

NORTHAMPTON TOWNSHIP PARKS AND RECREATION STAFF PRESENTS

FALL 2026

HALLOWEEN
HAPPENING

GOOD
COMMUNITY
GREAT
MEMORIES



MUSIC

PHOTO
SPOT

STAFF JUDGING

COSTUME
CONTEST

DRINKS

HOT
DOGS



REGISTRATION

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Registrations are accepted in person, online, or over the phone 215-357-5396 or 215-6800 ext. 210

- Online at www.northamptonrec.com.
- Registration is required for all classes and workshops.
- Pre-registration may be required for Special Events.

FEES & DISCOUNTS

Confirmation of registration or payment will be sent via email.

Class Links for Virtual Programs will be emailed the day prior to first class.

Senior Citizen Discount 10% - 62 years & over.

(Not to be combined with other discounts.)

Early Registration Savings - Northampton Residents are entitled to the Early Registration Savings Fee (ERS) when registering at least (7) seven calendar days prior to the first day of class (Not to be combined with other discounts). Participants not residing in Northampton Township must pay the Non-Resident (NR) fee.

PROGRAM REFUNDS/CREDITS

A \$10 processing fee will be assessed for ALL refunds.

Refunds will not be granted nor fees pro-rated for vacation or illness. Refunds will not be granted once a program starts.

While we make every attempt to ensure the accuracy of our offerings, we cannot be responsible for updates or typographical errors. We will update any changes online.

DISCOVER, LEARN & GROW!



NORTHAMPTON TOWNSHIP PRESCHOOL

Now offering Full-Day Pre-K!

At Northampton Township Preschool, children begin their lifelong love of learning in a warm, nurturing, and friendly environment. Our certified teachers guide 3- and 4-year-olds through a hands-on, age-appropriate curriculum that thoughtfully blends academics and play. Students explore art, math, writing, and science while building fine and gross motor skills. They learn to recognize names, shapes, and colors, and develop important social, emotional, and cognitive skills through structured play and meaningful classroom experiences. Preschool is often a child's first school experience, and our caring teachers make it fun, engaging, and confidence-building. For years, families have chosen Northampton Township's state-certified preschool as the perfect place for children to learn, grow, and thrive. **Child MUST be completely potty trained - NO PULL UPS!**

We can't wait to welcome your family to Northampton Township Preschool, where children discover, learn, and grow every day!



PROGRAM HOURS

HALF-DAY CLASSES	9:15 AM - 12:30 PM
FULL-DAY PROGRAM	9:00 AM - 3:00 PM

OUR PROGRAMS & TUITION

Tuition is based on a 10-month school year

3-Year-Old Programs	HALF-DAY	2-Day Tues & Thurs	\$200/mo
		3-Day Mon, Wed, Fri	\$270/mo
		5-Day Mon-Fri	\$440/mo
4-Year-Old Programs	HALF-DAY	3-Day Mon, Wed, Fri	\$270/mo
		5-Day Mon-Fri	\$440/mo
Ready, Set, Grow Full-Day Pre-K*	FULL-DAY	3-Day Mon, Wed, Fri	\$575/mo
		5-Day Mon-Fri	\$700/mo

**For children eligible for Kindergarten for the 2027-2028 school year*

If your child turns 3 years old before October 15, 2026, and you would like more information about our preschool programs, visit us at www.northamptonrec.com or contact Barbra Primavera, Recreation Manager at **215-357-5396** for more information.

OUR PROMISE...

Northampton Township Parks and Recreation is committed to delivering high quality in-person, and virtual programming for all ages, to fit any schedule. **REGISTER EARLY FOR YOUR FAVORITE PROGRAMS!** Programs will be cancelled if minimum requirements are not met 72 hours before start date.

The NT (Northampton Township) Board of Supervisors, the Parks and Recreation Board and Staff are committed to providing Northampton Township residents with quality recreation programs and facilities.

BOARD OF SUPERVISORS

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Special Events
Coordinator

Leigh Ferello
Graphic Designer

TAG US & GET SOCIAL!

Stay in the loop! Follow us on social media for the latest updates, exclusive content, events and a peek into all the exciting happenings!

Find what you love to do with Northampton Township!

 NorthamptonRec

 northamptonparksandrec

Northampton Township Parks and Recreation is committed to delivering high quality in-person, and virtual programming for all ages, to fit any schedule.

REGISTER EARLY FOR YOUR FAVORITE PROGRAMS!

Programs will be cancelled if minimum requirements are not met
72 hours before start date.

A LETTER FROM THE DIRECTOR

JENNIFER FEAN

DIRECTOR OF PARKS AND RECREATION



"Community isn't just where we live. It's what we create together." - UNKNOWN

Dear Residents,

As another year begins to wind down, I find myself reflecting not only on what the Parks and Recreation Department accomplished in 2026, but on the simple moments that made this year so special. Proud parents watching their preschoolers celebrate at graduation. Children making new friends at camp. Neighbors getting together on a summer evening for a concert in the park. Families enjoying a new community tradition together. Seniors laughing while enjoying a special breakfast served by the Parks and Recreation Staff. Friends and teammates meeting at the Recreation Center for the Hockey League. These are the moments that remind us why Parks and Recreation makes a difference.

This year, the NTPR team continued to find new ways to bring people together. We welcomed new programs and special events, enjoyed longtime favorites, planned trips and experiences, and created opportunities for residents of all ages to connect, laugh, learn, explore and simply enjoy being part of their community. One standout event we were especially proud to introduce was Northampton Township's first National Night Out, bringing Parks and Recreation together with our Police and Fire Departments to create a new August community tradition.

None of it happens by accident. Behind every program, camp, trip and special event is a team of people sharing ideas, solving problems, trying something new and working together to create the best possible experiences for our residents. I am incredibly proud to be a part of the Parks and Recreation team and grateful for the enthusiasm our community continues to bring to everything we do.

And we aren't finished!

As we look toward 2027, some exciting changes are on the horizon, bringing new opportunities for our department to grow and evolve. While some things may look a little different, our purpose remains the same: **connecting generations, building community and creating experiences that bring people together.**

And, since our staff brochure cover for the Summer Update was so well received, we decided to have some fun and create a different one for each of our four brochures, we hope you enjoy our Fall cover as much as we had fun making it!

Thank you for participating, showing up, trying something new and making Northampton Township Parks and Recreation part of your lives. Whether we see you at a program, on a trip, at the Senior Center or Rec Center, at camp, in our parks or at one of our special events, we hope you know that you are an important part of what makes this community so special.

Here's to the traditions we've created together, the memories we've made, and all that we have to look forward to together in 2027!

Jennifer Fean

Director, Parks and Recreation



PARKS AND RECREATION 2026 DISCOUNTED TICKET PROGRAM

Tickets available at the following locations:

ADMINISTRATION BUILDING (55 Township Rd.) Mon-Fri 8:45am-4:15pm

SENIOR CENTER (165 Township Rd.) Mon-Fri 8:45am-4:15pm

RECREATION CENTER (345 Newtown-Richboro Rd.) Mon-Fri 8:45am-9pm

Pay by cash, credit card, or check.

Offerings and prices are subject to change. All sales are final.

YOU PRINT TICKETS AT HOME (Call for Password)

PRINTED AT OFFICE FOR PICKUP

	GATE PRICE	SALE PRICE	YOU \$AVE!
ADVENTURE AQUARIUM (CAMDEN)			
Child (2-12 years)	\$40.99	\$24.00	\$16.99
Adult (13 & older)	\$49.99	\$32.00	\$17.99

MOVIE THEATERS

Regal	varies	\$10.00	varies
AMC	varies	\$10.00	varies

MUSEUM OF THE AMERICAN REVOLUTION

Adult (Age 19+)	\$27.00	\$19.00	\$8.00
Child (Age 6-18)	\$14.00	\$11.00	\$3.00

SESAME PLACE WHILE SUPPLIES LAST

Age 3+ Weekend	\$110.99	\$35.00	\$75.99
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DISNEY ON ICE (PRICES VARY)

<https://www.gofevo.com/group/Northamptontownship6?ref=355>

**OTHER DISCOUNTS MAY BE AVAILABLE WITH XFINITY MOBILE
ARENA USING THE LINK**

VARIOUS MEMBER DEALS:

<https://www.memberdeals.com/prps/?login=1&tab=h#>

Questions? Call 215-357-6800 Ext. 210

Dorney Park, Cedar Point, Diggerland, Kings Dominion, Legoland, Disney World, Universal Studios, concerts, Broadway shows and more. Pricing varies-create an account and purchase discount tickets online from home!



SUPPORT OUR UPCOMING TOWNSHIP EVENTS

Become a Local Sponsor!

We are excited to announce our upcoming Halloween & Holiday Events; a celebration of unity and fun for all ages! These events will bring together neighbors, families, and friends from across the community for an unforgettable experience and we need our support to make them happen.

WHY SPONSOR? Your partnership will help fund these incredible events, ensuring that they remain accessible to everyone. With your sponsorship, we can provide high-quality entertainment, food, and activities for all, while promoting local businesses. As a sponsor, you'll gain visibility, strengthen communities, and showcase our commitment to supporting local events.

*Let's Work Together to Make This
a Fall to Remember!*

If you're interested in becoming a sponsor or would like more information, please contact

Kristin Fullerton

kfullerton@nhwp.org
215-357-6800 ext 249

We are thrilled to partner with you in bringing the community together for amazing and fun special events. Thank you for your support!

A BIG THANK YOU TO OUR SUMMER CONCERT SPONSORS

A COMMUNITY OF BUSINESSES THAT CARE!

Parks & Recreation is grateful to the generosity of the many local businesses that have supported the essential need for recreational activities, events, camps and programming for the Community.

THANK YOU TO LOCAL BUSINESSES FOR DONATIONS AND SERVICES.

If your company would like to Sponsor the upcoming Halloween or end of year Holiday Events, please reach out to: Kristin Fullerton
kfullerton@nhtwp.org 215-357-6800 ext. 249



PARKS & RECREATION PRESENTS
OUR SECOND ANNUAL

Winterfest

FRIDAY, DECEMBER 4
5-9 PM

**MUNICIPAL PARK-
281 HATBORO ROAD**

**TREE LIGHTING
MENORAH LIGHTING
HORSE & CARRIAGE RIDES
THE BUCKS COUNTY WOMEN'S CHOIR
FOOD TRUCKS & HOT CHOCOLATE
FIRE PIT STATIONS WITH S'MORES
VISIT WITH SANTA
AND A HUGE OUTDOOR HOLIDAY
MARKETPLACE!**

WE ARE LOOKING FOR VENDORS!

Please contact Kristin Fullerton at 215-357-6800 ext 249
for information on becoming a vendor.

Piano Junior 4-7 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Dayle Magida	Su	10/25	9:30am-10:30am	ID 1656
		12/6		ID 1657

Piano Junior is a fun, high energy one-time piano exploration class (for child and parent)! This class will introduce you to beginning piano/music concepts with singing and movement activities. Children will also get to try out what they've learned on keyboards. The main goal of this class is to get your child excited about playing an instrument in the future. This class is also a great way to gauge your child's interest in learning to play piano.



R \$20 | NR \$24 | 1 Day

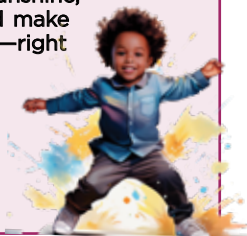
Grooving on the Grass - Outdoor 6 mos-4 yrs

GRASSY AREA NEXT TO REC CENTER
TENNIS COURTS

Kathy Bell founder and owner of New Groove Music Studio	Th	9/17	9:30-10:15 am	ID 1549
		10/15		ID 1550
		11/12		ID 1551

Bring your blanket and enjoy the fresh air as Miss Kathy from New Groove Music Studio leads little ones (ages 6 months to 4 years) through a joyful mix of toe-tapping tunes, playful movement, and hands-on sensory fun. It's the perfect way to soak up the sunshine, connect with your child, and make musical memories together—right on the grass!

\$10 | 1 Day; \$5 for each additional child in a household.



BABY GOAT YOGA 5+

VETERAN'S PARK, NEWTOWN PA

Namaaste Goat Yoga	S	9/12	9:00-10:00am	ID 1629
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The goat in me honors the goat in you! Join us outdoors for Baby Goat Yoga class! Baby Goat Yoga offers the many therapeutic benefits of animal and laughter therapy in a feel good, fun, yoga class... with adorable baby miniature goats. Think wobbly little legs, surprise snuggles, and bursts of playful "zoomies" as they bounce around. Baby Goat Yoga allows guests to step outside of their everyday routine and remind them to not take life so seriously. This class is designed for beginners but all levels are welcome to attend. Anyone in the Baby Goat Yoga class room is considered a participant.

R \$45 | NR \$55



Wilderness Survival for Kids Gds 3-5

NORTHAMPTON RECREATION CENTER

VAC Staff	S	9/12	10:00am-12:00pm	ID 1941
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Join our exciting Wilderness Survival Quest, designed for young adventurers eager to explore the fascinating world of outdoor skills and nature knowledge! In this engaging program, students will learn essential survival techniques through fun, interactive group games and hands-on activities. Young explorers will create their own emergency kits and learn how to use them, understand how water filters work, and practice identifying local plants and animals. They'll go on nature scavenger hunts and explore the world around them, while learning to be conscious, respectful outdoor explorers. This course empowers scholars with practical, lifelong outdoor skills and a deep appreciation for nature. \$49 | 1 Day



K Pop Demon Hunters Exploration Gds K-5

NORTHAMPTON RECREATION CENTER

VAC Staff	S	10/10	10:00am-12:00pm	ID 1942
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Welcome to our energetic and imaginative K-Pop Demon Hunters class! In this dynamic program, young performers will step into the vibrant world of K-Pop while exploring creativity, teamwork, and self-expression. With fun activities like vocal warm-ups, choreography, and character creation, students will form their own "idol groups," complete with team names, signature moves, and original lyrics. This class combines music, movement, and storytelling to help kids build confidence, develop performance skills, and discover the power of working together. Whether they're shy or naturally outgoing, every student will shine on stage and leave with unforgettable memories of their K-Pop journey! \$49 | 1 Day

Bluey's Big Adventures Gds Pre-K and K

NORTHAMPTON RECREATION CENTER

VAC Staff	S	11/7	10:00-11:00 am	ID 1943
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In this delightful program inspired by the beloved show Bluey, young students engage in creative dramatic play and improvisational games that encourage imagination, emotional intelligence, and cooperative play. Through structured activities and open-ended exploration, children create their own adventures, act out scenarios, and practice important social-emotional skills like communication, empathy, and problem-solving. \$29 | 1 Day

All Aboard the Hogwarts Express Gds K-4

NORTHAMPTON RECREATION CENTER

VAC Staff	S	12/19	10:00am-12:00pm	ID 1944
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All Aboard the Hogwarts Express! This course is designed for young enchanter enthusiasts to dive into the fascinating world of Harry Potter! In this engaging program, students will craft magical wands, brew "potions" using safe ingredients, and participate in house-themed challenges that bring favorite wizard stories to life. Young wizards-in-training will explore their creativity by designing magical creatures, creating enchanted maps, and discovering the imaginative elements that make these beloved stories so captivating. You'll get to participate in wizard-themed games, learn about the literary elements behind magical storytelling, and develop friendship bonds through collaborative magical challenges! \$49 | 1 Day



BEGINNER SOURDOUGH WORKSHOP 18+



CALICO BREAD COMPANY

\$60

TUESDAY, SEPT 15 6:30-8:30PM | ID 1615

TUESDAY, OCT 13 6:30-8:30PM | ID 1623

NORTHAMPTON TOWNSHIP SENIOR CENTER

Roll up your sleeves and get your hands floured in this fun and informative beginner sourdough class! Over the course of two hours, you'll learn the basics of sourdough baking—from feeding and maintaining a starter to shaping your own loaf. Whether you're just dipping your toe into the bread world or dreaming of artisan loaves, this class is your perfect first step.

WHAT YOU'LL LEARN

- Care for your sourdough starter
- Stretch and fold techniques
- Nutritional benefits of sourdough
- Hands-on loaf shaping
- Tasting of three specialty breads with pairings

WHAT YOU'LL TAKE HOME

- A live, active sourdough starter
- A banneton basket and cloth
- Your own ready-to-bake loaf
- Step-by-step recipe & FAQ sheet

SUNDAY, OCTOBER 4

AGES 5-14
10-3PM

\$15
TABLE
RENTAL

KIDS



Calling all young
entrepreneurs ages 5-14!!



DO YOU HAVE A CREATIVE IDEA TO
SHARE? LIKE MAKING CRAFTS? DESIGN
JEWELRY? HAVE AN INVENTION?

MARKETPLACE

WE WILL BE AT NORTHAMPTON DAY

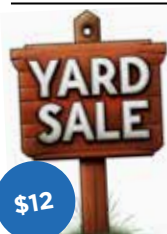
Children can sell ANYTHING! It can be handmade, store-bought, food, games, crafts...the sky is the limit!! We will be having our Fall Marketplace at Northampton Day.

The Kids Enterprise Marketplace is an event where kids will have the opportunity to launch their own business, sell their products and services to the public, and learn life skills along the way.

WHERE Northampton Day Grounds, Upper Holland Road

TIME 10am-3pm (tentatively)

REGISTER northamptonrec.com



\$12

Northampton Township's
COMMUNITY
YARD SALE

SEP 26
RAIN DATE:
SEP 27

8:00 AM
TO
2:00 PM

Your Yard, Your Sale - Township-Wide Treasure Hunting Fun! Get ready to declutter, make some cash, and be part of one epic day of deals! When you register your home with us, you'll receive:

- A featured spot on our interactive Yard Sale Map.
- A bright Yard Sale Sign to help shoppers find you
- You set the prices. You keep the cash. Simple as that!

Treasure hunters can grab the digital sale map at northamptonrec.com and plan their route for maximum bargain success, or pick up a printed map up at one of locations, the rec center, administration building or the library. Questions? Contact Kristin Fullerton at 215-357-6800 ext. 249 Let's turn Northampton into one big shopping adventure — one driveway at a time!

Kids' Baking & More 5-12 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER AND
*NORTHAMPTON TOWNSHIP SENIOR CENTER

Kerrianna Sweeney	S	10/24	11:00am-12:30pm <i>Monster Mash* 5-12yrs</i>	ID 1814
		11/21	6:30-8:00pm <i>Walking Tacos 5-12yrs</i>	ID 1815
		9/2	10:00am-12:00pm <i>Cookie Craze 8-14yrs</i>	ID 1816
		12/10	6:00-8:00pm <i>Cinnamon Rolls 5+*</i>	ID 1817
	Th	12/12	11:00am-12:00pm <i>Gingerbread Wonderland 5+</i>	ID 1818



MONSTER MASH PIZZA & DIRT CUPS MAKE & EAT 5-12YRS

Get into the Halloween spirit with a fun, hands-on cooking workshop! Kids will roll up their sleeves and create their own pumpkin-shaped personal pizza, then decorate a spooky dirt cup dessert with festive Halloween treats and toppings. This drop-off class is the perfect opportunity for young chefs to get creative, build kitchen skills, and enjoy making their own delicious Halloween-inspired creations. Read more details online. **\$49**

WALKING TACOS & SCARECROW CUPCAKES MAKE & EAT 5-12YRS

Get into the fall spirit with a fun, hands-on food workshop! Each participant will prepare their own walking taco by chopping fresh toppings and assembling their creation, then decorate a festive scarecrow cupcake using butter cream frosting, candy, and other fun edible decorations. Come ready to get creative, have fun, and enjoy the delicious treats you make during this festive fall activity! All ingredients and supplies are included. **\$49**

COOKIE CRAZE MAKE & TAKE OREO CHOCOLATE CHIP COOKIES 8-14YRS

Young bakers will learn the basics of baking as they make Oreo chocolate chip cookies completely from scratch! Participants will measure both dry and wet ingredients, mix the dough, scoop cookies onto baking trays, and watch them bake to perfection. Each baker will leave with a half-dozen freshly baked cookies to enjoy at home, along with new kitchen skills and confidence in the kitchen. Pizza and water will be provided during the workshop. Read more details online. **\$49**

YOU & ME CINNAMON ROLL WORKSHOP 5+

Spend quality time together in the kitchen while creating a delicious homemade treat! In this hands-on baking class, one child and one adult will work as a team to make cinnamon rolls completely from scratch. Together, you'll measure ingredients, mix and knead the dough, roll and fill the cinnamon sugar layers, shape the rolls, and top them with a sweet cream cheese frosting. Each adult-child pair will make one batch of 9 cinnamon rolls to take home, along with the recipe, new baking skills, and lasting memories. **\$79 for one adult and one child**

GINGERBREAD WONDERLAND HOUSE DECORATING CLASS 5+

Celebrate the magic of the holiday season with a festive gingerbread house decorating workshop! Each participant will receive a pre-assembled gingerbread house, making it easy to jump right into the fun of decorating. Using a variety of colorful candies, icing, and festive decorations, participants will design and personalize their own one-of-a-kind holiday masterpiece. Read more details online. **\$50**

HALLOWEEN HAPPENING

FRIDAY, OCTOBER 23RD

FACE PAINTING



5:30PM-7:30PM

FOOD TRUCKS



NORTHAMPTON MUNICIPAL PARK

ACTIVITIES AND
MORE!

281 HATBORO ROAD

COSTUME
PARADE BY
AGE GROUP
6:00PM
SHARP

(WETZEL PAVILLION
BEHIND WELCH
ELEMENTARY)



SCARECROW ROW - OCTOBER 12-30 -

NORTHAMPTON TOWNSHIP MUNICIPAL PARK

Display your scarecrow creations on "scarecrow row"! Gift cards will be awarded for each category. Winners will be announced November 2 on the P&R website.

CATEGORIES

Most Original • Funniest • Best Business/Shop

Entries will be judged by the "people's vote."

northamptonrec.com | 215-357-6800 ext. 249

Scarecrow Row will be a part of the
Halloween Parade route for all to enjoy!



Character Parties 3-8yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Stardust Entertainment Staff	S	10/24 <i>Spidey Hero</i>	10:00-11:00am	ID 1621
		11/21 <i>Lost Slipper Princess</i>		ID 1622

SPIDEY HERO Swing into action for a super fun morning with our Spidey Hero! Kids will get to create a themed craft, enjoy superhero training, listen to a story time adventure, and end with a sweet treat + juice party. Perfect for little heroes ready to save the day!

LOST SLIPPER PRINCESS Step into a fairy tale morning with Cinderella! Guests will enjoy a magical craft, princess-themed story time, gentle "royal training," and finish with a sweet treat and juice party. A dreamy experience fit for every little princess!

R \$30 | NR \$33 | 1 Day



PUZZLE PALOOZA!

OCT 9

NORTHAMPTON TOWNSHIP
SENIOR CENTER

CHECK IN AT 5:30PM

Clock starts promptly at 6:00pm. You will have 2 hours to finish your puzzle.

TEAMS:

2-4 people will complete a 750 piece puzzle

REGISTRATION:

Only 1 member needs to register for the team, members must be 12+

REFRESHMENTS:

Light refreshments will be served, feel free to bring your own snacks!

Think you've got what it takes to conquer the puzzle table? Join us for a fun-filled night of pieces, prizes, and plenty of laughs at our Teen Puzzle Palooza!

Gather your crew—teams of 2-4 are welcome, so bring your best puzzle partners. Only one person from each team needs to sign up, making it easy to lock in your spot for the challenge.

Everyone will receive the same puzzle, and once the clock starts, your team will have 2 hours to put your skills to the test. Will you be the first to finish? Or maybe just the team with the best strategy? Either way, it's all about having fun and enjoying the challenge together.

Prizes will be awarded, refreshments will be served, and the best part—you get to keep your puzzle at the end of the night!

Doors open at 5:30 PM, and the puzzling begins promptly at 6:00 PM. Bring your game face, your teamwork, and maybe your lucky puzzle-solving vibes!

ID 1616 • \$39/team



NORTHAMPTON TOWNSHIP PARKS AND RECREATION PRESENTS:

MESSAGES FROM YOUR LOVED ONES AND MORE

FEATURING DANIELLE SCHWARTZ.
PSYCHIC MEDIUM

Receive messages
from your loved ones,
get insight about your future
and understand how
to recognize signs...
Bring your family and friends
for a night of spiritual healing.

Date: Saturday,
October 17, 2026

Location:
Northampton
Township
Senior Center
165 Township Rd.
Richboro

Time:
2:00 to 4:00 pm

Fee: \$45
Per Person

Light refreshments will be served.

Seats are expected to sell out fast!!
Sign up by October 10, 2026.
Register at Northamptonrec.com
or call 215-357-6800 ext 249

For more information on Danielle visit
www.daniellethemedium.com

NORTHAMPTON TOWNSHIP
JAMES E. KINNEY SENIOR CENTER
165 TOWNSHIP ROAD | RICHBORO, PA | 215.357.8199

FREE EVENT!

SENIOR EXPO

September, 17 | 10:00AM-1:00PM
Northampton Valley Country Club
299 Newtown-Richboro Road, Richboro



Join the Northampton Senior Center as State Senator Frank Farry's hosts the senior expo at the Northampton Valley Country Club! Includes health screenings, information from Federal, State and County agencies, prescription drug take-backs, refreshments, prizes, and MORE!

Oktoberfest

Friday, September 25 | 11:30AM-2:00PM

Prost! Join us for a fun and spirited afternoon filled with food, games, and entertainment.
\$20 SC MEMBER/\$25 NON-MEMBER

The Friendly Farm Animal Petting Zoo

Thursday, October 8 | 1:30-3:30PM

Bring the whole family to the Senior Center for a fun-filled visit from The Friendly Farm Animal Petting Zoo! This special event is open to all ages and offers a wonderful opportunity to meet and interact with a variety of gentle, friendly farm animals. You will enjoy getting up close with a Peruvian alpaca, Miniature Sicilian donkey, sheep, goats, and even cheer on the always-entertaining duck races! The animals are exceptionally clean, well-cared for, and are beloved family pets that live on the Sleepy Hollow Horse Farm. Whether you're young or young at heart, this is a perfect opportunity to enjoy a hands-on farm experience, make lasting memories, and spend time with family and friends. **\$5/person**

Holiday Luncheon

Monday, December 14 | 12PM-2PM

Join us for a festive Holiday Luncheon at the beautiful Northampton Valley Country Club. Enjoy an afternoon of delicious dining, wonderful company, and special entertainment as we celebrate the season together. The luncheon begins with a colorful garden salad, followed by your choice of entrée: chicken française, salmon with lemon dill beurre blanc, or vegetable napoleon. Your meal also includes California medley vegetables, red bliss potatoes, and a decadent chocolate mousse topped with whipped cream, served with tea and coffee. Don't miss this opportunity to celebrate the holidays with friends in a warm and merry atmosphere. We look forward to sharing this special afternoon with you!

Tickets on sale Monday, November 2

\$38/person The luncheon is open to members and non-members of the Senior Center. Non-members must be 55+ and be accompanied by a current member.

PROGRAMS



There's always something happening at the Senior Center! From engaging programs and special events to exciting trips, leagues, and classes, there's something for everyone. Browse our bimonthly newsletter to see what's coming up.

Trips



Elvis, Englebert, & Tom Jones at the Brownstone Trip

November 10 | 8:45AM-5:15PM

Join us for an unforgettable bus trip to the Brownstone in Paterson, New Jersey, for a spectacular tribute show celebrating three iconic performers: Elvis Presley, Engelbert Humperdinck, and Tom Jones. Enjoy an afternoon filled with timeless hits, dynamic performances, and nostalgic entertainment that will have you singing along to your favorite classics. Before the show, enjoy a luncheon in the elegant surroundings of The Brownstone.

Includes round-trip motorcoach transportation, luncheon, and admission to this exciting tribute performance.

Gather your friends and come along for a day of great music, delicious food, and wonderful memories!

Tickets on sale Tuesday, September 1

\$150 Senior Center Member/\$160 Non-Member



Lancaster Trip

Tuesday, December 15

Celebrate the holiday season with a bus trip to the American Music Theatre for its spectacular Christmas Show, a heartwarming production filled with dazzling performances, beautiful music, and holiday cheer. Before the show, enjoy an authentic Pennsylvania Dutch buffet luncheon at the renowned Shady Maple Smorgasbord, featuring an incredible selection of traditional favorites and homemade specialties. Sit back, relax, and enjoy a fun day filled with delicious food, outstanding entertainment, and the joy of the holiday season!

\$140 SC MEMBER/\$150 NON-MEMBER

GUEST PASSES

Want to bring a friend to the Center? The Senior Center is now selling a 3-visit guest pass for non-members who wish to participate in activities within the building, including billiards and card games. The cost of the guest pass will be \$5 and does not include any additional fees for exercise or art classes. Visit the front desk to purchase or for more information on memberships and day pass options.

The Bobby Darin Broadway Experience

Circle in the Square Theatre 235 W 50th St, NY

SEPTEMBER 16 • \$179pp*

8:15AM DEPART: Northampton Recreation Center
345 Newtown Richboro Rd
LEAVE: 8:15 AM Returning 7:00 (traffic dependent)

Experience the excitement of Broadway with a trip to see Just In Time, the electrifying musical celebrating the life and music of legendary entertainer Bobby Darin. Featuring unforgettable hits like Beyond the Sea, Dream Lover, Mack the Knife, and Splish Splash, this high-energy production brings Darin's incredible journey to life with dazzling performances, stunning choreography, and timeless music.

Before the show, enjoy free time to explore New York City's Theater District. Grab lunch at one of the many nearby restaurants, browse the shops, or simply soak in the excitement of Times Square before taking your seat for this must-see Broadway performance.

**Includes the ticket, transportation and gratuity*



Holiday Tea & Historic Treasures of Bryn Athyn

1005 Cathedral Rd Bryn Athyn, PA 19009

DECEMBER 10 • \$99pp
Time 10:15 Depart- 2:30

Celebrate the beauty of the holiday season with a delightful day in the historic community of Bryn Athyn. This festive outing combines elegant holiday traditions, breathtaking architecture, and fascinating history for an unforgettable winter experience.

Participants will meet in Bryn Athyn to begin the day's activities. Please note that transportation is on your own, allowing you the flexibility to travel at your own pace before joining the group for this special holiday experience.

Your day begins with a guided tour of the remarkable Glencairn Museum, home to an extraordinary collection of religious art and artifacts from around the world. Next, you'll visit the awe-inspiring Bryn Athyn Cathedral, where stone architecture, intricate stained glass, and beautiful holiday decorations create a truly magical setting.

Following the morning tours, enjoy an elegant three-course Holiday Tea at the magnificent Cairnwood Estate. Indulge in:

Soup and a seasonal salad • An assortment of delicate tea sandwiches • Freshly baked scones served with traditional clotted cream and jam • An assortment of holiday cookies • A selection of three flavorful teas

After tea, explore the beautifully decorated Cairnwood Estate on a guided tour. This stunning Gilded Age mansion, adorned for the holidays, offers a glimpse into the elegance and charm of a bygone era.

Celebrate the spirit of the season while enjoying history, architecture, and the timeless tradition of afternoon tea. This enchanting holiday outing is the perfect way to gather with friends and create cherished memories during the most wonderful time of the year.



**EXPLORE, EAT, ENJOY,
AND ESCAPE THE EVERYDAY!**

Never Forget: 25 Years of Remembrance

Motor Coach Trip to the National September 11 Memorial
& Museum New York City

WEDNESDAY, OCTOBER 14 • \$118pp

DEPART: 3:45pm Northampton Recreation Center
Newtown Richboro Rd at 8:15AM
LEAVE: 4:15pm and arriving back to Richboro
approx. 6:45

Join Northampton Township Parks & Recreation for a meaningful day of remembrance as we visit the National September 11 Memorial & Museum during the 25th Anniversary year of the September 11, 2001 attacks.

Located at the site of the former World Trade Center, the Memorial honors the nearly 3,000 lives lost in the attacks with two breathtaking reflecting pools set within the footprints of the Twin Towers. The Museum offers a moving and educational experience through powerful artifacts, personal stories, multimedia exhibits, and historical displays that preserve the memory of those affected while exploring the lasting impact of that day.

To enhance your visit, each participant will receive a set of headphones, allowing you to experience the museum's self-guided audio tour at your own pace. As you explore the exhibits, you'll be able to pause, reflect, and spend as much time as you'd like at the displays that are most meaningful to you.

This reflective trip provides an opportunity to honor the victims, recognize the courage of first responders, and gain a deeper understanding of one of the most significant events in our nation's history. Whether you experienced September 11 firsthand or are learning about its legacy, this visit serves as a powerful reminder of resilience, compassion, and the importance of never forgetting.

Following our museum visit, you'll have free time to explore the surrounding World Trade Center area, including the Memorial Plaza, Oculus, or enjoy lunch on your own before boarding the motor coach for our return home.



AFTERNOON ENRICHMENT



ART

Crafty Kids Corner 3-5 yrs

NORTHAMPTON RECREATION CENTER

Staff	W	9/30-11/4	1:30-2:15pm	ID 1674
		11/18-12/23 no 11/25		ID 1675

Let your child's creativity shine in this hands-on art class designed just for preschoolers! Each week, little artists will explore new materials and techniques as they cut, glue, paint, and create their own masterpieces. Projects are designed to encourage imagination, fine motor skills, and confidence — with just the right amount of mess and fun! All supplies are included. Please dress for creativity!

\$69 | 5 Weeks

I Can Explore Art

Parent/Child Classes 18 mos-4 yrs

NORTHAMPTON RECREATION CENTER

Elyse Mandart	T	9/15-10/13	9:45-10:30am	ID 1914
		10/27-11/17		ID 1915

Looking for a fun way to explore art materials with your child? Want to learn about what developmental milestones/early academic skills to target along the way? Come join us for seasonally themed art, play, learning and more! This is a parent/child class, so caregivers stay for the fun and learn strategies and techniques that can be carried over at home. You will be given a handout at the end of each class with suggested activities, and an explanation of how those activities tie in with your child's current level of development.

1914: R \$115 | NR \$129 | 5 Weeks

1914: R \$90 | NR \$99 | 4 Weeks

DANCE & STORY TIME

Little Stars Dance 3-6 yrs

NORTHAMPTON RECREATION CENTER

Kelli Robbins	T	9/29-12/8 no 10/6, 11/3, 11/24	1:30-2:15pm	ID 1676
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Do you love to wiggle, twirl, and jump? Ready to have tons of fun while learning dance and tumbling? Come join Little Stars Dance — where every step is an adventure! We'll explore creative dance, tumble like superheroes, and build strong muscles all while having a blast! Get ready to giggle, move, and shine bright with us! We can't wait to dance with YOU!

\$89 | 5 Weeks

GYMNASTICS

Tiny Tumblers Preschool Gymnastics 3-5 yrs

NORTHAMPTON RECREATION CENTER

Tiny Tumblers Staff	F	9/15-10/13	1:20-2:10pm	ID 1924
		10/2-12/18		ID 1925

On your mark, get set, roll! Tiny Tumblers is a mobile gym offering gymnastics programming for kids of all ability levels from ages 18 months-10 years. Balance on the beam, swing from the bars, bounce on the trampoline, and so much more! Students will learn fundamental gymnastics skills, participate in age-appropriate challenges and games, and explore exciting apparatus in a safe and engaging setting. Our program enables children to boost physical fitness while fostering goal setting, teamwork, and self-confidence.

ERS \$255 | R \$265 | NR \$275 | 9 Weeks

LOLLY HOPWOOD



Little Melodies 18mos-3yrs

NORTHAMPTON RECREATION CENTER

Lolly Hopwood	W	9/16-10/21	9:45-10:30am	ID 1922
		11/4-12/16 no 11/25		ID 1923

This weekly movement & music class led by beloved Bucks County kid's musician, Lolly Hopwood, will have your little ones learning music basics like rhythm, dynamics, and mood. Combined with lots of imagination and plenty of fun-filled movement activities, this class will also help your children to develop physically, emotionally, and socially.

ERS \$79 | R \$89 | NR \$99 | 6 Weeks

Stories Come Alive 3-6yrs

NORTHAMPTON RECREATION CENTER

Lolly Hopwood	Th	10/1-11/5	1:30-2:15pm	ID 1920
		11/19-12/17 no 11/26		ID 1921

Join Lolly Hopwood for a fun-filled, interactive class that brings stories to life with a combination of music, games & crafts. Your child will explore classic stories like Peter Pan, James & the Giant Peach, and Alice in Wonderland as well as some newer books. This is a great way to get some afternoon energy out in a playful way that will get your kiddos excited to dive into literacy in their everyday lives.

1920: \$85 | 6 Weeks • 1921: \$59 | 4 Weeks

Mini Star Cheer 3-6 yrs

NORTHAMPTON RECREATION CENTER GYM

Mini Star Staff	F	10/2-11/6	1:30-2:15pm	ID 1681
		11/20-12/18 no 11/27		ID 1682

A fun and instructional introduction to basketball for children ages 3-6 years old. Players will be taught fundamentals through a series of structured activities and challenges including colors, patterns, shapes & numbers. Our program encourages players to develop motor skills and improve technique in passing, dribbling, and shooting.

1679: \$75 | 6 Weeks • 1680: \$55 | 4 Weeks

Mini Star Hoops 3-6 yrs

NORTHAMPTON RECREATION CENTER GYM

Mini Star Staff	F	10/2-11/6	1:30-2:15pm	ID 1679
		11/20-12/18 no 11/27		ID 1680

A fun and instructional introduction to basketball for children ages 3-6 years old. Players will be taught fundamentals through a series of structured activities and challenges including colors, patterns, shapes & numbers. Our program encourages players to develop motor skills and improve technique in passing, dribbling, and shooting.

1679: \$75 | 6 Weeks • 1680: \$55 | 4 Weeks



Amazing Athletes Afternoon Enrichment 3-5 yrs

NORTHAMPTON RECREATION CENTER GYM

Amazing Athletes	Th	10/1-12/17 no 11/26	1:30-2:15pm	ID 1673
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Amazing Athletes is physical fitness development program empowering kids to reach developmental milestones and progress at their own pace. The kids will develop the physical literacy associated with speed, balance and overall coordination. They will also learn about nutrition and muscle identification while mastering 6 motor skills.

\$155 | 11 Weeks



Games Galore 4-6 yrs

NORTHAMPTON RECREATION CENTER GYM

Coach Vince Prozzillo	M	9/28-11/9 no 10/12	1:30-2:15pm	ID 1677
		11/16-12/21		ID 1678

Is your preschooler ready for action? Then he/she is ready for a fun-filled, non-stop 45 minutes of catching, throwing, dodging, jogging, kicking, rolling, throwing, and MORE! Group and individual activities with an emphasis on building self-esteem, confidence, and fair play are planned for this high energy class! Don't miss out on this exciting introduction to physical education!

\$85 | 6 Weeks

Soccer Shots Afternoon Enrichment 3-5 yrs

NORTHAMPTON RECREATION CENTER GYM

Soccer Shots	T	9/29-11/10 no 11/3	1:30-2:15pm	ID 1671
		11/24-12/22		ID 1672

Soccer Shots offers an enriching children's soccer experience centered on fostering character development. Our program goes beyond the game, instilling valuable life skills both on and off the field. Through our exceptional coaching, effective communication, and thoughtfully designed curriculum, we make a positive and lasting impact on the lives of young athletes.

1671: \$65 | 6 Weeks • 1672: \$55 | 5 Weeks



SCHOOL'S OUT ART

Geoventures - Wild About Art 6-12 yrs

NORTHAMPTON RECREATION CENTER

Geoventures Staff	T	11/3	9:00am-3:00pm	ID 1916
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The best art is made where the wild things are! Beginners to passionate young artists are welcome to grow wild about art with us! This class brings together an exploration of nature with a chance to be a creator. We'll learn about using natural materials to make paintings, sculptures, pressed art and more. The day will include hands-on activities, discussion and a team activity. Bring a water bottle and a healthy snack and lunch. Wear comfortable shoes and dress for activity and the weather

R \$89 | NR \$99 | 1 Day



Jewelry Design Workshop 9-12yrs

NORTHAMPTON RECREATION CENTER

Leigh Ferello	T	11/3	9:00am-12:00pm	ID 1938
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Get creative and design your own one-of-a-kind jewelry! Participants can create a variety of jewelry, while exploring colorful beads, charms, and polymer clay.* Designs will vary, making each creation unique. Students must be able to tie a secure double knot independently to participate. Workshop includes feather earrings; a polymer clay pendant, ring, and beads/charms; and various options for bracelets and earrings. Bring a water bottle and nut-free snack. *Polymer clay pieces can be taken home to bake (a non-food oven is recommended) or picked up the following week after baking.

\$49 + \$20 materials

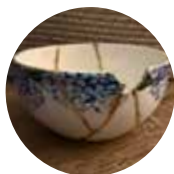


LEIGH FERELLO is an art educator and graphic designer, specializing in Japanese art forms, papermaking and mixed media. Her kintsugi work was featured by the Arts & Cultural Council of Bucks County for National Poetry Month in April 2026. She continues her professional development with the Japan Society and in 2027, she will travel to Japan for an art residency to further expand her teaching practice.

Kintsugi Golden Joinery 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER
AND *RECREATION CENTER

Leigh Ferello	M	10/19	6:00-7:30pm	ID 1939
		11/2	6:00-7:30pm	ID 1940
	T	11/3	1:00-2:30pm*	ID 1941



Kintsugi is a traditional Japanese art of repairing broken pottery by mending the cracks with a golden bond. This practice emphasizes beauty in imperfection, celebrating history and uniqueness rather than hiding flaws. While traditional Kintsugi uses lacquer and gold powder, we'll be using modern materials to ensure a comfortable and accessible experience. For this reason, your finished piece is intended for decorative use only. Read full description online. R \$59 | NR \$65 + materials fee

Modern Ikebana for Beginners 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Leigh Ferello	Th	10/22	6:30-8:00pm	ID 1705
		12/10		ID 1706



This beginner-friendly ikebana workshop offers a modern approach to the traditional Japanese art of flower arranging. Rooted in the principles of balance, line, movement, and negative space, this workshop introduces students to ikebana through a contemporary lens that encourages creativity, mindfulness, and personal expression. Participants will learn foundational techniques while creating their own minimalist floral arrangement using seasonal materials. Styles vary. Blending traditional concepts with modern design. Perfect for beginners interested in floral art, Japanese aesthetics, and creative exploration. No experience necessary. R \$49 | NR \$55 + materials fee

5 Japanese Art Forms in 1 Course

Ikigai: Finding Purpose through Japanese Art 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Leigh Ferello	Th	9/17-10/15	6:30-8:00pm	ID 1701
	W	10/28-12/2 no 11/25		ID 1702

IKIGAI represents the intersection of what you love, what you're good at, what the world needs. Finding your ikigai can lead to greater happiness and fulfillment in life, encouraging individuals to pursue their passions while contributing meaningfully to society. This class will explore various Japanese art forms: suminagashi paper marbling, sumi-e ink painting, chigiri-e collage, gyotaku printmaking with fish replicas, kintsugi golden pottery joinery.

R \$149 | NR \$165 + materials fee
5 Weeks

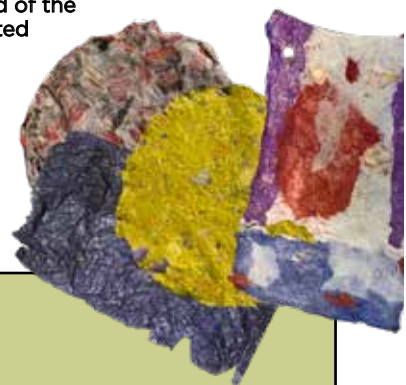
The Art of Paper:

Joomchi, Momigami & Sheet Forming 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Leigh Ferello	W	9/16-10/14	6:30-8:00pm	ID 1697
	Th	10/29-12/3 no 11/26		ID 1698

Discover the expressive possibilities of handmade paper through five immersive studio sessions. Participants will explore traditional and contemporary paper arts, including faux paper techniques, sheet forming, momigami (kneaded paper), and Korean joomchi. Through experimentation with texture, color, structure, and form, students will develop a personal understanding of paper as both a surface and a sculptural medium. By the end of the course, students will have created a collection of unique paper artworks. Read full description online. R \$149 | NR \$165 + materials fee
5 Weeks



TWEEN NIGHTS

10-14 YRS • JUST \$25 PER TWEEN!

Tween Night: Craft and Chill

NORTHAMPTON TOWNSHIP RECREATION CENTER

Northampton Township Staff	F	10/16	6:00-8:00pm	ID 1828
		11/13		ID 1829

Join us for a laid-back and creative Tween Night where you can choose from a variety of fun crafts! Decorate a picture frame, design a canvas bag, or try something new—it's all about creating at your own pace. We'll have all supplies ready, plus pizza, music, and a relaxed atmosphere. Come hang out, get creative, and meet some new friends!

ART FOR KIDS

Art Goes to Japan 10-14 yrs

NORTHAMPTON TOWNSHIP SENIOR CENTER

Leigh Ferello	Th	9/17-10/15	4:30-6:00pm	ID 1699
	W	10/28-12/2 no 11/25		ID 1700

Art Goes to Japan is a creative, cultural art series that introduces students to traditional Japanese art forms through hands-on exploration and play. Young artists will discover the beauty of ink, paper, water, texture, and nature while learning about Japanese artistic traditions and techniques. Projects include:

- **Sumi-e** — Japanese ink painting using expressive brushwork and simple natural forms where you can grind your own ink! **Gyotaku** — the traditional art of fish printing (replicas - not real animals) **Suminagashi** — “floating ink” marbling created by swirling ink patterns on water **Momigami** — a Japanese paper-texturing technique that transforms paper into soft, wrinkled surfaces for collage and mixed media art (uses plant oils and lotions) **Chigiri-e** — torn paper collage art using layered handmade and textured papers to create expressive images and landscapes.

See full description online.

R \$149 | NR \$165 + materials fee

Clay Creations 9-12 yrs

NORTHAMPTON TOWNSHIP SENIOR CENTER

Leigh Ferello	W	9/16-10/14	4:30-6:00pm	ID 1695
	Th	10/29-12/3		ID 1676

Get ready to sculpt fabulous creations with clay! Artists will score, slip, and join natural clay to create many decorative and functional objects they can later paint, decoupage, or seal. Projects may include a pencil holder, magnets, a trinket box, and more. Projects/designs may vary according to the season. Recommended ages 9-12, but artists as young as 8 may register with prior clay experience. Clay is not food-/water-safe. Read full description online.

R \$149 | NR \$165 + materials fee | 5 Weeks

Shodō Calligraphy for Kids 9-12 yrs

NORTHAMPTON TOWNSHIP SENIOR CENTER

Leigh Ferello	W	10/21	4:30-6:00pm	ID 1703
		12/9		ID 1704

Students will be introduced to Shodō (Japanese calligraphy). Participants will learn how ink is traditionally made by grinding an ink stick on an ink stone, explore expressive brush techniques, and create calligraphy artwork to take home.

- Learn the history and cultural significance of sumi ink.
- Grind their own ink using traditional materials.
- Practice basic brush control techniques.
- Explore the expressive art of shodō calligraphy.
- Develop mindfulness, focus, and observation skills.

R \$49 | NR \$55 + materials fee | 1 Day



KAYA ART STUDIO

Resin Art 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

W	9/30	6:00-8:30pm	ID 1807
M	11/23		ID 1808

RESIN ART Join us for a relaxing and creative evening as we design beautiful resin art pieces together! No experience is needed. Participants will be guided step-by-step through the entire process. During this 2 hour workshop, each participant will create: • 1 Resin Serving Board • 2 Matching Coasters • 2 Resin Necklaces. You will learn how to mix and pour resin, blend colors and create elegant ocean, marble or abstract designs. All materials are provided.

\$125 | 1 Day

Wire Tree 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

W	10/28	6:00-8:30pm	ID 1809
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WIRE TREE Join us for a relaxing and creative evening as we create beautiful wire tree art together! No experience is needed. Participants will be guided step-by-step through the entire process.

During this 2 hour workshop each participant will create: • 1 wire tree sculpture with base and stones. • Decorative lighting using a string of LED lights. You will learn how to shape the trunk and branches, work with wire, and create a unique tree design in your own style. Select your color of wire and beads to make your artwork truly one of a kind. All materials are provided.

\$125 | 1 Day

Sample image; project may vary.





Modern Calligraphy for Beginners! BYOB 21+

NORTHAMPTON TOWNSHIP CENTER

Kathleen Masterson	S	9/19 <i>Hello Pumpkin</i>	10:00am-12:00pm	ID 1653
		10/17 <i>Gather & Give Thanks Place cards</i>		ID 1654
		11/14 <i>Merry and Bright Ornament</i>		ID 1655

Whether this is your first time trying calligraphy or you've attempted it before and immediately questioned every letter you wrote, this class is for you. This beginner-friendly workshop is designed for real humans, not people with naturally perfect handwriting.

Your kit is included and yours to keep so you can continue practicing long after pumpkin season is over.

What to Expect:

Beginner-friendly instruction, Step-by-step guidance throughout class, All materials included; Take-home calligraphy kit, Hand-lettered pumpkin project, Cozy fall vibes and photo-worthy setup, Relaxed, welcoming atmosphere, No experience needed

HELLO PUMPKIN Ready to trade pumpkin spice scrolling for something a little more creative? Join us for a cozy fall-inspired calligraphy class where you'll learn the basics of modern calligraphy while creating a hand-lettered pumpkin to take home and display all season long. We'll start with foundational strokes, letter connections, simple techniques, and tips to help you feel more confident using a calligraphy pen. Once you've practiced the basics, we'll transition to beginner-friendly lettering tools and create a custom hand-lettered pumpkin featuring your favorite fall word, phrase, or design. Bring yourself, grab a drink, and let's make some fancy fall letters.

GATHER & GIVE THANKS HOLIDAY PLACE CARDS Looking for a creative break before the holiday chaos officially begins? Join us for a festive beginner-friendly calligraphy class where you'll learn the basics of modern calligraphy and create beautiful place cards and menu cards that will add a handmade touch to your Thanksgiving table. Come learn a new skill, make something beautiful, and add a little handmade touch to your holiday season.

MERRY & BRIGHT ORNAMENT LETTER Bring yourself, grab a drink, and let's make some fancy fall letters. Whether you've never picked up a calligraphy pen before or you're looking for a creative way to get into the holiday spirit, this class is designed for real humans—not perfect handwriting people. We'll cover foundational strokes, letter connections, simple techniques, and tips to help you feel more confident using a calligraphy pen. Then we'll put those skills into practice as you create custom holiday ornaments featuring names, seasonal phrases, or festive designs. Bring yourself, bring a little holiday spirit, and get ready to create something merry with your own two hands.

\$75 | 1 Day



art
ART



ART SPARKS

NORTHAMPTON TOWNSHIP SENIOR CENTER

Joanne Sibre Art Sparks, Consultants LLC	W	11/18 <i>Table Runner</i>	6:00-8:00pm	ID 1805
		12/2 <i>Wreath</i>		ID 1803
		12/9 <i>Centerpiece</i>		ID 1804
	F	12/11 <i>Paint N Sip</i>		ID 1802

HOLIDAY RIBBON OPEN WEAVE TABLE RUNNER ALCOHOL INK LANDSCAPE PAINTING 18+ You and your friends will design a festive table runner using ribbon and your holiday color choices! Create your own table runner 12" x 60" or 12" x 72." Measure your table to ensure length would look appropriate. Assorted colors will be available: varying shades of red, green, blue, white and some silver and gold. You will learn how to create your own color pattern with a simple over and under weave pattern and secure. All supplies included. **\$75**

GRAPEVINE WREATH CLASS 18+ Create your own one of a kind warm and sophisticated grapevine winter wreath for your home! Welcome your guests at your front door with a festive and natural looking faux evergreen wreath! **\$60**

DOUBLE PILLAR FRESH EVERGREEN CENTERPIECE 18+ Learn to arrange your own holiday centerpiece for your dining table or bring to a party as a hostess gift! You and your friends will learn how to assemble and build a beautiful centerpiece balancing color and design. Join us to create your unique table decoration. 15 - 18" long. Measure your table to see what will maximize your holiday cheer! All supplies included. **\$60**

PAINT N SIP WORKSHOP 21+ Bring your friends and come sip wine and paint wine glasses. Paint a set of four glasses with varying fall and winter scenes! Test your artistic skills! BYOB and charcuterie will be included for a fun night out! All supplies included. **\$49**

1 Day

STAY CONNECTED...



Please be sure to check spam, junk, or promotion folder regularly. Occasionally, important emails, notifications, cancellations, alerts, and other updates may be filtered there instead of reaching your inbox. Adding us to your safe senders or contacts can help ensure you don't miss important information.

Need to register? Go online at
northamptonrec.com

or call us!

215-357-6800 ext 210 or
215-357-5396

SAVE THE DATE!

Winterfest

Celebrate the holiday
season with us on
December 4!

PAGE 5

DANCE & MUSICAL THEATER

BALLET & TAP

Tiny Dancers 3-5 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	Th	9/17-10/22	5:00-5:45pm	ID 1710
		11/5-12/17 <i>no 11/26</i>		ID 1711

In this joyful and imaginative class, little one's twirl, leap, and tiptoe through the basics of ballet in a warm and friendly space led by a caring, experienced instructor. Your child will explore the world of dance while building rhythm, balance, flexibility, and confidence — all through music, movement, and plenty of fun! It's the perfect way to spark a love of dance and see if ballet is your child's next big passion.



ERS \$69 | R \$79 | NR \$89 | 6 Weeks

Ballet & Tap for Young Dancers 5-7 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Elena Lydon	T	9/15-10/27 <i>no 10/6</i>	5:00-5:45pm	ID 1712
		11/10-12/15		ID 1713

Introduce your child to the exciting world of dance in this fun and engaging beginner class! Young dancers will learn the fundamentals of both ballet and tap while building coordination, balance, rhythm, and confidence. Through age-appropriate instruction and plenty of encouragement, participants will explore basic dance techniques, musicality, and self-expression in a positive and supportive environment. Whether your child is new to dance or looking to continue developing their skills, this class is a wonderful way to move, learn, and have fun with friends!

ERS \$69 | R \$79 | NR \$89 | 6 Weeks



Celtic Flame Irish Dance 6+

NORTHAMPTON TOWNSHIP RECREATION CENTER
*FIREHOUSE STATION 83

Celtic Flame Staff	F	9/18-11/13	6:00-7:00pm	ID 1714
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Celtic Flame has come to Northampton! Ever since opening in 2005, Celtic Flame has captured the hearts of audiences all over the tri-state area. At Celtic Flame, we work together and support each other as a family. We go out of our way to put on productions big and small that truly make an impact. Join the team and dance your heart out. Not only is it a great workout but great fun!

Class includes solo work, group dance & fitness. Open to beginner to novice dancers!

R \$90 | NR \$99 | 6 Weeks

Musical Theater 6-11, 12-18 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Young Performers Collaborative Staff	M	9/16-11/4	6:00-7:00pm <i>6-11 yrs Children's Musical Theater</i>	ID 1819
			7:15-8:15pm <i>Musical Theater Scenes for Teens 12-18 yrs</i>	ID 1820

In this engaging musical theatre class, young performers will develop their acting and singing skills. Students will rehearse and present a short, original children's musical written by accomplished director and composer, Charis Duke, assisted by the wonderful and talented, Dominick Conte. The 8 week class will culminate in an informal, in class performance for family and friends (on November 4 at 7:15) There is no prior experience necessary! Come join us for a great time learning and having fun! Sign up now to secure your spot!

\$255 | 8 Weeks



Chakradance 5-9 yrs, 16+ yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jessica Chung Licensed Chakradance Facilitator	<i>Naga's Children's Workshop 5-9 yrs</i>	W	9/23	4:30-6:00pm	ID 1903
			10/7		ID 1904
		Sn	10/25		ID 1905
	<i>Chakradance Workshop 16+</i>	W	9/23	6:30-8:00pm	ID 1906
			10/7		ID 1907
		Sn	10/25		ID 1908

NAGA'S CHILDREN'S WORKSHOP 5-9 YRS In this workshop, your child will journey through each of the chakras using a story to inspire imagination and allow them to open and explore the feelings associated with the energy inside.

CHAKRADANCE WORKSHOP 16+ Chakradance is a movement therapy that takes the tradition of spiritual dance into the present. There is no genre or choreography; you are dancing as if no one is watching; with modern chakra resonant music in a sacred space. Chakradance puts you in touch with sacred wisdom, both within yourself and throughout the universe, empowering your deepest soul connection. Read full description online.

1903-1905: \$35 • 1906-1908: \$40

JEREMY DUNCAN LINE DANCING

Beginner Line Dancing 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

M	9/14-11/2 no 9/21, 10/12	7:15-8:15pm	ID 1707
	11/9-12/21 no 11/23		ID 1708

Get off the Couch and Come Dance with Us! No experience necessary! Join Jeremy for beginner line dance class. This is a great way to get some exercise and learn how to dance!

\$60 | 6 Weeks

Beginner Line Dance Workshop 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

M	9/14	6:00-7:00pm	ID 1663
	11/9		ID 1709

Get off the Couch and Come Dance with Us! No experience necessary! Join us for 3 hours of line and partner dancing with some lessons. The second Monday of each month will be a chance for you to use what you've learned with line and partner dancing following the lessons until 10 PM. Come join the fun!

\$10



CLASS PASS CARD – FLEX YOUR FITNESS, YOUR WAY!

For just \$125, enjoy the freedom to drop in on a variety of exercise programs offered through Northampton Township Parks and Recreation. Whether you're in the mood to sweat, stretch, dance, or strengthen, your 10-Class Pass lets you mix and match to fit your schedule and goals.

Full class registration guarantees your spot, so we recommend calling ahead to confirm the class is running and that space is available before you drop in.

FITNESS ON YOUR TERMS!

Ten chances to move, groove, and feel great.

BOOTS & BRUNCH 18+ OCTOBER 10 - 10A-12P

NORTHAMPTON TOWNSHIP SENIOR CENTER

Grab your friends, lace up your dancing shoes, and join us for a toe-tappin' good time at our Boots & Brunch event!

Enjoy a fun and beginner-friendly line dancing class designed for dancers of all ages looking to try something new, stay active, and have a blast doing it, followed up with a delicious brunch! No experience? No problem!

Our instructor will guide you step-by-step through easy dances that will have you moving, laughing, and feeling confident on the dance floor in no time.

Whether you come for the brunch, the dancing, or just the chance to meet new people, this event is sure to be a boot-scootin' good time! Come hungry. Leave dancing.

ID #1720 | \$30; Must register by 10/2



EXPLORE MORE! WITH US!

Coach Chris was great with the kids. Really learned all of the fundamentals of volleyball and had fun doing it. **Volleyball, Page 31**

The instructor took the time to make sure everyone understood the different moves and worked the room to help everyone. **Tai Chi, Page 21**

Everything about the program was incredible for this age group and learning about the different sports. **Amazing Athletes, Page 29**

The instructors were great and my child was able to improve his skills in a fun environment. **Tennis, Page 31**

educational

EDUCATIONAL

CPR/FIRST AID

AHA Heartsaver CPR/AED/First Aid 15+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jay Colella	S	10/24	9:00am-1:00pm	ID 1902
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Learn the skills needed to recognize cardiac arrest, get emergency care on the way quickly, and help a person until EMS arrives. This course teaches students information needed to respond to and manage illnesses and injuries in an adult in the first few minutes until professional help arrives. Heartsaver First Aid teaches you the basics for the most common first aid emergencies, including how to recognize them, how to call for help, and how to perform life saving skills.

ERS \$85 | R \$95 | NR \$105 | 1 Day

American Red Cross Babysitting Certification Course 11-16 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Sinead Powers	W	11/3	9:30am-2:30pm	ID 1806
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This course gives future and current babysitters the confidence and skills they need to care for children safely and responsibly. Participants will learn how to be medically responsible, creative, and attentive babysitters while gaining essential child care techniques and leadership abilities. Topics include basic safety, emergency awareness, and introductory care techniques for children. Through hands-on activities and discussion, participants will build the confidence to handle real-life situations with care and professionalism. Upon successful completion, participants will earn an official American Red Cross Babysitting Certification Card and demonstrate their understanding of key child care and safety concepts. Attendance for the entire course, completion of all evaluations, and maturity to care for children independently are required. Please bring a lunch and a pen or pencil to class. *The Red Cross Babysitting Course does not include CPR certification.

ERS \$69 | R \$75 | NR \$89 | 1 Day

DOG TRAINING

Dog Training 18+

NORTHAMPTON TOWNSHIP MUNICIPAL PARK PAVILION 2

Donna Meszaros	S	9/19-10/17	10:00-11:30am	ID 1670
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Positive reinforcement based techniques will be taught using food, toys and affection as a reward. This Canine Good Manners group course will cover topics such as eye contact, position changes (sit, down and stand), leash skills, come/recall, house training and so much more! Each dog should be at least 2 months old, accompanied by an adult (18+) and we highly recommend all age appropriate vaccines be administered prior to your first class (please check with your Veterinarian for guidance). Older dogs are welcome. Instructor reserves the right to remove a dog from the class at her discretion.

ERS \$220 | R \$240 | NR \$265 | 5 Sessions



DRIVER'S ED

Online Theory Driver's Education

ONLINE

John's Driving School	self-paced	ID 1019
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John's Driving School's 30 Hour Online Driver's Education: PA S.P.I.D.E.R. Course by IMPROV is approved by the PA Dept. of Education. Powered by S.P.I.D.E.R., a proprietary method developed by the world's top behavioral and driving experts, this course provides a simple set of tools that will help new drivers make safer choices and avoid collision.

Once registered John's Driving School will email access to the 13 Chapter/30 Hour Course. Upon course completion and passing the final exam the Certificate of Completion will be emailed by John's Driving School! Call John's Driving School directly for more information and/or to arrange for "in-car" behind-the-wheel instruction at 215-295-8014.

\$50

PROFESSIONAL DEVELOPMENT

How to Start a Personal or Professional Coaching Business 18+

ONLINE

Jeffrey Soeey (Founder of Master Coach University)	S	10/10	1:00-2:30pm	ID 1834
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Do friends and colleagues naturally turn to you for advice? Have you ever wondered if you could turn your life or professional experience into a rewarding, flexible career? Whether your looking to launch a profitable side hustle, make a full-time career pivot, or simply add a powerful new skill set to your professional toolkit, this virtual workshop gives you a clear, actionable roadmap to get started. Managers, supervisors, and trainers will find these techniques immediately applicable, helping teams break through barriers, you'll also walk away with innovative, low-cost marketing strategies to find your first clients. No prior experience required, just a desire to help other succeed. In this 90 minute intensive, you'll learn coaching techniques that create real breakthroughs, wherever you choose to use them.

\$25



educational

EDUCATIONAL

Professional Development 15+

ONLINE VIA ZOOM

David Goldberg CEO of Edge Studio	S	9/19	1:00-2:30pm <i>Influential Voice</i>	ID 1830
	Th	9/24	6:30-8:00pm <i>Prof Speaking</i>	ID 1831
		10/15	7:30-9:00pm <i>Interview Skills 18+</i>	ID 1832
		10/6	6:30-8:00pm <i>Interview Skills 15-21</i>	ID 1833

THE INFLUENTIAL VOICE: SPEAKING & RECORDING FOR DIGITAL MEDIA 18+ Podcasting, product promotion, and social video are exploding, but technical barriers and poor speaking patterns turn most people away. This course demystifies the digital voice landscape, teaching you how to leverage one skill set to conquer three massive platforms. You will learn: *The Content Ecosystem: How to turn any idea into a Podcast episode, YouTube video, or social post. *Pro Audio on a Budget : Why your recording setup is falling you and how to affordably set up at professional "closet studio" (even using your phone) *Vocal Dynamics: How to shift your energy for different formats, conversational for podcasts, influential to subscribers, and high-energy for social media. \$30

PROFESSIONAL SPEAKING & PRESENCE: LEVERAGE YOUR VOICE TO INFLUENCE 18+ Great leaders are great "speakers," they sell a vision and inspire action simply by the way they speak. Whether you are leading a team, pitching a client, or presenting to a board, your vocal delivery determines if people tune in or tune out. In this dynamic class, premier voice coach David Goldberg adapts the secrets of professional broadcasters to the corporate world. You will learn to "hook" your audience immediately, use vocal variety to sustain engagement, and project a natural and charismatic authority that makes people follow your lead. \$25

LIFE-CHANGING INTERVIEW SKILLS FOR PROFESSIONALS 18+ 62% of employers reject candidates based on how they speak, yet 98% of people lack formal speaking training. Don't let your communication skills hold you back. This hands-on workshop with premier voice coach David Goldberg teaches you to speak with clarity so decision-makers remember and hire you. Whether you're seeking a promotion or pivoting fields, you'll learn to master elevator pitches, navigate AI screened interviews and project executive presence. Gain a reliable toolkit to clarify your value and manage tough questions with confidence, even when the pressure is on. \$25

INTERVIEWING SKILLS THAT WILL CHANGE YOUR FUTURE 15-21 YRS Young people today face challenges that no classroom prepares them for: sitting across from a college recruiter, internship coordinator, first job HR interviewer, or AI screening bot. With zero prior practice, 98% of teens mumble, rush, freeze, speak unclearly, convey nerves, use filler words and more, all causing doors to close before they even get a chance. This hands-on workshop teaches teens how to control their message, command the moment, and turn every interview into long-term value. Led by premier voice coach David Goldberg, students will learn how to choose strategic words, introduce themselves, answer tough questions, eliminate nervous speaking quirks, pace their responses, and enhance their image using proven body language that conveys confidence, attention to details and credibility, all key to giving them a massive advantage in competitive interviews. PARENTS OR GUARDIANS ARE HIGHLY ENCOURAGED TO ACCOMPANY AT NO ADDED COST \$25



PROFESSIONAL DEVELOPMENT CERTIFICATES AND COURSES

Northampton Township Parks and Recreation has partnered with Learning Resource Network (LERN) to provide you with the UGotClass series of online courses and certificates. Learn and collaborate with experts in their fields, right from your home or office! UGotClass expert instructors log into the classroom regularly to chat with you in the discussion area, post audio-visual presentations, and provide you with helpful readings. Find a program to fit your needs today!

ONLINE COURSES MAKE PARTICIPATION EASY

It is easy to participate in your online course. After you register, you will be given a web address to go to get into your online classroom. You will create a password and use your email address and password to gain access. The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings. You decide when you participate. For the best learning, participants should log into the course on 2-3 different days of the week.

For each Unit, you will:

1. Read the print readings (about 20 pages a week)
2. Listen to the audio presentation for the Unit and view the slides
3. Take a self-quiz to see how much you have learned
4. Engage in written online discussion with your instructor and other participants

The content (readings, audio lectures, slides) and self quizzes are accessible for the entire course, so you can work ahead, or go back and review again, at your convenience. Each Unit has a self-quiz.

SEE ONLINE FOR FULL DETAILS AND REGISTRATION INFO FOR THE FOLLOWING CERTIFICATION COURSES AND CLASSES

Online Certificates and Courses

AI • AI ChatGPT • Bookkeeping • Coding
Customer Service • Cyber Security • Data Analysis
Digital Marketing • Leadership Development
Mastering Computer Skills for the Workplace
Mastering Excel • Online Teaching
Social Media for Business
Web Design

CARDIO/STRENGTH

NEW! Barre & Balance 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Julia Nucero	T	9/15-10/20	6:00-7:00pm	ID 1947
		11/10-12/15		ID 1948

Strengthen, lengthen, and feel your best in this energizing, low-impact workout that blends the muscle-toning benefits of barre with balance training, stretching, and mobility exercises. Inspired by ballet, Pilates, and functional fitness, this class uses controlled, intentional movements to sculpt lean muscle, improve posture, increase core strength, and enhance flexibility. You'll challenge your balance, build stability, improve joint mobility, and finish each class feeling stronger, more aligned, and refreshed. Every session includes a combination of toning exercises, balance-focused movements, and guided stretching designed to help you move with greater confidence and ease.

ERS \$75 | R \$85 | NR \$95 | 6 Weeks

Cardio Sculpt 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite	F	9/18-12/18 no 11/27	11:30am-12:30pm	ID 1715
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Cardio Sculpt combines intervals of low-impact aerobics with upper and lower body strengthening exercises, ending with core work and a deep stretch. Participants can expect to improve muscular strength, cardiovascular endurance, core stability and flexibility. A strong emphasis is placed on mindfulness, proper form, and breathing. Modifications are given for all fitness levels. For questions, please contact Tiffany Fite at fite.fitness@verizon.net.

ERS \$169 | R \$185 | NR \$215 | 13 Weeks

Line Dancing 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite	M	9/14-12/21 no 9/21, 10/12	12:30-1:20pm	ID 1720
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Have fun while experiencing the physical, mental & social benefits of line dancing. A variety of line dance styles are incorporated to create a fun, easy-to-learn dance class. Modifications are given for participants of various fitness and skill levels.

ERS \$169 | R \$185 | NR \$215 | 13 Weeks

Strong & Stable 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite	M	9/14-12/21 no 9/21, 10/12	1:30-2:30pm	ID 1731
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This class integrates upper and lower body strengthening exercises with movement patterns that require balance and stability. Participants can expect to improve total body strength, core stability, static and dynamic balance, flexibility, and overall functional fitness. A strong emphasis is placed on mindfulness, proper form, and breathing. Please bring a set of handheld weights and a mat for floor exercises. Participants may choose not to use weights and perform floor exercises seated in a chair instead. All exercises can be easily modified to accommodate every participant.

ERS \$169 | R \$185 | NR \$215 | 13 Weeks



Total Body Fitness 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Gina DiFebbo AAA! Certifications in Group Fitness, Cardio Kickboxing, Strength and Personal Training	M	9/14-11/2 no 9/21, 10/12	6:00-7:00pm	ID 1740
	W	9/16-10/21		ID 1741
	M & W	9/14-11/2 no 9/21, 10/12, 10/28		ID 1742
	M	11/16-12/21		ID 1743
	W	11/4-12/16 no 11/25		ID 1744
	M & W	11/4-12/21 no 11/9, 11/25		ID 1745

A fun and effective program that combines high and low impact aerobics, upper and lower body sculpting and abdominal toning. Bring a mat/towel and hand weights.

1740, 1741, 1743, 1744: ERS \$75 | R \$85 | NR \$95 | 6 Weeks
1742, 1745: ERS \$119 | R \$129 | NR \$145 | 12 Weeks

Tai Chi 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Story Biddle	T	9/15-10/20	10:15-11:15am	ID 1732
		11/10-12/15		ID 1733
Th		9/17-10/22	10:15-11:15am	ID 1734
		11/5-12/17 no 11/26		ID 1735
		9/17-10/22	6:30-7:30pm	ID 1736
		11/5-12/17 no 11/26		ID 1737
T & Th		9/15 -10/22*	10:15-11:15am	ID 1738
		11/5-12/17*		ID 1739

Take time for yourself and calm your mind, body and spirit in a low-impact environment for all fitness levels. Emphasis on fluid movement and a full, pain-free range of motion that is specifically designed to manage stress, and wash your anxiety away, while developing muscle tone, building bone density, and improving your balance and flexibility. Our Tuesday class is appropriate for those with some exposure to Tai Chi, the Thursday class provides an introduction geared toward beginners.

1735-1737: ERS \$65 | R \$75 | NR \$85 | 6 Weeks
1738-1739: ERS \$119 | R \$129 | NR \$149 | 12 Weeks*



It's fun, a great combination of low impact aerobic, strength and balance training

PILATES

Pilates 16+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jenny Hidalgo	T	9/15-10/20	7:00-8:00pm	ID 1721
		11/10-12/15		ID 1722

Focus on strengthening your upper and lower body, abdominal muscles, lower back and buns. Your body will create the challenge to improve your core stability by strengthening your core, lengthening your body, and improving your posture. Register now and work your way to feeling Leaner, Calmer, Stronger.

Barbara Cavanaugh	W	9/16-10/21	10:00-11:00am	ID 1723
		11/4-12/16 no 11/25		ID 1724

Pilates focuses on strengthening the upper and lower body, abdominal muscle, lower back, and buns. Pilates is designed to give your suppleness, natural grace and skill. Bring a MAT!

ERS \$75 | R \$85 | NR \$95 | 6 Weeks

Virtual Pilates 18+

ONLINE

Marion McNulty	M	9/14-10/26 no 9/21, 10/12	9:30-10:30am	ID 1725
		11/9-12/21		ID 1726
	W	9/16-10/28		ID 1727
		11/11-12/23 no 11/25		ID 1728
	M & W	9/14-10/28 no 9/21, 10/12		ID 1729
		11/9-12/23 no 11/25		ID 1730

Start your morning from the comfort of your own home with Pilates, the perfect compliment to your routine! Focus on strengthening our upper and lower body, abdominal muscles, lower back and buns. Build strength and stability, improve your flexibility and lower your risk of injury. Start your journey to feel Leaner, Calmer, Stronger. Classes are recorded and are provided to registered participants for 1 week after classes.

1725: \$58 | 5 Weeks • 1726-27: \$81 | 7 Week • 1728: \$70 | 6 Weeks
1729: \$125 | 12 Weeks • 1730: \$135 | 13 Weeks

NEW INSTRUCTOR! Zumba 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Nicole Wehner	Th	9/17-10/22	6:30-7:30pm	ID 1746
		11/5-12/17 no 11/27		ID 1747

Experience one exhilarating hour of caloric-burning, heart-racing, muscle-pumping, body-energizing, awe-inspiring movements meant to engage and captivate for life! The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and international zest into the mix and you've got ZUMBA - a fitness party! Why Zumba? It's the best party around.

ERS \$75 | R \$85 | NR \$95 | 6 Weeks

YOGA

Gentle Yoga 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Maria Campbell	M	9/14-11/2 no 9/21, 10/12	6:30-7:30pm	ID 1716
		11/16-12/21		ID 1717
Barbara Cavanaugh	Th	9/17-10/22	9:00-10:00am	ID 1718
		11/5-12/17 no 11/26		ID 1719

Are you new to Yoga? This class is a beginner yoga class. This calming stress-relieving yoga class teaches you how to stretch and strengthen the body gradually. Emphasis is on building awareness of the breath and the body. Poses and practiced at a slower pace with attention to alignment and detail. Recommended for those new to yoga or working with special concerns. Perfect for the student looking for a gentle experience or those who need a change of pace. Various props will be used for a safe practice and class will end in deep relaxation. Those with medical conditions, please check with your physician if you have any concerns about attending yoga. Please bring a mat, yoga block and water. You may also bring a towel or blanket to assist your practice.

ERS \$75 | R \$85 | NR \$95 | 6 Weeks

Yoga for Strength & Mobility 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite	T	9/15-12/22 no 11/3, 11/24	1:00-2:00pm	ID 1749
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Yoga for Strength and Mobility combines yoga poses designed to support functional movements, improve joint health and prevent injuries. This class will improve total body strength, stability, mobility and flexibility to make daily activities easier, while reducing stress and encouraging relaxation. A strong emphasis is placed on mindfulness, proper form and breath work. Modifications are given for all fitness levels. For questions please contact Tiffany Fite (fite.fitness@verizon.net)

ERS \$169 | R \$185 | NR \$215 | 13 Weeks

NEW! Oldies Zumba Sculpt Fusion 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Tiffany Fite BS Exercise Physiology, NASM CPT, CES, SFS; AFAA CGFI; 200 RYT; Zumba/ Zumba Gold Certified	T	9/15-12/22 no 11/3, 11/24	12:00-12:50pm	ID 1748
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Oldies Zumba Sculpt Fusion combines low-impact, easy-to-follow Latin dance moves and music with classic dance steps and multi-genre music from the 60s, 70s, 80s & 90s, followed by strength, balance and flexibility exercises for the entire body. If you are interested in having fun while becoming more familiar with the basic dance steps found in Zumba, line dancing, and other dance-based classes, this class is for you! Participants can expect to improve cardiovascular endurance, coordination, muscular strength, core stability and flexibility. A strong emphasis is placed on mindfulness, proper form and breathing. Modifications are provided for all fitness levels. The instructor supplies resistance bands, or participants may use their own. For questions, please contact Tiffany Fite (fite.fitness@verizon.net)

ERS \$169 | R \$185 | NR \$215 | 13 Weeks



SPECIAL INTEREST

BATH & BODY

Formulation Series Part 1 & 2 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Venessa Phipps, Certified Soap Maker & Teacher, owner DeGanya Aromatics	Sa	10/3	10:00am- 3:30pm <i>Botanical Facial Oils & Waterless Skincare</i>	ID 1668
		12/5	10:00am- 4:00pm <i>Water-Based Facial Serums</i>	ID 1669

BOTANICAL FACIAL OILS & WATERLESS SKINCARE This workshop includes a foundational introduction to oil-based formulation, giving you the knowledge to confidently create your own blends beyond the classroom. You will learn how to choose oils based on skin needs, balance light and rich textures, and build formulas that are both effective and cost-efficient. Read more details online.

ERS \$175 | R \$185 | NR \$195 | 1 Day

WATER-BASED FACIAL SERUMS In this hands-on workshop, you will be guided through the process of formulating lightweight, elegant skincare designed to deliver deep hydration and high-performance active ingredients for visible results. Read more details online.

ERS \$185 | R \$195 | NR \$205 | 1 Day



CARDS & GAMES



Chess Instruction for Adult Beginners 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Jarded Groder	Th	9/17-10/22	4:30-5:30pm	ID 1918
		11/5-12/17 <i>no 11/26</i>		ID 1919

This class focuses on teaching the rules of chess and how the pieces move, in addition to describing chess using correct terminology. Students learn how chess increases critical thinking and pattern recognition skills and are provided a historical overview of the game. Students learn basic concepts about the three phases of the game of the opening, middlegame, and endgame. Instructional exercises include checkmating patterns, introduction to basic openings, and strategic and tactical goals of the game. By the end of this course, students learn how to play a game of chess and record it using chess notation.

R \$80 | NR \$89 | 6 Weeks

Introduction to Mahjongg 101 21+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Marsha Freedman	M	9/28 - 10/26	1:00-3:00pm	ID 1827
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Learn to play the American version of the engaging Chinese game of mahjongg. Week 1 = Name of tiles and suits, reading a mahjongg card, picking a hand, Week 2 = dealing, rolling the dice, arranging hand, review picking a hand, Week 3 = Build the walls, breaking a wall, Charlestons, joker, rules, gameplay. Week 4 = Passing and calling tiles, courtesy pass, stealing ending the game.

ERS \$75 | R \$85 | NR \$95 | 4 Weeks

Tarot for Beginners 18+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Robert Hazzon	T	9/15-10/20	7:00- 8:00pm	ID 1798
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This is a beginners class for anyone interested in the fascinating and esoteric world of Tarot. You'll learn all the meanings of the cards and their symbols, plus various layouts and types of readings. Requirement for the class-HAVE YOUR OWN DECK which should be the Rider-Waite deck since the lessons refer to that particular deck. Always buy a new deck, not used. The class runs for 6 weeks, meeting once a week. Teacher, Robert Hazzon, has been reading cards for over 40 years with a significant following and reputation on Facebook. These classes have been going on at Northampton Parks and Recreation since the Fall of 2023.

ERS \$89 | R \$99 | NR \$115 | 6 Weeks



CHECK OUT OUR

TWEEN NIGHTS

FOR AGES 12-17 ON PAGE 14!

SOUND BATH

Crystal Bowl Sound Bath Renew, Restore, Refresh 18+

NORTHAMPTON TOWNSHIP SENIOR CENTER OR
*RECREATION CENTER

Rebecca Zarnawski <i>Reiki Master</i>	F	9/18	6:30-7:30pm	ID 1810
	Sa	10/17	10:00-11:00am	ID 1811
	F	12/11	6:30-7:30pm*	ID 1813

Join us for a deeply relaxing, immersive Crystal Bowl Sound Bath designed to soothe the nervous system, quiet the mind, and support whole-body restoration. During this hour-long experience, you'll rest comfortably while the harmonic frequencies of crystal singing bowls wash over you, guiding the brain into a deeply relaxed, meditative state where the body can naturally reset and restore. Crystal singing bowls work on a vibrational level, helping to release tension, soften mental chatter, and bring the body and mind back into balance. Each bowl's frequency corresponds with an energy center in the body, supporting gentle energetic clearing and a sense of grounded calm. No prior meditation or sound healing experience is required. Read full description online.

ERS \$39 | R \$45 | NR \$55 | 1 Day

Candlelight Reiki Infused Sound Bath Escape 18+

NORTHAMPTON TOWNSHIP SWIM CLUB

Rebecca Zarnawski & Patty Lai <i>Reiki Master</i>	Sa	11/14	10:00-11:30am	ID 1812
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Join us for a deeply restorative Reiki-Infused Crystal Bowl Sound Bath — an immersive experience combining the harmonic frequencies of crystal singing bowls with the gentle, non-invasive support of Reiki energy. During this session, you'll rest comfortably as crystal bowl sound frequencies guide the nervous system into a deeply relaxed, meditative state. Reiki is offered throughout the experience as a subtle, supportive layer, helping the body and mind soften more fully into rest, balance, and ease. Reiki is a gentle, energy-based practice that supports the body's natural ability to regulate, restore, and return to equilibrium. In this group setting, Reiki is shared through calm presence and intention — never intrusive or hands-on — creating a safe, nurturing container for relaxation and renewal. Read full description online.

ERS \$65 | R \$75 | NR \$86 | 1 Day

VOICE OVER

Now Is Your Time! Voice Over Training 18+

ONLINE

Lisa Foster	Sa	10/17	1:00-3:00pm	ID 1799
	M	12/7	6:30-8:30pm	ID 1800

In what will be the most enlightening webinar you have ever taken. Such a Voice professional voice coaches will show you how you can begin using your speaking voice for commercials, films, videos and more. In this introductory class, learn about a unique way to break into this creative, fulfilling and potentially lucrative industry. Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you have been looking for. Participants will be given the opportunity to book a 1-on-1 script read and voice evaluation for the following day. This class is presented in a Zoom format, a link will be sent 24 hours prior to class. All attendees receive a personal voice evaluation included in the fee. **IF YOU DO NOT RECEIVE THE LINK IN YOUR EMAIL PLEASE CHECK YOUR SPAM FOLDER.**

\$20 | 1 Class

GOT TALENT?

INSTRUCTORS WANTED

Do you have a talent, skill, or passion that you love sharing with others? Whether you're an expert baker, talented artist, fitness enthusiast, skilled crafter, or knowledgeable professional, we'd love to help you share your expertise with our community.

Teaching a class or workshop is a wonderful way to connect with others, inspire new interests, and help people learn something new. You don't have to be a professional instructor—if you have a skill you're passionate about and enjoy helping others, you already have something valuable to offer.



Why keep your talent to yourself? Join us and turn your passion into a fun, engaging class or workshop! Share your ideas with us, and let's work together to create an experience that brings people together, builds confidence, and inspires creativity.

QUESTIONS?

Call us at 215.357.5396

NEEDLEWORK

Alterations I & II 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	M	11/2	7:00-9:00pm	ID 1822
		11/9		ID 1823

***Please note that cancellations will not be accepted, as the instructor has already pre-purchased supplies for the session.**

ALTERATIONS I In this hands-on workshop, you'll learn how to perform some of the most common clothing alterations, including:

Hemming by hand and machine (including jeans), Taking in or adding darts and adjusting side seams, Sewing on buttons, snaps, and hooks, Repairing and patching denim

During Alterations I, we'll work on sample fabric to practice each technique. A basic understanding of machine sewing is required. If you're new to using a sewing machine, we recommend taking our Intro to Sewing class on October 26 to build your foundational skills. Bring your own machine; all other materials will be provided.

ALTERATIONS II In this follow-up session, you'll apply the skills learned in Alterations I to real garments. Bring in one or more items of clothing that need any of the following:

Hemming by hand and machine (including jeans), Taking in or adding darts and adjusting side seams, Sewing on buttons, snaps, and hooks, Repairing and patching denim

This is a great opportunity to give new life to your clothes with guided support! Bring your own machine; all other materials will be provided.

\$120 | 1 Day



BYOB Chunky Knit Blanket Class 21+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Kaitlin Donahue	F	10/16	6:00-9:00pm	ID 1801
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Get cozy and creative with us! In this fun, hands-on class, you'll learn how to make your very own throw-size chunky knit blanket — no needles or knitting experience needed! We'll walk you through each step, and by the end, you'll have a gorgeous, snuggly blanket to take home. All materials are included in the price. Come craft, sip, snack, laugh, and leave with something you'll love to cuddle up with!

\$95 | 1 Day



The instructor did a great job and I left the class feeling confident in my new skills. She was patient and willing to help throughout the class!



Crochet Granny Squares 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	M	12/7	7:00-9:00pm	ID 1824
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Learn how to crochet two classic granny square patterns in this intermediate-level class! Participants should already be familiar with the basics of crochet, including chain stitch, single crochet, double crochet, and triple crochet. Basic crochet skills are a must, there is an intro class on 11/16. Yarn and hook included. **\$59 | 1 Day**

Crochet Holiday Trees 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	M	12/14	7:00-9:00pm	ID 1917
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Learn to make these small crochet trees to make into ornaments or garland. Basic crochet skills are a must - chain stitch, single and double crochet. If necessary, there is an intro class on 11/16. Yarn and hook included. **\$59 | 1 Day**

Intro to Crochet, Sewing & Needlepoint 16+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Susana Ash	M	10/19 <i>Needlepoint</i>	7:00-9:00pm	ID 1825
		10/26 <i>Sewing</i>		ID 1821
		11/16 <i>Crochet</i>		ID 1946

***Please note that cancellations will not be accepted, as the instructor has already pre-purchased supplies for the session.**

NEEDLEPOINT Learn the basics of needlepoint in this beginner-friendly class! Participants will explore different types of canvases, threads, yarns, and essential stitches while learning the skills needed to start a project. Each participant will receive a custom hand-painted letter needlepoint canvas, coordinating threads, a needle, and mini scissors to create their own personalized piece. **\$75**

SEWING Do you have a sewing machine gathering dust, and you're not quite sure where to start? Dust it off and bring it to our class, where you'll dive into the basics of machine operation and essential sewing techniques. By the end of the session, you'll have created a stylish standing zippered pouch in your choice of fabric! Whether you're a complete beginner or just looking to refresh your skills, this hands-on experience will unlock your creativity and help you gain confidence with your sewing machine. Join us for a fun and creative experience! **\$59**

Must Bring Sewing Machine

CROCHET Join us for a fun-filled crochet adventure! You'll learn the basics, from casting on to mastering single and double crochet stitches. Just come ready to create and have a blast! Fee includes crochet hook, yarn and instruction. Please note that everyone will learn differently at a different pace and may or may not walk away with a finished piece. **\$75**

BASEBALL



T-Ball 3-6 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER
MICROFIELD 1

Jump Start Sports	T	9/15-10/20	5:15pm-6:15pm	ID 1845
			6:15-7:15pm	ID 1846

A fun and highly instructional introduction to baseball for 3-6 year old boys and girls. Players learn the basics of throwing, catching, fielding, batting, and base running, and then apply what they have learned in fun, non-competitive games. Sessions are one hour long, one day per week, and include all the instruction and game play in one outing. Jump Start Sports staff coaches provide all instruction. Players receive a Major League Baseball hat, team tee shirt and award. **Parent support/participation appreciated**

ERS \$119 | R \$129 | NR \$139 | 6 Weeks

BASKETBALL

Hoop/Little Hoop Stars 4-8 yrs

WELCH ELEMENTARY SCHOOL



Jump Start Sports	W	9/16-10/21	5:15-6:15pm <i>Little Hoop Stars 4-5 yrs</i>	ID 1835
			6:15-7:15pm <i>Hoop Stars 6-8 yrs</i>	ID 1836
		11/4-12/16 no 11/25,12/2	5:15-6:15pm <i>Little Hoop Stars 4-5 yrs</i>	ID 1837
			6:15-7:15pm <i>Hoop Stars 6-8 yrs</i>	ID 1838

LITTLE HOOP STARS 4-5 YRS Professional coaches from Jump Start Sports will run this instructional and recreational basketball program. Players are taught the basics of dribbling, passing, shooting and defense in this fun-oriented program.

HOOP STARS 6-8 YRS Players are taught the basics of dribbling, passing, shooting, positioning, defense, and rebounding and then apply what they have learned in fun, non-competitive games.

1835-1836: ERS \$119 | R \$129 | NR \$139 | 6 Weeks
1837-1838: ERS \$99 | R \$109 | NR \$119 | 5 Weeks

FLOOR HOCKEY



Adult Floor Hockey 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman	Th	9/17-12/10 no 11/26	7:45pm-midnight	ID 1664
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Thursday Night belongs to Northampton Adult Floor Hockey! At the start of each season, participants are drafted by team captains, following a scrimmage to show off their skills. Games begin the following week. Registration fills up quickly, and no additional players may join after the completion of the draft. If a player is drafted as a goalie, the household will be issued a \$25 credit. If you haven't played on a team in the league the last 4 seasons, you are required to attend and play in the 8:00 PM scrimmage on the night of the draft for the current season. If you do not, you risk losing your spot to someone else. Games will have three 15-minute periods. For regular season games, a 5-minute OT will be played in the case of a tie. If there is no scoring during the OT, the game will end in a tie with each team receiving one point. (There are no shootouts.) Cancellations will be posted on Facebook. It will be the responsibility of the captain to make sure players on their team are aware of any delay or cancellation. Contact Scott at northamptonfloorhockey@gmail.com for more information.

ERS \$145 | R \$159 | NR \$189 | 12 Weeks

Tiny Tots Floor Hockey 8 & Under

NORTHAMPTON TOWNSHIP RECREATION CENTER

Coach Vince Prozzillo	Th	9/17-10/22	6:15-7:00pm	ID 1864
		11/5-12/10		ID 1865

Boys & Girls (8 & Under) Players will be placed on teams and taught basic skills as well as game safety and sportsmanship. No prior experience necessary. Warm ups, then game. 3 twelve minute periods. First time players receive team shirts. End of season awards provided

ERS \$99 | R \$109 | NR \$119 | 6 Wks • ERS \$89 | R \$99 | NR \$109 | 5 Wks

Youth Floor Hockey 5-17 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Scott Pachman	Sa	8/29-12/12 no 9/5,9/12, 10/24 and 11/28	8:00am-4:00pm	ID 1666
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Leave the skates behind and join the best (and only) floor hockey league in town! Players will have fun, develop hockey and team-sports skills, and be eligible for end-of-the-season awards. Games are played on Saturdays. See below for approximate division and schedule. Contact Scott at northamptonfloorhockey@gmail.com for more information. Fall 2026 Schedule:

MITES DIVISION

(approx. 5 to 8 years-old; approx. 8:30 AM, 9:45 AM)

PEE WEE DIVISION

(approx. 9 to 12 years-old; approx. 11:00 AM, 12:15 PM)

JUNIORS DIVISION

(approx. 13 to 16 years-old; approx. 2:00 PM, 3:00 PM)

ERS \$129 | R \$139 | NR \$165 | 12 Weeks



My son never played before and was able to join in and learn a new sport.

GOLF CLINICS

Junior Golf Clinic 7-16

NORTHAMPTON VALLEY COUNTRY CLUB

Matt Carey	Th	10/8-10/29	5:00-6:00pm	ID 1949
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Skilled instructors will help Junior Golfers grow by teaching techniques to improve their skills while instilling responsibility, acceptance, maturity and patience on and off the course. All while having fun! Teaching professionals create a desire for the game of golf as the participants learn and enjoy this great game outdoors.

ERS \$150 | R \$165 | NR \$179 | 4 Weeks

Adult Golf Clinic 17+

NORTHAMPTON VALLEY COUNTRY CLUB

Matt Carey and Mike Simone	T	9/8-9/29	5:00-6:00pm	ID 1900
		10/6- 10/27		ID 1901

Come unwind and improve your skills! Whether you are a beginner or a weekly golfer there is always room for improvement. We will work on all facets of the game - irons, woods, short games and putting. Register early....Spots will fill fast.

ERS \$150 | R \$165 | NR \$179 | 4 Weeks



GYMNASTICS

Tiny Tumbles Gymnastics 2-10 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Trinity Golden	F	9/11-10/16	3:15-3:50pm 18mos-3yrs	ID 1926
			4:00-4:50pm 3-5 yrs	ID 1927
			5:00-5:50pm 5-10yrs	ID 1928
			6:00-6:50pm 5-10yrs	ID 1929
			7:00-7:50pm 5-10yrs	ID 1930
		10/30-12/18 no 11/27, 12/4	3:15-3:50pm 18mos-3yrs	ID 1931
			4:00-4:50pm 3-5 yrs	ID 1932
			5:00-5:50pm 5-10yrs	ID 1933
			6:00-6:50pm 5-10yrs	ID 1934
			7:00-7:50pm 5-10yrs	ID 1935



On your mark, get set, roll! Tiny Tumbles is a mobile gym offering gymnastics programming for kids of all ability levels from ages 2-10 years. Balance on the beam, swing from the bars, bounce on the trampoline, and so much more! Students will learn fundamental gymnastics skills, participate in age-appropriate challenges and games, and explore exciting apparatus in a safe and engaging setting. Our program enables children to boost physical fitness while fostering goal setting, teamwork, and self-confidence. [See our website for all descriptions.](#)

1926 & 1931: ERS \$145 | R \$155 | NR \$165 | 6 Weeks
ERS \$169 | R \$179 | NR \$189 | 6 Weeks

MARTIAL ARTS

Shotokan 5-18 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Sensei Andrew Spivack	T	9/15-10/20	6:00-6:45pm Beginner	ID 1869
		11/10-12/15	6:45-7:30pm Adv Beginner	ID 1871

Join Sensei Andrew Spivack at the Rec Center as he teaches traditional Japanese karate. The Shotokan program is dedicated to developing healthy bodies, sound minds, and self-esteem, all balanced with a deep respect for others. The Northampton Shotokan Karate club will directly support the growth of your child through a variety of classes, progressive challenges and individualized instruction. Help your child protect themselves mentally and physically, register today!

BEGINNER This level is only for those who are brand new to Shotokan or have not yet taken their first belt test.

ADVANCED BEGINNER This level is for Black Stripe, Yellow Stripe and Candidate Yellow Students.

ERS \$79 | R \$89 | NR \$99 | 6 Weeks

Tae Kwon Do and Jiu Jitsu 5+

NORTHAMPTON TOWNSHIP SENIOR CENTER

Bob Doughty and Leslie Ann Moore	Th	9/16-10/21	5:00-6:00pm	ID 1866
		11/4-12/16 no 11/25		ID 1867

The benefits of Tae Kwon Do instruction are endless! Participants learn and develop all of the techniques for defense including: kicking, punching, blocking, grappling, and proper falls. Offered at the Recreation Center for over 25 years, students learn discipline, respect, self control and gain confidence - all while getting a great workout!

No jewelry, pierced earrings, necklaces, etc. permitted in class.

ERS \$79 | R \$89 | NR \$99 | 6 Weeks



INCLUSIVE SPORTS

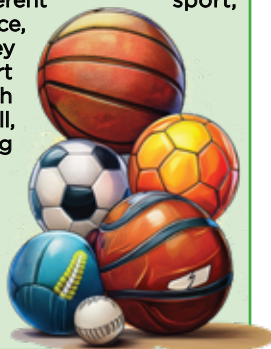
All in Athletics 5 yrs-Adult

NORTHAMPTON TOWNSHIP RECREATION CENTER

All in Athletics Staff	Su	9/27-11/1	3:30-5:00pm	ID 1862
		11/15-12/20 no 11/29		ID 1863

All In Athletics offers inclusive sports programming specifically designed for individuals on the autism spectrum and those with intellectual disabilities. Our sessions give athletes the chance to explore a variety of sports in a fun, supportive, and safe environment. Each week features a different sport, helping participants build confidence, develop skills, and discover what they enjoy most. All athletes will receive a t-shirt and personalized instruction in sports such as soccer, basketball, volleyball, handball, floor hockey, kickball, badminton, flag football, and more.

ERS \$95 | R \$105 | NR \$115 | 6 Weeks
ERS \$79 | R \$89 | NR \$99 | 5 Weeks



The instructors are AMAZING. I had so much fun playing each week and receiving help with my techniques.

PICKLEBALL

PICKLEBALL IS THE FASTEST GROWING SPORT IN THE NATION...AND NOW IT'S HERE IN NORTHAMPTON! THIS MINI-TENNIS GAME IS A MIX OF TENNIS, BADMINTON AND PING PONG FOR TWO TO FOUR PLAYERS. IT'S EASY TO LEARN AND FUN FOR ALL AGES! IF YOU ARE INTERESTED IN TRYING SOMETHING NEW, FUN AND SOCIAL, AND/OR ENJOY A WORKOUT, THIS IS THE SPORT FOR YOU!

Youth Pickleball 8-16 yrs

RECREATION CENTER TENNIS COURTS

Susan Bowman Tennis and Instructors	M	9/14-11/2 no 9/21, 10/12	6:30-7:30pm	ID 1872
		11/16-12/21		ID 1873

Dive into the exciting world of pickleball with our Youth Pickleball Class! For ages 8-16, this program blends skill development and friendly competition. Instructors ensure a supportive environment for players of all levels. Join us for an active and fun-filled experience on the court. Enroll now and let the pickleball adventure begin!

ERS \$85 | R \$95 | NR \$105 | 6 Weeks

Pickleball Made Easy 16+

RECREATION CENTER TENNIS COURTS

Susan Bowman Tennis and Instructors	M	9/14-10/26 no 9/21, 10/12	6:30-7:30pm	ID 1892
	T	10/27-12/15 no 11/3, 12/1	5:30-6:30pm	ID 1893

New to Pickleball or already playing but unsure about all the rules? This fun and interactive instructional class is perfect for beginners and casual players looking to build confidence on the court. We'll break down the basics—rules, techniques, scoring, and strategy—in a relaxed and supportive environment. Whether you're swinging a paddle for the first time or just want to sharpen your skills, this class will have you feeling comfortable and ready to jump into the game! Paddles and balls are supplied. Pre-registration is required.

ERS \$89 | R \$99 | NR \$109 | 5 Weeks
ERS \$105 | R \$115 | NR \$125 | 6 Weeks

Pickleball Clinic 16+

RECREATION CENTER TENNIS COURTS OR
*MAUREEN WELCH ELEMENTARY SCHOOL

Susan Bowman Tennis and Instructors	T	9/8-10/13	6:30-7:30pm	ID 1894
		10/27-12/15* no 11/3, 12/1		ID 1896
	Th	9/10-10/15		ID 1898

A beginner / advanced beginner friendly class focused on learning the rules, techniques, and fundamentals of pickleball in a relaxed, supportive setting. Perfect for new or casual players.

ERS \$105 | R \$115 | NR \$125 | 6 Weeks

Pickleball Competitive Play 16+

RECREATION CENTER TENNIS COURTS OR
*MAUREEN WELCH ELEMENTARY SCHOOL

Susan Bowman Tennis and Instructors	T	9/8-10/13	7:30-8:30pm	ID 1895
		10/27-12/15* no 11/3, 12/1		ID 1897
	Th	9/10-10/15		ID 1899

Designed for intermediate to experienced players looking for fast-paced games and strategic play. Matches and tournament play will challenge skills and elevate your competitive edge

ERS \$105 | R \$115 | NR \$125 | 6 Weeks



Coach Vernon was incredible with the kids - extremely patient and introduced basic skills in an approachable way.

Sunday Soccer Shots 2-8 yrs

NORTHAMPTON TOWNSHIP RECREATION COMPLEX
MICROFIELD 4

*RAIN LOCATION NORTHAMPTON TOWNSHIP RECREATION
CENTER GYM

Soccer Shots	Su	9/20-10/25	9:00-9:30am Mini 18-26mos	ID 1848
			9:00-9:30am Mini 2yrs	ID 1849
			9:45-10:20am Classic 3yrs	ID 1850
			10:30-11:10am Classic+ 4-5yrs	ID 1851
			11:20am-12:15pm Premier 6-8yrs	ID 1852
	11/8-12/20 no 11/29		9:00-9:30am Mini 18-26mos	ID 1853
			9:00-9:30am Mini 2yrs	ID 1854
			9:45-10:20am Classic 3yrs	ID 1855
			10:30-11:10am Classic+ 4-5yrs	ID 1856
			11:20am-12:15pm Premier 6-8yrs	ID 1857

PLEASE BRING A WATER BOTTLE. SUGGESTED BUT NOT REQUIRED: CLEATS - WHEN OUTDOORS (SNEAKERS ARE FINE) AND SHIN GUARDS.

SOCCER SHOTS MINI 2YRS is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active. *Parent participation encouraged.*

CLASSIC 3YRS utilizes creative activities to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as RESPECT, TEAMWORK, and APPRECIATION. Additionally, the concept of competition is introduced. Parent participation encouraged.

CLASSIC+ 4-5YRS introduces advanced footwork, in addition to a greater focus on team play. Children will play fun games that will allow them to experience development in coordination, agility, and change of speed. Additionally, competition will occur in the form of end-of-class scrimmaging.

PREMIER 6-8YRS focuses on individual skill, fitness and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

ERS \$125 | \$ R \$135 | NR \$145 | 6 Weeks



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TENNIS

Tennis 4-16 yrs

NORTHAMPTON TOWNSHIP RECREATION TENNIS COURTS
& *GYM

Susan Bowman Tennis School and Instructors	M	9/14-11/2 no 9/21, 10/12	5:30-6:30pm Pee Wee 4-6yrs	ID 1874
			Junior 7-16yrs	ID 1876
	W	9/16-10/21	Pee Wee 4-6yrs	ID 1888
			Junior 7-16yrs	ID 1890
	M	11/16-12/21	5:30-6:30pm Pee Wee 4-6yrs	ID 1875*
			Junior 7-16yrs	ID 1877*
	W	11/4-12/16 no 11/25	Pee Wee 4-6yrs	ID 1889*
			Junior 7-16yrs	ID 1891*

PEE WEE 4-6YRS Introduce tennis to your 4-6 year old with a fun and exciting approach! Your up-and-coming tennis player will develop hand-eye coordination along with movement skills. Participants will grow comfortable with equipment and learn the parts of the tennis court. Basic tennis fundamentals and shots are taught through lots of tennis-like games!

JUNIOR 7-16YRS Looking for a great place for your junior to start or brush up on tennis basics and advance further? Juniors will improve hand-eye coordination and agility, perform racquet-handling skills, and become familiar with the tennis court. Instructors zero in on building a strong foundation through basic strokes and fun games associated with tennis. Match play is introduced, instructors will meet your junior player at their ability level to foster their growth and love of the game.



*Held on tennis courts in nice weather. Racquets available during instruction.

ERS \$85 | R \$95 | NR \$105 | 6 Weeks

Track and Field 6-12 yrs

NORTHAMPTON TOWNSHIP RECREATION COMPLEX MULTIPURPOSE FIELD (BEHIND DIAMOND 6)

Jump Start Sports	M	9/14-11/2 no 9/21, 10/12	6:00-7:00pm	ID 1847
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Our Track and Field program is designed for children ages 6-12, providing a comprehensive introduction to a variety of track and field events. Whether your child is just starting out or looking to improve their existing skills, our program has something to offer.

Experienced coaches use age-appropriate instruction techniques to teach athletes the fundamentals of sprints, mid-distance, long-distance, hurdles, relays, and the standing long jump. Kids will also receive guidance on proper starts, running form, running on turns, relays, and jumping form.



Athletes will have the chance to participate in fun and encouraging competitions with others in their age group. All participants will receive a medal for taking part in the program.

ERS \$119 | R \$129 | NR \$139 | 6 Weeks

Adult Volleyball 17+

NORTHAMPTON TOWNSHIP RECREATION CENTER GYM

W	9/16-10/21	7:45-9:45pm	ID 1858
	11/4-12/16 no 11/25		ID 1859
T	9/15-10/20	7:30-9:30pm	ID 1860
	11/10-12/15		ID 1861

Intermediate: A Good player who knows and attempts to use proper technique when passing, setting, attacking, blocking and defending; however, is inconsistent with successfully executing the skills. Functions as part of a team providing support of the ball and effective transitioning. Do you love volleyball? Looking for a little healthy competition? This very popular, highly competitive recreational league is a great fit for men and women ready to serve up a great game! Players have a moderate to intermediate skill level. If you think you can keep up, don't wait...register today!

ERS \$65 | R \$75 | NR \$85 | 6 Weeks

Youth Volleyball Clinic 6-9, 9-12 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jump Start Sports	T	9/15-10/20	5:15-6:15pm 6-9 yrs	ID 1841
			6:15-7:15pm 9-12 yrs	ID 1842
		11/10-12/15	5:15-6:15pm 6-9 yrs	ID 1843
			6:15-7:15pm 9-12 yrs	ID 1844

Looking for a fun and engaging way for your child to learn and develop the skills necessary to succeed in volleyball? Join Jump Start Sports Summer Volleyball Program today! Our programs are designed to provide children with a comprehensive introduction to the sport of volleyball, while also building important skills such as teamwork, sportsmanship, and confidence.

ERS \$119 | R \$129 | NR \$139 | 6 Weeks

Youth Volleyball League 10-14 yrs

NORTHAMPTON TOWNSHIP RECREATION CENTER

Jump Start Sports	M	9/14-12/14 no 9/21, 10/12	7:45-9:00pm	ID 1839
	F	9/18-12/18 no 10/23, 11/27, 12/4	6:00-7:15pm	ID 1840

Bump, set, spike—get ready for a fun and competitive season of volleyball! Whether you're a seasoned player or just love the game, this is a great way to stay active and meet new people. Players sign up individually and will be placed on balanced teams. You can request one friend to be on your team, and we'll do our best to pair you up. Each week, stats and standings will be shared with all players. All skill levels welcome! Game times will vary.

1839: \$299 | 12 Weeks • 1840: \$275 | 11 Weeks

NORTHAMPTON TOWNSHIP SENIOR CENTER

165 TOWNSHIP ROAD, RICHBORO, PA 18954

Phone: (215) 357-8199 Website: northamptonsc.com Email: nhsc@nhtwp.org



Website
Activity Calendars
Bus Trips
Seasonal Leagues
Special Events
Room Rentals



The senior center offers a variety of activities for older adults aged 55 and better to stay active, engaged, and socially connected.

Members enjoy an array of daily activities such as exercise classes, dance and art classes, a card room and sporting leagues in the spring/summer: billiards and bocce, and fall/winter leagues: billiards, darts and table shuffleboard. There is something for everyone!

Dues are \$30.00 for the membership year July 1, 2025 through June 30, 2026. For more information, please call the center, stop in for a tour or visit the website at northamptonsc.com

There's always something happening at the senior center, come join the fun!

Register at **northamptonrec.com** or call us at **215-357-5396 or 215-6800 ext. 210**

NORTHAMPTON TOWNSHIP

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