



CAMP
PAGE 6

**DON'T MISS
WINTER FEST
12/5!**

**SENIOR
ACTIVITIES**
PAGE 16

**SAVE
THE DATE!**
**PRESCHOOL
OPEN HOUSE**
JANUARY 25



Connecting Generations...Building Community.

NORTHAMPTON TOWNSHIP
PARKS & RECREATION

WINTER 2026

NORTHAMPTONREC.COM

UPDATE YOUR INFO! Make sure your email and phone number
are current in MyRec for class notifications.

WELCOME WINTER

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REGISTRATION

Currently, registrations will be taken in person, online, or over the phone.

- Online at www.northamptonrec.com.
- Registration is required for all classes and workshops.
- Pre-registration may be required for Special Events.

FEES & DISCOUNTS

Confirmation of registration or payment will be sent via email.

Class Links Virtual Programs will be emailed the day prior to first class.

Senior Citizen Discount 10% - 62 years & over.

Early Registration Savings - ERS is only for residents of Northampton Township. Northampton Residents are entitled to the Early Registration Savings Fee (ERS) when registering at least (7) seven calendar days prior to the first day of class. Participants not residing in Northampton Township must pay the Non-Resident (NR) fee.

PROGRAM REFUNDS/CREDITS

A \$10 processing fee will be assessed for ALL refunds.

Refunds will not be granted nor fees pro-rated for vacation or illness. Refunds will not be granted once a program starts.

While we make every attempt to ensure the accuracy of our offerings, we cannot be responsible for updates or typographical errors. We will update any changes online.

OUR PROMISE...

Northampton Township Parks and Recreation is committed to delivering high quality in-person, and virtual programming for all ages, to fit any schedule. **REGISTER EARLY FOR YOUR FAVORITE PROGRAMS!** Programs will be cancelled if minimum requirements are not met 72 hours before start date.



The Northampton Township Board of Supervisors, the Parks and Recreation Board and Staff are committed to providing Northampton Township residents with quality recreation programs and facilities.

P&R BOARD

Steve Bryer
Chairman

John Bishop
Member

Jim Hembree
Vice Chairman

Scott Duretz
Member

Mary Anderson
Secretary



P&R STAFF

Jennifer Fean
Director

Barbra Primavera
Recreation
Manager

Derek Giannetti
Operations & Pool
Manager

Marisa Ristow
Community
Relations
Representative

Sinead Powers
Program Supervisor

Kristin Fullerton
Special Events
Coordinator

Bill Martin
Recreation
Coordinator

Rebecca DeSantis
Recreation
Assistant

Lynn Kopacz
Executive Assistant

Michele Penecale
Senior Center
Manager

Leigh Ferello
Graphic Designer

2026 DISCOUNT TICKETS!

Make NTPR your one stop shop for the Adventure Aquarium and more!



Weekday Tickets (Mon-Thurs) - \$44 | Flex Tickets (Mon-Sun) - \$50

If you have any questions, please contact Kristin Fullerton at 215-357-6800 Ext: 249. Tickets can be purchased at both the Recreation Center and the Administration Building starting December 8.



Northampton Township Parks and Recreation is committed to delivering high quality in-person, and virtual programming for all ages, to fit any schedule.

REGISTER EARLY FOR YOUR FAVORITE PROGRAMS!

Programs will be cancelled if minimum requirements are not met **72 hours before start date.**

TAG US & GET SOCIAL

Stay in the loop! Follow us on social media for the latest updates, exclusive content, events and a peek into all the exciting happenings!

 NorthamptonRec
 northamptonparksandrec

SPECIAL EVENTS



Thursday, December 11 • 6-8pm
NORTHAMPTON TOWNSHIP SENIOR CENTER

Get ready for a holly-jolly good time with Mrs. Claus herself! Join us for Cones and Crafts with Mrs. Claus: A Scoop of Holiday Magic, a festive evening filled with creativity, sweet treats, and plenty of cheer. Kids ages 2-12 will enjoy hands-on holiday craft projects, special story time with Mrs. Claus, and of course — delicious ice cream to top off the fun!

Bring your holiday spirit, your imagination, and your best smile for this magical celebration of the season. Space is limited, so be sure to reserve your spot early for this merry and memorable experience!

PRE-REGISTRATION REQUIRED - NO WALK-INS

\$23R | \$26 NR | 1 Day



**AGES
5-14**

Holiday Cupcake DECORATING CLASS

NORTHAMPTON TOWNSHIP RECREATION CENTER

Kerrianna Sweeney	F	12/19	6:00-8:00pm	ID 1106
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Get into the holiday spirit with a fun, hands-on cupcake decorating workshop! Each participant will receive four pre-baked cupcakes (two chocolate and two vanilla) and learn how to transform them into festive holiday treats — a Christmas tree, snowman, present, and reindeer cupcake.

Pizza and water will be provided, so come hungry and ready to decorate!

\$59 | 1 Day



LONGWOOD
GARDENS



**2ND BUS ADDED!
RAIN OR SHINE**

Christmastime at Longwood Gardens

TUESDAY, DECEMBER 9

Trip Departs 2:15PM:
Northampton Recreation Center
345 Newtown Richboro Road

Estimated arrival time back in Richboro
8:30PM

Wander the paths outside through hundreds of thousands of twinkling lights—then, warm your hands and your heart in our Historic Main Conservatory, where magnificently decorated trees, thousands of poinsettias, and fragrant flowers transform Pierre S. du Pont's fabled glass house into a holiday wonderland. This holiday season, our Gardens are transformed into a living jewel box as radiant as the jewels and gems that inspired it. Nature and elegance intertwine as twinkling lights dance, hues of emerald green, to ruby red, to bold sapphire shimmer, and every path leads to a new treasure to behold. All that glitters is here, waiting to be discovered.

BUNDLE UP! A Longwood Christmas is both indoors and outdoors. Please check the weather before departing for the Gardens, dress accordingly, and wear comfortable shoes.

PLEASE NOTE This trip requires significant walking. If you are unable to walk comfortably for extended periods, this event may not be suitable for you.

Price \$109 Price includes your ticket, \$18 food voucher to use in the cafe or restaurant, transportation and driver gratuity.

No ERS or Senior Discounts. No Refunds/Credits on Trips unless you are able to find a replacement or Parks and Recreation can find a replacement from a waitlist.



PUZZLE PALOOZA!

FEB 6

NORTHAMPTON TOWNSHIP
SENIOR CENTER

CHECK IN AT 5:30PM

Clock starts promptly at 6:00pm. You will have 2 hours to finish your puzzle.

TEAMS:

2-4 people will complete a 500 piece puzzle

REGISTRATION:

Only 1 member needs to register for the team, members must be 12+

REFRESHMENTS:

Light refreshments will be served, feel free to bring your own snacks!

Are you a master at puzzles? Gather your team of 2-4 people to show off your skills at Puzzle Palooza! Each team will race against each other to complete a 500 piece puzzle that the team gets to take home. Prizes will be awarded to the first and second teams to complete their puzzle.

REGULAR & ADVANCED CATEGORIES • Price per team: \$35



NORTHAMPTON TOWNSHIP RECREATION CENTER

Stardust
Entertainment

Sa

2/14

11:00-NOON

ID 981

Royals gather and celebrate Valentine's Day with Princess Belle. Enjoy light movement, story time, a craft, games, dancing, and a sweet treat!

\$30R \$33NR | 1 Day

Curtains Up & Forks Down

WEDNESDAY, FEBRUARY 18 | \$130PP

Take a motorcoach ride and spend a charming afternoon in historic Bristol Borough enjoying two unforgettable experiences!

Our day begins with a delicious lunch at the King George II Inn, a beautifully preserved riverside gem and one of America's oldest continuously operating inns. Enjoy mouthwatering cuisine, warm hospitality, and the scenic views of the Delaware River before we make our way to the nearby Bristol Riverside Theatre.

There, we'll experience the heartfelt and humorous play *The Net Will Appear*—the story of Bernard, a gruff man who seeks solitude on his rooftop, and Rory, the spunky 9-year-old who won't let him have it. As their unlikely friendship unfolds, this delightful story reminds us that connection can bloom in the most unexpected place.

DEPARTS Northampton Recreation Center 345 Newtown Richboro Road
11AM - please arrive by 10:45 AM.

INCLUDES Lunch, theatre ticket, round-trip transportation and driver gratuity. Sorry no refunds or senior discounts.

QUESTIONS please reach out to Kristin Fullerton at 215-357-6800 ext.249





REGISTRATION OPENS JANUARY 12, 2026 AT 6AM FOR RESIDENTS!

CAMP ADVENTURE Grades 1-6

NORTHAMPTON TOWNSHIP RECREATION CENTER

			ID 1169
M-F	6/22-8/14 7/3 - no camp	7:30am- 6:00pm	\$3,205; \$500 deposit

Are you a working parent? Does your child need hours and hours of non-stop fun? Look no further! This program will provide your child with constant activity, laughter, and a lifetime of memories! Children enjoy sports, indoor and outdoor games, daily swimming at Northampton Valley Country Club, Friday dress-up days and a variety of guests. Campers will also enjoy special clubs 2xs per week where instructors are invited to focus on the special interests of your child. Lunch is included 3 times per week and trips are offered at an additional fee, choose to go on the trip or stay at camp! Give your child one fun summer with a lifetime of memories, register today!

CAMP EXPEDITION Grades 1-6

LOCATION DETERMINED PENDING SCHOOL DISTRICT APPROVAL

			ID 1171
M-F	6/29-8/14 7/3 - no camp	8:30am- 3:30pm	\$1,999; \$300 deposit

It is Camp Explore but with MORE! Camp Expedition is perfect for the part-time working parent or for parents who just want their child to have a little bit more camp time! Camp Expedition offers sports, arts and crafts, theme days, and indoor and outdoor games and swimming every Monday, Tuesday and Thursday at Northampton Valley Swim Club (weather depending). Friday lunch is also included! Trips are offered at an additional fee, choose to go on the trip or stay at camp! Give your child one fun summer with a lifetime of memories, register today!

CAMP EXPLORE Grades 1-6

LOCATION DETERMINED PENDING SCHOOL DISTRICT APPROVAL

			ID 1170
M-F	6/29-8/14 7/3 - no camp	9:30am- 12:30pm	\$619; \$100 deposit*

Camp Explore is a half day program that is loaded with fun activities to keep your child happy and active! This seven week program offers sports, indoor and outdoor games, and special theme days! Give your child a taste of summer camp in the morning and enjoy your afternoons together. Trips are offered at an additional fee. Give your child one fun summer with a lifetime of memories, register today!

LITTLE DISCOVERER'S CAMP

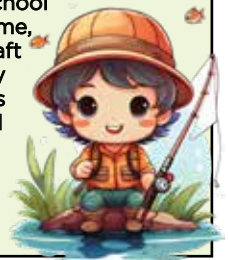
Ages 3-6 (not entering First Grade)

LOCATION DETERMINED PENDING SCHOOL DISTRICT APPROVAL

			ID 1172
M-F	6/29-8/7 7/3 - no camp	9:30am- -12:30pm	\$635; \$100 deposit

Must be completely potty trained and self sufficient.

Little Discoverer's is "camp in a preschool setting". Children enjoy free play, circle time, outdoor play, songs and games, a daily craft and snack, and so much more! Weekly themes are incorporated into the activities for added fun! One week your child could be on a Jungle Safari, and the next on an Adventure in Space! Every week is new, different, and tons of fun! Camper: Counselor Ratio is 5:1.





"Thank you and the Quest staff for the staggering almost 20 trips in the tri-state area to keep them engaged, having fun, just being kids, and off their phones! These are great feats to undertake, and you the Northampton team did a wonderful job! It is not easy to entertain children at any age for long without their phones, and the team did it again."

CAMP QUEST Grades 7-9

WELCH ELEMENTARY SCHOOL**

			ID 1173
M-Th	6/29-8/14 7/3 - no camp	9:00am-2:00pm	\$2,185; \$500 deposit

A camp program that keeps the young teen entertained and happy! Your child's input and interests are placed right into the camp curriculum-no more boredom. Participants enjoy extensive trips, special guests, arts and crafts, intramural sports, a summer color competition and anything else they can think of! Quest is the answer parents of 7th-9th graders have been searching for. *Times vary due to trip schedule.



***PLEASE BE SURE TO LOGIN TO YOUR MYREC ACCOUNT BEFORE REGISTRATION OPENS TO ENSURE YOUR CHILD'S GRADE LEVEL IS LISTED/CORRECT. IF YOUR CHILD'S GRADE LEVEL SAYS N/A YOU WILL NOT BE ABLE TO REGISTER ONLINE.**

Call **215-357-5396** if you need help verifying grade.

****CAMP LOCATIONS PENDING COUNCIL ROCK SCHOOL DISTRICT APPROVAL**

ULTIMATE CAMP QUEST Grades 7-9

WELCH ELEMENTARY SCHOOL**

			ID 1173
M-F	6/29-8/14 7/3 - no camp	7:30am-6:00pm	\$2,689; \$500 deposit

Working parents of Quest campers can now have peace of mind too! Participants get all the benefits of the regular Quest program with earlier drop off, later pickups and FRIDAYS! Daily trips to the pool (depending on trip schedule), special events and all trips included!

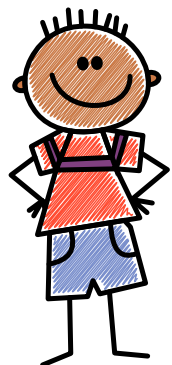
CIT & QUEST Grades 9-10

WELCH ELEMENTARY SCHOOL**

			ID 1174
M-Th	6/29-8/14 7/3 - no camp	7:30am-6:00pm	\$2,185; \$300 deposit

Has your child always wanted to work with kids? Interested 9th and 10th graders (in September 2026) apply today, and if selected, your child will learn everything there is to know about being an effective and enthusiastic camp counselor! CITs will be assigned to a camp and will engage in team building and training. CITs will be assigned weekly tasks to complete with the campers while being mentored by senior counselors and group leaders- at one of our camps. (Tuesdays-Thursdays will be spent playing games and going on trips with Quest). Based on their performance, at the end of the summer the CIT with the highest points is HIRED and guaranteed a position in our camp program the following summer! Application will be available on our home page on December 15th.





NOW OFFERING FULL DAY PRE-K!

Discover, Learn, and Grow



AT NORTHAMPTON TOWNSHIP PRESCHOOL

AGE	2 DAYS (½ DAY) T & TH	3 DAYS (½ DAY) M, W, F	5 DAYS** (½ DAY) M-F	3 DAYS** (FULL DAY) M, W, F	FIVE DAYS** (FULL DAY) M-F
	9:15am-12:30pm			9:00am-3:00pm	
3 YRS	\$200/mo	\$270/mo	\$440/mo		
4 YRS				\$575/mo	\$700/mo

**Tuition is paid monthly for ten months, September – June. All children enrolling must be completely potty trained and self-sufficient. Children must be three years old on or before October 15, 2026, to enroll. **The Ready, Set Grow Full Day Program is for children eligible for kindergarten in the 2027 – 2028 school year (no exceptions)*



NEW! Ready, Set, Grow Kindergarten Prep Full-Day Program

**Monday through Friday
9:00AM-3:00PM**

**Eligibility: Children must be
Kindergarten eligible
and entering Kindergarten in the
2027-28 school year (no exceptions).**

**Annual Fee: \$7,000 • \$700/mo
September-June**

At Northampton Township Preschool, children begin their lifelong love of learning in a warm, nurturing, and friendly environment. Our certified teachers guide 3- and 4-year-olds through a hands-on, age-appropriate curriculum that blends academics and play.

Students explore art, math, writing, and science while building fine and gross motor skills, recognizing names, shapes, and colors, and developing social, emotional, and cognitive skills through structured play.

Preschool is often a child's first school experience, and our caring teachers make it fun and engaging. For years, families have chosen Northampton Township's state-certified preschool as the perfect place for children to learn, grow, and thrive.

If your child turns 3 before October 15, 2026, and you would like more information about the preschool, visit us at **www.northamptonrec.com** or contact Barbra Primavera, Recreation Manager, at **215-357-5396** for more information.

Please inquire about early morning drop off!

QUESTIONS OR MORE INFO?

Barbra Primavera, Recreation Manager 215-357-5396

LEARN SOMETHING *new* THIS *year!*



Online Certificates & Courses:

AI • Basic Game Design
Digital Marketing
Leadership Development
Mastering Computer Skills for the
Workplace
Mastering Excel • Online Teaching
Podcasting • Social Media for Business
Wordpress

PROFESSIONAL DEVELOPMENT: CERTIFICATES AND COURSES

Northampton Township Parks and Recreation has partnered with Learning Resource Network (LERN) to provide you with the UGotClass series of online courses and certificates. Learn and collaborate with experts in their fields, right from your home or office! UGotClass expert instructors log into the classroom regularly to chat with you in the discussion area, post audio-visual presentations, and provide you with helpful readings. Find a program to fit your needs today!

Online courses make participation easy

It is easy to participate in your online course. After you register, you will be given a web address to go to get into your online classroom. You will create a password and use your email address and password to gain access. The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings. You decide when you participate. For the best learning, participants should log into the course on 2-3 different days of the week.

For each Unit, you will:

1. Read the print readings (about 20 pages a week)
2. Listen to the audio presentation for the Unit and view the slides
3. Take a self-quiz to see how much you have learned
4. Engage in written online discussion with your instructor and other participants

The content (readings, audio lectures, slides) and self quizzes are accessible for the entire course, so you can work ahead, or go back and review again, at your convenience. Each Unit has a self-quiz.

AHA Heartsaver CPR/AED/First Aid 15+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jay Colella	Sa	2/21	9:00am-1:00pm	ID 1042
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Learn the skills needed to recognize cardiac arrest, get emergency care on the way quickly, and help a person until EMS arrives. This course teaches students information needed to respond to and manage illnesses and injuries in an adult in the first few minutes until professional help arrives. Heartsaver First Aid teaches you the basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform life saving skills.

ERS \$85 | R \$95 | NR \$105 | 1 day

American Red Cross Babysitting Certification 11-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Sinead Powers <i>Red Cross Certified Babysitting Instructor</i>	Sa	1/10	9:30am- 2:30pm	ID 1044
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This course gives future and current babysitters the confidence and skills they need to care for children safely and responsibly. Participants will learn how to be medically responsible, creative, and attentive babysitters while gaining essential child care techniques and leadership abilities. Topics include basic safety, emergency awareness, and introductory care techniques for children. Through hands-on activities and discussion, participants will build the confidence to handle real-life situations with care and professionalism. Upon successful completion, participants will earn an official American Red Cross Babysitting Certification Card and demonstrate their understanding of key child care and safety concepts. Attendance for the entire course, completion of all evaluations, and maturity to care for children independently are required. *Please pack a lunch and bring a pen/pencil.

ERS \$69 | R \$75 | NR \$89 | 1 day



Online Theory Driver's Ed 14-18yrs

VIRTUAL

John's Driving School	self-paced 1/1-12/31	ID 1019
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John's Driving School's 30 Hour Online Driver's Education: PA S.P.I.D.E.R. Course by IMPROV is approved by the PA Dept. of Education. Powered by S.P.I.D.E.R., a proprietary method developed by the world's top behavioral and driving experts, this course provides a simple set of tools that will help new drivers make safer choices and avoid collisions.

Once registered, John's Driving School will email access to the 13 Chapter/30 Hour Course. Upon course completion and passing the final exam the Certificate of Completion will be emailed by John's Driving School! Call John's Driving School directly for more information and/or to arrange for "in-car" behind-the-wheel instruction at 215-295-8014!

\$50



GO ONLINE TO
NORTHAMPTONREC.COM TO LEARN MORE

AFTERNOON ENRICHMENT

ART

Crafty Kids Corner 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

W	1/14-2/18	1:30-2:15pm	ID 1165
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Let your child's creativity shine in this hands-on art class designed just for preschoolers! Each week, little artists will explore new materials and techniques as they cut, glue, paint, and create their own masterpieces. Projects are designed to encourage imagination, fine motor skills, and confidence — with just the right amount of mess and fun! All supplies are included. Please dress for creativity!

\$69 | 6 weeks

Mini Makers: Exploring Art & Imagination 5-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Leigh Ferello	T	2/17-3/24 no 3/3	1:30-2:15pm	ID 1166
		3/31-5/5 no 4/7		ID 1167

Each week, makers will develop fine motor skills, creative confidence, exploration skills, and curiosity, through art-based projects.

Full description online \$129 | 5 weeks

"Kids loved the class and were eager to go. They learned new art techniques."

DANCE

Little Stars Dance 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Kelli Robbins	T	1/13-2/17	1:30-2:15pm	ID 1007
		3/3-4/14 no 3/31		ID 1008

Do you love to wiggle, twirl, and jump? Ready to have tons of fun while learning dance and tumbling? Come join Little Stars Dance — where every step is an adventure! We'll explore creative dance, tumble like superheroes, and build strong muscles all while having a blast! Get ready to giggle, move, and shine bright with us! We can't wait to dance with YOU!

ERS \$65 | 6 weeks

GYMNASTICS

Tiny Tumbles Preschool Gymnastics 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiny Tumbles Staff	F	1/30-3/27 no 2/13, 3/6	1:30-2:20pm	ID 574
			2:20-3:10pm	ID 575

On your mark, get set, roll! Tiny Tumbles is a mobile gym offering gymnastics programming for kids of all ability levels from ages 18 months-10 years. Balance on the beam, swing from the bars, bounce on the trampoline, and so much more! Students will learn fundamental gymnastics skills, participate in age-appropriate challenges and games, and explore exciting apparatus in a safe and engaging setting. Our program enables children to boost physical fitness while fostering goal setting, teamwork, and self-confidence.

ERS \$205 | R \$215
NR \$225 | 7 weeks



Rock and Roll Preschool 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Lolly Hopwood	Th	1/15-2/19	1:30-2:15pm	ID 967
		3/5-4/16 no 4/2		ID 968

This energetic and creative program is designed for kids ages 3-6 who are ready to explore the world of music and movement. Our engaging classes combine singing, dancing, crafting and instrument play, all tailored to ignite your child's imagination and love for music. While your kiddos are learning building blocks of music that are perfect for their age, they'll also be growing their social and emotional skills, and developing their gross and fine motor skills. Join us at Rock & Roll Preschool, where every class is a concert of fun, learning, and laughter!

\$85 | 6 weeks



Piano Junior 4-7yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Dayle Magida	Sa	1/17	11:00am-NOON	ID 1020
		2/21		ID 1021

Piano Junior is a fun, high energy one-time piano exploration class (for child and parent)! This class will introduce you to beginning piano/music concepts with singing and movement activities. Children will also get to try out what they've learned on keyboards. The main goal of this class is to get your child excited about playing an instrument in the future. This class is also a great way to gauge your child's interest in learning to play piano.

\$20R | \$24NR | 1 Day

AFTERNOON ENRICHMENT

SPORTS

Amazing Athletes 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER GYM

Amazing Athletes Staff	Th	1/15-2/19	1:30-2:15pm	ID 1163
		3/5-4/16 no 4/2		ID 1164

Amazing Athletes is physical fitness development program empowering kids to reach developmental milestones and progress at their own pace. The kids will develop the physical literacy associated with speed, balance and overall coordination. They will also learn about nutrition and muscle identification while mastering 6 motor skills.

\$85 | 6 weeks

Mini Star Basketball 3-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

NAB Staff	F	1/16-2/27 no 2/13	1:30-2:15pm	ID 974
		3/13-5/1 no 3/20, 4/3		ID 975

A fun and instructional introduction to basketball for children ages 3-6 years old. Players will be taught fundamentals through a series of structured activities and challenges including colors, patterns, shapes & numbers. Our program encourages players to develop motor skills and improve technique in passing, dribbling, and shooting.



\$75 | 6 weeks

Mini Star Cheer 3-6yrs

NAB Staff	F	1/16-2/27 no 2/13	1:30-2:15pm	ID 976
		3/13-5/1 no 3/20, 4/3		ID 977

A high-energy introduction to cheerleading, designed just for little ones! Mini Star Cheer builds coordination, rhythm, and teamwork through fun chants, basic motions, and simple routines. Kids will shine with spirit and confidence while learning to move as part of a team.

\$75 | 6 weeks

"My daughter loved that there was a lot of movement involved in the class and that each week there were new activities."

Games Galore 4-6yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Coach Vince Prozzillo	M	1/12-3/2 no 1/19, 2/16	1:30-2:15pm	ID 994
		3/16-4/27 no 3/30		ID 995

Is your preschooler ready for action? Then he/she is ready for a fun-filled, non-stop 45 minutes of catching, throwing, dodging, jogging, kicking, rolling, throwing, and MORE! Group and individual activities with an emphasis on building self-esteem, confidence, and fair play are planned for this high energy class! Don't miss out on this exciting introduction to physical education!

\$85 | 6 weeks

Soccer Shots 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER GYM

Soccer Shots Staff	T	1/13-2/17	1:30-2:15pm	ID 1161
		3/3-4/14 no 3/31		ID 1162

Soccer Shots offers an enriching children's soccer experience centered on fostering character development. Our program goes beyond the game, instilling valuable life skills both on and off the field. Through our exceptional coaching, effective communication, and thoughtfully designed curriculum, we make a positive and lasting impact on the lives of young athletes.

\$65 | 6 weeks



LEIGH ALISON ART

Leigh Ferello is an accomplished Art Educator and graphic designer, dedicated to inspiring creativity in students across Bucks County and its neighboring regions. With a passion for various art forms, Leigh fosters artistic expression through engaging lessons and community workshops.



"This was my daughter's favorite class!
When will you have it again?!"

Clay Creations 9-12yrs



Thursdays, March 5-April 16 • 6:30-7:30pm

NORTHAMPTON TOWNSHIP RECREATION CENTER

Get ready to sculpt fabulous creations with clay! Artists will score, slip, and join natural clay to create many decorative and functional objects they can later paint, decoupage, or seal (in the following week's class). Projects may include a pencil holder, magnets, a trinket box, and more.

Full description online ID 1035 • \$129R | \$145NR | 5 weeks

EXPLORING ART & IMAGINATION



NORTHAMPTON TOWNSHIP RECREATION CENTER

Each week, makers will develop fine motor skills, creative confidence, exploration skills, and curiosity, through art-based projects.

- Science: Exploration & Curiosity
- Technology: Tools & Sequencing
- Engineering: Building & Designing
- Art: Creativity & Expression
- Math: Patterns, Shapes, and Measuring

MIGHTY MAKERS (6-8 YRS)

Tuesdays 5:30-6:10pm

- Session I: Mar 5-Apr 9 (no Apr 2)

Afternoon Enrichment for ages 5-6 on page 10!

Full description online ID 1036 • \$129R | \$145NR | 5 weeks

JOANNE SIBRE - ART SPARKS CONSULTANTS



new! Alcohol Ink Creations 18+

Wednesday, February 18

6:00-8:00pm

NORTHAMPTON TOWNSHIP SENIOR CENTER

In demand....Alcohol ink creations! In this class you will create a colorful set of 4 coasters using alcohol based ink on ceramic tiles. You will learn to employ different techniques to achieve a range of results that focus on process yet leaves you with a pleasing result. Alcohol ink works well on non-porous surfaces which we will use for practice.

ID 1039 | \$45 | 1 day



new! Felt Clutch 18+

Wednesday, January 28

6:00-8:00pm

NORTHAMPTON TOWNSHIP SENIOR CENTER

Create a unique personalized felt clutch for evening or daytime! This versatile and easy-to-make purse is perfect for beginner and the experienced. In this two-hour workshop you will create a clutch purse out of prefelted wool. There will be a variety of styles and colors to use as well as accessories (beads, pearls, etc.) and for closure snaps or buttons.

ID 1038 | \$55 | 1 day



new!

"I love to come to class and just 'be'...not hard-thinking, just a space where I can create freely."

COLLAGE CLUB!

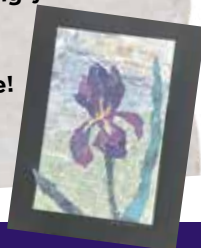
18+

Saturdays Jan 10-Feb 7 • 1:30-2:30pm
NORTHAMPTON TOWNSHIP SENIOR CENTER

Discover the expressive world of collage in this hands-on, beginner-friendly course designed for adults looking to spark creativity, build artistic confidence, and explore visual storytelling. Over five weeks, you'll experiment with a wide range of collage materials, including paper, found objects, and fabrics. Each week, you may bring your work in progress, or start a new creation. No prior art experience is needed—just curiosity and a willingness to explore!

Full description online

ID 1026 • \$129R | \$145NR | 5 weeks



Kintsugi THE ART OF GOLDEN JOINERY

Kintsugi is a traditional Japanese art of repairing broken pottery by mending the cracks with a golden bond. This practice emphasizes beauty in imperfection, celebrating history and uniqueness rather than hiding flaws. Each piece becomes a one-of-a-kind, decorative work of art. Full description online ID 1029 & 1030 • \$59R | \$65NR | 1 day

Wednesday, March 25 & May 27
6:00-7:30pm

NORTHAMPTON TOWNSHIP SENIOR CENTER

18+



new! PEACE > PIECE

ALTERED ART JOURNALS

Wednesday, March 4

6:00-7:30pm

NORTHAMPTON TOWNSHIP SENIOR CENTER

In this joyful workshop, you'll create a handmade no-stitch journal using mixed media techniques and found materials—no sewing necessary. Your altered art journal (up to 6x9") will become a portable, personal space to manifest creativity, abundance, and intention for the year ahead. Choose assorted papers for scrapbooking, sketching, and journaling, or watercolor paper. Each journal will be uniquely yours, built peace by piece through intuitive layering, thoughtful prompts, and expressive design (embellishments and fabric may vary). Whether you're setting goals, seeking grounding, or simply craving time to create—this workshop is a beautiful way to start your journey with artful intention.



18+

new!

"Thank you so much... I loved this class!
It was well needed and fun!"

Suminagashi FLOATING INK WORKSHOP

Wednesday, April 1

6:00-7:30pm

NORTHAMPTON TOWNSHIP SENIOR CENTER

18+



Discover the meditative beauty of suminagashi, the ancient Japanese art of "floating ink." In this 1.5-hour hands-on workshop, participants will learn how to create mesmerizing marbled patterns on water using traditional ink and simple tools. Through gentle breath and movement, you'll explore how ink interacts with the water's surface to produce unique, one-of-a-kind prints. No prior art experience is necessary—just a willingness to experiment and play. Each participant will leave with several finished marbled papers and a deeper appreciation for the calm, fluid nature of this centuries-old practice.

Full description online ID 1031 • \$59R | \$65NR | 1 day

Full description online ID 1033 • \$59R | \$65NR | 1 day
NTP&R 2026 Winter PROGRAM GUIDE | 13

POTTERY

Pottery Workshops 12+

NORTHAMPTON TOWNSHIP SENIOR CENTER

indi Studio	Th	12/11 Gnome	6:30-8:30pm	ID 718
		2/5 Heart Dish		ID 1110
		3/5 Coaster		ID 1111

All materials, instruction, and kiln firing are included. Your finished project will be ready for pick-up two weeks after the class at the Township office.

GNOME Add a friend to your holiday celebrations with your own winter gnome. It's perfect to decorate your mantle or bring fun and conversation to your holiday table. In this workshop you will work with clay to create a unique gnome through the use of hand building, texture, and glazing techniques. Create a unique nature inspired heart-shaped dish that's both functional and beautiful. You'll learn hand-building techniques, explore texture and detail, and finish your piece with glaze. Ideal for holding jewelry, treats, soap, or keepsakes. No experience needed—beginners are warmly welcome! All materials, instructions, and firing are provided.

HEART DISH Craft a one-of-a-kind heart that tells your story. In this hands-on workshop, you'll learn hand-building techniques to shape, texture, and detail your heart before adding a beautiful glaze finish. Create a piece that's both meaningful and functional—perfect for holding jewelry, treats, soap, or treasured keepsakes. Whether it's for yourself or a gift for someone special, your handmade heart will become a lasting memento.

COASTERS Enjoy a one-of-a-kind set of handmade drink coasters the next time you rest your coffee or tea. This workshop is perfect for both beginners and experienced potters. You'll learn how to hand-build, add texture, create unique details, and finish your pieces with glaze.

\$65 | 1 day



STAINED GLASS

Beginner Stained Glass 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Leanne Purkis <i>Magic Arts Studio</i>	Sa	2/7	10:00am-1:00pm	ID 1097
			11:30-2:30pm	ID 1098

Create Your Own Stunning Stained Glass Suncatcher!

Have you ever wanted to try stained glass? Now's your chance! In this hands-on workshop, you'll work with pre-cut glass pieces and learn the foundational techniques of copper foiling and soldering—no prior experience needed.

Choose from four beautiful designs: Turtle, Succulents, Moon, or Lotus Flower.*

Let your creativity shine through in this fun and rewarding class!

\$95 | 1 day

*Images may not be to scale.



DANCE & MUSIC

Tap Shoes & Twirls 5-7yrs

NORTHAMPTON TOWNSHIP SENIOR CENTER

Elena Lydon	Th	1/15-2/19	5:45-6:30pm	ID 992
		3/5-4/16 no 4/2		ID 993

Do you love to wiggle, twirl, and jump? Ready to have tons of fun while learning dance and tumbling? Come join Little Stars Dance — where every step is an adventure! We'll explore creative dance, tumble like superheroes, and build strong muscles all while having a blast! Get ready to giggle, move, and shine bright with us! We can't wait to dance with YOU! Children must be completely potty trained.

ERS \$69 | R \$79 | NR \$89 | 6 weeks

Tiny Dancers 3-5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	Th	1/15-2/19	5:00-5:45pm	ID 990
		3/5-4/16 no 4/2		ID 991

In this joyful and imaginative class, little one's twirl, leap, and tiptoe through the basics of ballet in a warm and friendly space led by a caring, experienced instructor. Your child will explore the world of dance while building rhythm, balance, flexibility, and confidence — all through music, movement, and plenty of fun! It's the perfect way to spark a love of dance and see if ballet is your child's next big passion.

ERS \$69 | R \$79 | NR \$89 | 6 Weeks

LINE DANCING

Beginner Line Dancing 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Jeremy Duncan	M	1/5-2/9 no 1/19	7:15-8:15pm	ID 1040*
		3/2-4/19 no 3/30		ID 1041

Get off the Couch and Come Dance with Us! No experience necessary! Join Jeremy for beginner line dance class. This is a great way to get some exercise and learn how to dance!

ID 1040*: \$50 | 5 weeks • ID 1041: \$60 | 6 Weeks

Line Dancing 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	M	1/5-3/23 no 1/19, 2/16	12:30-1:20pm	ID 1057

Have fun while experiencing the physical, mental & social benefits of line dancing. A variety of line dance styles are incorporated to create a fun, easy-to-learn dance class. Modifications are given for participants of various fitness and skill levels.

ERS \$129 | R \$145 | NR \$165 | 10 weeks

MUSIC & MOVEMENT

Groovin' with my Grown-Up 6mos-4yrs

NORTHAMPTON TOWNSHIP SENIOR CENTER

Kathy Bell, founder and owner of New Groove Music Studio	T	12/9/2025	9:45-10:30am	ID 1102
		1/13/2026		ID 1103
		2/10/2026		ID 1104
		3/17/2026		ID 1104

Join us for a pop-up music class full of singing, wiggling, and fun! Little ones and their grown-ups will move, groove, and sing along to favorite songs while exploring rhythm instruments and movement activities. It's a great way to laugh, dance, and make musical memories together! **\$5 discount for second child.**

\$10 | 1 day

Little Melodies 18mos-3yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Lolly Hopwood	W	1/14-2/18	9:45-10:30am	ID 965
		3/4-4/15 no 4/1		ID 966

This weekly movement & music class led by beloved Bucks County kid's musician, Lolly Hopwood, will have your little ones learning music basics like rhythm, dynamics, and mood. Combined with lots of imagination and plenty of fun-filled movement activities, this class will also help your children to develop physically, emotionally, and socially.

ERS \$79 | R \$89 | NR \$99 | 6 weeks

NORTHAMPTON TOWNSHIP SENIOR CENTER

165 Township Road, Richboro, PA 18954

Phone: 215-357-8199 Email: nhsc@nhtwp.org Website: northamptonsc.com

WEEKLY ACTIVITY SCHEDULE

Northampton Township Senior Center strives to enhance the lives of individuals 55 years or better. The center has a wide variety of exercise, wellness, art and dance classes, as well as seasonal sporting leagues, workshops, trips and special events. The center is open to those who live outside of Northampton Township.

MONDAY

9:15 Billiards
9:15 and 10:30 Seniorcise
9:30 Stained Glass
12:00 Billiards League
12:00 Card Room Opens
1:30 Table Tennis

***THERE IS
SOMETHING
FOR EVERYONE!***

TUESDAY

9:00 Watercolors
9:15 Billiards
9:15 Tai Chi
9:30 Table Shuffleboard
10:30 Aerobics
12:00 Card Room Opens
12:00 **NEW!** Ceramics
12:00 Luv 2 Dance (12/2)
12:30 Poker Club
1:30 Vinyasa Yoga
3:00 Zumba Gold
3:30-8:00 Evening Activities
Billiards/Cards

WEDNESDAY

9:15 Billiards
9:15 Card Room Opens
9:30 Table Shuffleboard
9:30 Zumba Gold
10:00 Drawing - Beginners
10:30 Gentle Yoga
11:15 Tap Dance (12/3)
11:45 Chair Yoga
11:45 Pinochle Tournament
12:10 Jazz it UP! (12/3)
1:00 On Your Feet
2:15 Balanced Strength
1:00 Coloring Club

THURSDAY

THE CARD ROOM IS CLOSED.

9:15 Billiards
9:15 and 10:30 Seniorcise
9:30 Table Shuffleboard
10:00 Drawing - Advanced
12:00 Forever Fit
1:15 Aerobics
3:00 Beginner Line Dancing
3:30-8:00 Evening Activities
Billiards/Cards

FRIDAY

9:15 Billiards
9:30 Table Shuffleboard
9:30 Cardio Drumming
10:30 Aerobics
11:45 Darts League
12:00 Card Room Opens
12:00 KNITastics
12:00 Table Tennis

WEBSITE



**EXERCISE, ACTIVITY AND
LEAGUE DESCRIPTIONS**



***A nominal fee is charged for each class with paid membership.
Non-members may participate at a higher daily rate. Fees
vary by class, please contact the center for specific pricing.***

What's NEW!

Balanced Strength

Wednesday at 2:15—3:15 PM

Build confidence from the inside out with this dynamic class that blends full body strengthening with balance, stability, and mindful movement. Improve core control, flexibility, and both static and dynamic balance. Students can stand OR sit, every exercise can be easily adapted for your comfort and ability.



Line Dancing ~ Beginner - Intermediate

Thursday at 3:00—4:00 PM

This class is for those who are new to line dancing or have some experience. Learn basic dance steps, kicking, brushing, vine, shuffling, and jazz box. Learn popular dances, meet new people and have a GREAT time!



Ceramics ~ ALL levels welcome!

Tuesday at 12—2 PM

Hand-Build Ceramics with Raw Clay!

Learn the foundational ceramic techniques such as pinching, coiling, and slab building. Explore texture, form, and surface design while creating your own unique functional or decorative pieces. The focus is on the tactile, expressive process of hand-building so a pottery wheel is not required.

All levels are welcome.

Bisqueware is available to paint and glaze!



Forever Fit

Thursday at 12:00—1:00 PM

Stay strong and energized with Forever Fit, a fun, low-impact fitness class for ALL levels. Boost strength, balance and mobility while moving to upbeat music. The class encompasses different styles of exercise from dancing, stretching, body weight exercises and "light cardio."

Coming
in
January!



Art Sparks! Creative Arts Studio

Explore a different art technique every 6 weeks! The first class, **Felting Fundamentals**, explores the tactile art of felting! In this hands-on class, you will learn how to transform soft wool fibers into wearable creations or decorative art using traditional methods. Experiment with wet felting to shape and sculpt wool into unique textures or small sculptures. This class is perfect for beginners or anyone looking to explore a new and satisfying fiber art form!

fitness FITNESS

CARDIO/STRENGTH

Cardio Sculpt 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite <i>BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified</i>	F	1/9-3/27 <i>no 2/13, 3/20</i>	11:30am-12:30pm	ID 1047
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Cardio Sculpt combines intervals of low-impact aerobics with upper and lower body strengthening exercises, ending with core work and a deep stretch. Participants can expect to improve muscular strength, cardiovascular endurance, core stability and flexibility. A strong emphasis is placed on mindfulness, proper form, and breathing. Modifications are given for all fitness levels. For questions, please contact Tiffany Fite at fite.fitness@verizon.net

ERS \$129 | R \$145 | NR \$165 | 10 weeks



Strong and Stable 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite <i>BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified</i>	M	1/5-3/23 <i>no 1/19, 2/16</i>	1:30-2:30pm	ID 1069
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This class integrates upper and lower body strengthening exercises with movement patterns that require balance and stability. Participants can expect to improve total body strength, core stability, static and dynamic balance, flexibility, and overall functional fitness. A strong emphasis is placed on mindfulness, proper form, and breathing. Please bring a set of handheld weights and a mat for floor exercises. Participants may choose not to use weights and perform floor exercises seated in a chair instead. All exercises can be easily modified to accommodate every participant.

ERS \$129 | R \$145 | NR \$165 | 10 weeks

Total Body Fitness 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Gina DiFebbo	M	1/12-3/2 <i>no 1/19, 2/16</i>	6:00-7:00pm	ID 1079
		3/16-4/27 <i>no 3/30</i>		ID 1080
	W	1/14-2/18		ID 1081
		3/4-4/15 <i>no 4/1</i>		ID 1082
	M & W	1/12-3/2 <i>no 1/19, 2/16, 2/25</i>		ID 1083
		3/4-4/27 <i>no 3/9, 3/30, 4/1, 4/22</i>		ID 1084

A fun and effective program that combines high and low impact aerobics, upper and lower body sculpting and abdominal toning. Bring a mat/towel and hand weights.

ERS \$75 | R \$85 | NR \$95 | 6 weeks
1083-1084: ERS \$119 | R \$129 | NR \$149 | 12 sessions

Fit Focus 8-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jenny Hidalgo	T	1/13-2/24 <i>no 1/27</i>	6:00-7:00pm	ID 987
		3/10-4/21 <i>no 3/31</i>		ID 988

Get moving, get strong, and stay active! Fit Focus is a high-energy fitness class designed to improve strength, endurance, coordination, and overall physical health. Through a mix of bodyweight exercises, cardio drills, and functional fitness routines, participants will build a solid foundation of fitness in a fun and supportive environment. Whether your child wants to enhance athletic performance or just get in better shape, this class delivers real results—one workout at a time!

ERS \$75 | R \$85 | NR \$95 | 6 weeks

Does the thought of moving make your head want to explode?

Believe me, I get it - Moving is one of the top 5 stressors in life! I have the experience, knowledge & resources to help you move from a home that no longer works for you into one that does...with your head - and your life - intact!

Direct: 215-813-6655 * Main: 215-860-9300* Lynne@LynneKelleher.com

LYNNE KELLEHER
TRUSTED REAL ESTATE ADVISOR

BERKSHIRE HATHAWAY
HOMESERVICES

FOX & ROACH REALTORS
www.LynneKelleher.com



"The instructor took the time to make sure everyone understood the different moves and worked the room to help everyone."

PILATES

Pilates 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Barbara Cavanaugh AM	W	1/14-2/18	10:00-11:00am	ID 1061
		3/4-4/15 no 4/1		ID 1062

Pilates focuses on strengthening the upper and lower body, abdominal muscle, lower back, and buns. Pilates is designed to give your suppleness, natural grace and skill. Bring a MAT!

Jenny Hidalgo PM	T	1/13-2/24 no 1/27	7:00-8:00pm	ID 1059
		3/10-4/21 no 3/24		ID 1060

Focus on strengthening your upper and lower body, abdominal muscles, lower back and buns. Your body will create the challenge to improve your core stability by strengthening your core, lengthening your body, and improving your posture. Register now and work your way to feeling Leaner, Calmer, Stronger.

ERS \$75 | R \$85 | NR \$95 | 6 weeks



Virtual Pilates 18+

ONLINE

Marion McNulty	M	1/5-2/23 no 1/19, 2/16	9:30-10:30am	ID 1063
	W	1/7-2/25		ID 1065
	M & W	1/5-2/25 no 1/19, 2/16		ID 1067
	M	3/9-4/20 no 3/30		ID 1064
	W	3/11-4/22 no 4/1		ID 1066
	M & W	3/9-4/22 no 3/30, 4/1		ID 1068

Start your morning from the comfort of your own home with Pilates, the perfect compliment to your routine! Focus on strengthening our upper and lower body, abdominal muscles, lower back and buns. Build strength and stability, improve your flexibility and lower your risk of injury. Start your journey to feel Leaner, Calmer, Stronger. Classes are recorded and are provided to registered participants for 1 week after classes.

1063, 1064 & 1066: \$69 | 6 weeks
1065: \$95 | 8 weeks
1068: \$129 | 12 weeks
1067: \$149 | 14 weeks

TAI CHI

Tai Chi 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Story Biddle	T	1/13-2/17	10:15-11:15am	ID 1071
		3/3-4/14 no 3/31		ID 1072
	Th	1/15-2/19		ID 1073
		3/5-4/16 no 4/2		ID 1074
	Th	1/15-2/19	6:30-7:30pm	ID 1075
		3/5-4/16 no 4/2		ID 1076
T & Th		1/13-2/19	10:15-11:15am	ID 1077
		3/3-4/16 no 3/31, 4/2		ID 1078

Take time for yourself and calm your mind, body and spirit in a low-impact environment for all fitness levels. Emphasis on fluid movement and a full, pain-free range of motion that is specifically designed to manage stress, and wash your anxiety away, while developing muscle tone, building bone density, and improving your balance and flexibility. Our Tuesday class is appropriate for those with some exposure to Tai Chi, the Thursday class provides an introduction geared toward beginners.

1071-1076: ERS \$65 | R \$75 | NR \$85 | 6 Weeks
1077-1078: ERS \$119 | R \$129 | NR \$149 | 12 Sessions

TRAMPOLINE FITNESS

Jump Trampoline Fitness 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Maureen Schoenfeld Certified Group Fitness & JUMP Certified	W	1/14-2/18	6:00-6:45pm	ID 1055
		3/4-4/15 no 4/1		ID 1056

Say farewell to those achy joints and HELLO to a fun new way to reach your fitness goals! This unique approach to exercise is a breath of fresh air, replacing the traditional grind with a fun-filled fitness adventure! Get ready for a workout that's not only good for your body but will leave you feeling energized and refreshed.

ERS \$79 | R \$89 | NR \$99 | 6 weeks

"The instructor was great at explaining different moves and making sure everyone felt comfortable! Great workout, easy on joints, Maureen makes it so fun!"



YOGA

Gentle Yoga - Level 1 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Barbara Cavanaugh	Th	1/15-2/19	9:00-10:00am	ID 1053
		3/5-4/16 no 4/2		ID 1054
Maria Campbell	M	1/12-3/2 no 1/19, 2/16	6:30-7:30pm	ID 1049
		3/16-4/27 no 3/30		ID 1050
	W	1/14-2/18		ID 1051
		3/4-4/15 no 4/1		ID 1052

Are you new to Yoga? This class is a beginner yoga class. This calming stress-relieving yoga class teaches you how to stretch and strengthen the body gradually. Emphasis is on building awareness of the breath and the body. Poses and practices at a slower pace with attention to alignment and detail. Recommended for those new to yoga or working with special concerns. Perfect for the student looking for a gentle experience or those who need a change of pace. Various props will be used for a safe practice and class will end in deep relaxation. Those with medical conditions, please check with your physician if you have any concerns about attending yoga. Please bring a mat, yoga block and water. You may also bring a towel or blanket to assist your practice

ERS \$75 | R \$85 | NR \$95 | 6 weeks

Yogalates Fusion Flow 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/Zumba Gold Certified	T	1/6-3/24	1:00-2:00pm	ID 1085
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Enhance core strength, balance, stability, and flexibility by seamlessly transitioning between yoga and Pilates poses to create a dynamic, engaging workout that strengthens and tones the entire body, reduces stress, and encourages relaxation. A strong emphasis is placed on mindfulness, proper form and breath work. Modifications are given for all fitness levels. For questions, please contact Tiffany Fite at fite.fitness@verizon.net Various props will be used for a safe practice and class will end in deep relaxation. Those with medical conditions, please check with your physician if you have any concerns about attending yoga. Please bring mat, yoga block and water. You may also bring a towel or blanket to assist your practice

ERS \$155 | R \$175 | NR \$195 | 12 weeks



NEW INSTRUCTOR ON THURSDAY NIGHTS!



Zumba 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Char Zumba Gold, Zumba Kids, Circle Mobility, Strong Nation, Group Fitness, Les Mills Shapes, Chair Fitness, Noom Mindset Coach	Th	1/15-2/19	6:30-7:30pm	ID 1089
		3/5-4/16 no 4/2		ID 1090
Marianne Giosa	Sa	1/17-2/28 no 2/14	9:30-10:30am	ID 1087
		3/14-4/25 no 4/4		ID 1088

Experience one exhilarating hour of caloric-burning, heart-racing, muscle-pumping, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA - a fitness party! Why Zumba? It's the best party around.

ERS \$75 | R \$85 | NR \$95 | 6 weeks

Zumba Sculpt 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/Zumba Gold Certified	T	1/6-3/24	12:00-12:50pm	ID 1091
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Zumba Sculpt is geared toward adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity. The design of the class introduces easy-to-follow Zumba choreography that focuses on cardiovascular and muscular endurance, balance, range of motion and coordination. Modifications are given as needed. Have lots of fun while experiencing the physical, mental & social benefits of Zumba Fit!

ERS \$155 | R \$175 | NR \$195 | 12 weeks

TWEEN NIGHTS

10-14 YRS • JUST \$25 PER TEEN!

Sprinkles and Sparkles: Cupcake Decorating and Manicures

NORTHAMPTON TOWNSHIP RECREATION CENTER

F	1/9	6:00-8:00pm	ID 1117
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It's a night of sweet treats and sparkle! Tweens will decorate delicious cupcakes with frosting, sprinkles, and toppings, then give themselves (or a friend!) a fun manicure. Enjoy music, pizza, and plenty of laughter while spending time with friends and getting creative. All supplies (and pizza!) are included.

Friday Night Face-Off: Floor Hockey & Pizza Party!

NORTHAMPTON TOWNSHIP RECREATION CENTER

F	1/9	6:00-8:00pm	ID 1023
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Grab your friends and hit the court for a fun night of fast-paced floor hockey—no equipment or experience needed! We'll wrap up the action with pizza and plenty of laughs. It's the perfect way to kick off your weekend!

Beads & Bracelets

NORTHAMPTON TOWNSHIP RECREATION CENTER

F	2/20	6:00-8:00pm	ID 1115
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Get creative and crafty at our Beads & Bracelets Hangout — with pizza, of course! Tweens can design their own colorful bracelets using a variety of beads, charms, and letters while relaxing with friends, music, and a slice (or two!). Whether you're making matching friendship bracelets or showing off your personal style, this night is all about fun, food, and creativity. All supplies (and pizza!) are included.

Full Court Fun

NORTHAMPTON TOWNSHIP RECREATION CENTER

F	2/27	6:00-8:00pm	ID 1024
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Get ready to bring the energy! Join us for Friday Full Court Fun — a night packed with games, friends, and good times. Play basketball, gaga, dodgeball, and more, then fuel up with pizza before jumping back into the action! It's the ultimate way to kick off your weekend sneakers on, friends in tow, and fun guaranteed!

Game Night Madness: Board Games and Card Games Galore

NORTHAMPTON TOWNSHIP RECREATION CENTER

F	3/13	6:00-8:00pm	ID 1116
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Bring your game face (and your appetite) for a night full of friendly competition and fun! Tweens can team up or go head-to-head in classic board games, card games, and new favorites — from Uno to giant Jenga to Connect 4 and more. Enjoy pizza, laughs, and a chance to show off your game skills in a relaxed, hangout-style setting.

Full Court Fun

NORTHAMPTON TOWNSHIP RECREATION CENTER

F	3/27	6:00-8:00pm	ID 1025
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Get ready to bring the energy! Join us for Friday Full Court Fun — a night packed with games, friends, and good times. Play basketball, gaga, dodgeball, and more, then fuel up with pizza before jumping back into the action! It's the ultimate way to kick off your weekend — sneakers on, friends in tow, and fun guaranteed!

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"Tween Nights are the best! My daughter loves having a fun, safe place to hang out. The activities are always creative and well-supervised, and it gives parents peace of mind knowing the kids are in good hands while having a blast!"

SPECIAL INTEREST



BOATING

Boating for Beginners 12+

100 MUNICIPAL DR. NEWTOWN PA 18940

Lee A. Bacon, Flotilla Commander	Sa	3/7	9:00am- 5:30pm	ID 986
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Become a PA state-certified boat operator. The certificate earned is PA state authorized and is accepted in all states where required for the operation of powered vessels including personal watercraft (jet skis, etc.). Class will provide an introduction to boating; equipment, safety, emergencies and general regulatory information. This is the minimum eight-hour requirement for state certificate. Class is for Ages 12+; children under age 18 must be accompanied by an adult.

R \$25 | NR \$30 | 1 day

BUILDING

Arena STEM 5-12yrs

950 INDUSTRIAL BLVD. SOUTHAMPTON PA 18966

ARENA STEM Staff	M	1/12-3/2 no 1/19, 2/16	5:00- 6:00pm	ID 968
		3/16-4/27 no 3/30		ID 969



Ratchet up your imagination with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Space Odyssey, heavy machinery and robots. Design and build as never before to explore your craziest ideas. You will put your creations to have power towards the end of the session. Put your concepts to the test with STEM hands-on projects!

\$119 | 6 weeks

AI Smartcore 4 Robot 6-10yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Minds in Motion Staff	W	1/21-2/25	5:00-6:00pm	ID 949
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Dive into the exciting universe of robotics by building and taking home your very own AI SmartCore 4 Robot! This remarkable kit features 4 separate modular smart vehicles that are powered by cutting-edge AI SmartCore technology! It allows All-Terrain Cube to navigate directions with balance and predictability; Enables Super Snake to entertain the most curious of four and two-legged friends; Empowers Turbo Trike to cruise at high speeds while maintaining control; and transforms Titan Tank into a roving explorer. Whether navigating tricky terrain, zooming at top speeds, or exploring new territories, every day promises hands-on fun and learning! With 42 easy-to-snap-together parts, a remote control, and a rechargeable LiPO battery, it's perfect for new robot builders eager to master robotic engineering! Ready to build the future? Join us and let your imagination take flight!

R \$175 | NR \$185 | 6 weeks

LEGO Minecraft Engineering 5-9yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Playwell Tek Instructors	M	3/16-4/27	5:30-6:30pm	ID 979
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Bring your favorite Minecraft adventures to life with our enthusiastic Play-Well instructors. In a Minecraft world powered by LEGO® resources, we will build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

R \$149 | NR \$165 | 6 weeks

LEGO Pokemon Engineering 5-9yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Playwell Tek Instructors	M	1/12-3/2 no 1/19, 2/16	5:30-6:30pm	ID 978
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Calling all Pokemon trainers! With the Pokemon Championship approaching, join our enthusiastic Play-Well instructors as we build and catch our favorite Pokemon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokemon, and battle to see who will hold the title of Pokemon Master. Come along on our journey to catch 'em all!

R \$149 | NR \$165 | 6 weeks

CARDS & GAMES

Friday Knight Chess Club 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Staff	F	1/16-2/27 no 2/13	5:30-6:30pm	ID 951
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Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student would have had the chance to participate in a mini-chess tournament.

R \$175 | NR \$189 | 6 weeks

GEOVENTURES DAY-OFF WORKSHOPS

Geoventures 6-10yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Geoventures Staff	M	1/19 Nature Chemists	9:00am- 3:00pm	ID 1005
		2/16 Spy Training		ID 1006

1/19 NATURE CHEMISTS Learn about our world through safe, nature-friendly science experiments! Using plants to cause magic color changes, non toxic slimes, giant bubbles, rainbow volcanoes and more!

2/17 SPY TRAINING Become an expert in disguise, code-breaking, surveillance, stealth and more at Spy Training!

R \$89 | NR \$99 | 1 day



SPECIAL INTEREST

CULINARY

Charcuterie Board Making Night: BYOB - Cheese, Crackers & Corks! 21+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Karina Velter <i>Overboard with Karina</i>	Sa	12/13	7:00-9:00pm	ID 989
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Celebrate the holidays with overboard with Karina. Bring a friend or group to a fun evening with great food, laughter, and a chance to win fun prizes. Learn to design the perfect charcuterie board that will impress your guests this holiday season. Join us for an evening of artistic food fun. Class includes all supplies needed to build a beautiful board that serves 2-3 people. From 7-7:30 enjoy an exquisite grazing experience courtesy of overboard with Karina, then let's get started. Unfortunately, refunds cannot be issued once supplies have been purchased!

\$90 | 1 day

Tarot for Beginners 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Robert Hazzon	T	1/13-2/17	7:00-8:00pm	ID 1113
		3/3-4/14 no 3/31		ID 1114

This is a beginners class for anyone interested in the fascinating and esoteric world of Tarot. You'll learn all the meanings of the cards and their symbols, plus various layouts and types of readings. Requirement for the class-HAVE YOUR OWN DECK which should be the Rider-Waite deck since the lessons refer to that particular deck. Always buy a new deck, not used. The class runs for 6 weeks, meeting once a week. Teacher, Robert Hazzon, has been reading cards for over 40 years with a significant following and reputation on Facebook. These classes have been going on at Northampton Parks and Recreation since the Fall of 2023.

ERS \$89 | R \$99 | NR \$115 | 6 weeks



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Aromatic Crafting: Pucker Up Creations 8-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Venessa Phipps, <i>Certified Soap Maker & Teacher, owner DeGanya Aromatics</i>	Sa	3/14	10:00am-2:00pm	ID 1009
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In this workshop, participants will learn how to craft their own lip products: lip scrub, lip oil, lip mask and lip balm or lip gloss. Practice how to use a scale to measure grams and ounces.

Note: The products may contain cocoa butter, shea butter, beeswax, flavor oils, glitter and colorants to name a few. Some children are sensitive to these materials, if they are it is best not to sign them up for the workshop. The crafting process requires working with materials that are warm to the touch. The instructor will assist in handling warm containers, if required.

Projects may be subject changes based on availability of materials and time constraints. Participant, always receive an enriching and invaluable experience.

ERS \$75 | R \$85 | NR \$95 | 1 day

Beginner's Cold Press Soap Making 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Venessa Phipps, <i>Certified Soap Maker & Teacher, owner DeGanya Aromatics</i>	Sa	4/11	12:00-4:00pm	ID 1010
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This is a hand-on class for the beginner soap maker, no prior experience is required. The soap making process taught is Cold Process, technique Thermal Heat/Room Temperature.

In this class, you will gain an understanding of:

- Understanding lye safety.
- Learning how to correctly measure raw materials using grams and ounces.
- What is a soap calculator and why it is used.
- How fats and oils become soap.
- What is super fatting?
- Essential Oils and Fragrant Oils: How do they differ?
- Handout will contain the following information: soap making instructions, safety instructions, equipment, and reference books and websites.



ERS \$125 | R \$135 | NR \$145 | 1 day

SPECIAL INTEREST

SPANISH

Hola Amigos: See the World in Color 5-10yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Laura Nicholas, *Spanish Teacher for 15 years and is also a Spanish curriculum write*

Sa	12/6	11:00am-12:00pm	ID 902
	1/10		ID 903

Give your child the gift of language through fun and play! iHola Amigos! is a once-a-month Spanish class designed just for kids ages 5-10. Each Saturday session brings a new theme to life with games, songs, and interactive activities that make learning natural and exciting.

DECEMBER See the world in color! Learn colors and fun opposites like big/small and fast/slow.

JANUARY Weather & movement—dance, walk, eat, and more with simple Spanish verbs.

By the end of the season, children will have built a strong foundation of useful words and phrases, while gaining confidence and curiosity for a new language.

Classes meet at 11:00 AM on one Saturday each month. Sign up for one session or all of them! No prior Spanish experience needed - Perfect for beginners and great for little adventurers!

R \$25 | NR \$29 | 1 day



NEEDLEWORK

Adult Open Studio Sewing 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	F	2/13	6:00-9:00pm	ID 1095
		2/27		ID 1096

Calling all stitchers! Bring your latest project (or start something brand new) and enjoy a relaxed, creative sewing session with guidance from our instructor. Whether you're hemming pants, crafting a tote, or finishing that half-done quilt, this is your time to sew, chat, and create! Basic sewing skills and comfort using a machine required. New to sewing? Start with our Intro to Sewing class on February 10.

\$75 | 1 day



Intro to Crocheting & Sewing 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	M	2/9	Intro to Sewing 10:00am-12:00pm	ID 1093
			7:00-9:00pm	ID 1094
		2/23	Intro to Crocheting 10:00am-12:00pm	ID 1107
			7:00-9:00pm	ID 1108



INTRO TO SEWING Do you have a sewing machine gathering dust, and you're not quite sure where to start? Dust it off and bring it to our class, where you'll dive into the basics of machine operation and essential sewing techniques. By the end of the session, you'll have created a stylish standing zippered pouch in your choice of fabric! Whether you're a complete beginner or just looking to refresh your skills, this hands-on experience will unlock your creativity and help you gain confidence with your sewing machine. Join us for a fun and creative experience!

INTRO TO CROCHETING Join us for a fun-filled crochet adventure! You'll learn the basics, from casting on to mastering single and double crochet stitches. Just come ready to create and have a blast! Fee includes crochet hook, yarn and instruction. Please note that everyone will learn differently at a different pace and may or may not walk away with a finished piece.

\$59 | 1 day

BYOB Chunky Knit Blanket Class 21+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Kaitlin Donahue	F	12/19	6:00-8:30pm	ID 948
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Get cozy and creative with us! In this fun, hands-on class, you'll learn how to make your very own throw-size chunky knit blanket — no needles or knitting experience needed! We'll walk you through each step, and by the end, you'll have a gorgeous, snuggly blanket to take home. All materials are included in the price. Come craft, sip, snack, laugh, and leave with something you'll love to cuddle up with!

\$95 | 1 day

Kids Hand Sewing Class 5-12yrs

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	M	2/2	5:00-6:30pm	ID 1109
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Join us for a hand sewing adventure where you can bring your wildest animal creations to life! We'll be using colorful felt to craft adorable animal puppets and cuddly stuffed animals - no sewing machine needed! All supplies included, just bring your creativity. We cannot wait to see what you will create.

\$45 | 1 day

"The instructor did a great job and I left the class feeling confident in my new skills. She was patient and willing to help throughout the class!"

special interest

SPECIAL INTEREST

SOUND BATH

Candlelight Reiki Infused Sound Bath Escape 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Rebecca Zarnawski and Patty Lai, Reiki Master	F	12/12	6:30-8:00pm	ID 733
	Sa	1/24	10:00-11:30am	ID 1099

The combination of Reiki and Sound is a powerful method used to attune your mind, body and spirit to higher frequencies and open up your energy channels (chakras and meridians) to flow freely by removing blockages. Dress comfortably

*Please be on time, doors will close at class time.

* Feel free to bring your crystals and extra water bottles to charge up!

*Please bring a towel or blanket for comfort while laying on the floor.

**Give yourself some extra time if you have not been to this address before.

* No show attendee fees are not refundable

ERS \$65 | R \$75 | NR \$85 | 1 day

Crystal Bowl Sound Bath Renew, Restore, Refresh 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Rebecca Zarnawski Reiki Master	F	2/20	6:30-7:30pm	ID 1100
	S	3/21	10:00-11:00am	ID 1101

Crystal Singing Bowls work on a vibrational level to help remove stress and tension from the body and mind, while raising your energetic vibration and promoting relaxation, rejuvenation, and healing.

The sound frequencies of each crystal bowl correlates to an energy center in the body to open and cleanse the system on a cellular level, and ultimately raise the vibration of mind and body.

Resting comfortably in a crystalline sound warp, attendees will experience the frequencies and harmonies of crystal singing bowls and settle into an ultra relaxing brainwave state where healing stress relief and relaxation can happen.

Please bring your own yoga mat/blanket(s) and pillow for your comfort. Dress comfortably.

ERS \$39 | R \$45 | NR \$55 | 1 day



THEATER

Musical Theatre 6-18yrs

NORTHAMPTON TOWNSHIP SENIOR CENTER

Young Performers Collaborative staff	M	1/19-3/9	6:00-7:00pm ages 6-11	ID 1175
			7:15-8:15pm ages 12-18	ID 1176

AGES 6-11 In this engaging musical theatre class, young performers will develop their acting and singing skills. Students will rehearse and present a short, original children's musical written by accomplished director and composer, Charis Duke, assisted by the wonderful and talented, Dominick Conte. The 8 week class will culminate in an informal, in class performance for family and friends. There is no prior experience necessary! Come join us for a great time learning and having fun!

AGES 12-18 In this exciting Musical Theatre Class, performers will develop their acting and singing skills. Led by accomplished director and composer, Charis Duke, and assisted by the wonderful and talented Dominick Conte, students will explore a variety of scenes and songs from an assortment of Broadway musicals. The 8 week class will culminate in an informal, in-class showcase performance for family and friends. There is no prior experience necessary! Come join us for a great time learning and exploring some of Broadway's greatest musicals!



\$255 | 6 weeks

VOICE OVER

Voice Overs - Now Is Your Time! Training 16+

ONLINE

Lisa Foster	W	2/25	6:30-8:30pm	ID 1118
	Th	4/23		ID 1119

In what will be the most enlightening webinar you have ever taken. Such a Voice professional voice coaches will show you how you can begin using your speaking voice for commercials, films, videos and more. In this introductory class, learn about a unique way to break into this creative, fulfilling and potentially lucrative industry. Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you have been looking for. Participants will be given the opportunity to book a 1-on-1 script read and voice evaluation for the following day. This class is presented in a Zoom format, a link will be sent 24 hours prior to class. All attendees receive a personal voice evaluation included in the fee. If you do not receive the link in your email please check your spam folder.

\$20 | 1 day

BASKETBALL

Hoop/Little Hoop Stars 4-8yrs

WELCH ELEMENTARY SCHOOL

Jump Start Sports

W

1/14-
2/185:15-6:15pm
*Little Hoop
Stars 4-5 yrs*

ID 1126

6:15-7:15pm
*Hoop Stars
6-8 yrs*

ID 1127

3/4-
4/15
*no
4/1*5:15-6:15pm
*Little Hoop
Stars 4-5 yrs*

ID 1128

6:15-7:15pm
*Hoop Stars
6-8 yrs*

ID 1129



LITTLE HOOP STARS 4-5 YRS Professional coaches from Jump Start Sports will run this instructional and recreational basketball program. Players are taught the basics of dribbling, passing, shooting and defense in this fun-oriented program.

HOOP STARS 6-8 YRS Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding and then apply what they have learned in fun, non-competitive games.

ERS \$119 | R \$129 | NR \$139 | 6 weeks

FIELD HOCKEY

Indoor Field Hockey Fun: Skills & Games for Everyone (Co-Ed) Grades 2-9

NORTHAMPTON TOWNSHIP RECREATION CENTER

Bridget
Schaeffer

Su

2/1-3/15
*no 2/15*12:15-1:30pm
Grades 2-5

ID 952

1:45-3:00pm
Grades 6-9

ID 953

Each session starts with a dynamic warm-up for injury prevention and performance. We'll build core field hockey skills—ball control, dribbling, dodging, passing, receiving, defending—and then put them to work in coached small-sided games. Players learn team concepts, compete to win, and track their progress—all in a fun, supportive atmosphere. Field hockey is an amazing Olympic sport that features eye-hand coordination, athleticism, discipline, and quick thinking. Our Indoor Field Hockey Skills and Games, will be held in our weather-perfect indoor facility. Its smooth "be successful" surface is ideal for young field hockey players. **REQUIRED EQUIPMENT:** Field hockey stick, shin pads, mouth guard, and field hockey ball.

ERS \$119 | R \$135 | NR \$155 | 6 weeks



We love Coach Vince. He is patient and fun and our son loves going to hockey.

FLOOR HOCKEY

Tiny Tots Floor Hockey 4-8U

NORTHAMPTON TOWNSHIP RECREATION CENTER

Vince Prozzillo

Th

1/15-2/19

6:15-7:00pm

ID 996

3/5-4/16
no 4/2

ID 997

Boys & Girls (8 & Under) Players will be placed on teams and taught basic skills as well as game safety and sportsmanship. No prior experience necessary. Warm ups, then game. 3 twelve minute periods. *First time players receive team shirts. End of season awards provided*

ERS \$99 | R \$109 | NR \$119 | 6 weeks

Youth Floor Hockey 5-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman

Sa

1/3-
3/288:00am-
4:00pm (time
varies)

ID 652

Leave the skates behind and join the best (and only) floor hockey league in town! Players will have fun, develop hockey and team-sports skills, and be eligible for end-of-the-season awards. Games are played on Saturdays. See below for approximate division and schedule. **No refunds can be given after the season has started.**

Mites Division | 5-8yrs

approx 9:00am, 10:15am

Pee Wee Division | 9-12yrs

approx 11:30am, 12:45pm

Juniors Division | 13-16yrs

approx 2:30pm, 3:30pm

ERS \$119 | R \$130 | NR \$155 | 13 weeks

Adult Floor Hockey 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman

Th

1/8-
3/26

7:30-11:45pm

ID 1142

Thursday Night belongs to Northampton Adult Floor Hockey! At the start of each season, participants are drafted by team captains, following a scrimmage to show off their skills. Games begin the following week. Registration fills up quickly, and no additional players may join after the completion of the draft. If a player is drafted as a goalie, the household will be issued a \$25.00 credit. If you haven't played on a team in the league the last 4 seasons, you are required to attend and play in the 7:00 PM scrimmage on the night of the draft (1/8) for the current season. If you do not, you risk losing your spot to someone else. **No refunds can be given after the season has started.**

ERS \$139 | R \$155 | NR \$179 | 13 weeks



GYMNASTICS

AFTERNOON ENRICHMENT PG 10!

Tiny Tumbles Gymnastics 18 mos-10yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

	F	1/30-3/27 no 2/13, 3/6	3:15-3:50pm 18-24 mos <i>Tumble Buddies</i>	ID 576
			4:00-4:50pm 3-5yrs <i>Preschool Gymnastics</i>	ID 577
			5:00-5:50pm 5-7yrs <i>Intermediate Gymnastics</i>	ID 578
			6:00-6:50pm 5-10yrs <i>Beginner Gymnastics</i>	ID 579
			7:00-7:50pm 7-10yrs <i>Intermediate Gymnastics</i>	ID 580

On your mark, get set, roll! Tiny Tumbles is a mobile gym offering gymnastics programming for kids of all ability levels from ages 18 months-10 years. Balance on the beam, swing from the bars, bounce on the trampoline, and so much more! Students will learn fundamental gymnastics skills, participate in age-appropriate challenges and games, and explore exciting apparatus in a safe and engaging setting. Our program enables children to boost physical fitness while fostering goal setting, teamwork, and self-confidence.

SEE WEBSITE FOR PREREQUISITE DETAILS.

7 WEEKS:

576: ERS \$169 | R \$179 | NR \$189
ERS \$199 | R \$209 | NR \$219

"My child very much enjoyed the class and instructor. I enjoyed being able to come into the room and watch. Many gymnastics classes do not allow this."

ICE HOCKEY

Learn to Play Ice Hockey 4-12yrs

NORTHEAST SKATE ZONE

Vince Prozzillo	F	1/2-2/6 2/13-3/20	5:20-6:20pm	ID 1001 ID 1002
	Sa	1/3-2/7 2/14-3/21	10:10-11:10am	ID 1003 ID 1004

Participants start from square one, learning the basic skills of ice skating, while being introduced to individual ice hockey specific skills (stick-handling, shooting, passing). Set in a fun and nurturing environment, this introductory program provides all participants a comfort level to enjoy their first experience with hockey, while developing the fundamental skills to succeed in the next program progression steps. FREE equipment for first time players. Over \$300 worth of equipment, skates are not included but players can use the rentals at no charge.

\$189 | 6 weeks



MARTIAL ARTS

Shotokan Karate 5+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Sensei Andrew Spivack	T	1/13-2/24 no 2/10	6:00-6:45pm Beginner	ID 970
			6:45-7:30pm Adv Beginner	ID 971
		3/10-4/21 no 3/31	6:00-6:45pm Beginner	ID 972
			6:45-7:30pm Adv Beginner	ID 973

Join Sensei Andrew Spivack at the Rec Center as he teaches traditional Japanese karate. The Shotokan program is dedicated to developing healthy bodies, sound minds, and self-esteem, all balanced with a deep respect for others. The Northampton Shotokan Karate club will directly support the growth of your child through a variety of classes, progressive challenges and individualized instruction. Help your child protect themselves mentally and physically, register today!

BEGINNER This level is only for those who are brand new to Shotokan or have not yet taken their first belt test.

ADVANCED BEGINNER This level is for Black Stripe, Yellow Stripe and Candidate Yellow Students.

ERS \$79 | R \$89 | NR \$99 | 6 weeks

Tae Kwon Do & Jiu Jitsu 5+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Bob Doughty and Leslie Ann Moore	W	1/14-2/18	5:15-6:15pm	ID 1011
		3/4-4/15 no 4/1		ID 1012

The benefits of Tae Kwon Do instruction are endless! Participants learn and develop all of the techniques for defense including: kicking, punching, blocking, grappling, and proper falls. Offered at the Recreation Center for over 25 years, students learn discipline, respect, self control and gain confidence - all while getting a great workout!

No jewelry, pierced earrings, necklaces, etc. permitted in class.

ERS \$69 | R \$79 | NR \$85 | 6 weeks



"The instructor is wonderful, direct but not too strict."

"Thank you so much for offering this program. My son loves it."

MULTI-SPORT

All in Athletics Sports for All 5yrs-Adult

NORTHAMPTON TOWNSHIP RECREATION CENTER GYM

Su	1/18-2/28 no 2/15	3:30-4:45pm	ID 1130
	3/8-4/19 no 3/27, 4/5		ID 1131

All In Athletics offers inclusive sports programming specifically designed for individuals on the autism spectrum and those with intellectual disabilities. Our 5-week sessions give athletes the chance to explore a variety of sports in a fun, supportive, and safe environment. Each week features a different sport, helping participants build confidence, develop skills, and discover what they enjoy most. All athletes will receive a t-shirt and personalized instruction in sports such as soccer, basketball, volleyball, handball, floor hockey, kickball, badminton, flag football, and more.

ERS \$95 | R \$105 | NR \$115 | 5 weeks

"Coach Matt was incredible with the kids. What a great program."



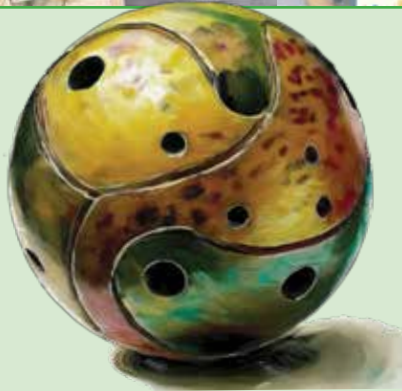
NEW! Amazing Athletes: Tots Jump Bunch 18mos-2.5yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Super Soccer Stars/ Amazing Athletes	Th	1/15-2/19	9:45-10:30am	ID 1045
		3/5-4/16 no 4/2		ID 1046

Designed with little ones in mind, the Amazing Tots discovery lessons incorporate important educational developmental properties into structured physical activities combining fitness, learning, and fun all in one!

ERS \$75 | R \$85 | NR \$95 | 6 weeks



PICKLEBALL

Pickleball is the fastest growing sport in the nation... and now it's here in Northampton! This mini-tennis game is a mix of tennis, badminton and ping pong for two to four players. It's easy to learn and fun for all ages! If you are interested in trying something new, fun and social, and/or enjoy a workout, this is the sport for you!

To ensure player safety, the Parks and Recreation Team will be taping courts before each class so participants can enjoy a smooth, safe court. Come learn and perfect your game, worry free!

Youth Pickleball 8-16 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER GYM

Susan Bowman Tennis and Instructors	M	1/12-3/2 no 1/19, 2/16	6:30-7:30pm	ID 1151
		3/16-4/27 no 3/30		ID 1152

Dive into the exciting world of pickleball with our Youth Pickleball Class! For ages 8-16, this program blends skill development and friendly competition. Instructors ensure a supportive environment for players of all levels. Join us for an active and fun-filled experience on the court. Enroll now and let the pickleball adventure begin! Equipment is made available during instruction. Foam balls used for instruction.

ERS \$85 | R \$95 | NR \$105 | 6 weeks



"The instructors are AMAZING. I had so much fun playing each week and receiving help with my techniques."

Pickleball Made Easy 16+

MAUREEN WELCH ELEMENTARY SCHOOL

Susan Bowman Tennis and Instructors	T	1/13-2/10	5:30-6:30pm	ID 1153
		3/3-4/7 no 3/31		ID 1154

New to Pickleball or already playing but unsure about all the rules? This fun and interactive instructional class is perfect for beginners and casual players looking to build confidence on the court. We'll break down the basics—rules, techniques, scoring, and strategy—in a relaxed and supportive environment. Whether you're swinging a paddle for the first time or just want to sharpen your skills, this class will have you feeling comfortable and ready to jump into the game! Paddles and balls are supplied. Pre-registration is required.

ERS \$89 | R \$99 | NR \$109 | 5 weeks

Pickleball Clinic 16+

MAUREEN WELCH ELEMENTARY SCHOOL

Susan Bowman Tennis and Instructors	T	1/13-2/10	6:30-7:30pm	ID 1155
		3/3-4/7 no 3/31		ID 1156

A beginner / advanced beginner friendly class focused on learning the rules, techniques, and fundamentals of pickleball in a relaxed, supportive setting. Perfect for new or casual players. Pickleball is the fastest growing sport in the nation... and now it's here in Northampton! This mini-tennis game is a mix of tennis, badminton and ping pong for two to four players. It's easy to learn and fun for all ages! If you are interested in trying something new, fun and social, and/or enjoy a workout, this is the sport for you!

ERS \$89 | R \$99 | NR \$109 | 5 weeks

Pickleball Competitive Play 16+

MAUREEN WELCH ELEMENTARY SCHOOL

Susan Bowman Tennis and Instructors	T	1/13-2/10	7:30-8:30pm	ID 1157
		3/3-4/7 no 3/31		ID 1158

Designed for intermediate to experienced players looking for fast-paced games and strategic play. Matches and tournament play will challenge skills and elevate your competitive edge

ERS \$89 | R \$99 | NR \$109 | 5 weeks

AFTERNOON ENRICHMENT PG 10!

Sunday Soccer Shots 2-8yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Soccer Shots	Su	1/18-3/1 no 2/15	9:00-9:30am Mini I 18-26 mos	ID 1132
			Mini II 2yrs	ID 1133
			9:45-10:20am Classic 3yrs	ID 1134
			10:30-11:10am Classic+ 4-5yrs	ID 1135
			11:20am-12:05pm Premiere 6-8yrs	ID 1136
	Su	3/15-4/26 no 4/5	9:00-9:30am Mini I 18-26 mos	ID 1137
			Mini II 2yrs	ID 1138
			9:45-10:20am Classic 3yrs	ID 1139
			10:30-11:10am Classic+ 4-5yrs	ID 1140
			11:20am-12:05pm Premiere 6-8yrs	ID 1141

Soccer Shots is an engaging children's soccer program with a focus on character development. We positively impact children's lives on and off the field through our best-in-class coaching, communication, and curriculum. PLEASE BRING A WATER BOTTLE. SUGGESTED BUT NOT REQUIRED: CLEATS - when outdoors (SNEAKERS ARE FINE) AND SHIN GUARDS

SOCCER SHOTS MINI CLASS 18-26 MOS is designed for our youngest players and their caregivers! This engaging program blends creative free play with simple skill-building activities to support gross motor development and introduce the fun of soccer in a positive, playful way. Parent participation is REQUIRED for this class. Come ready to move, laugh, and enjoy quality time with your little one!

SOCCER SHOTS MINI CLASS 2YRS is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

CLASSIC 3YRS utilizes creative activities to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as RESPECT, TEAMWORK, and APPRECIATION. Additionally, the concept of competition is introduced. Parent participation encouraged.

CLASSIC+ 4-5YRS introduces advanced footwork, in addition to a greater focus on team play. Children will play fun games that will allow them to experience development in coordination, agility, and change of speed. Additionally, competition will occur in the form of end-of-class scrimmaging.

PREMIER 6-8YRS focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

ERS \$125 | R \$135 | NR \$145 | 6 weeks



"The instructors were great and my child was able to improve his skills in a fun environment."

TENNIS

Tennis 4-16yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER*

Susan Bowman Tennis School and Instructors	M	1/12-3/2 no 1/19, 2/16	5:30-6:30pm Pee Wee 4-6yrs	ID 1143
			5:30-6:30pm Junior 7-16yrs	ID 1144
	M	3/16-4/27 no 3/30	5:30-6:30pm Pee Wee 4-6yrs	ID 1145
			5:30-6:30pm Junior 7-16yrs	ID 1146
	W	1/14-2/18	5:30-6:30pm Pee Wee 4-6yrs	ID 1147
			5:30-6:30pm Junior 7-16yrs	ID 1148
	W	3/4-4/15 no 4/1	5:30-6:30pm Pee Wee 4-6yrs	ID 1149
			5:30-6:30pm Junior 7-16yrs	ID 1150

PEE WEE 4-6YRS Introduce tennis to your 4-6 year old with a fun and exciting approach! Your up-and-coming tennis player will develop hand-eye coordination along with movement skills. Participants will grow comfortable with equipment and learn the parts of the tennis court. Basic tennis fundamentals and shots are taught through lots of tennis-like games!

JUNIOR 7-16YRS Looking for a great place for your junior to start or brush up on tennis basics and advance further? Juniors will improve hand-eye coordination and agility, perform racquet-handling skills, and become familiar with the tennis court. Instructors zero in on building a strong foundation through basic strokes and fun games associated with tennis. Match play is introduced, instructors will meet your junior player at their ability level to foster their growth and love of the game.

*Held on tennis courts in nice weather. Racquets available during instruction.

ERS \$85 | R \$95 | NR \$105 | 6 weeks

"The coach was very engaging with the kids and the kids all have so much fun."

VOLLEYBALL

Youth Volleyball Clinic 6-12yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jump Start Sports	T	1/13-2/17	5:16-6:15pm 6-9yrs	ID 1122
			6:15-7:15pm 9-12yrs	ID 1123
		3/3-4/14 no 3/31	5:16-6:15pm 6-9yrs	ID 1124
			6:15-7:15pm 9-12yrs	ID 1125

Looking for a fun and engaging way for your child to learn and develop the skills necessary to succeed in volleyball? Join Jump Start Sports Youth Volleyball Programs today! Our programs are designed to provide children with a comprehensive introduction to the sport of volleyball, while also building important skills such as teamwork, sportsmanship, and confidence. In our Youth Volleyball Programs, children will learn the fundamentals of volleyball using a wide variety of fun and age-appropriate drills as well as game play. Our experienced coaches use a variety of innovative techniques and drills to help children develop the skills they need to succeed in volleyball and in life, including passing, setting, hitting, blocking, serving, basic offense and defense, positioning, and team strategy.

ERS \$99 | R \$109 | NR \$119 | 6 weeks

Youth Volleyball League 10-14yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jump Start Sports	M	1/12-3/16 no 1/19, 2/16	7:45-9:00pm	ID 1120
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Bump, set, spike—get ready for a fun and competitive season of volleyball! Our 8-week league includes 6 weeks of regular season games followed by 2 weeks of playoffs. Whether you're a seasoned player or just love the game, this is a great way to stay active and meet new people. Players sign up individually and will be placed on balanced teams. You can request one friend to be on your team, and we'll do our best to pair you up. Each week, stats and standings will be shared with all players. All skill levels welcome! Game times will vary.

\$235 | 8 weeks



Adult Volleyball 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER GYM

T	1/13-2/17	7:30-9:30pm	ID 958
W	1/14-2/18	7:45-9:45pm	ID 960
T	3/3-4/14 no 3/31	7:30-9:30pm	ID 959
W	3/4-4/15 no 4/1	7:45-9:45pm	ID 106

ADULT 17+ Do you love volleyball? Looking for a little healthy competition? This very popular, highly competitive recreational league is a great fit for men and women ready to serve up a great game! Players have a moderate to intermediate skill level. If you think you can keep up, don't wait...register today!

ERS \$65 | R \$75 | NR \$85 | 6 weeks

"Coach Chris was great with the kids. Really learned all of the fundamentals of volleyball and had fun doing it."



A BIG THANK YOU TO OUR HALLOWEEN HAPPENING SPONSORS

A COMMUNITY OF BUSINESSES THAT CARE!

Parks & Recreation is grateful to the generosity of the many local businesses that have supported the essential need for recreational activities, events, camps and programming for the Community.

THANK YOU TO LOCAL BUSINESSES FOR DONATIONS AND SERVICES.

If your company would like to Sponsor an upcoming events, please reach out to: Kristin Fullerton
kfullerton@nhtwp.org 215-357-6800 ext. 249



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