but will soon find new perspectives on all of life's challenges in this heartwarming and uplifting odd couple comedy that is sure to inspire laughter, tears, and hope.

**Depart:** Northampton Recreation Center  
345 Newtown-Richboro Rd, Richboro 18954

**Cost:** \$109 per person  
includes transportation, lunch, show ticket gratuity.  
Sorry, no refunds or senior discounts.



## WINE TASTING AND LUNCH

Thursday, March 27 ☀️ 10:15am 🌙 4:30pm\*

Join us for a scenic ride to a charming winery in Kutztown, PA. This special event is designed to provide a relaxing and enjoyable experience, perfect for wine enthusiasts and those looking to explore local flavors. We will start the day off with a delicious lunch buffet made by the winery chef, and then move on to a guided wine tasting experience.

**Depart:** Northampton Recreation Center  
345 Newtown-Richboro Rd, Richboro 18954

**Cost:** \$120 per person  
Includes transportation, lunch, wine tasting and driver gratuity. Sorry, no refunds or senior discounts. Must be 21 yrs or older to attend.

\*Times are approximate.





**REGISTRATION OPENS  
JANUARY 4, 2025  
AT MIDNIGHT  
FOR RESIDENTS!**



### CAMP ADVENTURE Grades 1-6

NORTHAMPTON TOWNSHIP RECREATION CENTER

			<b>ID 207</b>
<b>M-F</b>	<b>6/23-8/15</b> <i>7/4 - no camp</i> <i>7/3 - camp closes at 3:00pm</i>	<b>7:30am-6:00pm</b>	<b>\$3,105; \$500 deposit</b>

Are you a working parent? Does your child need hours and hours of non-stop fun? Look no further! This program will provide your child with constant activity, laughter, and a lifetime of memories! Children enjoy sports, indoor and outdoor games, daily swimming at Northampton Valley Country Club, dress-up days and a variety of guests. Campers will also enjoy special clubs 2xs per week where instructors are invited to focus on the special interests of your child. Lunch is included 3 times per week and trips are offered at an additional fee, choose to go on the trip or stay at camp! Give your child one fun summer with a lifetime of memories, register today!

### CAMP EXPEDITION Grades 1-6

CHURCHVILLE ELEMENTARY SCHOOL\*\*

			<b>ID 209</b>
<b>M-F</b>	<b>6/30-8/15</b> <i>7/4 - no camp</i>	<b>8:30am-3:30pm</b>	<b>\$1,779; \$300 deposit</b>

It is Camp Explore but with MORE! Camp Expedition is perfect for the part-time working parent or for parents who just want their child to have a little bit more camp time! Camp Expedition offers sports, arts and crafts, theme days, and indoor and outdoor games and swimming every Monday, Tuesday and Thursday at Northampton Valley Swim Club (weather depending). Friday lunch is also included! Trips are offered at an additional fee, choose to go on the trip or stay at camp! Give your child one fun summer with a lifetime of memories, register today!

### CAMP EXPLORE Grades 1-6

ROLLING HILLS ELEMENTARY SCHOOL\*\*

			<b>ID 208</b>
<b>M-F</b>	<b>6/30-8/15</b> <i>7/4 - no camp</i>	<b>9:30am-12:30pm</b>	<b>\$599; \$100 deposit*</b>

Camp Explore is a half day program that is loaded with fun activities to keep your child happy and active! This seven week program offers sports, indoor and outdoor games, arts and crafts and special theme days! Give your child a taste of summer camp in the morning and enjoy your afternoons together. Trips are offered at an additional fee. Give your child one fun summer with a lifetime of memories, register today!



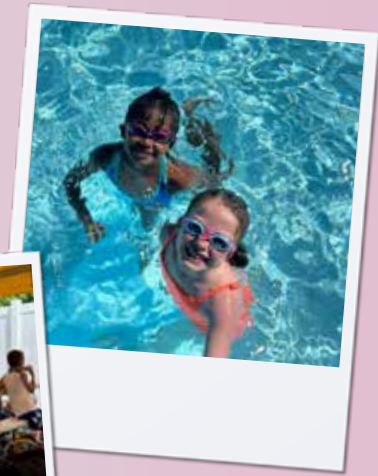
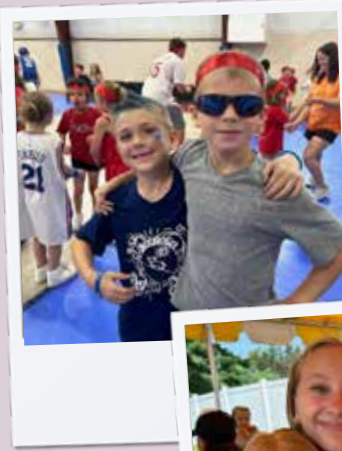
### LITTLE DISCOVERER'S CAMP Ages 3-6, not entering First Grade

ROLLING HILLS ELEMENTARY SCHOOL\*\*

			<b>ID 219</b>
<b>M-F</b>	<b>6/30-8/15</b> <i>7/4 - no camp</i>	<b>9:30am-12:30pm</b>	<b>\$635; \$100 deposit</b>
			<b>ID 219</b>
<b>T-Th</b>	<b>7/1 - 8/14</b>	<b>9:30am-12:30pm</b>	<b>\$535; \$100 deposit</b>

**Must be completely potty trained and self sufficient.**

Little Discoverer's is "camp in a preschool setting". Children enjoy free play, circle time, outdoor play, songs and games, a daily craft and snack, and so much more! Weekly themes are incorporated into the activities for added fun! One week your child could be on a Jungle Safari, and the next on an Adventure in Space! Every week is new, different, and tons of fun! Camper: Counselor Ratio is 5:1.



\*Please be sure to login to your MyRec account before registration opens to ensure your child's grade level is listed/correct. If your child's grade level says N/A you will not be able to register online.

Call **215-357-5396** if you need help verifying grade.

**\*\*CAMP LOCATIONS PENDING COUNCIL ROCK SCHOOL DISTRICT APPROVAL**

## CAMP QUEST Grades 7-9

WELCH ELEMENTARY SCHOOL\*\*

			ID 210
M-Th	6/30-8/14 7/4 - no camp 7/3 - camp closes at 3:00pm	9:00am-2:00pm	\$2,085; \$500 deposit

A camp program that keeps the young teen entertained and happy! Your child's input and interests are placed right into the camp curriculum-no more boredom. Participants enjoy extensive trips, special guests, arts and crafts, intramural sports, a summer color competition and anything else they can think of! Quest is the answer parents of 7th-9th graders have been searching for. \*Times vary due to trip schedule.

## ULTIMATE CAMP QUEST Grades 7-9

WELCH ELEMENTARY SCHOOL\*\*

			ID 210
M-F	6/30-8/15 7/4 - no camp 7/3 - camp closes at 3:00pm	7:30am-6:00pm	\$2,589; \$500 deposit

Working parents of Quest campers can now have peace of mind too! Participants get all the benefits of the regular Quest program with earlier drop off, later pickups and FRIDAYS! Daily trips to the pool (depending on trip schedule), special events and all trips included!

## CIT & QUEST Grades 9-10

WELCH ELEMENTARY SCHOOL\*\*

			ID 211
M-Th	6/30-8/14 7/4 - no camp 7/3 - camp closes at 3:00pm	7:30am-6:00pm	\$2,085; \$300 deposit

Has your child always wanted to work with kids? Interested 9th and 10th graders (in September 2025) apply today, and if selected, your child will learn everything there is to know about being an effective and enthusiastic camp counselor! CITs will be assigned to a camp and will engage in team building and training. CITs will be assigned weekly tasks to complete with the campers while being mentored by senior counselors and group leaders- at one of our camps. (Tuesdays-Thursdays will be spent playing games and going on trips with Quest). Based on their performance, at the end of the summer the CIT with the highest points is HIRED and guaranteed a position in our camp program the following summer! Application will be available on our home page on December 15th.

# ART



## Art WITH MISS LEIGH

f ARTWITHMISSLEIGH

### ART WITH MISS LEIGH

"Kids loved the class and were eager to go. They learned new art techniques."  
 "Miss Leigh is so welcoming and does a wonderful job with the kids."



## NEW! Thursday Night Drawing 7-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello  
 Bucks County Art  
 Educator and  
 Graphic Designer

Th	1/16-2/13	6:30-7:30pm <i>Club Kawaii</i>	ID 017
	2/20-3/20	6:30-7:30pm <i>Philly Favs</i>	ID 018
	3/27-5/1 <i>no 4/17</i>	6:30-7:30pm <i>Foodie Favs</i>	ID 019

Love to draw? These drawing classes will help you enhance your skills! A new theme will be explored every five weeks, so be sure to join in on the fun! All materials included.

**CLUB KAWAII** Draw cute animals and objects with facial expressions in a Japanese style! Drawings include: Soy Mates, You're My Jam, Waffle Bear and more!

**PHILLY FAVS** Be inspired by the sights of Philadelphia! Drawings include: Sports jersey, LOVE park sculpture, Liberty Bell and more!

**FOODIE FAVS** Get a taste for all things related to popular foods! Drawings include: Burger, sushi, macarons, cupcakes and more!

ERS \$115 | R \$129 | NR \$139 | 5 Weeks



## School's Out ART Workshops 7+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello  
 Bucks County Art  
 Educator and  
 Graphic Designer

M	1/20	1:30-4:00pm <i>Picasso</i>	ID 020
F	2/14	1:30-4:00pm <i>Warhol</i>	ID 021
M	2/17	1:30-4:00pm <i>Van Gogh</i>	ID 022
M	3/31	1:30-4:00pm <i>Monet</i>	ID 023

When school is out, art is in! These workshops incorporate various art mediums based on different themes. Scissors skills required. Games and peer reviews are offered as time permits. Due to demand, instructor reserves the right to substitute a project with equal or greater value.

**PICASSO** 3D Pup-casso and rooster oil pastel

**WARHOL** soup can painting and donut watercolor

**VAN GOGH** Starry Night painting and Sunflower collage

**MONET** Water Lilies And Japanese bridge painting and water lily air clay

ERS \$55 | R \$65 | NR \$75 | 1 Day





# INDI STUDIO

InDi Studio @INDIStudio1

## POPUP! Pottery Workshop 16+yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER OR  
\*NORTHAMPTON TOWNSHIP SENIOR CENTER

Dyan Krajnikovich InDi Studio	Th	12/5	6:30-8:30pm <i>Holiday Tree* - 12-16yrs with an adult</i>	ID 9705
	M	1/30	6:30-8:30pm <i>Heart* - 12-16yrs with an adult</i>	ID 011
	M	2/3	1:30-3:30pm <i>Heart</i>	ID 012
	M	3/3	1:30-3:30pm <i>Gnome</i>	ID 013
	Th	3/13	6:30-8:30pm <i>Gnome* - 12-16yrs with an adult</i>	ID 014
	Th	4/3	6:30-8:30pm <i>Lantern* - 12-16yrs with an adult</i>	ID 015
	M	4/28	1:30-3:30pm <i>Lantern</i>	ID 016

**HOLIDAY TREE WORKSHOP** Celebrate the Season with a beautiful Ceramic Holiday Tree. It's simple shape and stately form allows your creativity to be showcased. In this workshop you will work with clay and learn hand building, texture, and glazing techniques in order to style your tree according to your creative vision.

**HEART WORKSHOP** Looking for a special valentine activity to do together OR that special valentine present to give someone? Maybe you need the perfect activity to do with friends. We have the solution! Design and hand-build your own ceramic heart for Valentine's Day! We will teach you how to use texture, glaze, and you can decide if you want to make it a heart plate, bowl, or wall art!

**GNOME WORKSHOP** Bring yourself luck with your very own gnome. Style it after the holiday or create your favorite theme! It makes a great gift and is also the perfect activity to do with friends. We will teach you how to hand-build, use texture, create details, and glaze.

**LANTERN WORKSHOP** Light up the evening with your own unique Lantern or Luminaire! In this workshop you will press spring botanicals into clay and learn hand-building, texture, and glazing techniques in order to style your Lantern/Luminaire according to your creative vision and home design. We will teach you how to hand-build, use texture, create details, and glaze.

\$65 | 1 Day

All supplies included. All pottery will be fired and dropped off at the Parks and Rec office within a week of the last class.



**POPUP POTTERY**  
"The teacher is amazing. She showed us what to do and helped everyone create something beautiful- I had so much fun."

# DANCE & MUSIC



## BALLET & TAP

### Ballet for Tots 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	Th	1/16-2/20	5:00-5:45pm	ID 027
		3/6-4/10	5:00-5:45pm	ID 028

Ballet for Tots offers the ideal introduction to dance, covering ballet basics in a warm, friendly atmosphere with an experienced instructor. This class not only helps you determine your child's interest in dance but also enhances rhythm, balance, flexibility, and posture.

Children need to wear clothing that is comfortable and easy to move around in. Your child can wear a Danskin, leotard and tights with ballet shoes and/or tap shoes but it is not necessary.

ERS \$69 | R \$79 | NR \$89 | 6 Weeks

### Ballet/Tap Combo 5-7yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	Th	1/16-2/20	5:45-6:30pm	ID 029
		3/6-4/10	5:45-6:30pm	ID 030

Ignite petite feet with proper ballet technique and vocabulary. This class teaches fundamental movements in sequences set to music, fostering confidence and improving rhythm, balance, flexibility, and posture - all in a fun.

Children need to wear clothing that is comfortable and easy to move around in. Your child can wear a Danskin, leotard and tights with ballet shoes and/or tap shoes but it is not necessary.

ERS \$69 | R \$79 | NR \$89 | 6 Weeks

## CREATIVE

### Little Melodies 18 mos-3yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Lolly Hopwood	W	1/15-2/19	9:45-10:30am	ID 031
		3/5-4/9	9:45-10:30am	ID 032

This weekly movement & music class led by beloved Bucks County kid's musician, Lolly Hopwood, will have your little ones learning music basics like rhythm, dynamics, and mood. Combined with lots of imagination and plenty of fun-filled movement activities, this class will also help your children to develop physically, emotionally, and socially.

ERS \$79 | R \$89 | NR \$99 | 6 Weeks



### Little Stars Dance 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Kelli Robbins	T	1/14-2/18	1:30-2:15pm	ID 166
		3/4-4/8		ID 167

Are you wondering if dance is right for your preschooler? Or are you just looking for a class for your child to move and have fun? Look no further! Little Stars Dance is the perfect introduction to creative dance and basic tumbling through strength training. Join us! We can't wait to start dancing.

ERS \$65 | R \$75 | NR \$86



## Preschool of Rock 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Lolly Hopwood	Th	1/16-2/20	1:30-2:15pm	ID 164
		3/6-4/10		ID 165

This energetic and creative program is designed for kids ages 3-6 who are ready to explore the exciting world of music and movement. Our engaging classes combine singing, dancing, and instrument play, all tailored to ignite your child's imagination and love for music.

In Preschool of Rock, children will discover rhythm, sing & dance, play instruments, build confidence, and explore their creativity. Join us at Preschool of Rock, where every class is a concert of fun, learning, and laughter! Let your little ones unleash their inner rock stars and create lasting memories through music.

ERS \$79 | R \$89 | NR \$99 | 6 Weeks

## LINE DANCING

### Line Dancing 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	M	1/13 - 3/3 no 1/20, 2/17	7:15-8:15pm	ID 178

Have fun while experiencing the physical, mental & social benefits of line dancing. A variety of line dance styles are incorporated to create a fun, easy-to-learn dance class. Modifications are given for participants of various fitness and skill levels.

ERS \$130 | R \$143 | NR \$162 | 10 Weeks



## BEGINNER LINE DANCING

"Jeremy keeps us moving the entire time. It is so much more than just line dancing it's also a great workout. There are so many different levels of dancers in the class and he does a great job with not catering to a particular level."

## JEREMY DUNCAN

### ONE NIGHT ONLY! LINE DANCING FUN 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Jeremy Duncan	Th	12/19	7:30-10:00pm	ID 220
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One night only! Step into the rhythm and join us for an exciting line dancing event! Whether you're a beginner, using what you've learned at your regular Monday night class, or a pro, our line dancing event promises fun, fitness, and a fantastic time. Meet new friends, enjoy great music, and learn some awesome dance moves. All are welcome!

\$10 | 1 Day

## BEGINNER LINE DANCING 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

NEW!

Jeremy Duncan	M	1/13 - 3/3 no 1/20, 2/17	7:15-8:15pm	ID 025
		3/17 - 5/5 no 3/31, 4/14	7:15-8:15pm	ID 026

Get off the Couch and Come Dance with Us! No experience necessary! Join Jeremy for beginner line dance class. This is a great way to get some exercise and learn how to dance!

\$60 | 6 Weeks

## COUNTRY PARTNER DANCING 18+

### NO PARTNER NEEDED!

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jeremy Duncan	S	12/14	4:15-5:15pm	ID 024
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Come learn popular dances, by yourself or with a partner. First time event!

If you've ever been line dancing, you know they always do a circle dance "around the outside" of the line dancers. These circle dances are what we will be learning.

This is a beginner friendly event and you will learn how to turn, shuffle, and more as you learn a few dances. You'll learn moves you can use to line dance or partner dance in the future!

\$10 | 1 Week

# EDUCATIONAL

## CPR/FIRST AID

### [AHA Heartsaver CPR/AED/First Aid 15+](#)

NORTHAMPTON TOWNSHIP FREE LIBRARY

Jay Colella	S	2/1	9:00am-1:00pm	ID 033
		4/5	9:00am-1:00pm	ID 034

Description: Learn the skills needed to recognize cardiac arrest, get emergency care on the way quickly, and help a person until EMS arrives. This course teaches students information needed to respond to and manage illnesses and injuries in an adult in the first few minutes until professional help arrives. Heartsaver First Aid teaches you the basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform life saving skills.

ERS \$85 | R \$95 | NR \$105 | 1 Day



## DRIVER'S ED

### [Online Theory Driver's Education 14-18yrs](#)

VIRTUAL

John's Driving School	self-paced	ID 035
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John's Driving School's 30 Hour Online Driver's Education: PA S.P.I.D.E.R. Course by IMPROV is approved by the PA Dept. of Education. Powered by S.P.I.D.E.R., a proprietary method developed by the world's top behavioral and driving experts, this course provides a simple set of tools that will help new drivers make safer choices and avoid collisions.

Once registered, John's Driving School will email access to the 13 Chapter/30 Hour Course. Upon course completion and passing the final exam the Certificate of Completion will be emailed by John's Driving School! Call John's Driving School directly for more information and/or to arrange for "in-car" behind-the-wheel instruction at 215-295-8014!

\$50



# FREE COMPUTER CLASSES!

### [Google Workspace Essentials: Mastering Sheets, Docs, Sites and Forms 18+](#)

NORTHAMPTON TOWNSHIP FREE LIBRARY

Jeanise Dimitri	T	2/11 - 3/4	5:30-7:45pm	ID 177
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Over the course of four interactive sessions, this class will guide you through the essentials of Google Workspace tools. You'll learn how to streamline projects, boost productivity, and collaborate more effectively using Google Sheets, Docs, Sites, and Forms. Each night, we'll focus on a different tool, combining demonstrations with hands-on activities for an engaging learning experience. Students **MUST** have an existing Google Account prior to class. Bring your login information to class.

**NIGHT 1** Google Sheets: Explore spreadsheet fundamentals, data analysis techniques, formulas, and formatting tips to organize and visualize data like a pro.

**NIGHT 2** Google Docs: Learn how to create and edit professional documents, use collaborative editing tools, and add dynamic content like images and links.

**NIGHT 3** Google Sites: Discover the ease of building a website using Google Sites. Learn to structure pages, customize layouts, and share content effortlessly.

**NIGHT 4** Google Forms: Dive into creating interactive forms and surveys. Covering everything from question types to data collection and response analysis, you'll finish the night with confidence in creating and managing online forms.

By the end of this course, you'll have a well-rounded knowledge of Google Workspace tools to enhance your personal, educational, or professional tasks. This class is perfect for beginners and those looking to deepen their understanding of Google's powerful productivity tools.

FREE | 4 Weeks



# Northampton Township Preschool Program:

## A Foundation for Lifelong Learning

### NOW OFFERING FULL DAY PRE-K!

Details for the **READY, SET, GROW** class below!

At Northampton Township Preschool, we recognize that your little one is discovering more each day. With growing coordination, curiosity, and thinking skills, the world begins to open up for preschoolers. Our program is designed to nourish and support this natural growth by introducing children to a well-rounded curriculum that includes art, math, science, and social skills, all in a progression that fosters learning at each stage.

Preschool is a critical time for children to develop academic and life skills that will serve as a foundation for future success. Our nurturing and engaging environment ensures that your child will learn, grow, and play with confidence.

Northampton Township Preschool has long been the preschool of choice for families in the Northampton Township community. With a licensed school and a team of certified, experienced educators, we provide exceptional care and early education that sets your child on the path to success.

### Important Update: New Preschool Hours

Please note that our program hours have changed for this year. All preschool classes will now run from 9:15 AM to 12:15 PM, allowing more time for learning.

## Extended Care Options

For added flexibility, we offer:

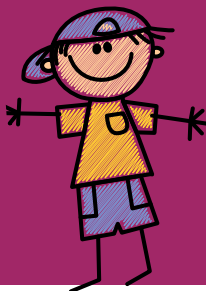
**EARLY MORNING  
DROP-OFF**  
8:00 AM - 9:00 AM  
**LATE PICK-UP**  
3:00 PM - 4:00 PM

You can choose to enroll your child in either the early morning drop-off or the late pick-up, each for an additional fee of \$89 per month.

Late pick-up is only available for children in the Ready, Set, Grow Program

**READY, SET, GROW  
PROGRAM (BOTH  
EARLY DROP-OFF  
AND LATE PICK-UP)**  
\$150 per month

A minimum number of participants is required for the early morning and late pick-up programs to run. If you do not require extended care for the entire month, please inquire about fees for partial month options.



## Our Programs

### SEEDLINGS 3-Year-Old, 2-Day Program

Tuesday & Thursday, 9:15 AM - 12:15 PM

*Eligibility: Children must turn 3 by 10/15/2025 and must be completely potty trained and self-sufficient*

**Annual Fee: \$2,000**

\$200 per month, September through June

### SPROUTS 3-Year-Old, 5-Day Program

Monday through Friday, 9:15 AM - 12:15 PM

*Eligibility: Children must turn 3 by 9/1/2025 and must be completely potty trained and self-sufficient*

**Annual Fee: \$4,400**

\$440 per month, September through June

### BLOSSOMS 4-Year-Old, 3-Day Program

Monday, Wednesday & Friday, 9:15 AM - 12:15 PM

*Eligibility: Children must turn 4 by 9/1/2025*

**Annual Fee: \$2,700**

\$270 per month, September through June

### BLOOMS 4-Year-Old, 5-Day Program

Monday through Friday, 9:15 AM - 12:15 PM

*Eligibility: Children must be 4 by 9/1/2025*

**Annual Fee: \$4,400**

\$440 per month, September through June

## NEW!

### Ready, Set, Grow Kindergarten Prep Full-Day Program

Monday through Friday, 9:00 AM - 3:00 PM

*Eligibility: Children must be kindergarten eligible and entering Kindergarten in the 2026-27 school year (no exceptions).*

**Annual Fee: \$8,600**

\$860 per month, September through June

**If you would like more information or have any questions, please contact  
Barbra Primavera, Recreation Manager, at 215-357-5396.**

# FITNESS

## CARDIO/STRENGTH

### Cardio Sculpt 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

<b>Tiffany Fite</b> <i>BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified</i>	<b>F</b>	<b>1/10 - 3/28</b> <i>no 2/14</i>	<b>11:30am- 12:30pm</b>	<b>ID 181</b>
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Cardio Sculpt combines intervals of low-impact aerobics with upper and lower body strengthening exercises, ending with core work and a deep stretch. Participants can expect to improve muscular strength, cardiovascular endurance, core stability and flexibility. A strong emphasis is placed on mindfulness, proper form, and breathing. Modifications are given for all fitness levels. For questions, please contact Tiffany Fite at [tiffany.fitness@verizon.net](mailto:tiffany.fitness@verizon.net)

ERS \$143 | R \$157 | NR \$179 | 11 Weeks

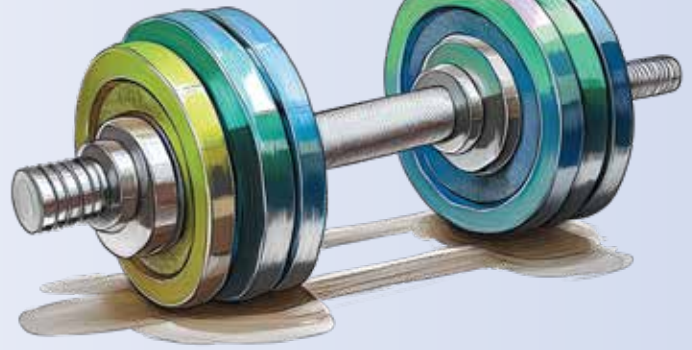
### Core, Strength, Balance & Stability 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

<b>Tiffany Fite</b> <i>BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified</i>	<b>M</b>	<b>1/6- 3/24</b> <i>no 1/20, 2/17</i>	<b>1:30-2:30pm</b>	<b>ID 179</b>
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Improve static and dynamic postural alignment, core strength, balance, and stability by performing specific exercises that target these systems. Participants can expect to improve functional fitness while reducing injury and fall risk. Modifications will be given for all fitness levels.

ERS \$130 | R \$143 | NR \$162 | 10 Weeks



### New! Forever Fit 40+

NORTHAMPTON TOWNSHIP RECREATION CENTER

<b>Maureen Schoenfeld</b> <i>Certified Group Fitness</i>	<b>M</b>	<b>1/13- 3/3</b> <i>no 1/20, 2/17</i>	<b>9:30-10:30am</b>	<b>ID 082</b>
		<b>3/17- 5/5</b> <i>no 3/31, 4/14</i>	<b>9:30-10:30am</b>	<b>ID 083</b>

Get ready to have a great time while staying fit with Forever Fit, the exciting fitness program for everyone! Our engaging classes focus on fun, low-impact exercises that improve strength, balance, and mobility. Enjoy upbeat music, laughter, and the chance to connect with a supportive community. Whether you're dancing, stretching, or simply moving to the rhythm, you'll leave each class feeling energized and happy. Don't miss out—come join the Forever Fit fun and keep moving with us!

ERS \$72 | R \$79 | NR \$89 | 6 Weeks

### Total Body Fitness 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

<b>Gina DiFebbo</b>	<b>M</b>	<b>1/13-3/3</b> <i>no 1/20, 2/17</i>	<b>6:00-7:00pm</b>	<b>ID 055</b>
		<b>3/17 - 4/28</b> <i>no 3/31, 4/14</i>		<b>ID 058</b>
	<b>W</b>	<b>1/15 - 3/5</b>	<b>ID 056</b>	
	<b>W</b>	<b>3/19 - 4/30</b> <i>no 4/16</i>	<b>ID 059</b>	
	<b>M &amp; W</b>	<b>1/13-3/5</b> <i>no 1/20, 2/17</i>	<b>ID 057</b>	
		<b>3/17 - 4/30</b> <i>no 3/31, 4/14, 4/16</i>	<b>ID 060</b>	

A fun and effective program that combines high and low impact aerobics, upper and lower body sculpting and abdominal toning. Bring a mat/towel and hand weights.

058: ERS \$60 | R \$66 | NR \$75 | 5 Weeks

055 & 059: ERS \$72 | R \$79 | NR \$90 | 6 Weeks

056: ERS \$96 | R \$106, NR \$120 | 8 Weeks

060: ERS \$119 | R \$131 | NR \$149 | 11 Sessions

057: ERS \$151 | R \$166 | NR \$189 | 14 Sessions



**PROMENADE,  
ANYONE?**

Check out page 11 for  
our awesome adult dance  
programs!

# PILATES

## Pilates 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

<u>Barbara Cavanaugh</u>  <u>AM</u>	W	1/15-2/19	10:00-11:00am	ID 069
		3/5-4/9	10:00-11:00am	ID 070

Pilates focuses on strengthening the upper and lower body, abdominal muscle, lower back, and buns. Pilates is designed to give your suppleness, natural grace and skill. Bring a MAT!

<u>Jenny Hidalgo</u>  <u>PM</u>	T	1/14-2/18	7:00-8:00pm	ID 061
		3/4-4/8	7:00-8:00pm	ID 062
	Th	1/16-2/20	7:00-8:00pm	ID 045
		3-6-4/10	7:00-8:00pm	ID 046

Focus on strengthening your upper and lower body, abdominal muscles, lower back and buns. Your body will create the challenge to improve your core stability by strengthening your core, lengthening your body, and improving your posture. Register now and work your way to feeling Leaner. Calmer. Stronger.

ERS \$76 | R \$84 | NR \$95 | 6 Weeks

## Virtual Pilates 18+

ONLINE

<u>Marion McNulty</u>	M	1/6-2/10 <i>no 1/20</i>	9:30-10:30am	ID 063
	W	1/8-2/29	9:30-10:30am	ID 064
	M & W	1/6-2/19 <i>no 1/20, 2/17</i>	9:30-10:30am	ID 065
	M	3/3-4/21 <i>no 3/31, 4/14</i>	9:30-10:30am	ID 066
	W	3/5-4/23 <i>no 4/16</i>	9:30-10:30am	ID 067
	M & W	3/3-4/23 <i>no 3/31, 4/14, 4/16</i>	9:30-10:30am	ID 068

Start your morning from the comfort of your own home with Pilates, the perfect compliment to your routine! Focus on strengthening our upper and lower body, abdominal muscles, lower back and buns. Build strength and stability, improve your flexibility and lower your risk of injury. Start your journey to feel Leaner, Calmer, Stronger. Classes are recorded and are provided to registered participants for 1 week after classes.

064 & 067: \$83 | 7 Weeks  
065: \$126 | 12 Sessions  
065 & 068: \$137 | 13 Sessions  
063: \$59 | 5 Weeks  
066: \$70 | 6 Weeks

# TAI CHI

## Tai Chi 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Story Biddle	T	1/14-2/18	10:15-11:15am	ID 047
		3/4-4/8		ID 051
	Th	1/16-2/20	6:30-7:30pm	ID 048
		3/6-4/10		ID 052
	Th	1/16-2/20	6:30-7:30pm	ID 049
		3/6-4/10		ID 053
	T & Th	1/14-2/20	10:15-11:15am	ID 050
		3/4-4/10		ID 054

Take time for yourself and calm your mind, body and spirit in a low-impact environment for all fitness levels. Emphasis on fluid movement and a full, pain-free range of motion that is specifically designed to manage stress, and wash your anxiety away, while developing muscle tone, building bone density, and improving your balance and flexibility. Our Tuesday class is appropriate for those with some exposure to Tai Chi, the Thursday class provides an introduction geared toward beginners.

ERS \$65 | R \$72 | NR \$83 | 6 Weeks  
ERS \$117 | R \$129 | NR \$147 | 12 Sessions

## TAI CHI

"I have never taken a Tai Chi class before. The instructor explained and demonstrated in an easy to follow way. Tai Chi is very interesting, I will continue with next session"

## VIRTUAL PILATES

"Excellent instructor - and convenience of zoom (can do when away from PA) plus flexibility in provision of links to recorded sessions when I can't attend at the scheduled time"



## TRAMPOLINE FITNESS

### Bounce Blast 8-15yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jenny Hidalgo	T	1/14-2/18	5:30-6:15pm	ID 084
		3/4-4/8	5:30-6:15pm	ID 085

Wave goodbye to boring Tuesday nights and say HELLO to a super fun way to get fit! This exciting class turns exercise into an awesome adventure! Get ready to move your body while having a blast. You'll feel strong, happy, and full of energy after each workout. Come join the fun!

ERS \$49 | R \$55 | NR \$59 | 6 Weeks

### Jump Trampoline Fitness 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Maureen Schoenfeld Certified Group Fitness & JUMP Certified	W	1/15-2/19	6:30-7:15pm	ID 080
		3/5-4/9	6:30-7:15pm	ID 081

Say farewell to those achy joints and HELLO to a fun new way to reach your fitness goals! This unique approach to exercise is a breath of fresh air, replacing the traditional grind with a fun-filled fitness adventure! Get ready for a workout that's not only good for your body but will leave you feeling energized and refreshed.

ERS \$79 | R \$89 | NR \$99 | 6 Weeks

## YOGA

### Gentle Yoga - Level I 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Barbara Cavanaugh	Th	1/16-2/20	9:00-10:00am	ID 043
		3/6-4/10		ID 044
Maria Campbell	M	1/13-3/3 no 1/20, 2/17	6:30-7:30pm	ID 039
		3/17-5/5 no 3/31, 4/14		ID 040

Are you new to Yoga? This class is a beginner yoga class. This calming stress-relieving yoga class teaches you how to stretch and strengthen the body gradually. Emphasis is on building awareness of the breath and the body. Poses and practiced at a slower pace with attention to alignment and detail. Recommended for those new to yoga or working with special concerns. Perfect for the student looking for a gentle experience or those who need a change of pace. Various props will be used for a safe practice and class will end in deep relaxation. Those with medical conditions, please check with your physician if you have any concerns about attending yoga. Please bring a mat, yoga block and water. You may also bring a towel or blanket to assist your practice.

ERS \$76 | R \$84 | NR \$95 | 6 Weeks



### Zumba 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER\* AND RECREATION CENTER\*\*

Sandy Flynn	T*	1/14-2/18	6:15-7:15pm	ID 071
		3/4-4/8	6:15-7:15pm	ID 072
Marianne Giosa	S**	1/18-3/1 no 2/15	9:30-10:30am	ID 073
		3/15-4/26 no 4/19	9:30-10:30am	ID 074

Experience one exhilarating hour of caloric-burning, heart-racing, muscle-pumping, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA - a fitness party! Why Zumba? It's the best party around.

Note that classes generally have a varied range of ages and fitness levels, but EVERYONE can do this! Instructor always gives low impact versions of any high impact moves so you can tailor the class to your level -Make it as high or as low as you want! No excuses, if you enjoy dancing, come out and give this a try!

071-72: ERS \$69 | R \$76 | NR \$87 | 6 Weeks

073-74: ERS \$83 | R \$91 | NR \$103 | 6 Weeks



## Restorative Yoga 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Maria Campbell	W	1/15-2/19	6:30-7:30pm	ID 041
		3/5-4/9	6:30-7:30pm	ID 042

Restorative Yoga is a gentle, soothing practice accessible to all. This meditative style focuses on stillness and breath awareness, helping you release tension in both mind and body while being fully supported in each pose. Through Pranayama (breath work), we activate the parasympathetic nervous system, allowing you to identify and let go of tightness. In this 60-minute class, we will explore 5-6 supported poses, including child's pose and heart openers, each held for 3-4 minutes. Poses are practiced in supine, prone, and lateral positions, fully supported by bolsters, blocks, and blankets. This class is perfect for those feeling stressed or overwhelmed. Props are provided, but feel free to bring your own. If using a bolster, please bring a bath-size towel for comfort. Wear warm, non-restrictive clothing, and don't forget your yoga mat and towel!

ERS \$76 | R \$84 | NR \$95 | 6 Weeks

## Yoga Sculpt and Flow 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite <i>BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified</i>	T	1/7-3/25	1:00-2:00pm	ID 180
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Sculpt, tone, and strengthen the entire body while improving balance, stability, mobility and flexibility. Intervals of flow yoga that transition slowly and smoothly from one pose to the next are intermixed with static poses using hand-held weights and exercise bands. A strong emphasis is placed on mindfulness, proper form, and breathing. Modifications are given for all fitness levels; chairs are available for stability if needed. For questions, please contact Tiffany Fite (fite.fitness@verizon.net)

ERS \$156 | R \$171 | NR \$195 | 12 Weeks

### RESTORATIVE YOGA

"Maria is an excellent instructor and ensured we all were able to sink into relaxing, supportive poses."



## Zumba Fit 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite <i>BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified</i>	T	1/7-3/25	12:00-12:50pm	ID 182
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Zumba Fit is geared toward adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on cardiovascular and muscular endurance, balance, range of motion and coordination. Modifications are given as needed. Have lots of fun while experiencing the physical, mental & social benefits of Zumba Fit!

ERS \$156 | R \$171 | NR \$195 | 12 Weeks

### ZUMBA

"Tiffany is a delight, cheerful, encouraging, professional and I have learned a great deal about exercise and wellbeing."

## Zumba Power Hour 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Sandy Flynn	Th	1/16 - 2/20	6:00-7:00pm	ID 075
			7:00-7:10pm <i>Floor Work</i>	ID 077
	3/9-4/10		6:00-7:00pm	ID 076
			7:00-7:10pm <i>Floor Work</i>	ID 078

**NEW FORMAT & START TIME** Thursday's Zumba classes will now be 1 hour of Latin-inspired Zumba dance routines with about 4 or 5 toning songs. These toning songs can be done with or without weights; however, if using hand weights, bring 1 or 1½ pound weights (shaker weights, if possible). You'll keep dancing and moving while adding some resistance in various ways to help build more muscle and burn more fat! Come join us for a great way to have fun while burning calories and getting toned.

Cost: ERS \$69, R \$76, NR \$87 | 6 Weeks

**FLOOR WORK:** For those of you who still want some traditional floor work, there will be an optional 10-15 minutes after the Zumba Hour finishes to work on some of our key body parts. Please note, this ab workout incurs an additional fee. Come check it out!!

\$18 | 6 Weeks

# SPECIAL INTEREST Kids!

## BUILDING

### 6-in-1 Space Fleet Robot 7-11yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Minds in Motion Staff	W	1/15-2/19	6:00-7:00pm	ID 092
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Build and take home your very own Solar Space Fleet Robot! The Solar Space Fleet Kit is an innovative solar powered science kit that can transform into six different lunar modules. Using your own mini solar panel, watch as direct sunlight brings the kits to life! Come and create six different working models including a Space Station, Space Rover, Space Explorer, Astronaut, Space Shuttle, and Space Dog. Watch as it moves around and speeds up or slows down depending on the intensity of light as you learn, experiment, and have fun with solar power! Each complete model can also be powered by your very own mini rechargeable battery. Come join in this super fun solar space adventure!

ERS \$169 | R \$185 | NR \$199 | 6 Weeks

### Chemical Creations 6-10yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Minds in Motion Staff	W	3/5-4/9	6:00-7:00pm	ID 093
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Come experience a hands-on world of fun as you conduct a variety of scientific experiments! Learn and discover many different scientific concepts in an entertaining and innovative approach. Learn all about energy and molecules, create a crazy bouncy glob from glue, and make some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your instructor. Watch snow being created and feel how cold it is! Experience a powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program!

ERS \$169 | R \$185 | NR \$199 | 6 Weeks

### Arena STEM 5-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Arena STEM Staff	M	1/13 - 3/3 no 1/20, 2/17	5:00-6:00pm	ID 172
			6:00-7:00pm	ID 173
			9-12yrs	

Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Space Odyssey, heavy machinery and robots. Design and build as never before to explore your craziest ideas. You will put your creations to have power towards the end of the session. Put your concepts to the test with STEM hands-on projects!

ERS \$105 | R \$115 | NR \$125 | 6 Weeks

### Playwell Tek 5-12yrs 1-Day LEGO Camps

NORTHAMPTON TOWNSHIP RECREATION CENTER

Playwell Tek Instructors	W	1/20 Winter Wonderland	9:30am-12:30pm	ID 183
			5-8yrs	
			1:00-4:00pm	ID 184
			7-12yrs	
	S	2/1 Machine Mayhem	9:30am-12:30pm	ID 185
			7-12yrs	
	M	2/17 Radical Rides/ Radical Rides 2.0	9:30am-12:30pm	ID 186
			5-7yrs	
			9:30am-12:30pm	ID 187
			7-12yrs	
	S	3/1 Design Challenge	9:30am-12:30pm	ID 188
			7-12yrs	
	M	3/31 Easter Bunny	9:30am-12:30pm	ID 189
			5-8yrs	
			1:00-4:00pm	ID 190
			7-12yrs	

**1/20 WINTER WONDERLAND** In this workshop we will apply engineering, architecture, creativity and fun to create a magical Winter Wonderland! Build motorized contraptions like snowmobiles and gondolas, or a hilltop village with slopes for LEGO® skiers and sleds, all with the guidance of an experienced Play-Well instructor.

**2/1 MACHINE MAYHEM DESIGN** your custom LEGO® creation to take on any challenge. Mix and match chassis designs using wheels, treads, or walking legs and then combine these with tools like drills, hammers, and battering rams. You will refine your masterpiece by sparring with friends and overcoming obstacles all while applying real-world engineering and physics concepts to help you bash and crash your way to victory!

**2/17 RADICAL RIDES** Start your engines with tens of thousands of LEGO® parts as you dive into the vast world of vehicles! Build and design an array of exciting machines, traversing land, sea, and air, with the assistance of experienced Play-Well instructors. Learn about the engineering principles behind motors, gears, and everything that vrooms and zooms!

**2/17 RADICAL RIDES 2.0** Get anywhere, any way by building fast and furious vehicles of all kinds! Dive into our tens of thousands of LEGO® parts while you learn about the engineering behind vehicle design and creation. We guarantee that our Play-Well instructors will help you get movin' and groovin' through the world.

**3/1 ENGINEERING DESIGN CHALLENGE** Ready to put your skills to the test? Join our instructors as they guide you through the fundamentals of mechanisms that will inspire your creativity, then, it's your turn to innovate! Working with unique design parameters, you'll construct structures and vehicles, push them to their limits, and see what they can withstand. Compete head-to-head and put real-world concepts into action with exciting LEGO® challenges!

**3/31 EASTER BUNNY WORKSHOP** This Spring, join Play-Well TEKologies for a LEGO® Easter Bunny workshop! Participants will have the opportunity to engineer and build their own hopping Easter Bunny, then use their creativity and imagination to deliver Easter eggs and other goodies, all with the guidance of egg-cellent Play-Well instructors.

ERS \$49 | R \$55 | NR \$59 | 1 Day

# SPECIAL INTERESTS Kids!

## GEOVENTURES

### Geoventures 6-10yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

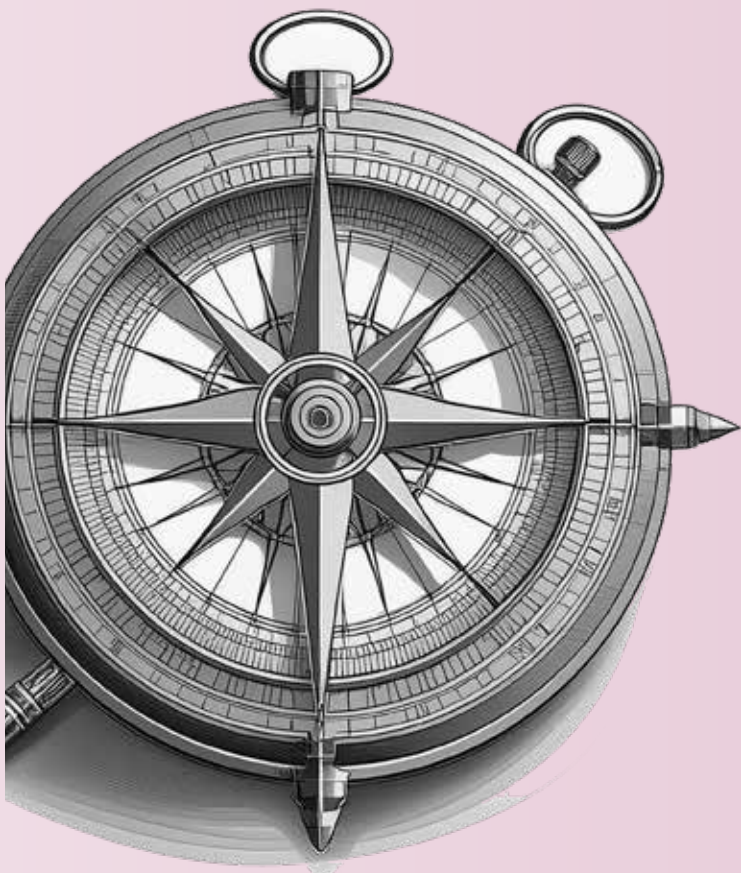
Geoventures Staff	W	1/20 <i>Wild About Art</i>	9:00am-12:00pm	ID 201
	M	2/17 <i>Spy Training</i>	9:00am-12:00pm	ID 202
	M	3/31 <i>Nature Adventure</i>	9:00am-12:00pm	ID 203

**1/20 WILD ABOUT ART** This camp brings together an exploration of nature with a chance to be a creator. We'll learn about art using natural materials to make paintings, sculptures, pressed art and more!

**2/17 SPY TRAINING** Become an expert in disguise, code-breaking, surveillance, stealth and more at Spy Training.

**3/31 NATURE ADVENTURE** Uncover the mysteries of nature and its plants and creatures one adventure at a time!

ERS \$49 | R \$55 | NR \$59 | 1 Day



New!



## MEDICAL ME/STEAM

Medical Me is a fun and engaging STEAM educational enrichment program, bringing medicine, science, and the importance of health to children ages 3 to 17, through interactive classes, camps, and special events. Our Mission is to educate young children with practical lifelong knowledge about medicine, science, and the importance of health. Our goal is to give children a better understanding and respect for the world of medicine, giving them confidence when communicating with their parents and doctors in a more in-depth manner.

### Medical Me Cats & Veterinarian 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Medical Me	Th	1/16-2/20	5:30pm-6:30pm	ID 088
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Enjoy unparalleled opportunities to immerse yourself in the fascinating world of veterinary medicine! Begin by adopting a stuffed animal that you can take home. Learn how to examine both cats and dogs of different breeds and assess their health, treat common illnesses, give them shots, and prepare for common dangers your pet may encounter.

ERS \$189 R \$207 NR \$245 | 6 Weeks

### Family Medicine 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Medical Me	Th	3/6-4/10	5:30pm-6:30pm	ID 089
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Come role play, work with models, develop skills, draw, think critically and creatively, and learn about being a doctor. Discover how to use doctor's tools. Learn how the brain, heart, lungs, and other organs work. Not only do you practice using doctor tools, but you also take some of them home with you.

ERS: \$189 | R \$207 | NR \$245 | 6 Weeks

# SPECIAL INTEREST 16+

## NEEDLEWORK

### New! Intro to Crocheting, Knitting & Sewing 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	T	2/4	7:00-9:00pm <i>Intro to Knitting</i>	ID 036
		2/11	7:00-9:00pm <i>Intro to Sewing</i>	ID 037
		2/18	7:00-9:00pm <i>Intro to Crocheting</i>	ID 038

**INTRO TO KNITTING** Discover the joy of knitting in our engaging class! You'll learn the essentials: casting on, the knit stitch, and casting off. This is a skill-building session, so while you won't complete a project just yet, you'll gain the foundation you need to start your knitting journey. Plus, your registration includes a lovely set of knitting needles and yarn to take home, so you can keep practicing your new skills. Join us for a fun and creative experience—your next cozy creation awaits!

**INTRO TO SEWING** Do you have a sewing machine gathering dust, and you're not quite sure where to start? Dust it off and bring it to our class, where you'll dive into the basics of machine operation and essential sewing techniques. By the end of the session, you'll have created a stylish standing zippered pouch in your choice of fabric! Whether you're a complete beginner or just looking to refresh your skills, this hands-on experience will unlock your creativity and help you gain confidence with your sewing machine. Join us for a fun and creative experience! **\*Must bring sewing machine\*.**

**INTRO TO CROCHETING** Join us for a fun-filled crochet adventure! You'll learn the basics, from casting on to mastering single and double crochet stitches. Just come ready to create and have a blast! Fee includes crochet hook, yarn and instruction. Please note that everyone will learn differently at a different pace and may or may not walk away with a finished piece.

Instructor: Susana Ash has a degree in Apparel Design and worked professionally in the New York and Philadelphia garment industries. She has a studio in Doylestown and has been teaching needle crafts to all ages for the past 15 years.

\$60 | 1 Day



### Learn to Knit Ages 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Deborah Eater	F	1/17-2/28 <i>no 2/14</i>	10:00-11:00am	ID 086
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Join us for an engaging, hands-on knitting class tailored for beginners! In this course, you'll master the foundational skills needed to create a beautiful scarf, rectangular shawl, or cozy baby blanket. We'll focus on the two essential stitches—knit and purl—and guide you through casting on and binding off. Additionally, you'll learn how to choose the right yarn and needles for your projects. To enhance your knitting experience, we'll also address five common challenges, offering practical solutions for issues like dropped stitches and tension problems. All materials will be provided by the instructor.

ERS \$110 | R \$123 | NR \$143 | 6 Weeks

## SOAPS & LOTIONS

### Beginner's Cold Process Soap Making 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Venessa Phipps, <i>Certified Soap Maker &amp; Teacher, owner DeGanya Aromatics</i>	S	2/8	12:00- 4:00pm	ID 154
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This is a hand-on class for the beginner soap maker, no prior experience is required. The soap making process taught is Cold Process, technique Thermal Heat/Room Temperature. In this class, you will gain an understanding of:

- Understanding lye safety.
- Learning how to correctly measure raw materials using grams and ounces.
- What is a soap calculator and why it is used.
- How fats and oils become soap.
- What is super fatting?
- Essential Oils and Fragrant Oils: How do they differ?
- Handout will contain the following information: soap making instructions, safety instructions, equipment, and reference books and websites.

ERS \$162 | R \$179 | NR \$209 | 1 Day



# SPECIAL INTERESTS 16+

## SOUND BATH

### TAROT

#### Tarot for Beginners 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

<b>Robert Hazzon</b>	T	2/4-3/11	7:00-8:00pm	ID 153
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This is a beginner class for anyone interested in the fascinating and esoteric world of Tarot. You'll learn all the meanings of the cards and their symbols, combinations, various layouts and types of readings. Requirements for the class - The Rider-Waite Deck. If you need to purchase a deck, please DO NOT BUY A USED DECK. The course is designed in 3 parts but this first class will still teach you what you need to do readings. Should you decide to continue to parts Two and Three, our explorations will continue with the symbolic meaning of the imagery, significance of the colors, the connection to astrology, and larger and more extended layouts. You'll learn the proper way to interpret the cards so that your readings are respectful and helpful to the maximum. Each of the 3 Parts are divided into 6 classes meeting once a week for an hour. Teacher, Robert Hazzon, has been reading cards for over 45 years and has an enthusiastic following on Facebook and has been teaching Tarot at Northampton Parks and Recreation for over two and a half years now.

ERS \$90 | R \$99 | NR \$113 | 6 Weeks

#### Lotion Making from Scratch 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

<b>Venessa Phipps,</b> <i>Certified Soap Maker &amp; Teacher, owner DeGanya Aromatics</i>	S	3/29	12:00-4:00pm	ID 155
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This is a hands-on class. Learn how to make your own lotion from scratch. Learn the importance of good manufacturing practices and temperature control. Learn how to choose oils and butters for your skin type, why to use a preservative, how to scent with fragrant oils or essential oils as a matter of preference and proper labeling even when not selling. Participants will make 2 bottles of lotion.

ERS \$162 | R \$179 | NR \$209 | 1 Day



#### New! Crystal Bowl Sound Bath Renew, Restore, Refresh 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

<b>Rebecca Zarnawski</b> <i>Reiki Master</i>	F	1/24	6:30-7:30pm	ID 090
	S	2/22	10:00-11:00am	ID 091

Crystal Singing Bowls work on a vibrational level to help remove stress and tension from the body and mind, while raising your energetic vibration and promoting relaxation, rejuvenation, and healing.

The sound frequencies of each crystal bowl correlates to an energy center in the body to open and cleanse the system on a cellular level, and ultimately raise the vibration of mind and body.

Resting comfortably in a crystalline sound warp, attendees will experience the frequencies and harmonies of crystal singing bowls and settle into an ultra relaxing brainwave state where healing stress relief and relaxation can happen.

Please bring your own yoga mat/blanket(s) and pillow for your comfort. Dress comfortably.

ERS \$40 | R \$45 | NR \$52 | 1 Day

#### Voice Overs – Now Is Your Time! Training 16+

ONLINE

<b>Will Kamp</b> <i>Such A Voice</i>	M	3/3	6:30-8:30pm	ID 087
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In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for. In addition to online instruction, you will be given the opportunity to book a 1-on-1 script read and voice evaluation via telephone with your instructor for the following day. This class will be presented via Zoom, you will receive a link the 24 hours prior to the class.

\$20 | 1 Class



# SPORTS

## BASKETBALL

### Hoop/Little Hoop Stars 4-8yrs

WELCH ELEMENTARY SCHOOL



Jump Start Sports	W	1/22-2/26	<a href="#">6:15-7:15pm</a> <a href="#">Little Hoop Stars 4-5 yrs</a>	ID 099
			<a href="#">7:15-8:15pm</a> <a href="#">Hoop Stars 6-8 yrs</a>	ID 100
	3/12-4/23 no 4/16		<a href="#">6:15-7:15pm</a> <a href="#">Little Hoop Stars 4-5 yrs</a>	ID 101
			<a href="#">7:15-8:15pm</a> <a href="#">Hoop Stars 6-8 yrs</a>	ID 102

Discover an interactive basketball program designed specifically for your child. Our sessions integrate learning with fun, focusing on essential skills like dribbling, passing, shooting, positioning, defense, and rebounding. Through engaging activities, young players develop a strong foundation in basketball while enjoying the game in a supportive atmosphere.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks

### Neshaminy Academy of Basketball Mini Stars 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Neshaminy Academy of Basketball Staff	F	1/17-2/28 no 2/14	1:30-2:15pm	ID 168
		3/7-4/11	1:30-2:15pm	ID 169

A fun and instructional introduction to basketball for children ages 3-6 years old. Players will be taught fundamentals through a series of structured activities and challenges including colors, patterns, shapes & numbers. Our program encourages players to develop motor skills and improve technique in passing, dribbling, and shooting.

ERS: \$125 | R \$135 | NR \$145 | 6 Weeks

## STICK IQ

"Stick IQ is the best, the skills are being taught in a way that was appropriate for kids new to the sport."

## FIELD HOCKEY

### Stick IQ Indoor Field Hockey CO-ED Gr 1-9

NORTHAMPTON TOWNSHIP RECREATION CENTER

Cris Maloney and Bridget Schaeffer	Su	2/23-4/13	12:30-1:45pm Grades 2-4	ID 122
			2:00-3:15pm Grades 5-6	ID 123
			3:00-4:45pm Grades 7-9	ID 124

Each day will begin with an important drill (10 minutes) and then players will be divided into teams for coached games. Players will use ball control, dribbling, dodging, passing, receiving, defending, and team concepts to try and win games and show progress. It won't be all about the number of times the ball goes in the goal. Coaches can give bonus points for dodges, passes, spreading out, etc.

Field hockey is an amazing Olympic sport that features eye-hand coordination, athleticism, discipline, and quick thinking. In our STICK IQ program (no experience necessary), players will develop ball control, dribbling, dodging, passing, receiving, defending, and team concepts. Basic rules will also be introduced. The program will be held in our weather-perfect indoor facility. Its smooth "be successful" surface is ideal for young field hockey players. Your lead instructors are Cris Maloney and Bridget Schaeffer. Coach Cris created the STICK IQ program. He was a physical education teacher and has a 50-year history with field hockey as a player, coach, author, and product developer. Coach Bridget is a physical education teacher, championship middle school field hockey coach, and has more than 15 years of youth sports coaching experience. She is First Aid, CPR, and AED certified. Both of our instructors are also field hockey umpires.

**REQUIRED EQUIPMENT:** Field hockey stick, shin pads, mouth guard, and field hockey ball. Please ensure player's equipment is marked with their name or other unique identifier. If you're new to field hockey and need equipment, reach out to Cris Maloney, [cris.maloney@gmail.com](mailto:cris.maloney@gmail.com) (no H in the Cris) for an affordable "everything you need" starter pack or "where to buy" suggestions.

ERS \$120 | R \$132 | NR \$156 | 8 Weeks

# NORTHAMPTON TOWNSHIP SENIOR CENTER

165 TOWNSHIP ROAD, RICHBORO, PA 18954

Phone: (215) 357-8199 Website: northamptonsc.com Email: nhsc@nhtwp.org

M/W/F 9:00 AM - 3:30 PM

Tue/Thurs 9:00 AM - 8:00 PM



## Holiday Marketplace

Friday, December 6, 2024

5:00pm - 8:30pm

Northampton Township Senior Center

Jewelry/Clothing  
Holiday Decorations  
Handmade Cards

Candles  
Home Décor  
Gourmet Foods

Scarves/Hats  
Handcrafted Items  
Children's Items

***SOMETHING FOR EVERYONE!***  
***FREE ADMISSION! RAFFLE BASKETS!***

SPONSORED BY:



Maggie Coe, Realtor  
**RE/MAX**  
PROPERTIES LTD



***THE CENTER HAS RENTAL SPACE FOR  
A PARTY, SPECIAL EVENT OR MEETING!***

Our BRIGHT 3,000 sq. foot room can seat up to 200 people. If a smaller size is needed, the retractable partitions can create a space that suits your needs.

Rentals include:  
Chairs and Six-foot Tables  
An On-Site Rental Attendant  
A Private Entrance to the Rental Space

### ACCESS INFORMATION

#### Website

Activity Calendar  
Bus Trips  
Center Events



#### Rental Room

Event Space and Seating Options  
Rental Policies



### 2025 LOTTERY

Purchase tickets to participate in the senior center's annual LOTTERY fundraiser. GREAT ODDS!

**Tickets \$10.00**

#### What do I Win?

Monthly Drawings April - November:  
FOUR \$25.00 winners each month

December Drawing:  
ONE \$250 winner AND FOUR \$100 winners



## FLOOR HOCKEY

### Tiny Tots Floor Hockey 4-8U

NORTHAMPTON TOWNSHIP RECREATION CENTER

Vince Prozzillo	Th	1/16-2/20	6:00-6:45pm	ID 149
		3/6-4/10	6:00-6:45pm	ID 150

Players will be placed on teams and taught basic skills as well as game safety and sportsmanship. No prior experience necessary. Warm ups, then game. 3 twelve minute periods. \*First time players receive team shirts. End of season awards provided\*

ERS \$99 | R \$105 | NR \$119 | 6 Weeks

### Youth Floor Hockey 6-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman	S	1/4-3/29	8:30am-4:00pm (time varies)	ID 9844
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Leave the skates behind and join the best (and only) floor hockey league in town! Players will have fun, develop hockey and team-sports skills, and be eligible for end-of-the-season awards. Games are played on Saturdays. See below for approximate division and schedule.

**Mites Division | 6-9yrs**  
approx 8:30am, 9:45am  
**Pee Wee Division | 10-12yrs**  
approx 11:00am, 12:15pm  
**Juniors Division | 13-19yrs**  
approx 2:00pm and 3:00pm

ERS \$119 | R \$130 | \$NR 155 | 13 Weeks

### Adult Floor Hockey 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman	Th	1/2-3/27	7:30pm-midnight	ID 9845
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Thursday nights belongs to Northampton Adult Floor Hockey! At the start of each season, participants are drafted by team captains following a scrimmage to show off their skills. Games begin the following week. Registration fills up quickly, and no additional players may join after the completion of the draft. ALL participants must register as a regular player. If a player is drafted as a goalie, the household will be issued a \$25 credit. New players must attend scrimmage.

ERS \$139 | R \$150 | NR \$177 | 13 Weeks

## ICE HOCKEY

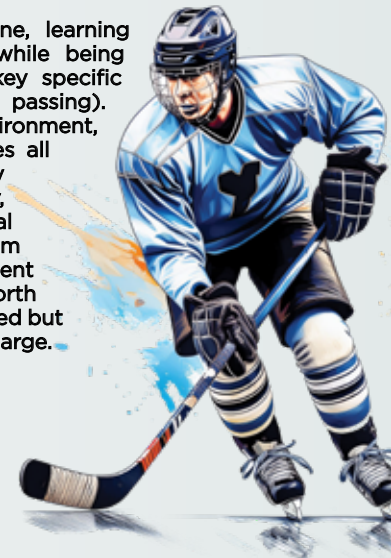
### Learn to Play Ice Hockey 4-12yrs

NORTHEAST SKATE ZONE

Vince Prozzillo	F	1/3-2/7	5:20-6:20pm	ID 197
		2/28-4/4	5:20-6:20pm	ID 198
S	1/4 -2/8	10:10-11:10am	ID 199	
	3/1-4/5	10:10-11:10am	ID 200	

Participants start from square one, learning the basic skills of ice skating, while being introduced to individual ice hockey specific skills (stick-handling, shooting, passing). Set in a fun and nurturing environment, this introductory program provides all participants a comfort level to enjoy their first experience with hockey, while developing the fundamental skills to succeed in the next program progression steps. FREE equipment for first time players. Over \$300 worth of equipment, skates are not included but players can use the rentals at no charge.

\$199 | 6 Weeks



## ICE SKATING

### Learn to Skate 4-12yrs

NORTHEAST SKATE ZONE

Vince Prozzillo	T	1/7-2/11	6:00-7:00pm	ID 191
	F	1/3-2/7	6:50-7:50pm	ID 192
	S	1/4 - 2/8	11:20am-12:20pm	ID 193
	T	2/18-4/1	6:00-7:00pm	ID 194
	F	2/28-4/4	6:50-7:50pm	ID 195
	S	3/1-4/5	11:20am-12:20pm	ID 196

Our Learn to Skate program provides curriculum from Learn to Skate USA and certified passionate instructors. We build solid skill progression to grow self esteem in both children and adults while providing them the resources to reach their hopes and dreams. Each session includes 6 weeks of lessons Each lesson includes 30 minutes of instruction & 30 minutes of practice.

\$176 | 6 Weeks



**NEW!**  
**DODGE, DIVE,**  
**AND DOMINATE!**  
**DODGEBALL**



**New! Dodgeball 14-18yrs**

**NORTHAMPTON TOWNSHIP RECREATION CENTER**

Jump Start Sports	F	1/17-2/28 no 2/14	8:00-10:00pm	ID 125
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Get ready to dodge, dive, and dominate! Join the Jump Start Sports Dodgeball League, a thrilling six-week program for high school students ages 14-18. Compete against other teams in fast-paced, high-energy games every Friday night from 8 PM to 10 PM.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks



**GYMNASTICS**

**Tiny Tumbles Gymnastics 18 mos-10yrs**

**NORTHAMPTON TOWNSHIP RECREATION CENTER**

<b>Trinity Golden</b>	<b>F</b>	<b>1/31-3/28</b> no 2/14	<b>2:00-2:50pm</b> 3-5yrs Preschool Gymnastics	<b>ID 212</b>
			<b>3:15-3:50pm</b> 18-36 mos Tumble Buddies	<b>ID 213</b>
			<b>4:00-4:50pm</b> 3-4yrs Preschool Gymnastics	<b>ID 214</b>
			<b>5:00-5:50pm</b> 5-6yrs Kinder Gymnastics	<b>ID 215</b>
			<b>6:00-6:50pm</b> 5-8yrs Level 1+2 Gymnastics	<b>ID 216</b>
			<b>7:00-7:50pm</b> 6-10yrs Level 2+3 Gymnastics	<b>ID 217</b>

On your mark, get set, roll! Tiny Tumbles is a mobile gym offering gymnastics programming for kids of all ability levels from ages 18 months-10 years. Balance on the beam, swing from the bars, bounce on the trampoline, and so much more! Students will learn fundamental gymnastics skills, participate in age-appropriate challenges and games, and explore exciting apparatus in a safe and engaging setting. Our program enables children to boost physical fitness while fostering goal setting, teamwork, and self-confidence.

**SEE WEBSITE FOR PREREQUISITE DETAILS.**

**8 WEEKS:**  
**213: ERS \$179 | R \$189 | NR \$199**  
**212, 214-217: ERS \$205 | R \$215 | NR \$225**

**Wells Fargo Center Township Program  
Parks & Recreation Fundraiser!**

20%-50% OFF  
EVENT TICKETS!

\$5 from each ticket sold goes  
directly to Parks & Recreation



**SCAN TO BUY TICKETS**



**Wells Fargo Center Township Program  
Parks & Recreation Fundraiser!**

20%-50% OFF  
FLYERS TICKETS!

\$5 from each ticket sold goes  
directly to Parks & Recreation



**SCAN TO BUY TICKETS**



## SHOTOKAN KARATE

"The teacher was great. Direct but not too strict."

## MARTIAL ARTS

### Shotokan Karate 5+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Andrew Spivack	T	1/14-2/25 <i>no 2/18</i>	6:00-6:45pm <i>Beginner</i>	ID 174
			6:45-7:30pm <i>Adv Beginner</i>	ID 176
	3/4 - 4/8		6:00-6:45pm <i>Beginner</i>	ID 175
			6:45-7:30pm <i>Adv Beginner</i>	ID 206

Northampton Shotokan is committed to keeping children active and engaged during those challenging time! The Shotokan program is dedicated to developing healthy bodies, sound minds and self-esteem, all balanced with a deep respect for others. The Northampton Shotokan Karate club will directly support the growth of your child through a variety of classes, progressive challenges and individualized instruction. Help your child protect themselves mentally and physically, register today!

**BEGINNER** This level is only for those who are brand new to Shotokan or have not yet taken their first belt test.

**ADVANCED BEGINNER** This level is for Black Stripe, Yellow Stripe and Candidate Yellow Students

ERS \$85 | R \$95 | NR \$105 | 6 Weeks

### Tae Kwon Do and Jiu Jitsu 5+

NORTHAMPTON TOWNSHIP RECREATION CENTER

John McDonald & Staff	W	1/15-2/19	5:15-6:15pm	ID 151
		3/5-4/9	5:15-6:15pm	ID 152

The benefits of Tae Kwon Do instruction are endless! Participants learn and develop all of the techniques for defense including: kicking, punching, blocking, grappling, and proper falls. Offered at the Recreation Center for over 25 years, Sensei John McDonald helps his students learn discipline, respect, self control and gain confidence - all while getting a great workout!

No jewelry, pierced earrings, necklaces, etc. permitted in class.

ERS \$66 | R \$75 | NR \$85 | 6 Weeks

## AMAZING ATHLETES

"Coach Matt was incredible with the kids. What a great program."



## MIXED/VARIETY

### Amazing Athletes 2-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Super Soccer Stars/ Amazing Athletes	W	1/15-2/19	5:30-6:10pm <i>2-3yrs</i>	ID 109
			6:15-7:00pm <i>4-5yrs</i>	ID 110
		3/5-4/9	5:30-6:10pm <i>2-3yrs</i>	ID 111
			6:15pm-7:00pm <i>3/5-4/9</i>	ID 112
	Th	1/16-2/20	1:30-2:15pm <i>3-6yrs</i>	ID 161
		3/16-4/10		ID 162
5/1-5/29			ID 163*	

Amazing Athletes is a physical fitness development program empowering kids to reach developmental milestones and progress at their own pace. The kids will develop the physical literacy associated with speed, balance and overall coordination. They will also learn about nutrition and muscle identification while mastering 6 motor skills.

109-112: ERS \$135 | R \$148 | NR \$175 | 6 Weeks  
161 & 162: ERS \$75 | R \$82 | NR \$97 | 6 Weeks  
163: ERS \$65 | R \$72 | NR \$87 | 5 Weeks

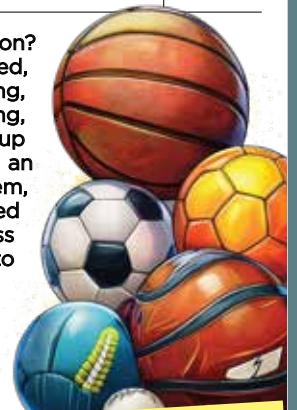
### Games Galore 4-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Vince Prozzillo	M	1/13-3/3 <i>no 1/20, 2/17</i>	1:30-2:15pm	ID 156
		3/17-5/5	1:30-2:15pm	ID 157

Is your preschooler ready for action? Then he/she is ready for a fun-filled, non-stop 45 minutes of catching, throwing, dodging, jogging, kicking, rolling, throwing, and MORE! Group and individual activities with an emphasis on building self-esteem, confidence, and fair play are planned for this high energy class! Don't miss out on this exciting introduction to physical education!

ERS \$79 | R \$89 | NR \$105  
6 Weeks



## GAMES GALORE

"My grandson loved the class and coach Vince."



# PICKLEBALL

## PICKLEBALL

"I enjoyed the people that I met and getting to learn how to play pickleball. Also, having a court that I could use was a bonus."

"Instructors were informative good natured and very friendly- overall I gained the basics and have a good scope of the sport."

"Good instructors, very knowledgeable. Met great people through the class that were there, like myself, to learn the game and have fun."

## Youth Pickleball 8-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Susan Bowman Tennis and Instructors	M	1/13-3/3 <i>no 1/20, 2/17</i>	6:30-7:30pm	ID 147
		3/17-5/5 <i>no 3/31, 4/14</i>	6:30-7:30pm	ID 148

Dive into the exciting world of pickleball with our Youth Pickleball Class! For ages 8-16, this program blends skill development and friendly competition. Instructors ensure a supportive environment for players of all levels. Join us for an active and fun-filled experience on the court. Enroll now and let the pickleball adventure begin!

ERS \$85 | R \$95 | NR \$105 | 6 Weeks

**New!**

## Round Robin Pickleball Tournament 18+

Tuesdays | Welch Elem | Susan Bowman Instructors

JOIN US FOR A FUN AND FAST-PACED ROUND ROBIN PICKLEBALL TOURNAMENT!

This exciting event is perfect for players with some experience looking to test their skills in a competitive yet friendly environment. Choose your time slot from 5:30-6:30 PM or 6:30-7:30 PM and get ready for an action-packed hour of play. You can sign up with a partner, or if you don't have a team mate, no worries—we'll match you with one! The tournament will feature a round robin format, where you'll get the chance to compete against multiple teams in a fast, fun rotation. It's a great way to meet new people, improve your game, and enjoy some great pickleball action. Space is limited, so sign up today and secure your spot!

12/10: 9911 5:30-6:30pm | 9912 6:30-7:30pm  
12/17: 9913 12/17 | 5:30-6:30pm | 9914 6:30-7:30pm

ERS \$17 | R \$19 | NR \$21

## Pickleball Clinic 18+

MAUREEN WELCH ELEMENTARY SCHOOL

Susan Bowman Tennis and Instructors	T	1/7-2/11 <i>no 1/14</i>	5:30-6:30pm	ID 126
			7:30-8:30pm	ID 128
	Th	1/9-2/13 <i>no 1/16</i>	6:30-7:30pm	ID 136
	T	2/25-3/25	5:30-6:30pm	ID 129
			7:30-8:30pm	ID 131
	Th	2/27-3/27	6:30-7:30pm	ID 138
	T	4/8-5/13	5:30-6:30pm	ID 132
			7:30-8:30pm	ID 134
	Th	4/10-5/15 <i>no 4/17</i>	6:30-7:30pm	ID 140

Learn the fundamentals of pickleball including game rules, scoring and basic strategies to give you the tools you need to enjoy the game, with both practice and play each week. Intended for all skill levels. Paddles and balls will be supplied.

Pre-registration required. No drop-ins permitted. Basic knowledge of pickleball is recommended!

ERS \$89 | R \$99 | NR \$109 | 5 Weeks

## Pickleball Intermediate 18+

MAUREEN WELCH ELEMENTARY SCHOOL

Susan Bowman Tennis and Instructors	T	1/7-2/11 <i>no 1/14</i>	6:30-7:30pm	ID 127
	Th	1/9-2/13 <i>no 1/16</i>	5:30-6:30pm	ID 135
	T	2/25-3/25	6:30-7:30pm	ID 130
	Th	2/27-3/27	5:30-6:30pm	ID 137
	T	4/8-5/13 <i>no 4/15</i>	6:30-7:30pm	ID 133
	Th	4/10-5/15 <i>no 4/17</i>	5:30-6:30pm	ID 139

Intermediate Clinic/Open Play - If you are a seasoned pickleball player or a clinic graduate and you're looking for the next level of challenge, this class is for you! Instructors will oversee you as you play, to give pointers and answer questions, while keeping the games moving each week. Paddles and balls will be supplied if you don't have your own. Bring your "A" game and be ready to play!

ERS \$85 | R \$95 | NR \$105 | 5 Weeks



## Sunday Soccer Shots 2-8yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Soccer Shots	Su	1/19-3/2 <i>no 2/16</i>	9:00-9:30am <i>Mini 2yrs</i>	ID 113
			9:45-10:20am <i>Classic 3yrs</i>	ID 114
			10:30-11:10am <i>Classic+ 4-5yrs</i>	ID 115
			11:20am-12:05pm <i>Premiere 6-8yrs</i>	ID 116
	3/9-4/13	9:00-9:30am <i>Mini 2yrs</i>		ID 117
		9:45-10:20am <i>Classic 3yrs</i>		ID 118
		10:30-11:10am <i>Classic+ 4-5yrs</i>		ID 119
		11:20am-12:05pm <i>Premiere 6-8yrs</i>		ID 120

**PLEASE BRING A WATER BOTTLE. SUGGESTED BUT NOT REQUIRED: CLEATS - when outdoors (SNEAKERS ARE FINE) AND SHIN GUARDS.**

**MINI 2YRS** is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. *Parent participation encouraged.*

**CLASSIC 3YRS** utilizes creative activities to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as RESPECT, TEAMWORK, and APPRECIATION. Additionally, the concept of competition is introduced. Parent participation encouraged.

**CLASSIC+ 4-5YRS** introduces advanced footwork, in addition to a greater focus on team play. Children will play fun games that will allow them to experience development in coordination, agility, and change of speed. Additionally, competition will occur in the form of end-of-class scrimmaging.

**PREMIER 6-8YRS** focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

ERS \$135 | \$ R \$148 | NR \$170 | 6 Weeks



## Afternoon Soccer Shots 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Soccer Shots	T	1/14-2/18	1:30-2:15pm	ID 158
		3/4-4/8	1:30-2:15pm	ID 159
		4/29-5/27 <i>no 5/20</i>	1:30-2:15pm	ID 160

Soccer Shots offers an enriching children's soccer experience centered on fostering character development. Our program goes beyond the game, instilling valuable life skills both on and off the field. Through our exceptional coaching, effective communication, and thoughtfully designed curriculum, we make a positive and lasting impact on the lives of young athletes.

ERS \$75 | R \$82 | NR \$97 | 6 Weeks  
160: ERS: \$50 | R \$55 | NR 65 | 4 Weeks

### SOCCER SHOTS

"The coach was very engaging with the kids and the kids all have so much fun."



## TENNIS

"My daughter enjoyed the class and was excited about learning about tennis"  
 "Good way to introduce tennis to all levels."

### Tennis 4-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER\*

**Susan Bowman**  
**Tennis**  
**School and**  
**Instructors**

M	1/13-3/3 <i>no 1/20, 2/17</i>	5:30-6:30pm <i>Pee Wee 4-6yrs</i>	ID 141
		5:30-6:30pm <i>Junior 7-16yrs</i>	ID 142
M	3/17-5/5 <i>no 3/31, 4/14</i>	5:30-6:30pm <i>Pee Wee 4-6yrs</i>	ID 143
		5:30-6:30pm <i>Junior 7-16yrs</i>	ID 144
W	1/15-2/19	5:30-6:30pm <i>Pee Wee 4-6yrs</i>	ID 145
		5:30-6:30pm <i>Junior 7-16yrs</i>	ID 146
W	3/5-4/9	5:30-6:30pm <i>Pee Wee 4-6yrs</i>	ID 147
		5:30-6:30pm <i>Junior 7-16yrs</i>	ID 148

**PEE WEE 4-6YRS** Introduce tennis to your 4-6 year old with a fun and exciting approach! Your up-and-coming tennis player will develop hand-eye coordination along with movement skills. Participants will grow comfortable with equipment and learn the parts of the tennis court. Basic tennis fundamentals and shots are taught through lots of tennis-like games!

**JUNIOR 7-16YRS** Looking for a great place for your junior to start or brush up on tennis basics and advance further? Juniors will improve hand-eye coordination and agility, perform racquet-handling skills, and become familiar with the tennis court. Instructors zero in on building a strong foundation through basic strokes and fun games associated with tennis. Match play is introduced, instructors will meet your junior player at their ability level to foster their growth and love of the game.

\*Held on tennis courts in nice weather. Racquets available during instruction.

ERS \$85 | R \$95 | NR \$105 | 6 Weeks

### Youth Volleyball 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jump Start Sports	T	1/14-2/18	5:15-6:15pm <i>6-8yrs</i>	ID 095
			6:15-7:15pm <i>9-12yrs</i>	ID 096
	3/4-4/8	5:15-6:15pm <i>6-8yrs</i>	ID 097	
		6:15-7:15pm <i>9-12yrs</i>	ID 098	

**YOUTH 6-12YRS** Looking for a fun and engaging way for your child to learn and develop the skills necessary to succeed in volleyball? Join Jump Start Sports Youth Volleyball Programs today! Our programs are designed to provide children with a comprehensive introduction to the sport of volleyball, while also building important skills such as teamwork, sportsmanship, and confidence. In our Youth Volleyball Programs, children will learn the fundamentals of volleyball using a wide variety of fun and age-appropriate drills as well as game play. Our experienced coaches use a variety of innovative techniques and drills to help children develop the skills they need to succeed in volleyball and in life, including passing, setting, hitting, blocking, serving, basic offense and defense, positioning, and team strategy.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks

### Adult Volleyball 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

T	1/7-2/11	7:45-9:45pm	ID 103
W	1/8-2/12	7:45-9:45pm	ID 104
M	1/13-3/3 <i>no 1/20, 2/17</i>	8:00-10:00pm	ID 108
T	2/25-4/1	7:45-9:45pm	ID 105
W	2/25-4/1	7:45-9:45pm	ID 106
M	3/17-5/5 <i>no 3/31, 4/13</i>	8:00-10:00pm	ID 107

**ADULT 17+** Do you love volleyball? Looking for a little healthy competition? This very popular, highly competitive recreational league is a great fit for men and women ready to serve up a great game! Players have a moderate to intermediate skill level. If you think you can keep up, don't wait...register today!

ERS \$65 | R \$72 | NR \$85 | 6 Weeks



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*In Memoriam* James M. Campbell 1922 - 2010

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kfullerton@nhtwp.org 215-357-6800 ext. 249



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