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NORTHAMPTON TOWNSHIP PARKS & RECREATION

SUMMER 2025 NORTHAMPTONREC.COM

UPDATE YOUR INFO! Make sure your email and phone number are current in MyRec for class notifications.

F

LOOK INSIDE ...

ART CLASSES 11	
DANCE & MUSIC CLASSES	
EDUCATIONAL	
FITNESS	
SPECIAL EVENTS	
SPECIAL INTEREST	
SPORTS	
SUMMER CAMPS7	
SWIM	



TAG US AND GET SOCIAL

Stay in the loop! Follow us on social media for the latest updates, exclusive content, events and a peek into all the exciting happenings!

> Summer's Heating Up -Stay Sunny & Social!

> > **f** NorthamptonRec

northamptonparksandrec



WE'RE ALWAYS LOOKING FOR NEW INSTRUCTORS AND CLASSES. 215.357.5396

REGISTRATION

Currently, registrations will be taken in person, online, or over the phone.

- Online at www.northamptonrec.com.
- Registration is required for all classes and workshops.
- Pre-registration may be required for Special Events.

FEES & DISCOUNTS

Confirmation of registration or payment will be sent via email.

Class Links Virtual Programs will be emailed the day prior to first class.

Senior Citizen Discount 10% - 62 years & over.

Not to be combined with other discounts.

Early Registration Savings - ERS is only for residents of Northampton Township. Northampton Residents are entitled to the Early Registration Savings Fee (ERS) when registering at least (7) seven calendar days prior to the first day of class. (Not to be combined with other discounts). Participants not residing in Northampton Township must pay the Non-Resident (NR) fee.

PROGRAM REFUNDS/CREDITS

A \$10 processing fee will be assessed for ALL refunds.

Refunds will not be granted nor fees pro-rated for vacation or illness. Refunds will not be granted once a program starts.

While we make every attempt to ensure the accuracy of our offerings, we cannot be responsible for updates or typographical errors. We will update any changes online.



OUR PROMISE ...

Northampton Township Parks and Recreation is committed to delivering high quality in-person, and virtual programming for all ages, to fit any schedule. REGISTER EARLY FOR YOUR FAVORITE PROGRAMS! Programs will be cancelled if minimum requirements are not met 72 hours before start date.



The NT (Northampton Township) Board of Supervisors, the Parks and Recreation Board and Staff are committed to providing Northampton Township residents with quality recreation programs and facilities.

BOARD OF SUPERVISORS

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Nicole Armani Senior Center Communications

Leigh Ferello Graphic Designer

Visit us at Northamptonrec.com Like us on Facebook and Instagram Questions? Call 215-357-6800 Ext. 210

PARKS AND RECREATION 2025 DISCOUNTED TICKET PROGRAM

Tickets available at the following locations: **ADMINISTRATION BUILDING** (55 Township Rd.) Mon-Fri 8:45am-4:15pm **SENIOR CENTER** (165 Township Rd.) Mon-Fri 8:45am-4:15pm **RECREATION CENTER** (345 Newtown-Richboro Rd.) Mon-Fri 8:45am-9pm Pay by cash, credit card, or check.

Offerings and prices are subject to change. All sales are final.

EYOU PRINT TICKETS AT HOME (Call for Password)

	YOU
ADVENTURE AQUARIUM (CAMDEN)	\$AVE!
Child (2-12 years)	\$16.99
Adult (13 & older)\$49.99\$32.00	
DUTCH WONDERLAND General Admission\$75.99\$41.00	¢7400
	\$34.99
KNOEBELS AMUSEMENT PARK	
Weekday (Over 48") \$58.00 \$49.00	
Weekday (Under 48")\$40.00\$33.00	\$7.00
MOREY'S PIERS	
Flexible Combo\$115.00\$102.00	
Water Park ONLY\$69.00\$60.00	\$9.00
MOVIE THEATERS	
Regal \$10.00	
AMC \$10.00	varies
MUSEUM OF THE AMERICAN REVOLUTION	
Adult (Age 19+)\$24.00\$16.00	\$8.00
Child (Age 6-18)\$13.00\$10.00	\$3.00
SAHARA SAM'S OASIS	
Age 3+\$44.99\$31.00	\$13.99
SESAME PLACE Age 3+\$107.99\$35.00	¢72.00
SIX FLAGS GREAT ADVENTURE	* 1 = * *
Theme Park One Day	
Adult (ages 21-69)\$49.95\$42.00	
Youth (ages 5 - 20)\$39.95\$34.00	
Senior (Ages 70+)	
BUSCH GARDENS-VIRGINIA 🖃	
Busch Gardens VA (ages 3+)\$117.99\$75.00	\$42.99
Water Country USA\$86.99\$44.00	\$42.99
2 Day COMBO (Both Parks)\$149.00\$90.00	\$59.00
CRAYOLA EXPERIENCE - EASTON, PA	
General Admission (Age 3+) \$29.99	\$4.90
PHILADELPHIA ZOO	
General Admission (Age 2+)\$25.00\$21.00	\$4.00
PHILLY MAGIC TOURS (WALKING MAGIC TOUR)	
General Admission\$35.29	¢0 77
	ψ9.55
TREE TRAILS ADVENTURE - TREVOSE	
Main Park, Zip TrailsVariesVariesVaries	10% min.

Dorney Park, Hershey Park,Cedar Point, Diggerland, Kings Dominion, Legoland, Disney World, Universal Studios, concerts, Broadway shows and more. Pricing varies-check website for a link to create an account and purchase discount tickets online from home!

SPECIAL EVENTS

Northampton Township Parks and Recreation presents:

MESSAGES FROM YOUR LOVED ONES AND MORE

FEATURING DANIELLE SCHWARTZ. PSYCHIC MEDIUM

Date: Sunday, June 1st, 2025

Location: Northampton Township Senior Center 165 Township Rd. Richboro Time: 4:00 to 6:00 pm Fee: \$45 Per Person



Receive messages from your loved ones, get insight about your future and understand how to recognize signs... Bring your family and friends for a night of spiritual healing.

Light refreshments will be served.

Seats are expected to sell out fast!! Sign up by May 22nd, 2025. Register at Northamptonrec.com or call 215-357-6800 ext 249

For more information on Danielle visit www.daniellethemedium.com

FISHING DERBY



SATURDAY, JUNE 14 | 8:30-11:30 AM TYLER STATE PARK DAM (NEAR BOAT HOUSE)

Bring your fishing pole and bucket! No experience needed. Each child will receive an official fishing derby kit, cups of bait, water, and a soft pretzel. A license-free day for children. Awards for each age group! Expert fisherman from the Langhorne Rod and Gun Club will be on hand to provide great tips. Adults may assist your child; however, a fishing license is required for any adult wishing to fish. This is a catch and release program.

> Residents: \$10, Family of 4: \$28 Non-Residents: \$12, Family of 4: \$36

ADULTS ARE FREE!

DA DOO RON ROAD TRIP!

GET READY TO BOP, SWAY, AND SING ALONG ON THIS MUSICAL GETAWAY THAT'S BURSTING WITH '60S FLAIR!

Thursday, July 17

◯10:45am **(**•4:00pm*

Before there was *Beautiful*, there was *Leader of the Pack*. Bop along to the songs you love in this Broadway musical celebrating the life and times of Ellie Greenwich, whose doo-wop sounds skyrocketed to the top of the '60s charts. Ellie's rise to fame is told via a virtual hit parade of her music including "Chapel of Love," "Da Doo Ron Ron," "Be My Baby," "River Deep, Mountain High," "And Then He Kissed Me," and, of course, the title song, "Leader of the Pack."

Cock'n'Bull Restaurant for Lunch then off to the Bucks County Playhouse in New Hope 1:30PM Matinee

Depart:

Northampton Recreation Center 345 Newtown-Richboro Rd, Richboro 18954

\$169 per person Includes Transportation, lunch, ticket to the show and gratuity) Sorry, no refunds or senior discounts.

*traffic dependent

BROADWAY SHOW!



Wednesday, September 17 \$\$ 8:15am (~7:00pm*

The winner of the Tony Award[®] for Best Musical is *The Outsiders*. This classic coming-of-age story takes you to Tulsa, Oklahoma in 1967, where Ponyboy Curtis, his best friend Johnny Cade, and their family of Greaser "outsiders" dream about who they want to become in a world that will never accept them. *The Outsiders* features a "tuneful and soul-bearing" (New York Stage Review) original score, "high-octane choreography" (New York Magazine), and a "sensational young cast" (The Wall Street Journal) that brings the show to life.

Bernard B. Jacobs Theatre- 242 West 45th Street NY 2PM Matinee

- Depart: Northampton Recreation Center 345 Newtown-Richboro Rd, Richboro 18954
- Cost: \$205 per person Includes transportation and gratuity. Sorry, no refunds or senior discounts.

*traffic dependent

4 | NTP&R 2025 SUMMER PROGRAM GUIDE



JOIN NORTHAMPTON PARKS & RECREATION FOR OUR FREE 2025 SIGHTS AND SOUNDS SUMMER CONCERT SERIES

6.5 Council Rock Jazz Bands (starts at 6:30) concert will be cancelled if there is inclement weather

- Interactive Children's Concert featuring 6.12 Kathy Bell (starts at 6:30)
- 6.19 Class of 84' - fun. upbeat 80's music
- 6.26 Funzaluv - Folk, Rock, Soul to Funk and everything in between
- 7.10 Devlin - Country and Rock hits
- Cherry Lane mix of Rock, R&B and Funk 7.17
- 7.24 Mid Life Crisis - Rock music from the 70's. 80's & 90's
- 7.31 Gilligan's Yacht Rock - hits from the 70's & 80's
- Double Tap Classic Rock through 90's Nostalgia 8.7 to Modern Pop!
- 80's Revolution Band 80's favorites to dance 8.14 along to! ~=
 - **BRING A LAWN CHAIR OR BLANKET FOR SEATING.** 50
 - 50/50'S WILL BE SOLD BY THE LIONS CLUB.

Thursday Evenings 7:00 PM Northampton Municipal Park 281 Hatboro Rd. Churchville Rain location: Maureen M. Welch School Gym

SUPPORT OUR LOCAL SUMMER CONCERT GEPTEC/ TOWNSHIP EVENTS Become a Local Sponsor!

We are excited to announce our upcoming Summer Concert Series, a celebration of music, unity, and fun for all ages! This event will bring together neighbors, families, and music lovers from across the community for an unforgettable experience, and we need your support to make it happen.

WHY SPONSOR? Your partnership will help fund this incredible event, ensuring that it remains FREE and accessible to everyone. With your sponsorship, we can provide high-quality entertainment, food, and activities for all, while promoting local talent and businesses. As a sponsor, you'll gain visibility, strengthen community ties, and showcase your commitment to supporting local talent.

Let's Work Together to Make This a Summer to Remember!

If you're interested in becoming a sponsor or would like more information, please contact Kristin Fullerton kfullerton@nhtwp.org or call 215-357-6800 ext 249.

We are thrilled to partner with you in bringing the community together for amazing concerts, and fun special events. Thank you for your support!

GET YOUR RISE ON

BEGINNER SOURDOUGH WORKSHOP

Dan Ng Calico Bread Co.

Roll up your sleeves and get your hands floured in this fun and informative beginner sourdough class! Over the course of two hours, you'll learn the basics of sourdough baking-from feeding and maintaining a starter to shaping your own loaf.

Whether you're just dipping your toe into the bread world or dreaming of artisan loaves, this class is your perfect first step.

WHAT YOU'LL LEARN

- · How to care for your sourdough starter
- Stretch and fold techniques
- Nutritional benefits of sourdough
- Hands-on loaf shaping
- A tasting of three specialty breads with pairings

WHAT YOU'LL TAKE HOME A live, active sourdough starter

- A banneton basket and cloth
- Your own ready-to-bake loaf
- A step-by-step recipe & FAQ sheet

BEGINNER CLASSES | \$60

Thursday, May 22 | 6:30-8:30pm ID 541 The James E. Kinney Senior Center 165 Township Rd, Richboro

Tuesday, June 10 6:30-8:30pm ID 542 **Rec Center** 345 Newtown-Richboro Rd, Richboro

THE DOUGH DOESN'T STOP HERE

In this advanced sourdough class, we're diving into the delicious world of sourdough discard and sourdough alternatives. Learn how to turn leftovers into gold like sourdough pizza, cinnamon rolls, and fluffy focaccia. Come hungry and ready to bake beyond the loaf!

ADVANCED CLASSES | \$60

Wed, June 25 | 6:30-8:30pm ID 543 The James E. Kinney Senior Center 165 Township Rd, Richboro

DOUGH IT ALL

The Complete Sourdough Experience

SAVE \$5! ENROLL IN BOTH CLASSES

May 22 & June 25 \$115ID 544 June 10 & June 25 \$115 ID 545



FREE

ALL AGES

WELCOME!

RAIN OR

SHINE

THERE'S STILL TIME TO ... THINK CAMP!

CAMP QUEST GRADES 7-9

WELCH ELEMENTARY SCHOOL

			ID 210
M-Th	6/30-8/14 7/4 - no camp 7/3 - camp closes at 3:00pm	9:00am- 2:00pm	\$2,085 Res; \$500 deposit \$2,115 NR

A camp program that keeps the young teen entertained and happy! Your child's input and interests are placed right into the camp curriculum-no more boredom. Participants enjoy extensive trips, special guests, arts and crafts, intramural sports, a summer color competition and anything else they can think of! Quest is the answer parents of 7th-9th graders have been searching for. *Times vary due to trip schedule.

SWIM AFTER QUEST!

Monday-Thursday | 2:00-5:00pm

Want to extend your day at camp and cool off at the pool? Register for Swim After Quest and enjoy afternoon swim time at Northampton Valley Swim Club. Campers will be bussed from camp to the pool Monday through Thursday and must be picked up by 5:00 PM.

ID 503 | \$315 SEE PG 12 FOR MORE POOL INFO!



ULTIMATE CAMP QUEST GRADES 7-9

WELCH ELEMENTARY SCHOOL

									10 210
7/4 - no camp 7/3 - camp closes at 3:00pm	0 0	no	o cai	mp	es at	: 3:0	Opm	 0am- 00pm	\$2,589 Res; \$500 deposit \$2,619 NR

Working parents of Quest campers can now have peace of mind too! Participants get all the benefits of the regular Quest program with earlier drop off, later pickups and FRIDAYS! Daily trips to the pool (depending on trip schedule), special events and all trips included!

Discover, Learn, and Grow

NOW OFFERING FULL DAY PRE-K!

NEW HOURS Preschool classes now run 9:15 AM to 12:15 PM to allow for more focused learning time.

At Northampton Township Preschool, we support your child's natural curiosity and development with a balanced curriculum in art, math, science, and social skills. Our nurturing, playbased environment helps preschoolers build the academic and life skills they need for future success.

With certified teachers and a long-standing reputation in the community, we're proud to be a trusted choice for early education.

PLEASE INQUIRE ABOUT EARLY MORNING DROP OFF!

QUESTIONS OR MORE INFO? Barbra Primavera, Recreation Manager 215-357-5396

Sprouts 3-Year-Old, 3-Day Program

Monday, Wednesday & Friday, 9:15 AM - 12:15 PM

Eligibility: Children must turn 3 by 9/1/2025 and must be completely potty trained and self-sufficient

Annual Fee: \$2,700

\$270 per month, September through June

Blooms 4-Year-Old, 5-Day Program

Monday through Friday, 9:15 AM - 12:15 PM

Eligibility: Children must be 4 by 9/1/2025

Annual Fee: \$4,400 \$440 per month, September through June

NEW! Ready, Set, Grow Kindergarten Prep Full-Day Program

Monday through Friday, 9:00 AM - 3:00 PM

Eligibility: Children must be kindergarten eligible and entering Kindergarten in the 2026-27 school year (no exceptions).

> Annual Fee: \$8,600 \$860 per month, September through June

SPECIALTY CAMPS - THE ARTS



CLAY CREATIONS CAMP 9-12 YRS

HOLLAND ELEMENTARY SCHOOL

Leigh	M-F	7/7-7/11	9:00-	ID 504
Ferello			11:30am	

Dive into a world of imagination, sculpting masterpieces, and making new friends! In this camp, artists will make several fun projects that encourage creative expression. Get ready to mold, shape, and crate unforgettable memories!

ERS \$295 | R \$325 | NR \$349 | 1 Week



MAD HATTER

Mini ART CAMP 8-11 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh W-F Ferello		9:00am- 12:00pm	ID 303
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Don't be late for this very important date! Enjoy projects inspired by Alice in Wonderland including: Drink Me bottles oil pastel, teacup zentangle watercolor, Cheshire cat painting, door knob air clay and more.

ERS \$179 | R \$195 | NR \$209 | 3 Days

POTTERY DESIGN CAMP 5 YRS+

HOLLAND ELEMENTARY SCHOOL

Indi Studio	M-F	9:00am- 3:30pm	ID 384
		3.30pm	

Camp is a great way to spend a week getting to know the art of ceramics, while meeting new friends and fellow artists. Each day begins with a new lesson on hand building, followed by a guided project incorporating the new technique taught. In the afternoon, there will be a variety of stations available for campers to choose from, offering a wide range of jewelry and pottery projects. All terra cotta projects will be glazed by the participants and then taken back to INDI Studios at the end of the week to be fired. All pieces will be available for pick up within 10 days from the last day of camp. Please bring a lunch (nut-free), light snack and drink. All supplies are included.

ERS \$420 | R \$465 | NR \$490 | 1 Week

DANCE & THEATER

Dance camp 4-6, 7-9, 10-12 YR\$

NEWTOWN TOWNSHIP ADMIN BUILDING 100 MUNICIPAL DRIVE, NEWTOWN

Kelli	M-F	6/23-6/27	9:00am-	ID 249
Robbins		8/11-8/15	12:00pm	ID 250

Learn short fun routines as you experience creative dance: ballet, jazz, hip hop, tap and acrobatic/tumbling. Please bring a drink and snack.

R \$110 | NR \$125

PRESCHOOL DANCE CAMP 3-6 YRS

NEWTOWN TOWNSHIP ADMIN BUILDING 100 MUNICIPAL DRIVE, NEWTOWN

	10:00am- 12:00pm	ID 248
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Join us for this magical, fun and imaginative Preschool Dance Camp! From our favorite movie themes and more. Feel free to sing along during this week's adventure! Please bring a drink and snack.

R \$99 | NR \$114 | 3 Days



HOLLAND ELEMENTARY SCHOOL

Charis Duke and Dom Conte	M-Th	6/23-6/26	9:00am-4:00pm	ID 387
	F	6/27	12:00-9:30pm	

Join us at Young Performer's Collaborative for a fun-filled week of singing, dancing and creating! This summer we will be performing Dear Edwina, Jr! Edwina Spoonapple is a thirteen-year-old problem solver who dishes out advice on her weekly radio show with the help of her neighborhood friends, and a little song and dance. Dear Edwina, is a heartwarming musical about the joys of growing up, from the creators of Junie B. Jones The Musical. The many supporting roles in this musical give lots of opportunity for many cast members to have a moment in the spotlight! *Auditions are strongly recommended and a requirement for anyone who is seeking a role. Auditions due via video by May 18th. Details will be sent after registration. Must be registered to audition. REFUND OR CREDIT REQUESTS CANNOT BE HONORED AFTER CASTING*

Friday June 27 will be a dress rehearsal followed by a performance for family and friends at 7 pm.

ERS \$440 | R \$480 | NR \$550 | 1 Week

*includes t-shirt, costumes and free admission to the show for friends and family

SPECIALTY CAMPS - SPECIAL INTEREST

PLAY-WELL LEGO CAMPS 5-7 YRS

Play-well M-F 7/7-7/11 Adventures in STEM

Engineering*

*NORTHAMPTON TOWNSHIP RECREATION CENTER

7/28-8/1 Wildlife Wonders 8/18-8/22 Minecraft

ADVENTURES IN STEM using LEGO® Materials: Let your imagination

run wild with tens of thousands of LEGO® parts! Build engineer-

designed projects and use special pieces to create your own unique

designs! Projects are rotated seasonally to ensure that both new and

returning students can explore the endless creative possibilities of the

WILDLIFE WONDERS using LEGO® Materials: Design and build your

way through the animal kingdom, from sea to safari, using tens of thousands of LEGO® parts. With the guidance of an experienced Play-Well instructor, you'll recreate diverse habitats while crafting animals

MINECRAFT ENGINEERING* using LEGO* Materials: Venture into the world of Minecraft in our unique LEGO[®] experience. Get ready to build your base, craft your tools, use your Minecart to harvest raw resources, and battle to stop the Ender Dragon from ending the world. Come explore the endless possibilities of LEGO® with a trained Play-Well instructor. *At Rec Center

in their natural surroundings. Your animal adventure awaits!

PLAY-WELL LEGO CAMPS 7-12 YRS

HOLLAND ELEMENTARY SCHOOL AND

HOLLAND ELEMENTARY SCHOOL AND

LEGO[®] building system.

GEOVENTURES

WILD ABOUT ART 6-10 YRS

HOLLAND ELEMENTARY SCHOOL

The best art is made where the wild things are. This camp brings together an exploration of nature with a chance to be a creator. We'll learn about using natural materials to make paintings, sculptures, pressed art and more. Everyone, from beginners to passionate young artists, are welcome to grow wild about art with us!

ERS \$350 | R \$363 | NR \$390 | 1 Week

SPY TRAINING 7-12 YRS

HOLLAND ELEMENTARY SCHOOL

Geoventure Staff	M-F	6/23- 6/27	9:00am- 3:00pm	ID 358
Starr		6/2/	3:00pm	

Become an expert in the art of disguise, codebreaking, surveillance, stealth and leaving no trace. As a team, you and the other cadets will solve crimes, navigate obstacle courses and try to discover the double-agent. Join us for unforgettable skills and mystery! Please bring your lunch. Wear comfortable

shoes and dress for activity and the weather.

ERS \$350 | R \$363 | NR \$390 | 1 Week



SPANISH LANGUAGE CAMP 4-7 YRS

HOLLAND ELEMENTARY SCHOOL

Laura Nicholas		 ID 506
	-/-	

Join us for a fun and interactive Spanish language camp where your child will immerse themselves in the vibrant world of Spanish-speaking cultures! Through engaging activities like songs, games, storytelling, arts and crafts, and more, kids will learn to speak and understand Spanish in a natural and enjoyable way.

Whether your child is a beginner or already has some experience, this camp will help them build confidence and excitement in using Spanish. iVamos a aprender y divertirnos! (Let's learn and have fun!)

ERS \$300 | R \$325 | NR \$350 1 Week



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*NORTHAMPTON TOWNSHIP RECREATION CEN-7/7-7/11 STEM Explorations 1:00pm-ID 363 4:00pm 7/28-8/1 Animal Master ID 364

9:00am-

12:00pm

ID 360

ID 361

ID 362

ID 365

STEM EXPLORATIONS using LEGO* Materials: Master your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore vour craziest ideas.

ANIMAL MASTER ADVENTURES with LEGO® Materials: Be inspired by the natural innovation and engineering of the animal world and tens of thousands of LEGO[®] parts! Design and build fluttering butterflies, stomping elephants, and fierce Tasmanian devils. Apply real-world mechanical engineering concepts as you design, build, and explore your craziest ideas.

POKÉMON MASTER ENGINEERING* using LEGO* Materials: LEGO* Master, I choose you!! In the race to be crowned the Ultimate Pokémon Champion, we need your help! Learn to build your favorite Pokémon, level up by teaching them special moves, evolve them into more powerful versions, and come face to face with the current champion in an epic battle for the title. Learn from our Play-Well Pokémon Masters so you can make it to the top! *At Rec Center

360-365: ERS \$189 | R \$207 | NR \$245 | 1 Week

SPECIALTY CAMPS - SPORTS

ARCHERY

USA ARCHERY SUMMER CAMP 6-12, 13-17 YRS

CLARK NATURE CENTER

Shooting	M-F	6/23-6/27		ID 366
Star Archery		7/14-7/18	12:00pm	ID 367
Academy		8/11-8/15		ID 368

Get in touch with your inner warrior learning the family friendly, lifetime sport of ARCHERY! Connect with nature and our ancestors in what just may become the beginning of your child's love for outdoor recreational adventures! This ½ day week long camp is geared for archer's with skill sets from beginner through advanced. Archers will not only learn range safety, shooting techniques and how to successfully hit targets but will also enjoy the following activities: Moving balloon targets, 3-D targets, making our own target faces & quivers! At the end of the week archers will shoot in a real tournament for score and each archer will receive a bronze, silver or gold medal! S.S.A.A. will provide certified archery instruction and state of the art archery equipment including traditional recurve bows and genesis compound bows

R \$286 | NR \$329 | 1 Week

BASKETBALL

BASKETBALL CAMP 7-12 YRS

NORTHAMP	TON	TOWNSHIP	RECREATION	CENTER CENTER
	1	1	1	1

	9:00am- 12:00pm	ID 376
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This co-ed camp will help players improve ball-handling, shooting, passing, footwork and defensive techniques. Campers have the opportunity to compete in 3-on-3 and 5-on-5 games and numerous shooting competitions. Designed to be challenging and fun for children of all ages and skill level.

ERS \$160 | R \$176 | NR \$199

CHESS CAMP 5-12 YRS



Chess		9:00am-12:00pm	ID 385
Wizards	7/25	12:00pm- 3:00pm	ID 386

Chess Wizards has been teaching the game of chess since 2002. Join us this summer for tons of challenging chess lesson, exciting games and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camp includes fun team chess games (Like Corner Chess), recess time (of course), snacks, tournaments and puzzle folder. We include all of the materials necessary for your child to participate. Each child will receive a trophy, chess wizards t-shirt, chess wizards folder and chess puzzle workbook. If staying Full Day please bring your lunch and beverage.

HALF DAY: ERS \$273 | R \$300 | NR \$335 | 1 Week FULL DAY: ERS \$425 | R \$467 | NR \$530 | 1 Week

	GOLF		
		NTRY CLUB	
		UB	
M-Th	6/23- 6/26	1:00-4:00pm	ID 379
F (rain makeup)	7/14- 7/17		ID 380
	7/28- 7/31		ID 381
	PTON VALLE M-Th F (rain	AMPTON VALLEY COUAMP 8-16 YRSIPTON VALLEY COUNTRY CLM-Th6/23- 6/26F (rain makeup)7/14- 7/17	PTON VALLEY COUNTRY CLUB M-Th 6/23- 6/26 1:00-4:00pm F (rain makeup) 7/14- 7/17 1:00-4:00pm

Teaching professional John Petrie will help your junior golfer grow by teaching techniques to improve their skills and install responsibility, acceptance, maturity, and patience - both on and off the course - all while having fun! Participants will develop a desire for the game, learn and enjoy the course outside! Fridays are reserved as a make up day in the event of rain. Register for one or multiple weeks - spots fill fast! Golf Attire Required!

8/11-8/14

ERS \$300 | R \$310 | NR \$325 | 1 Week

CHEER

CHEER CAMP 7-12 YRS

HOLLAND ELEMENTARY SCHOOL

Jump Start Sports	M-F	, ,	9:00am- 12:00pm	ID 377
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Jump Start Sports cheerleading camp enables children ages 7-12 to have a blast while being physically active learning a variety of cheers, jumps, kicks and movements. They also play fun and active cheerleading games and learn routines to perform on the last day.

ERS \$160 | R \$176 | NR \$199





Stephen Kirby REALTOR®

FOX & ROACH, REALTORS"

721 Skippack Pike, Suite 100 Blue Bell, Pennsylvania 19422 215 542 2200 Business 267 342 4123 Cell 215 542 2222 Fax steve.kirby@foxroach.com www.stevekirby.foxandroach.com

R A member of the tranchise system of BHHAMBates, LLC



ID 382

GYMNASTICS

TINY TUMBLES GYMNASTICS 5-11 YRS

HOLLAND ELEMENTARY SCHOOL

 Trinity Golden
 M-F
 7/14-7/18
 9:00am-12:00pm
 ID 378

Learn gymnastics fundamental or level up with new skills, tackle tricky obstacle courses, and participate in exciting group games and fitness challenges

ERS \$225 | R \$250 | NR \$285 | 1 Week

MULTI-SPORT



COLLEGE DAYS 6-12 YRS

HOLLAND ELEMENTARY SCHOOL

Jump	M-F	7/21-	9:00am-12:00pm	ID 388
Start Sports		7/25	9:00am-3:00pm	ID 389

Have a blast learning about playing a wide variety of college sports including flag football, basketball, soccer and more. Make a college pennant and t-shirt and wear your college's colors to cheer for your school!

388: R \$160 | NR \$185 ½ day 389: R \$210 | NR \$240 Full Day

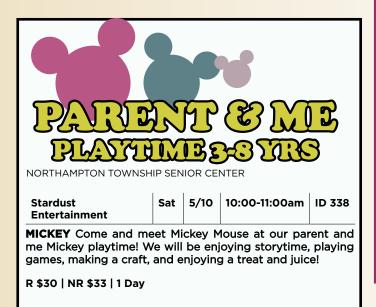
FIELD DAYS 6-12 YRS

HOLLAND ELEMENTARY SCHOOL

Jump Start Sports	M-F	8/4- 8/8	9:00am-12:00pm	ID 390
300113		0,0	9:00am-3:00pm	ID 391

Everyone remembers Field Day! Summer Fun culminates with traditional field day games including scooter races, throwing and running games and all types of events in this fun-filled format designed to leave them loving to be active.

390: R \$160 | NR \$185 ½ day 391: R \$210 | NR \$240 Full Day



TENN'S

"My daughter enjoyed the class and was excited about learning about tennis."

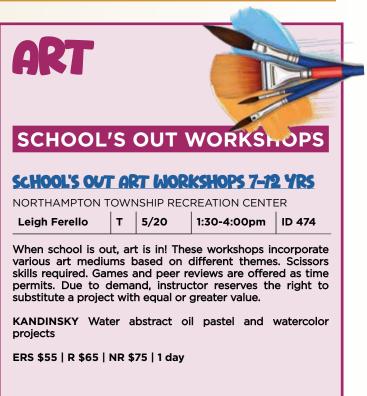
SUSAN BOWMAN TENNIS CAMP 7-15 YRS

RECREATION CENTER TENNIS COURTS

Susan M-Th Bowman Tennis Staff <i>makeup</i>)		6/23-6/26	9:00am- 11:30am	ID 369
	makeup)	7/7-7/10		ID 370
		7/14- 7/17	-	ID 371
		7/21-7/24		ID 372
		7/28-7/31		ID 373
		8/4-8/7	-	ID 374
		8/11-8/14		ID 375

Grab your tennis racket and get ready to play! Whether you're a beginner, intermediate, or advanced player, Northampton Township's Tennis Camp will help you improve your game! Each day players will receive personal attention and will be taught in an enthusiastic, encouraging atmosphere. Participants will learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. Space is limited. Register Today!

ERS \$180 | R \$198 | NR \$225 | 1 Week



DATE ON AN NORTHAMPTON SWIM CLUB

Northampton Valley Country Club 299 Newtown Richboro Road Richboro, PA 18954

BOOK YOUR SPLASH PARTY! LIMITED DATES AVAILABLE

and a subsection of the subsec

Mon-Fri evenings June-August

Welcome to Northampton Swim Club! Located on the scenic grounds of Northampton Valley Country Club. Our Swim Club operates Monday through Friday only, primarily supporting our summer camp program. But great news — Swim Club Memberships are available!

With a variety of membership options designed for individuals, families, and all age groups, there's a perfect fit for everyone to stay cool at the pool this summer!

MEMORIAL DAY- AUGUST 29, 2025	RESIDENT RATE
SINGLE MEMBERSHIP 14 YRS+	
Proof of age required	
Parental permission required for ages 14-18 attending alone.	\$330
SENIOR MEMBERSHIP 62 YRS+	
• For individuals age 62+ or couples where both are age 62+	SINGLE: \$210
	COUPLE:
FAMILY MEMBERSHIP	\$360
	FAMILY OF:
• For those residing at the same address on a permanent basis.	2: \$625
Must include at least one adult (18+).	3: \$805
One additional caregiver (18+) can be added.	4: \$925
No charge for children under 2 (add a free Toddler Membership	5: \$985
during registration)	6: \$1,040
JUNIOR MEMBERSHIP 5-13 YRS	
Not included in a Family Membership.	
Ideal for swim team athletes or children with multiple caregivers.	
 Must attend with an adult member or caregiver (18+). 	
Non-member caregivers must pay a guest fee unless attending swim	
practices or meets.	\$330
TWILIGHT FAMILY MEMBERSHIP (RESIDENTS ONLY)	
• Access during Twilight Hours (4:30-7:30 PM, June 17-Aug 16).	
• BONUS: Includes full access during Early Season and Late Season.	
• Early entry (before Twilight hours) is \$5 per member, per visit.	
Proof of residency required.	
Swim Team participation not included.	\$430

*Non-residents, add \$30 to listed fees!

QUESTIONS?

MEMBERSHIP/REGISTRATION Derek Giannetti dgiannetti@nhtwp.org 215-357-6800 x211

SWIM TEAM Coach Geoff Boodey gboodey@gmail.com MEMBERSHIP OVERVIEW

- Registration is ongoing and must be completed online to sign applicable waivers.
- Membership is open to all, with special discounts for Northampton Township residents.
- Membership age is determined as of the first day of the season, May 26, 2025.

ONSITE SNACK BAR

with additional food orders available through Tavern On Ten

MEMBERS-ONLY SEATING AREA

with tables/chairs, umbrellas, and lounge chairs

ONSITE GAGA, BEACH VOLLEYBALL, AND BASKETBALL COURTS!



SWIM TEAM PARENT ASSOCIATION NSTOttersBoard@gmail.com

YOUTH GROUP SWIM LESSONS START JUNE 17!

Lessons are taught by experienced American Red Cross certified Lifeguards. With a 1:6 or less Instructor:Swimmer ratio, your child will develop skills that will last a lifetime! Classes meet Monday through Thursday in two week sessions, for a total of 8 classes.

NOTE TO PARENTS If the desired session is full, please add your child to the waitlist. Additional sessions may be added once sufficient children appear on the waitlist. Be sure to check out the Swim Lesson Parent Information on line!

DISCOUNTED RATES AVAILABLE Sign up for 3 or more sessions in the same transaction, save \$5 per session. Offer valid for any child(ren) living in the same household. Enter **PROMO CODE**: 3+25Lessons

Parents of NTPR Summer Campers who are not already Swim Club members, enter **PROMO CODE: Camper25Lessons** to receive an additional \$10 off session.

SESSION DATES

JUNE 16-26 | JULY 7-17 | AUGUST 4-14

Swim Club Member or NTPR Camper \$85 Resident Non-Member \$95 Non-Resident Non-Member \$105

PRIVATE & SEMI-PRIVATE

Designed for individuals infant through adult who are not available for group lessons or may need or desire additional, individual support or instruction. Lesson are 30 minutes and available for all ages, infant through adult.

PRIVATE LESSONS \$35 each, 1 instructor and 1 swimmer.

SEMI-PRIVATE LESSONS \$50 each, available for 1 instructor and 2 swimmers; however, those swimmers must be of similar age and equal skill and ability.

INTERESTED? Complete the pre-registration form on-line and you will be contacted after June 2 for individual scheduling and payment. Bundled discounts are available for the best value!

NEED ASSISTANCE SELECTING THE RIGHT LEVEL? CONTACT OUR OFFICE AT 215-357-6800 X211

2025 SWM CLUB HOURS

MEMORIAL DAY, MONDAY, MAY 26 1-5 PM

EARLY SEASON: JUNE 2-13 4-7 PM WEATHER PERMITTING (CLEAR AND 70°F BY NOON)

PRIME SEASON: JUNE 16-AUGUST 15 NOON-7:30 PM

LATE SEASON: AUGUST 18-AUGUST 29 NOON-7 PM

GUEST FEES

- Single-Visit Guest Fees:
 - Before 4:30 PM: \$10/guest; After: \$5/ guest
- Guest Punch Cards MEMBERS ONLY:
 - \$40 for a 10-Punch Card
 - 2 punches before 4:30PM; 1 punch after 4:30 PM
- Non-member Guests FRIDAYS ONLY 4:30 PM-Close
 - \$15 per guest
 - All non-member guests under 18 MUST be accompanied by an adult

GUEST POLICIES

- Guests must be accompanied by a club member.
- Ages 14-18 may sponsor one guest (14+) per visit.
- Special event fees may apply.
- No rain checks or refunds.



ALL LEVELS WILL FOCUS ON WATER SAFETY

3:45-4:15 PM TINY TOTS Each child registered for this class must be accompanied in the water by an adult. Instructor will interact individually with the child participants and provide guidance to the accompanying adult for reinforcement of techniques presented. The focus of this class will be gaining confidence around the water and floating. APPROVED SWIM DIAPERS MUST BE WORN.

4:30-5:00 PM PRE-BEGINNER Children must be at least 4 years old to be registered for this class. Focus will be on comfort with getting face wet and submersion, floating, gliding and kicking on front and back, with support.

5:15-5:45 PM BEGINNER 1 Children must be at least 5 years old to be registered. Participants must be comfortable getting face wet and submerging under water, be able to float and glide, with support, on front and back. Focus will be on floating and gliding without support progressing to Freestyle and Backstroke with support.

4:30-5:00 PM BEGINNER 2 Children must be at least 6 years old for this class and be able to float and glide on front and back, without support. Freestyle with breathing to the side and Backstroke without support will be taught. Swimmers will be introduced to deep water, practicing treading water and increasing endurance to successfully complete the Deep Water Swim Test.

5:15-5:45 PM ADVANCED Participants must be able to swim Freestyle, breathing to the side for 1 width of the pool and have successfully completed the Deep Water Swim Test to register. All strokes will be reviewed. Focus will be on treading water for 1 to 2 minutes and diving from the side of the pool. Breaststroke and Butterfly stroke will be introduced. While this remains a group lesson, classes will be tailored to the individual participant's strengths and fine tuning each stroke.

NORTHAMPTON SWIM TEAM



NORTHAMPTON OTTERS WIN BUB MEARS SPORTSMANSHIP AWARD 4 YEARS IN A ROW!

Northampton Swim Team, a member of the Lower Bucks Swim League, is a competitive summer swim program that provides an excellent recreational athletic activity for children and teens age 5- 18. We're so excited to announce that Geoff Boodey will be returning for his 10th season as Head Coach of the Northampton Otters!

SUMMER SEASON BEGINS JUNE 2! Practice Mon-Thu, by age group, between 4:45-6:45PM

JUNE 23

Practices switch to mornings, by age and skill level, between 8-10:15AM. Swimmers must attend at least 2 practices per week. Meets are held on Tuesday and Thursday evenings, usually 6 per season. Warm ups at 5:45PM, ending around 9:30PM.

> Season concludes with League Finals in early August

Exact schedule is available in April.

REGISTRATION INCLUDES 2 PARTS

1) Select the Swim Club Membership that fits your needs (Junior, Single, Family), fees vary based on family size and date of registration. Sign up early and SAVE!

2) Register each swimmer for NST Parent Association, \$60 per swimmer. This is not an additional Township Fee, NTPR collects this fee as a service to the Swim Team. Fee covers LBSL insurance, team events, awards, etc.

FOR MORE INFORMATION www.northamptonrec.com

MEMBERSHIP dgiannetti@nhtwp.org

PRACTICES & MEETS gboodey@gmail.com

SWIM TEAM PARENT ASSOCIATION NSTOttersBoard@gmail.com





AQUA EXERCISE MEDLEY

Participants will move through four 15-minute exercise intervals, starting with three intervals of aerobic movement using pool noodles and water weights. The fourth and final interval will focus on soothing stretches and deep breathing exercises.

AQUA SHALLOW/DEEP WATER AEROBIC INTERVALS

Participants will move between shallow (3 ft) and deep (5 ft) water during four 15-minute exercise intervals to get your heart pumping and increase strength and endurance. Pool noodles will be used to remain suspended vertically in deeper water so there is no impact on joints. The fourth and final interval will take place in shallow water and will focus on soothing stretches and deep breathing exercises.

COMBINE BOTH EVENING CLASSES FOR A TOTAL BODY WORKOUT AND SAVE!

Exercise Medley	м	6/16-7/14	5:30-6:30pm	ID 465
		7/21-8/18	_	ID 466
Aerobic Interval	w	6/18-7/16		ID 467
		7/23-8/20	-	ID 468
Medley & Interval Combo	M & W	6/16-7/16	-	ID 469
		7/21-8/20		ID 470

ERS \$55 | R \$60 | NR \$66 | 5 weeks 469-70 ERS \$99 | R \$108 | NR \$118 Drop in fee: \$15



DANCE & MUSIC

BALLET & TAP

BALLET FOR TOTS 3-5 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	Th	6/12-7/10 no 7/3	5:00-5:45pm	ID 258
		7/31-8/28		ID 259

Ballet for Tots offers the ideal introduction to dance, covering ballet basics in a warm, friendly atmosphere with an experienced instructor. This class not only helps you determine your child's interest in dance but also enhances rhythm, balance, flexibility, and posture.

258: ERS \$45 | R \$49 | NR \$59 | 4 Weeks 259: ERS \$59 | R \$69 | NR \$79 | 5 Weeks

BALLET/TAP COMBO 5-7 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	Th	6/12-7/10 no 7/3	5:45-6:30pm	ID 261
		7/31-8/28		ID 262

Ignite petite feet with proper ballet technique and vocabulary. This class teaches fundamental movements in sequences set to music, fostering confidence and improving rhythm, balance, flexibility, and posture - all in a fun environment.

261: ERS \$45 | R \$49 | NR \$59 | 4 Weeks 262: ERS \$59 | R \$69 | NR \$79 | 5 Weeks



INTRO TO BOHO FUSION BELLY DANCING 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Cate McBride	м	6/2-7/23 no 6/23	6:30-7:30pm	ID 258
ricbride				

Ready to get moving and elevate your dance skills? This 8-week intro technique class is the perfect start for dancers of all styles! This Fusion Belly Dance class is a contemporary style of belly dancing, combining elements from various dance styles from around the globe where dancers can creatively explore the boundaries of traditional dance.

Each week, you'll break down key techniques to be able to put them together with clear, easy-to-follow instruction. We'll focus on mastering the basics, building on them each week with a stackable combo at the end of class to bring it all together.

Feel confident, express your unique style, and take your dance to the next level—one technique at a time. Sign up now, and let's dance our way to a new you! Dance shoes (ie. ballet slippers, jazz shoes etc.) yoga socks are encouraged or barefoot.

ERS \$129 | R \$141 | NR \$161

LINE DANCING

LINE DANCING 18+

*NORTHAMPTON TOWNSHIP FIRE STATION 83

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	м	6/23-8/25*	12:30- 1:20pm	ID 323
Certifiea				

Have fun while experiencing the physical, mental & social benefits of line dancing. A variety of line dance styles are incorporated to create a fun, easy-to-learn dance class. Modifications are given for participants of various fitness and skill levels.

ERS \$117 | R \$129 | NR \$147 | 10 Weeks



BEGINNER LINE DANCING 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Jeremy Duncan	м	5/12-7/7 no 5/19, 5/26, 6/23	ID 253
		7/21-8/18*	ID 254

Get off the Couch and Come Dance with Us! No experience necessary! Join Jeremy for beginner line dance class. This is a great way to get some exercise and learn how to dance!

254: \$50 | 5 Weeks 253: \$60 | 6 Weeks

NEW! IMPROVER LEVEL LINE DANCING 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Jeremy Duncan	т	6/10-7/15	6:00-	ID 507
		7/22-8/26	7:00pm	ID 509

Get off the Couch and Come Dance with Us! Join Jeremy for an improver level line dance class. This is a great way to get some exercise and learn some new dances!

Improver level is for people who have some experience with line dancing and already know the lingo. We will be learning fun and popular dances that require prior familiarity with line dancing.

BEGINNERS ARE ENCOURAGED TO SIGN UP FOR THE MONDAY NIGHT BEGINNER CLASS

The 6th session will be a chance for you to use what you've learned with line and partner dancing following the lessons until 9pm. This dance party is included with the purchase of the 6 week lesson series, but if you or your friends just want to come this night to join in the fun, it will be \$10.

\$60 | 6 Weeks



EDUCATIONAL



PROFESSIONAL DEVELOPMENT: CERTIFICATES AND COURSES

Northampton Township Parks and Recreation has partnered with Learning Resource Network (LERN) to provide you with the UGotClass series of online courses and certificates. Learn and collaborate with experts in their fields, right from your home or office! UGotClass expert instructors log into the classroom regularly to chat with you in the discussion area, post audio-visual presentations, and provide you with helpful readings. Find a program to fit your needs today!

ONLINE COURSES MAKE PARTICIPATION EASY

It is easy to participate in your online course. After you register, you will be given a web address to go to get into your online classroom. You will create a password and use your email address and password to gain access. The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings. You decide when you participate. For the best learning, participants should log into the course on 2-3 different days of the week.

For each Unit, you will:

1. Read the print readings (about 20 pages a week)

2. Listen to the audio presentation for the Unit and view the slides

3. Take a self-quiz to see how much you have learned

4. Engage in written online discussion with your instructor and other participants

The content (readings, audio lectures, slides) and self quizzes are accessible for the entire course, so you can work ahead, or go back and review again, at your convenience. Each Unit has a self-quiz.

SEE NORTHAMPTONREC.COM FOR FULL DETAILS AND REGISTRATION INFO

Al • Basic Game Design • Basics of Bookkeeping Conversational Spanish • Customer Service Cyber Security • Data Analysis • Digital Marketing Effective Grammar • Entrepreneurship • Management Mastering Computer Skills for the Workplace Mastering Excel • Mastering Video Marketing Online Teaching • Quickbooks Online • Podcasting Social Media for Business • Wordpress Workplace Communication

CPR/FIRST AID

AHA HEARTSAVER CPR/AED/FIRST AID 15+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jay Colella	S	5/10	9:00am-1:00pm	ID 264
		8/30		ID 265

Learn the skills needed to recognize cardiac arrest, get emergency care on the way quickly, and help a person until EMS arrives. This course teaches students information needed to respond to and manage illnesses and injuries in an adult in the first few minutes until professional help arrives. Heartsaver First Aid teaches you the basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform life saving skills.

ERS \$85 | R \$95 | NR \$105 | 1 Day



NORTHAMPTON TOWNSHIP MUNICIPAL PARK PAVILION 2

Donna Meszaros	s	6/7 - 7/12 no 7/5	10:00-11:30am	ID 336
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Positive reinforcement based techniques will be taught using food, toys and affection as a reward. This Canine Good Manners group course will cover topics such as eye contact, position changes (sit, down and stand), leash skills, come/recall, house training and so much more! Each dog should be at least 2 months old, accompanied by an adult (18+) and we highly recommend all age appropriate vaccines be administered prior to your first class (please check with your Veterinarian for guidance). Older dogs are welcome. Instructor reserves the right to remove a dog from the class at her discretion.

ERS \$200 | R \$219 | NR \$235 | 5 Weeks

DR	IVER'S ED	
ONLINE THEORY (14-18 YRS	RIVER'S EDUC	AITON //
VIRTUAL		// 🔰
John's Driving School	self-paced	ID 035

John's Driving School's 30 Hour Online Driver's Education: PA S.P.I.D.E.R. Course by IMPROV is approved by the PA Dept. of Education. Powered by S.P.I.D.E.R., a proprietary method developed by the world's top behavioral and driving experts, this course provides a simple set of tools that will help new drivers make safer choices and avoid collision.

Once registered John's Driving School will email access to the 13 Chapter/30 Hour Course. Upon course completion and passing the final exam the Certificate of Completion will be emailed by John's Driving School! Call John's Driving School directly for more information and/or to arrange for "in-car" behind-thewheel instruction at 215-295-8014!



CARDIO/STRENGTH

CARDIO SCULPT 18+

*NORTHAMPTON TOWNSHIP FIRE STATION 83

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	F	6/27 -8/29 no 7/4	11:30am- 12:30pm	ID 329
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Cardio Sculpt combines intervals of low-impact aerobics with upper and lower body strengthening exercises, ending with core work and a deep stretch. Participants can expect to improve muscular strength, cardiovascular endurance, core stability and flexibility.

A strong emphasis is placed on mindfulness, proper form, and breathing. Modifications are given for all fitness levels. For questions, please contact Tiffany Fite at fite.fitness@verizon.net

ERS \$117 | R \$129 | NR \$147 | 9 Weeks

CORE, STRENGTH, BALANCE & STABILITY 18+

*NORTHAMPTON TOWNSHIP FIRE STATION 83

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	м	6/23 - 8/25	1:30-2:30pm	ID 325
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Improve static and dynamic postural alignment, core strength, balance, and stability by performing specific exercises that target these systems. Participants can expect to improve functional fitness while reducing injury and fall risk. Modifications will be given for all fitness levels.

ERS \$130 | R \$143 | NR \$162 | 10 Weeks

TOTAL BODY FITNESS 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Gina DiFebbo AAAI Certifica- tions in Group Fitness, Cardio Kickboxing, Strength and Personal Training	м	5/19 - 6/30 no 5/26 7/14 - 8/18	6:00-7:00pm	ID 295 ID 298
	w	5/14 - 6/18		ID 296
		7/16 - 8/20		ID 299
	M &	5/19 - 6/30 no 5/26, 6/25		ID 297
	w	7/14 - 8/20		ID 300

A fun and effective program that combines high and low impact aerobics, upper and lower body sculpting and abdominal toning. Bring a mat/towel and hand weights.

295-296 & 298-299: ERS \$72 | R \$79 | NR \$90 | 6 Weeks 297 & 300: ERS \$130 | R \$142 | NR \$162 | 12 Sessions



TAI CHI

TAi CHi 18+

NORTHAMPTON TOWNSHIP WETZEL PAVILION AT THE MUNICIPAL PARK*

Story Biddle	Т	6/17-7/22	10:15-11:15am	ID 287
		8/5-8/26		ID 291
	Th	6/12- 7/17		ID 288
		7/31 -8/28		ID 292
	Th	6/12 - 7/17	6:30-7:30pm	ID 289
		7/31 - 8/28		ID 293
	Т&	6/12 -7/22	/12 -7/22 10:15-11:15am	
	Th	7/31 - 8/28		ID 294

Take time for yourself and calm your mind, body and spirit in a low-impact environment for all fitness levels. Emphasis on fluid movement and a full, pain-free range of motion that is specifically designed to manage stress, and wash your anxiety away, while developing muscle tone, building bone density, and improving your balance and flexibility. Our Tuesday class is appropriate for those with some exposure to Tai Chi, the Thursday class provides an introduction geared toward beginners.

*Bad weather or excessive heat class will be held inside Station 83 Firehouse at Hatboro and New Road

ERS \$43 | R \$47 | NR \$54 | 4 weeks ERS \$54 | R \$59 | NR \$67 | 5 weeks ERS \$65 | R \$72 | NR \$83 | 6 weeks ERS \$87 | R \$95 | NR \$109 | 9 sessions ERS \$117 | R \$129 | NR \$147 | 12 sessions

> Wanina Dance?

Check out page 15 for our awesome adult dance programs!





VIRTUAL PILATES

"Excellent instructor - and convenience of Zoom (can do when away from PA) plus flexibility in provision of links to recorded sessions when I can't attend at the scheduled time""

ViRTUAL PILATES 18+

ONLINE

PILATES 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER AND * NORTHAMPTON TOWNSHIP FIRE STATION 83

Barbara Cavanaugh	w	5/14-6/18	10:00-11:00am	ID 310
AM				
		7/16- 8/20*		ID 311

Pilates focuses on strengthening the upper and lower body, abdominal muscle, lower back, and buns. Pilates is designed to give your suppleness, natural grace and skill. Bring a MAT!

Jenny Hidalgo	т	6/17-7/22	7:00-8:00pm	ID 281
<u>PM</u>		8/5-8/26		ID 282

Focus on strengthening your upper and lower body, abdominal muscles, lower back and buns. Your body will create the challenge to improve your core stability by strengthening your core, lengthening your body, and improving your posture. Register now and work your way to feeling Leaner. Calmer. Stronger.

ERS \$76 | R \$84 | NR \$95 | 6 Weeks 282: ERS \$51 | R \$56 | NR \$64 | 4 Weeks

Marion McNulty	м	5/5 - 6/23 no 5/26	9:30-10:30am	ID 304
	w	5/7-6/25 no 5/28		ID 305
	M & W	5/5 - 6/25 no 5/26, 5/28		ID 306
	м	7/7-8/18		ID 307
	w	7/9-8/20		ID 308
	M & W	7/7-8/20		ID 309

Start your morning from the comfort of your own home with Pilates, the perfect compliment to your routine! Focus on strengthening our upper and lower body, abdominal muscles, lower back and buns. Build strength and stability, improve your flexibility and lower your risk of injury. Start your journey to feel Leaner, Calmer, Stronger. Classes are recorded and are provided to registered participants for 1 week after classes.

\$82 | 7 weeks 306 & 309: \$148 | 14 sessions

TRAMPOLINE FITNESS

"Such a fun trampoline workout! The energy is awesome, and it's perfect for all ages everyone can jump in and have a great time, Maureen is awesome!"



TRAMPOLINE FITNESS

JUMP TRAMPOLINE FITNESS 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Maureen Schoenfeld	w	6/11- 7/16	6:30-7:15pm	ID 271
Certified Group Fitness & JUMP Certified		7/30- 8/27		ID 526

Say farewell to those achy joints and HELLO to a fun new way to reach your fitness goals! This unique approach to exercise is a breath of fresh air, replacing the traditional grind with a funfilled fitness adventure! Get ready for a workout that's not only good for your body but will leave you feeling energized and refreshed.

271: ERS \$79 | R \$89 | NR \$99 | 6 Weeks 526: ERS \$65 | R \$75 | NR \$85 | 5 Weeks



CORE YOGA FLOW 18+

* NORTHAMPTON TOWNSHIP FIRE STATION 83

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	т		1:00- 2:00pm	ID 327
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Improve core strength, balance stability and flexibility while transitioning slowly and smoothly from one movement to the next to reduce stress and promote relaxation. A strong emphasis is placed on mindfulness, proper form and breathing. Modifications are given for all fitness levels: chairs are available for stability if needed. For questions please contact Tiffany Fite (fite.fitness@verizon.net)

ERS \$130 | R \$143 | NR \$162 | 10 Weeks

GENTLE YOGA LEVEL 1 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER AND *NORTHAMPTON TOWNSHIP FIRE STATION 83

Barbara Cavanaugh	Th	6/12-7/17*	9:00-	ID 278
		7/31-8/28*	10:00am	ID 279
Maria Campbell	м	5/19-6/30 no 5/26	6:30- 7:30pm	ID 272
_		7/14-8/18		ID 273

Are you new to Yoga? This class is a beginner yoga class. This calming stress-relieving yoga class teaches you how to stretch and strengthen the body gradually. Emphasis is on building awareness of the breath and the body. Poses and practiced at a slower pace with attention to alignment and detail. Recommended for those new to yoga or working with special concerns. Perfect for the student looking for a gentle experience or those who need a change of pace. Various props will be used for a safe practice and class will end in deep relaxation. Those with medical conditions, please check with your physician if you have any concerns about attending yoga. Please bring a mat, yoga block and water. You may also bring a towel or blanket to assist your practice.

FOR AM CLASSES

*6/12 & 6/19 will be at the Rec. Remaining will be at firehouse. *7/31-8/14 will be held at Fire Station 83. 8/21 & 8/28 will be held at the Recreation Center

ERS \$76 | R \$84 | NR \$95 | 6 Weeks

RESTORATIVE YOGA 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Maria	w	6/11-7/16	6:30-7:30pm	ID 275
Campbell		7/30-8/27		ID 276

Restorative Yoga is a gentle, soothing practice accessible to all. This meditative style focuses on stillness and breath awareness, helping you release tension in both mind and body while being fully supported in each pose. Through Pranayama (breath work), we activate the parasympathetic nervous system, allowing you to identify and let go of tightness. In this 60-minute class, we will explore 5-6 supported poses, including child's pose and heart openers, each held for 3-4 minutes. Poses are practiced in supine, prone, and lateral positions, fully supported by bolsters, blocks, and blankets. This class is perfect for those feeling stressed or overwhelmed. Props are provided, but feel free to bring your own. If using a bolster, please bring a bath-size towel for comfort. Wear warm, non-restrictive clothing, and don't forget your yoga mat and towel!

275: ERS \$76 | R \$84 | NR \$95 | 6 Weeks 276: ERS \$63 | R \$69 | NR \$79 | 5 Weeks

ZUMBA

ZVMBA FIT 18+

NORTHAMPTON TOWNSHIP FIRE STATION 83

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	т	6/24- 8/26*	12:00- 12:50pm	ID 331
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Zumba Fit is geared toward adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on cardiovascular and muscular endurance, balance, range of motion and coordination. Modifications are given as needed. Have lots of fun while experiencing the physical, mental & social benefits of Zumba Fit!

ERS \$130 | R \$143 | NR \$162 | 10 Weeks



SPECIAL INTEREST

ΑΙ

intro to ai

TEVE

VIRTUAL				
Jason Peters	т	6/24	2:00-3:00pm <u>AI for Kids 8-14yrs</u>	ID 537
			6:30-7:30pm <u>18+</u>	ID 538
			10:00-11:00pm 55+	ID 539

AI FOR KIDS Discover the exciting world of Artificial Intelligence in this fun and interactive workshop! Kids will explore how AI shapes everyday life, from smart assistants to creative tools, while learning essential digital literacy and safety skills. Through handson activities like AI art creation, storytelling, and a "spot the fake" challenge, participants will gain a better understanding of AI's potential and risks. This engaging session empowers kids to think critically, stay safe online, and harness AI for creativity.

18+ AI is transforming daily life, from smart assistants to online security risks. This one-hour workshop introduces key AI concepts, practical uses, and potential dangers. Learn how AI can simplify tasks like meal planning, budgeting, and travel while also spotting deepfake scams and misinformation. With hands-on demos and safety tips, gain the confidence to navigate the AI-driven world and protect yourself and your family.

55+ Learn how AI can assist with daily tasks like medication reminders and staying connected, while also protecting yourself from scams. This easy-paced workshop covers AI basics, handson demos, and practical tips to spot grandparent scams, phishing emails, and fraud. Gain confidence in using AI safely and securely in everyday life!

\$25 | 1 Weeks

NEEDLEWORK

INTRO TO KNITTING 10+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	м	5/19	4:45-6:45pm <u>Kids Knitting 10+</u>	ID 347
			7:00-9:00pm Intro to Knitting 16+	ID 348

INTRO TO KNITTING Discover the joy of knitting in our engaging class! You'll learn the essentials: casting on, the knit stitch, and casting off. This is a skill-building session, so while you won't complete a project just yet, you'll gain the foundation you need to start your knitting journey. Plus, your registration includes a lovely set of knitting needles and yarn to take home, so you can keep practicing your new skills. Join us for a fun and creative experience—your next cozy creation awaits!

Instructor: Susana Ash has a degree in Apparel Design and worked professionally in the New York and Philadelphia garment industries. She has a studio in Doylestown and has been teaching needle crafts to all ages for the past 15 years.



GAMES

INTRODUCTORY CANASTA 101 21+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Socialize while learning to play a new card game in 4 easy lessons! Bring your friends! Join the fun! Week 1 = Rules, Basics of Play, Melds, Types of Canastas, Object of Game, Week 2 = Playing the hand, taking the pack, etiquette, Week 3 = Strategies, Week 4 = Scoring, penalties, special hands.

ERS \$75 | R \$83 | NR \$93 | 4 Weeks

INTRODUCTORY MAHJONGG 101 21+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Marsha Freedman			1:00- 3:00pm	ID 267
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Learn to play the American version of the engaging Chinese game of mahjongg. Week 1 - Name of tiles and suits, reading a mahjongg card, picking a hand, Week 2 = dealing, rolling the dice, arranging hand, review picking a hand, Week 3 - Build the walls, breaking a wall, charlestons, joker, rules, gameplay. Week 4 - Passing and calling tiles, courtesy pass, stealing ending the game.

ERS \$75 | R \$83 | NR \$93 | 4 Weeks

NEAL

NUTRITION

LET'S TALK ABOUT YOUR PLATE 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Theresa Prior Dietetic Technician	т	5/20 - 6/24	7:00-8:15pm	ID 535
		6/17		

Confused about what to eat to stay healthy and maintain your weight? Join us for this class which will help you examine the foods on your plate from several nutrition lenses: whole vs. hyper-processed foods, animal vs. plant foods, color and variety, gut-friendly vs. gut-harmful, anti-inflammatory vs. inflammatory, and nutrient-dense vs. calorie-dense. Use these metrics to revolutionize your eating habits to promote health and provide energy to fuel your day.

ERS \$65 | R \$72 | NR \$87 | 5 Weeks





SOUND BATH

CRYSTAL BOWL SOUND BATH RENEW, RESTORE, REFRESH 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Rebecca Zarnawski	S	7/19	10:00-11:00am	ID 355
Reiki Master				

Crystal Singing Bowls work on a vibrational level to help remove stress and tension from the body and mind, while raising your energetic vibration and promoting relaxation, rejuvenation, and healing.

The sound frequencies of each crystal bowl correlates to an energy center in the body to open and cleanse the system on a cellular level, and ultimately raise the vibration of mind and body.

Resting comfortably in a crystalline sound warp, attendees will experience the frequencies and harmonies of crystal singing bowls and settle into an ultra relaxing brainwave state where healing stress relief and relaxation can happen.

ERS \$40 | R \$45 | NR \$52 | 1 Day

CANDLELIGHT REIKI INFUSED SOUND BATH ESCAPE 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Rebecca	s	5/17	10:00-11:30am	ID 356
Zarnawski and Patty Lai Reiki Masters	F	6/13	6:30-8:00pm	ID 357

The combination of Reiki and Sound is a powerful method used to attune your mind, body and spirit to higher frequencies and open up your energy channels (chakras and meridians) to flow freely by removing blockages.

Join us in taking an expansive inner journey immersed in an hour of harmonic crystal bowl sound frequencies for mind, body, and soul healing. All the while, you will also receive the universal energy healing called Reiki from Reiki Master Patty Lai, which will help re-balance the energies in the body to heal itself. See more of this description online.

ERS \$65 | R \$72 | NR \$85 | 1 Day



PART 1 This is a beginners class for anyone interested in the fascinating and esoteric world of Tarot. You'll learn all the meanings of the cards and their symbols, plus various layouts and types of readings. Requirement for the class-HAVE YOUR OWN DECK which should be the Rider-Waite deck since the lessons refer to that particular deck. Always buy a new deck, not used. The class runs for 6 weeks meeting once a week and there is Part 2 for anyone interested in continuing.

PART 2 These classes will continue with new spreads, card combinations, how to figure out someone's career, and focusing on transferring the meaning of one suit to another. It will also begin to focus on symbolism and color. This is mostly as a continuation for people who recently completed Part 1 but is open to anyone who may have general knowledge of the cards and wish to explore further into this mysterious art form and improve their skills. Requirements for the class - HAVE YOUR OWN DECK. If you don't have one I suggest the Rider-Waite deck, the most popular and buy it on Amazon, but a NEW deck, NOT USED!

Teacher, Rober Hazzon, has been reading cards for over 40 years with a significant following and reputation on Facebook. These two classes have been going on at Northampton Parks and Recreation since the Fall of 2023.

ERS \$90 | R \$99 | NR \$113 | 6 Weeks

VOICE OVERS

NOW is YOUR TIME! TRAINING 16+

ONLINE

Lisa Foster	м	5/19	6:30-8:30pm	ID 352
	w	7/9		ID 482

In what will be the most enlightening webinar you have ever taken. Such a Voice professional voice coaches will show you how you can begin using your speaking voice for commercials, films, videos and more. In this introductory class, learn about a unique way to break into this creative, fulfilling and potentially lucrative industry. Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you have been looking for. Participants will be given the opportunity to book a 1-on-1 script read and voice evaluation for the following day. This class is presented in a Zoom format, a link will be sent 24 hours prior to class. All attendees receive a personal voice evaluation included in the fee. If you do not receive the link in your email please check your spam folder.

\$20 | 1 Day

SPORTS



YOUTH BASEBALL

T-BIRDS T-BALL 3-6 YRS

NORTHAMPTON TOWNSHIP RECREATION COMPLEX GRASSY AREA BEHIND DIAMOND 2

		5:30pm or 6:30pm start	ID 395
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A fun and highly instructional introduction to baseball for 3-5 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Sessions are one hour long, one day per week, and include all the instruction and game play in one outing. Jump Start Sports staff coaches provide all instruction. Players receive a Major League Baseball hat, team tee shirt and award. **Parent support/participation appreciated**

Required equipment - Baseball Glove

ERS \$120 | R \$130 | NR \$140 | 6 Weeks

YOUTH BASKETBALL

LITTLE HOOP STARS 4-8 YRS HOOP STARS 6-8 YRS

WELCH ELEMENTARY SCHOOL

Jump Start Sports	w	6/25- 7/30	6:15-7:15pm <i>Little Hoop</i> <i>Stars 4-5 yrs</i>	ID 398
			7:15-8:15pm Hoop Stars 6-8 yrs	ID 399

LITTLE HOOP STARS Discover an interactive basketball program designed specifically for your child. Our sessions integrate learning with fun, focusing on essential skills like dribbling, passing, shooting, positioning, defense, and rebounding. Through engaging activities, young players develop a strong foundation in basketball while enjoying the game in a supportive atmosphere.

HOOP STARS Professional coaches from Jump Start Sports will run this instructional and recreational basketball program. Players are taught the basics of dribbling, passing, shooting and defense in this fun-oriented program.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks

GOLF CLINICS

JUNIOR GOLF CLINIC 7-16 YRS

NORTHAMPTON VALLEY COUNTRY CLUB

Matt Carey	Th	5/15- 6/5	6:15- 7:15pm	ID 392
		7/17- 8/7		ID 525

Skilled instructors will help Junior Golfers grow by teaching techniques to improve their skills while instilling responsibility, acceptance, maturity and patience on and off the course. All while having fun! Teaching professionals Ryan Skierski and John Petrie create a desire for the game of golf as the participants learn and enjoy this great game outdoors!

ERS \$100 | R \$110 | NR \$125 | 4 Weeks

ADULT GOLF CLINIC 17+

NORTHAMPTON VALLEY COUNTRY CLUB

Michael Simone	т	7/15- 8/5	6:15- 7:15pm	ID 523
	w	7/16- 8/6	5:30- 6:30pm	ID 524

Come unwind and improve your skills! Whether you are a beginner or a weekly golfer there is always room for improvement. We will work on all facets of the game irons, woods, short games and putting. Register early....Spots will fill fast.

ERS \$115 | R \$127 | NR \$143 |

4 Weeks





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HOCKEY

ADULT FLOOR HOCKEY 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman	Th	6/5- 8/7	7:30pm- midnight *2 Sundays 6/8 and 6/22 from 4-8pm	ID 403
			from 4-8pm	

Thursday Night belongs to Northampton Adult Floor Hockey! At the start of each season, participants are drafted by team captains, following a scrimmage to show off their skills. Games begin the following week. Registration fills up quickly, and no additional players may join after the completion of the draft. ALL participants must register as a regular player. If a player is drafted as a goalie, the household will be issued a \$25.00 credit.

ERS \$139 | R \$150 | NR \$177 | 12 Weeks

ICE HOCKEY

LEARN TO PLAY ICE HOCKEY 4-12 YRS

NORTHEAST SKATE ZONE

North East Skate Zone	т	5/20-6/24	7:10-8:10pm	ID 497
Staff		7/1-8/5		ID 498

Participants start from square one, learning the basic skills of ice skating, while being introduced to individual ice hockey specific skills (stick-handling, shooting, passing). Set in a fun and nurturing environment, this introductory program provides all participants a comfort level to enjoy their first experience with hockey, while developing the fundamental skills to succeed in the next program progression steps. FREE equipment for first time players. Over \$300 worth of equipment, skates are not included but players can use the rentals at no charge.

\$199 | 6 Weeks



ICE SKATING

LEARN TO SKATE 4-12 YRS

NORTHEAST SKATE ZONE

North East	т	5/13-6/17	6:00-7:00pm	ID 500
Skate Zone Staff	F	6/27-8/8	6:50-7:50pm	ID 501
	т	6/24-7/29	6:00-7:00pm	ID 502

Our Learn to Skate program provides curriculum from Learn to Skate USA and certified passionate instructors. We build solid skill progression to grow self esteem in both children and adults while providing them the resources to reach their hopes and dreams. Each session includes 6 weeks of lessons Each lesson includes 30 minutes of instruction & 30 minutes of practice.

\$176 | 6 Weeks



Kickin' it old school coed kickball League 21+

NORTHAMPTON TOWNSHIP RECREATION COMPLEX DIAMOND 6

	Μ	6/16-7/28	Games scheduled	ID 518 single
			between 6-10pm	ID 519 team

Whether you're in it to win or just here for the laughs, this league brings all the childhood fun with a grown-up twist. Grab your friends, lace up your sneakers, and kick it old school—because recess is back, and it's better than ever.

Top 2 teams compete in a championship game in Week 7

CO-ED TEAM STRUCTURE TEAM COMPOSITION

- Teams must be co-ed, with at least three players of a different gender than the team's majority on the field at all times. A balanced mix is encouraged, but three players from the minority gender is the minimum during play.
- A team found violating this rule during a game will be given a warning, and further violations may result in a forfeit.

WHAT'S INCLUDED

- Team T-shirt Rep your squad in style!
- Umpire Fees Covered Focus on the game, not the calls.
- A Fun & Competitive Atmosphere All skill levels welcome!

SIGN UP SOLO AND WE'LL PLACE YOU ON A TEAM, OR REGISTER AS A FULL TEAM WITH YOUR FRIENDS!

Individual \$81 for season Team (up to 15 players) \$975 for season 6 weeks (week 7 is championship)

GAMES GALORE

""My daughter loved that there was a lot of movement involved in the class and that each week there were new activities."



MARTIAL ARTS

SHOTOKAN KARATE 5+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Sensei Andrew Spivack	т	7/1-7/22	6:00-6:45pm Beginner	ID 492
			6:45-7:30pm ID 493 Adv Beginner 6:00-6:45pm ID 494 ID 494	
		7/29- 8/19	6:00-6:45pm Beginner	ID 494
			6:45-7:30pm Adv Beginner	ID 495

Join Sensei Andrew Spivack at the Rec Center as he teaches traditional Japanese karate. The Shotokan program is dedicated to developing healthy bodies, sound minds, and self-esteem, all balanced with a deep respect for others. The Northampton Shotokan Karate club will directly support the growth of your child through a variety of classes, progressive challenges and individualized instruction. Help your child protect themselves mentally and physically, register today!

BEGINNER This level is only for those who are brand new to Shotokan or have not yet taken their first belt test.

ADVANCED BEGINNER This level is for Black Stripe, Yellow Stripe and Candidate Yellow Students

ERS \$55 | R \$65 | NR \$75 | 4 Weeks

TAE KWON DO AND JIU JITSU 5+

NORTHAMPTON TOWNSHIP SENIOR CENTER

John McDonald & Staff	Th	6/19- 7/24	5:15-6:15pm	ID 546
		7/31-9/4		ID 547

The benefits of Tae Kwon Do instruction are endless! Participants learn and develop all of the techniques for defense including: kicking, punching, blocking, grappling, and proper falls. Offered at the Recreation Center for over 25 years, Sensei John McDonald helps his students learn discipline, respect, self control and gain confidence - all while getting a great workout! *Participants tested for the appropriate level of training for Tae Kwon Do class.*

No jewelry, pierced earrings, necklaces, etc. permitted in class.

546: ERS \$55 | R \$65 | NR \$69 | 5 Weeks 547: ERS \$66 | R \$75 | NR \$85 | 6 Weeks

MULTI-SPORT

AMAZING ATHLETES 2-5 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER

Super W Soccer Stars/ Amazing Athletes	6/11-7/16 *field behind Rec Center next to tennis courts	5:30-6:10pm 2-5yrs	ID 406
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Amazing Athletes is a physical fitness development program empowering kids to reach developmental milestones and progress at their own pace. The kids will develop the physical literacy associated with speed, balance and overall coordination. They will also learn about nutrition and muscle identification while mastering 6 motor skills.

ERS \$135 | R \$148 | NR \$175 | 6 Weeks

GAMES GALORE 4-6 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER

Vince Prozzillo	м	5/12- 6/5	1:30-2:15pm	ID 426
		no 5/26		

Is your preschooler ready for action? Then he/she is ready for a fun-filled, non-stop 45 minutes of catching, throwing, dodging, jogging, kicking, rolling, throwing, and MORE! Group and individual activities with an emphasis on building self-esteem, confidence, and fair play are planned for this high energy class! Don't miss out on this exciting introduction to physical education!

ERS \$49 | R \$55 | NR \$59 | 4 Weeks



Pickleball

Pickleball is the fastest growing sport in the nation...and now it's here in Northampton! This mini-tennis game is a mix of tennis, badminton and ping pong for two to four players. It's easy to learn and fun for all ages! If you are interested in trying something new, fun and social, and/or enjoy a workout, this is the sport for you!

TEN

PICKLEBALL MADE EASY: LEARN, PLAY, & HAVE FUN!

NORTHAMPTON TOWNSHIP RECREATION CENTER **TENNIS COURTS**

Susan Bowman Tennis and Instructors	м	5/19-6/3 no 5/26, 6/23	6:30- 7:30pm	ID 531
		7/21-8/25 no 8/11		ID 532

New to Pickleball or already playing but unsure about all the rules? This fun and interactive instructional class is perfect for beginners and casual players looking to build confidence on the court. We'll break down the basicsrules, techniques, scoring, and strategy-in a relaxed and supportive environment. Whether you're swinging a paddle for the first time or just want to sharpen your skills, this class will have you feeling comfortable and ready to jump into the game!

ERS \$89 | R \$99 | NR \$109 | 5 Weeks



Youth Pickleball 8-16 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER **TENNIS COURTS**

Susan Bowman Tennis and	м	5/19-6/30 no 5/26	6:30- 7:30pm	ID 458
Instructors		7/14-8/18		ID 459

Dive into the exciting world of pickleball with our Youth Pickleball Class! For ages 8-16, this program blends skill development and friendly competition. Instructors ensure a supportive environment for players of all levels. Join us for an active and fun-filled experience on the court. Enroll now and let the pickleball adventure begin!

ERS \$85 | R \$95 | NR \$105 | 6 Weeks

MORNING INTRODUCTION TO PICKLEBALL 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER **TENNIS COURTS**

Susan Bowman	т	6/10- 7/8	9:00-10:00am	ID 439
Tennis and Instructors			10:00-11:00am	ID 440
		7/22- 8/19	9:00-10:00am	ID 441
			10:00-11:00am	ID 442

Learn the fundamentals of pickleball including game rules, scoring and basic strategies to give you the tools you need to enjoy the game, with both practice and play each week. Intended for all skill levels. Paddles and balls will be supplied. Pre-registration required. No drop-ins permitted. Basic knowledge of pickleball is recommended!

ERS \$89 | R \$99 | NR \$109 | 5 Weeks

Pickleball clinic 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER **TENNIS COURTS**

Susan Bowman	т	5/27-6/24	5:30-6:30pm	ID 427
Tennis and Instructors	Th	5/29-6/26	6:30-7:30pm	ID 434
	т	7/8-8/5	5:30-6:30pm	ID 430
			7:30-8:30pm	ID 432
	Th	7/10-8/7	6:30-7:30pm	ID 436

Join us to explore the fundamentals of pickleball, including game rules, scoring, and essential strategies, equipping you with the skills to fully enjoy the game. Each week, you'll have the opportunity to practice and play, making this program perfect for players of all skill levels. Paddles and balls will be provided, but pre-registration is required—no drop-ins will be allowed. A basic understanding of pickleball is recommended to get the most out of the experience!

ERS \$89 | R \$99 | NR \$109 | 5 Weeks

Pickleball intermediate 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER TENNIS COURTS

Susan Bowman	т	5/27- 6/24*	/27- 6:30-7:30pm /24*	ID 428
Tennis and Instructors		-	7:30-8:30pm	ID 429
	Th	5/29- 6/26*	5:30-6:30pm	ID 433
	т	7/8- 8/5*	6:30-7:30pm	ID 431
	Th	7/10- 8/7*	5:30-6:30pm	ID 435

INTERMEDIATE CLINIC/OPEN PLAY If you are a seasoned pickleball player or a clinic graduate and you're looking for the next level of challenge, this class is for you! Instructors will oversee you as you play, to give pointers and answer questions, while keeping the games moving each week. Paddles and balls will be supplied if you don't have your own. Bring your "A" game and be ready to play!

ERS \$89 | R \$99 | NR \$109 | 5 Weeks



JOIN US FOR A FUN AND FAST-PACED ROUND ROBIN PICKLEBALL TOURNAMENT!

This exciting event is perfect for players with some experience looking to test their skills in a competitive yet friendly environment. Choose your time slot from 5:30-6:30 PM or 6:30-7:30 PM and get ready for an action-packed hour of play. You can sign up with a partner, or if you don't have a team mate, no worries—we'll match you with one! The tournament will feature a round robin format, where you'll get the chance to compete against multiple teams in a fast, fun rotation. It's a great way to meet new people, improve your game, and enjoy some great pickleball action. Space is limited, so sign up today and secure your spot!

AUGUST 19 5:30-6:30pm ID 443 | 6:30-7:30pm ID 444

AUGUST 21 5:30-6:30pm ID 445 | 6:30-7:30pm ID 446

ERS \$17 | R \$19 | NR \$21



SOCCER

SOCCER SHOTS ACADEMY 6-11 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER MICRO FIELD 4 OR GYM IF RAINING

Soccer Shots	Su	6/15-7/27 no 7/6	11:20am-12:05pm	ID 420
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The Academy offers a highly technical, soccer-focused experience for kids ages 6-11. Here's what to expect in our Advanced Soccer Curriculum: mastering Technical Footwork, developing 1v1 Attacking and Defending skills, improving Transition Play, and engaging in fun Scrimmaging sessions. Coach Vernon, a Nationally Certified Coach, will be the primary instructor, ensuring expert guidance every step of the way. This is the perfect advanced Soccer Shots class for your child! HAVE GUESTIONS? Feel free to reach out to Coach Vernon at vdorsey@soccershots.com.

ERS \$200 | R \$220 | NR \$260 | 6 Weeks

SUNDAY SOCCER SHOTS 2-8 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER MICRO FIELD 4 OR GYM IF RAINING

Soccer Shots	Su	6/15-	9:00-9:30am Mini 2yrs	ID 416
		7/27 no	9:45-10:20am Classic 3yrs	ID 417
		7/6	10:30-11:10am Classic+ 4-5yrs	ID 418
			11:20am-12:15pm Premiere 6-8yrs	ID 419
		8/24- 10/5	9:00-9:30am Mini 2yrs	ID 527
		no	9:45-10:20am Classic 3yrs	ID 528
		8/31	10:30-11:10am Classic+ 4-5yrs	ID 529
			11:20am-12:15pm Premiere 6-8yrs	ID 530

PLEASE BRING A WATER BOTTLE. SUGGESTED BUT NOT REQUIRED: CLEATS - WHEN OUTDOORS (SNEAKERS ARE FINE) AND SHIN GUARDS.

SOCCER SHOTS MINI 2YRS is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. *Parent participation encouraged.*

CLASSIC 3YRS utilizes creative activities to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as RESPECT, TEAMWORK, and APPRECIATION. Additionally, the concept of competition is introduced. Parent participation encouraged.

CLASSIC+ 4-5YRS introduces advanced footwork, in addition to a greater focus on team play. Children will play fun games that will allow them to experience development in coordination, agility, and change of speed. Additionally, competition will occur in the form of end-of-class scrimmaging.

PREMIER 6-8YRS focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

ERS \$135 | \$ R \$148 | NR \$170 | 6 Weeks

TENNIS

TENN'S 4-16 YRS

NORTHAMPTON TOWNSHIP RECREATION CENTER*

Susan Bowman Tennis School and Instructors	м	5/19-6/30 no 5/26	5:30-6:30pm Pee Wee 4-6yrs	ID 447
			5:30-6:30pm Junior 7-16yrs	ID 448
	w	6/11-7/16	5:30-6:30pm Pee Wee 4-6yrs	ID 453
			5:30-6:30pm Junior 7-16yrs	ID 454
	M	7/14-8/18	5:30-6:30pm Pee Wee 4-6yrs	ID 451
			5:30-6:30pm Junior 7-16yrs	ID 452
	W*	7/30-8/27	5:30-6:30pm Pee Wee 4-6yrs	ID 455
			5:30-6:30pm Junior 7-16yrs	ID 456

PEE WEE 4-6YRS Introduce tennis to your 4-6 year old with a fun and exciting approach! Your up-and-coming tennis player will develop hand-eye coordination along with movement skills. Participants will grow comfortable with equipment and learn the parts of the tennis court. Basic tennis fundamentals and shots are taught through lots of tennis-like games!

JUNIOR 7-16YRS Looking for a great place for your junior to start or brush up on tennis basics and advance further? Juniors will improve hand-eye coordination and agility, perform racquet-handling skills, and become familiar with the tennis court. Instructors zero in on building a strong foundation through basic strokes and fun games associated with tennis. Match play is introduced, instructors will meet your junior player at their ability level to foster their growth and love of the game.

*Tennis Classes: Classes will be held outdoors on the tennis courts in nice weather, in the event of bad weather, classes will be moved into the gym.

ERS \$85 | R \$95 | NR \$105 | 6 Weeks 455-56: ERS \$69 | R \$79 | NR \$89 | 5 Weeks

OUTDOOR YOUTH VOLLEYBALL 6-12 YRS

NORTHAMPTON MUNICIPAL PARK VOLLEYBALL COURTS

Jump Start	Т	6/10-7/15	5:30-7:30pm	ID 533
Sports			Rotating schedule	

YOUTH 6-12YRS Looking for a fun and engaging way for your child to learn and develop the skills necessary to succeed in volleyball? Join Jump Start Sports Youth Volleyball Programs today! Our programs are designed to provide children with a comprehensive introduction to the sport of volleyball, while also building important skills such as teamwork, sportsmanship, and confidence. In our Youth Volleyball Programs, children will learn the fundamentals of volleyball using a wide variety of fun and age-appropriate drills as well as game play. Our experienced coaches use a variety of innovative techniques and drills to help children develop the skills they need to succeed in volleyball and in life, including passing, setting, hitting, blocking, serving, basic offense and defense, positioning, and team strategy.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks



TRACK AND FIELD

TRACK AND FIELD 6-12 YRS

MULTIPURPOSE FIELD AT THE MUNICIPAL PARK

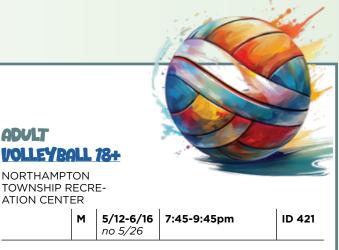
Jump N Start Sports	м	6/23-7/28	6:00-7:00pm	ID 536
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Our Track and Field program is designed for children ages 6-12, providing a comprehensive introduction to a variety of track and field events. Whether your child is just starting out or looking to improve their existing skills, our program has something to offer.

Experienced coaches use age-appropriate instruction techniques to teach athletes the fundamentals of sprints, mid-distance, longdistance, hurdles, relays, and the standing long jump. Kids will also receive guidance on proper starts, running form, running on turns, relays, and jumping form.

Athletes will have the chance to participate in fun and encouraging competitions with others in their age group. All participants will receive a medal for taking part in the program.

ERS \$120 | R \$130 | NR \$140 | 6 Weeks



ADULT 17+ Do you love volleyball? Looking for a little healthy competition? This very popular, highly competitive recreational league is a great fit for men and women ready to serve up a great game! Players have a moderate to intermediate skill level. If you think you can keep up, don't wait...register today!

ERS \$55 | R \$62 | NR \$75 | 5 Weeks

NORTHAMPTON TOWNSHIP SENIOR CENTER 165 TOWNSHIP ROAD, RICHBORO, PA 18954

Phone: (215) 357-8199 Website: northamptonsc.com Email: nhsc@nhtwp.org



<u>Website</u> Activity Calendars Bus Trips Seasonal Leagues Special Events Room Rentals



The senior center offers a variety of activities for older adults aged 55 and better to stay active, engaged, and socially connected.

Members enjoy an array of daily activities such as exercise classes, dance and art classes, a card room and sporting leagues in the spring/summer: billiards and bocce, and fall/winter leagues: billiards, darts and table shuffleboard. There is something for everyone!

Dues are \$30.00 for the membership year July 1, 2025 through June 30, 2026. For more information, please call the center, stop in for a tour or visit the website at **northamptonsc.com**

There's always something happening at the senior center, come join the fun!

NORTHAMPTON TOWNSHIP

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